



St. Anthony's Girls' Catholic Academy

A Mercy Academy committed to excellence

St. Anthony's Girls' Catholic Academy, Thornhill Terrace, Sunderland SR2 7JN.
Telephone 0191 565 8904 Email enquiries@staga.co.uk
www.st-anthonys-academy.com

@StAnthsGirls @StAnthony'sGirls'CatholicAcademy St Anthony's Girls' Catholic Academy

Mrs M. Lanaghan
Headteacher

Mrs M Galbraith
Chair of Governors

September 2025

Dear Parent/Carer,

As a part of your child's education at St Anthony's Girls' Catholic Academy, we promote their personal development through a comprehensive Personal, Social, Health and Economic (PSHE) education programme. PSHE education is the curriculum subject that gives young people the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential.

I am writing to let you know that over the course of this academic year, your child's class will be taking part in lessons which will focus on the relationships and sex education (RSE) aspect of this programme.

RSE is a statutory component of education in all secondary schools in England, and as a Catholic school, we follow the RSE resources created by 'Ten Ten'; a Catholic education organisation that has been approved by our diocese. Ten Ten have also entered into a partnership with the Catholic Education Service and the Department for Education to provide training for teachers in Catholic schools on the statutory curriculum.

Through their programme, Ten Ten understand the foundational role that parents have in educating and nurturing their children on relationships and sex education. Within the programme, there are resources which will inform you about what is being taught in school and will also give you the opportunity to engage your children in discussion, activity and prayer. To access this, you will need the following information to access Ten Ten's 'parent portal':

Parent Portal: <https://www.tentenresources.co.uk/parent-portal/>

Username: st-anthonys-sr2

Password: song-13-sr2

As a parent/carers, you have the right to withdraw your child from RSE. If you wish to do so, please email ldudley@staga.co.uk. (Please note there is a legal requirement that children study sex education as part of the curriculum for Science, the withdrawal would only be from sex education lessons as part of the RSE Curriculum).

If you would like to find out more or discuss any concerns, please don't hesitate to contact me.

Yours sincerely,

Laura Dudley
Assistant Headteacher

'We should be shining lamps, giving light to all around us'

(Venerable Catherine McAuley)



Proud to be part of



Bishop Chadwick
Catholic Education Trust