



Parents' Guide to Preparing for Examinations in BTEC Sport



The St Anthony's PE Department would like to share some advice and guidance on how to help our students prepare for their examinations in BTEC Sport. It is essential that students prepare thoroughly for all internal and external examinations. Mock examinations will take place in January 2026. Effective preparation and revision are the key to success in BTEC Sport. Students need to use the weeks before PSAs and exams well. Students need to be organised and work hard. The best way to revise in BTEC Sport is to complete practice exam papers and topic questions. Below there is a guide to revision methods and resources that can be used in order to be as prepared as possible.

BTEC Revision Sessions – There are weekly revision sessions taking place within the PE department to support students with their revision in BTEC Sport. These take place on Tuesday lunchtimes. Students are welcome to attend any session with subject staff. Students can ask their BTEC Sport teacher for information on what is taking place in the sessions.

Use of Teams - All students have access to teams. Teams has a range of revision materials: past papers, knowledge organisers, power-points with staff voiceovers and all lesson resources. These are useful documents, supporting students with different methods of revision.

Published Resources - All students are provided with a CPG Revision guide, an exam practice workbook and a BTEC Sport Pearson text book. All of these published resources will help to support revision methods and techniques. All topics covered in Component 3 can be found in each of these resources.

Revision Methods – All students are encouraged to plan a revision timetable. Revision is most effective when active methods are used, such as practising exam style questions, competing past examination papers, creating flashcards, quizzes, mind maps and retrieval practice. All students are supported with different methods on how to revise in lessons and lunchtime support sessions.

Equipment

It is essential students have all the necessary equipment for use in their BTEC Sport examinations. Students will need the following equipment: Black pens, pencil, rubber and sharpener, ruler.

Dates of Final BTEC Sport Examinations:

Component 1 Pearson Set Assignment: Resits only, students who did not achieve Level 2 pass in Y10 - January/February 2026 (Internal exam)

Component 2 Pearson Set Assignment: 6th and 7th October (Internal exam)

Component 3 paper – Thursday 7th May 2026 am (External exam written paper) 1hour 30min

Students have been following the programme of Study for the Edexcel specification for the BTEC Technical Award (Level 2) in Sport.

We wish all students the best of luck during Year 11, in preparation for their mocks and the final exams. If you have any questions, please get in touch with Miss L. Hanson or Mrs E. Laybourn.

We thank you in advance for your support.

St Anthony's Girls' Catholic Academy PE Department

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