



# Spotlight: Shining Lamps

*'We should be shining lamps, giving light to all around us.'*  
Venerable Catherine McAuley



## St Anthony's Girls' Catholic Academy Newsletter



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## Message from the Headteacher



Dear Parents/Carers,

As we approach the end of this academic year, I would like to thank you for supporting your daughter and our school, the girls are a credit to yourselves and to St Anthony's. This half term has been exceptionally busy with so many fantastic events taking place! I hope you enjoy reading about all the amazing things our students have been getting up to both in and out of school.

We have some exciting events in the pipeline for next academic year. We look forward to welcoming Bishop Stephen for his first visit to St Anthony's in September. We also celebrate our 120 years anniversary as a school in the Autumn Term. In 1904 the school received a government grant which created the Secondary School and Sixth Form.

If you came to see our musical 'Annie' earlier in the year, you will know Woody! Woody has been adopted as our school dog and is looking forward to spending more time in school. He will be helping our students become confident readers and working with our students in the Nest. You will find a link to our School Dog Policy and Risk Assessment in the newsletter.

We wish our students, their families and all our staff a restful and relaxing holiday.

Best wishes,  
Mrs Marie Lanaghan.

Read all about [Our School Dog Policy](#) and [Risk Assessment](#).



## Message from the Headteacher

### Staff Leavers

We say goodbye to the following staff this term:

Mrs Dugdale (Science teacher and SENCO)

Ms Almond (History teacher and Leader of Duke of Edinburgh)

Mrs Harford (RE teacher)

Mr Willis (Science teacher)

We thank them for their hard work and wish them the very best for the future.



### School Lunches

Following a review of the arrangements we have had in place this year, we are making the following amendments as follows:

Year 7                      Lunch 11.30am - 12.25pm (students will eat at 12pm)

Years 8 - 12              Lunch 12.25pm - 1.15pm (a rota system will be in place)

### Breakfast Club

Please remember we offer free breakfast bagels from 8.00am until 8.25am. We encourage all of our students to have something to eat before they start their day. If any parents would like a breakfast pack of cereals/bagels please contact us and we will arrange one for collection.



## Opening Reflection

May God's blessing go with us today,  
At the end of this school year, we pray.  
That you keep us safe and give us rest,  
So, we start again renewed and  
refreshed.

Full of health, full of fun  
Ready to come and learn again.  
May God's blessing go with us today,  
As we begin our school holiday.  
Give your peace and your joy,  
To every person,  
Help the teachers to enjoy the break,  
and prepare and plan for the new intake.  
May God's blessings await us next year,  
To embrace each new challenge without  
fear.

Fill this school with your love,  
and guide our hearts from above.  
Full of faith, full of hope,  
full of joy, and full of love.  
Amen.

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We've had a wonderful term fully participating in the school's Catholic life and worship. We enjoyed Mass at the Cathedral, where we went to participate in the Good Shepherd Mass.

We have been very blessed as four 6<sup>th</sup> form pupils have been commissioned as Extraordinary Ministers of Holy Communion.

24 year 9 pupils went to the Summer festival in the beginning of July. We had a wonderful time listening to inspiring speakers and talented musicians.

We end the year with the Celebration of the Word where we reflect upon the reading from the prophet Jeremiah (29:11-14).

The reflections challenge us to consider the following quote:

***Sometimes the place you are used to is not the place you belong.***

***You belong where you believe you belong. How will you use your legacy and your talents whilst belonging to our community?***







## Chaplain's Corner - This Half Term



The Good Shepherd Mass, St Mary's Cathedral.

Summer Festival 2024







## Chaplain's Corner

### Chapel Mural

Congratulations and thank you to our very gifted Sixth Form student Kate Duff who has created a beautiful mural outside our school Chapel, based on an interpretation of Michael Angelo's creation of Adam.

The two hands are of Adam and God and signify the close relationship God has with humanity and how we are all created in the 'image and likeness of God.'

This image is in the Sistine Chapel in Rome and emphasises the transcendent nature of the Almighty and his power in the universe and in our lives. The handprints on Kate's version represent the connections between our school communities, emphasising unity and community.







## Safeguarding Updates

### **SAFEGUARDING UPDATE**

With holidays on the way and hopefully some better weather, please ensure that your children are aware of the dangers of water. Attached is a useful leaflet from the Royal Life Saving Society, which gives information on staying safe around water at home and when out and about:

[Download.ashx \(rlss.org.uk\)](https://www.rlss.org.uk/download.ashx)

### **SAFETY ON THE METRO/TRAIN LINES**

A message from the Tyne and Wear Metro:

Would it be possible if you could mention to your students about staying safe whilst on their summer holidays as they use the Tyne and Wear Metro? We want them to feel safe and to stay safe and beware of the dangers that surround the railway including level crossings.

While it is not suggested that children attending your school are taking risks or committing crime on the railway, unfortunately, what may seem like harmless fun is in fact very serious and the reality is the risk from the overhead line which has 1,500 DC volts of electricity. Metro trains traveling at speeds of up to 50mph and mainline trains much faster - and a train cannot swerve to miss someone in its path.

Network rail has recently launched its 'Distracted. You've Crossed the Line' safety campaign showing how easily we can become distracted either chatting to friends or listening to music. It is easily to enter a level crossing when we are not paying full attention. Please follow the link below for more information:

['Distracted? You've Crossed the Line' safety campaign](#)

### **VAPING**

We have noticed an increase in the number of young people vaping. Vaping is a tool that can be used for adults to give up smoking. It is less harmful than smoking but it is still very dangerous, especially for young people, whose lungs have not yet fully developed. Please talk to your children about the dangers of vaping. There is some useful information on the website below:

[Young people and vaping - Better Health - NHS \(www.nhs.uk\)](https://www.nhs.uk/better-health/young-people-and-vaping)

An estimated 2.3 million adults experienced domestic abuse in the last year, two-thirds of whom are women

In 35% of adult female homicide cases, the suspect was a partner or ex-partner

In 27% of child homicide cases, the suspect was a parent or step-parent

In 2020/21, there were over 24,800 child abuse offences recorded by the police in England and Wales

Don't forget to report your safeguarding concerns to school, even over the holiday period.





## Safeguarding Updates

### MENTAL HEALTH NEWS IN SCHOOL:

Mrs Moran and Mrs Richardson-Dunn have provided training to our Mental Health Leadership Group this half term. The pupils have completed Mental Health First Aid training, so they will be able to go out and support our pupils in school, particularly our new year 7's.

Mrs Richardson-Dunn also ran some workshops for the year 6 pupils during transition week. As well as trying to minimise the worries of our new students starting St Anthony's in September, we also looked at the theme of 'being kind' to our new friends and trying to include anyone who seemed to be on their own.

During the Summer holidays, it is easy for young people to get out of a routine. Whilst it is important to relax, it is also important for young people to get out and about with friends and not spend too many hours on social media. Social media is a useful tool but can become addictive for young people. Please encourage your children to have time away from their phones/tablets/gaming consoles and get involved in social activities.

Here are some suggestions of activities that can get your children out and about during the holidays:

[What's On - Sunderland Culture](#)

[Places to go around Sunderland | Lets Go With The Children](#)

[WHAT'S ON | The Creative Seed](#)

[My Sisters' Kitchen - Wellbeing Info](#)

[Raich Carter Sports Centre | Gym & Swim | Everyone Active](#)

It is also important to look after your mental health during the Summer holidays. Please see below a resource with some ideas of how to look after the wellbeing of you and your child:

[My self-care plan](#)

If you need to talk to someone about your mental health during the holidays, please see useful websites you can access for support:

[Home - Kooth](#)

[Childline | Childline](#)

[Samaritans | Every life lost to suicide is a tragedy | Here to listen](#)

[NSPCC | The UK children's charity | NSPCC](#)

<https://www.rehab4addiction.co.uk/country-wide/drug-alcohol-rehab-sunderland>







## Safeguarding Updates

### E-scooters, EAPCs, E-bikes, and Motorcycles

Information for parents & carers



**NORTHUMBRIA  
POLICE**

Road safety law is there to protect riders and other road users. In the event of a collision, the physical consequences can be devastating, life-changing and can ultimately result in the loss of life. Make sure that when your children ride on the roads they are doing so legally and safely with protective equipment such as helmets. Visit [THINK! Road safety](#) and [Road safety - Police.uk](#) for more information.

#### What does the law say?

##### E-scooters

NOT ROAD LEGAL  
for ANYONE to use

It is illegal for ANYONE to ride a private e-scooter on public land – roads, pavements and cycle paths included. In law, they are treated as motor vehicles and, because they have no number plate, often don't have rear lights or signalling ability, **they cannot be used legally in public.**

[Read more here](#) about penalties and offences.

##### EAPC

(electrically-assisted pedal cycle)

ROAD LEGAL  
for those aged 14 and over. Helmet use is advised but optional

An EAPC must have pedals meaning that the bike can be used with or without the motor, and the fitted motor must cut off at a top speed of 15.5 mph (the speed of an average pedal cyclist)

[Read more here](#) and [here](#)

##### Electronically powered motorcycle – "E-bike"

Whether or not these are road legal depends on certain conditions (see below)

To be road legal an E-bike must have:

- A number plate
- Brake lights
- Indicators

An E-bike without these is NOT ROAD LEGAL.

Also, the rider is subject to the same licence requirements as those for a moped/scooter/motorcycle (see column to the right), and they must have insurance.

##### Mopeds, scooters and motorcycles

ROAD LEGAL  
for those aged 16 and over with a motorcycle licence. Helmet use is mandatory

A provisional driving licence is required and compulsory basic training (CBT) must be completed. The age limit will depend on the type of motorcycle – [visit this link for details](#)

What's the difference between a moped and a scooter? Basically, it's all about engine size, but [read more about it here](#)

#### Why are rented e-scooters road-legal?

- Renters must have at least a provisional driving licence which has [category Q or P/M entitlement](#)
- The rental company provides insurance for the rider as part of the rental agreement
- They must be ridden in approved areas and only on the road

#### E-scooter schemes in the Northumbria Police area:

There is an e-scooter rental scheme available in Newcastle. Find out more here:

[Neuron Mobility e-scooter hire in Newcastle upon Tyne](#)

Read the following article for tips on how to [protect your motorcycle, moped or scooter from theft](#)





## De Sales House

Congratulations to De Sales House

De Sales are the winners of  
the House Point Cup!



The students in De Sales display consistently good behaviour, attendance and are achieving well.

The students were treated to a lovely afternoon celebration.

Mrs. Tomlin and Mrs. Woollett are so impressed with the hard work and positive attitudes displayed by the students of De Sales House

*Well done and keep aiming high!*



Well done to Emily Preece (7DSO)  
Emily bravely raised sponsor money for the Little Princess Trust by getting her lovely long hair cut to donate to make wigs. The Little Princess trust support young people with cancer and we are very proud of her efforts.



Well done to De Sales House for taking part in the CAFOD big Lent walk. Pupils were sponsored and travelled a great distance around our school field to raise money for this very worthy cause.

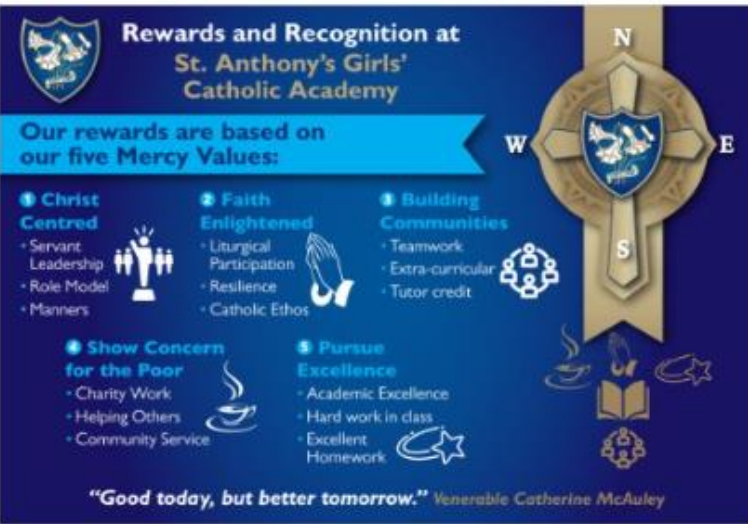
Well done to all who took part.







## De Sales House



### Stars of De Sales

Each week De Sales form tutors have awarded students with a special reward based on our Mercy values. We are proud to say that 56 students received an award.



Well done to:

**7DA** - Macey Bowe, Millijae Cogdon, Olivia Curran, Corin Emerson, Hannah Gamage, Olivia Prologo, Lilly-Anne Tribe,

**7DO** - Esme Hanaghan, Diane Nnaji, Emily Preece, Daisy Ramsey, Tilly Strong, Freya Winter, Jasmine Wyrley-Birch, Arifa Zahra.

**8DA** - Hannah Banks, Holly Cruickshanks, Ellie-Mai Cummin, Lydia Davison, Maisy Little, Sanjeeda Mirza, Joyful Osigwelem, Chloe Rutkowski, Anya Stokoe, Eva Tully.

**8DO** - Lily Bell, Freya Buchanan, Yu Chen, Olivia Crosby-Pennock, Una Davies-Harrison, Kayla Morey, Emilia Muldowney, Gracie Rawding.

**9DO** - Noa Crangle, Elianah Crespo, Brooke Jubb, Eirinn O'Driscoll-Owens, Daniella Prologo, Sophia Shepperson, Amrita Singh, Phoebe-Rose Smith

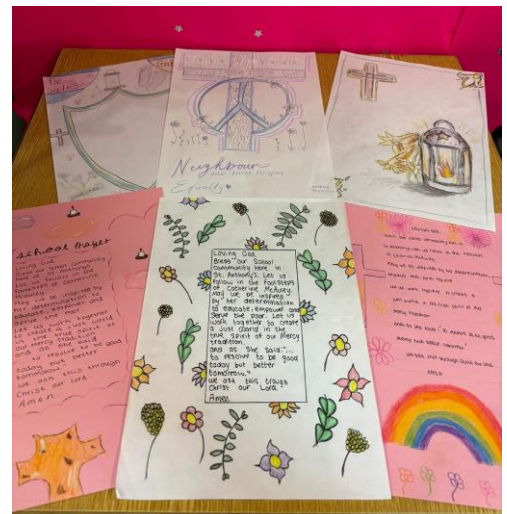
**10DA** - Nadine Cockburn, Francesca Pace-Rowntree, Ava Shovlin, Nicola Bautiste, Evie Wall, Nazeera Begum, Kabon Emillianus, Maya Lea

**10DO** - Marley Bowe, Therese Caytano, Amelia Evans, Ike Awotunde, Jessica Tyler, Imogen Blyth, Alexandria Nsubuga.

Congratulations to the winners of the House Prayer and art design:



Eva Edwards 8DO, Azhin Rafie 8DA, Ellie-Mai Cummin 8DA, Samantha Chavez 9DO, Amelia Thompson 10DA and Tegan McKenna 7DA





## De Sales House



### De Sales around the world!

De Sales fantastic mascot, St Frances De Sales, has been on his travels. He comes to all our house events and even made an appearance on Sports Day cheering our house on! Our students have been challenged to get him far and wide! He is off to Tenerife with Olivia Curran and has already been on a caravan trip with Emma Spargo! This challenge links to our assembly themes this term - *broadening our horizons and grasping every opportunity.*

*We hope to have the most travelled mascot in the Trust!*



And finally...

Mrs. Tomlin and Mrs. Woollett would like to thank all of the students, staff and parents of De Sales House and wish you a lovely Summer break.





## Gabriel House



### Well done Gabriel House!

Gabriel house has had a fantastic year both inside and outside of school, and we are so proud of all our students who impress us on a daily basis. We would like to say a big thank you for all your support throughout this year.



We wish all our students and their families a restful Summer break and look forward to seeing everyone back in September, when we welcome our new Y7s.

### House Captains—Mya Ellis, Polly Emmerson and Lucy Callaghan

Being Gabriel's house captain over the last year has been a great opportunity for us to meet new people and have our voice heard. One opportunity we were given was to take part in the Make your Mark campaign, where we could have a say in decisions being made for young people across the city. As well as this, we have really enjoyed having meetings with Mrs Dudley to influence the decisions made about our school community. We will definitely be reapplying next year!

### Young Commissioners - Mia Elliot, Mya Ellis & Mary Mason

We are part of Young Commissioners for Together for Children and we made a video to promote Breathing Space.

Breathing Space is a service for young people with social, emotional, and mental health issues, which provides a short break for both people and their parents/carers.

Comments from together for children:

'The girls were professional, well mannered, patient and understanding - they have had phenomenal feedback from senior leaderships, partners and more impressively the department for education who have been sharing the work with other departments as an exemplar.'



Gabriel's  
Top  
Achievers

Fajr  
Anber

Elva  
Xue

Leah  
Bell

Heidi  
Ditchburn

Asil  
Shaheen

Ruby  
Hall

Katherine  
Nichols

Claire  
Ohiagba

Eva  
Howarth

Charlotte  
Clark

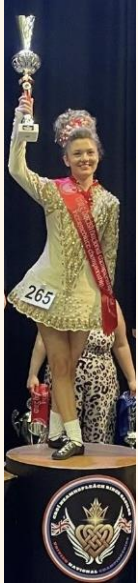
Charlotte  
Bett





## Gabriel House

### Achievements



#### Francesca Hope Y10

I am an Irish dancer, I have been dancing for nine years and, in this time I have done many competitions and won awards. The most recent competitions were the British Nationals, where I came first. The next competition I am going to is the CNRG World Championships, in Corby.

#### Leah Sumby Y10

In April I was lucky enough to be invited to a football tournament at St Georges Park, where England men and women train. The teams there were much older, but we still managed to be unbeaten and left as the winners of the tournament. It was an amazing experience meeting lots of inspiring people, and after winning, we might get the opportunity to do it all again next year.



#### Millie Nixon Y9

This year I have started off my season playing golf coming 2<sup>nd</sup> in the Stephen Gallagher Classic Open in the under-21 which was a great experience playing with more experienced players and being able to compete. I was also selected to play for the county ladies at county match week and won the most points for the team, earning my county colours and winning the Atkins Trophy and a week later, I became the county Junior champion for 2024.



#### Holly Coombs Y9 & Lucy Coombes Y7

Recently, we were lucky enough to be given the opportunity to go to a world-wide cheerleading championship competition in Florida, USA. We were awarded this when we attended Future Cheer, Amsterdam competition at the beginning of May. We were also given the division championship title for under 16 level 2. We are heading to Florida in 2025!



#### Olivia Butler Y8

I compete in Olympic weightlifting. I have been doing it for 2 years and have competed all around the country.

Jerk: 60kg

Clean: 55kg

Snatch: 42kg

Deadlight: 100kg

I am hoping to compete in the Olympics one day.







## Gabriel House Achievements

### Fajr Anber & Katherine Nichols Y7

We were lucky enough to have the opportunity to compete in a creative writing competition earlier this year.

Fajr: I wrote a short story about a catastrophe that struck and it was certified and published in a book by the Young Writers. I received my book after a few months and got to show everyone how hard I worked.

Katherine: I was very lucky to have the experience of my short story being published in a book. I won a competition that ranged from 11 to 16, and I got permission to get my piece published in a book. I wrote a mystery and received the book a few months after.



### Imogen Whelam Y10

At the end of June, I performed in a production of Six the Musical as Anne Boleyn. It was a fabulous experience and it was a wonderful opportunity, I had the chance to use In Ear Monitors, which was so much fun. I worked with professionals in the industry, who directed and made us look brilliant. It was an incredible experience and I had an amazing time.



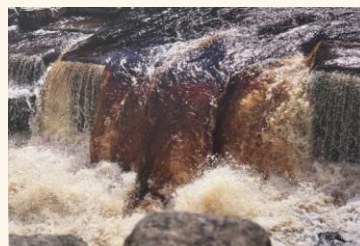
### Katherine Puddy Y10 & Yvie Hedley Y9

At the beginning of this year, we entered ourselves, with a group, into a hiking and camping competition. During which, we navigated 21 miles in total and camped overnight. The event lasted all weekend and pushed us to our limits. It showed us that we can do whatever we put our minds to.



### Ashna Hassan Y10

For my art portfolio I entered a photography competition where I got accepted to be displayed in the Winter Garden Gallery. I took photographs of waterfalls and a lake. It showed me that putting effort into my work is worth it.



### Megan Hodgson Y10

I play for Durham County Cricket team under 15s. My team has won the national league and is getting a chance to play for development Durham which is towards the England cricket team.







## Lourdes House

BENEDICTA  
AGBOR

### LOURDES NEWS



Millie Cammock

During Easter, I travelled down to London to compete in the British championships/ Olympic trials at the Olympic Pool. It was a fantastic experience and opportunity to compete in such an amazing facility.

Amelia and Rosie Donnelly  
I am in a dance school called ACE performers. I have been in this dance group for 8 years. In February this year we go scouted for BGT. We got 4 yeses from all judges! It was an unbelievable experience. We won't forget it!

ALEKSANDRA  
VUCAK

MOLLIE  
STRINGER

MARYJANE  
OZOKONKWO

### Celebrating Eid.

The second Eid is the most important Eid celebration out of the two that we celebrate. This Eid takes place over three days and this year it was on June 16th .

Eid is about spending quality time with our loved ones.

(Tanisha Aslam) 10LA





## Lourdes House



Miss Jones

Well done to Lourdes House for a fantastic year. As you can see, students have been involved in lots of activities and have contributed to fantastic achievements in and outside of school!

Lourdes House



Mrs Conqueror

WHAT OUR YEAR 7S  
HAVE ENJOYED  
THIS YEAR  
" HAVING DIFFERENT  
TEACHERS FOR DIFFERENT  
SUBJECTS"

WHAT OUR YEAR 7S  
HAVE ENJOYED  
THIS YEAR  
" HAVING THE  
OPPORTUNITY TO CHOOSE  
MY OWN FOOD"

WHAT OUR YEAR 7S  
HAVE ENJOYED  
THIS YEAR  
" LEARNING NEW  
SUBJECTS LIKE MUSIC"

WHAT OUR YEAR 7S  
HAVE ENJOYED  
THIS YEAR  
" MAKING NEW FRIENDS"

WHAT OUR YEAR 7S  
HAVE ENJOYED  
THIS YEAR  
" TAKING HOME WHAT WE  
HAVE MADE IN FOOD  
TECHNOLOGY"

WHAT OUR YEAR 7S  
HAVE ENJOYED  
THIS YEAR  
" SEEING SIBLINGS IN  
OTHER YEAR GROUPS"

Year 7 Comments from this year





## Thomas House

### Achievements in 9T0

Our KS3 House Captain Amarachi Ozorji has been accepted onto an Engineering summer school at Imperial College London! An amazing achievement and an inspirational way to spend the summer.

Amira Fernandez and Lily Usher have had amazing success this year competing for the Foundation of Light Football Team, Amira scored her first hat-trick and Lily got a clean sheet in goal!

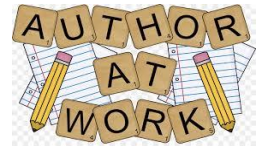
Sophie Mosley, Hannah Webster and Annmaria Varghese have completed their Bronze Duke of Edinburgh Award! Congratulations!



## English

### Creative Writing Success:

Well done to Year 7 and 8 creative writing students this year! As well as working on their own personal writing projects, several students have had stories published in print by Young Writers, for 'The Glitch' and 'Mission Chaos' national competitions.



### Debate Club Success:

Well done to the fantastic Year 7 and 8 students who have participated in Debate Club this year! Each week the students developed an argument and engaged in a range of debate topics including social media pressure, gender equality and poverty. Several students then selected their own topic and presented this in front of the class.

### KS3 Spelling Bee

Congratulations to the amazing KS3 Spelling Bee Club who have worked together to practice, challenge and improve their own and each other's spelling and who have successfully put together three teams to win the league and retain the BCCET Spelling Bee trophy for a second year against the other trust secondary schools.

### Outstanding Effort and Excellence Awards

Students across all Key Stages have been recognised for their outstanding effort and excellence in English this term. Pictured Here are Y10 students Lily Straughan, Eleanor Kirven, Hannah Storey and Kaya Brown. Well done to all students for their hard work and effort this year!







## Maths



Our wonderful Year 9 Mathemagicians represented our school during a visit to Newcastle University for a problem solving seminar. We are very proud of them!

Year 7 - Greek Club Trip

Τα περασσαμε καλα!!

We had a good time!!



Our Sparx Stars for the Summer Term are:

Yr7- Jesse Hahn Yr8- Britney Braimah Yr9- Kristina Juan Yr10- Safah Aslam



These pupils have earned the most XP points in Sparx Maths this year!  
Congratulations to our Star Pupils for the year!





## History

### Durham University and History Celebration

Durham University's Museums Outreach team visited the school to deliver sessions for the Year 10 History students. They focused on the Anglo-Saxons and Normans and aimed to bring their cultures to life for the students. Students handled replica artefacts and tried to work out what they would be used for and who the object would have belonged to. The students particularly enjoyed wielding the swords and axes!



Lydia Stoker, a former St Anthony's student, has graduated from Durham University with a First Class Honours degree in History from Durham University. She is hoping to train as a History teacher based at St Aidan's Catholic Academy next year. Well done Lydia!







## Geography

### A level Geography Fieldwork

Year 12 Geography students have been carrying out fieldwork over the last couple of weeks. Students have visited a range of locations such as, Newcastle Quayside, Ouseburn and South Shields beach. Students have had the opportunity to learn new data collection skills and collect primary data at each of the locations. They were an absolute delight to take out into the field and worked as an excellent team.

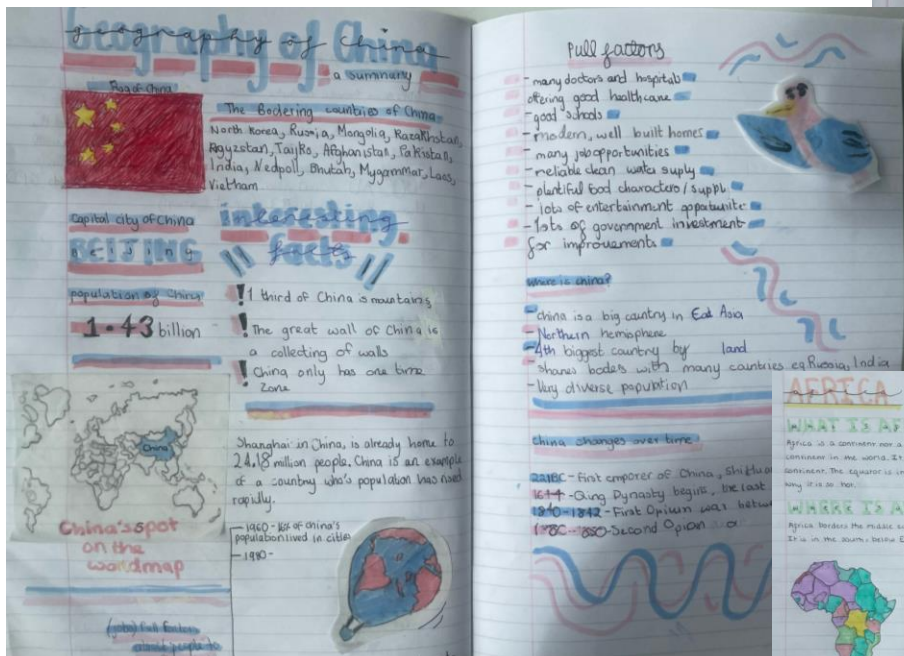
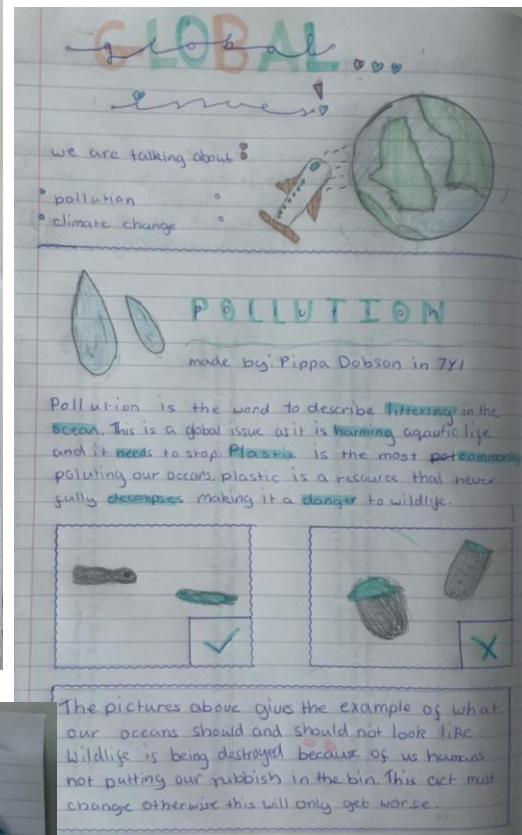
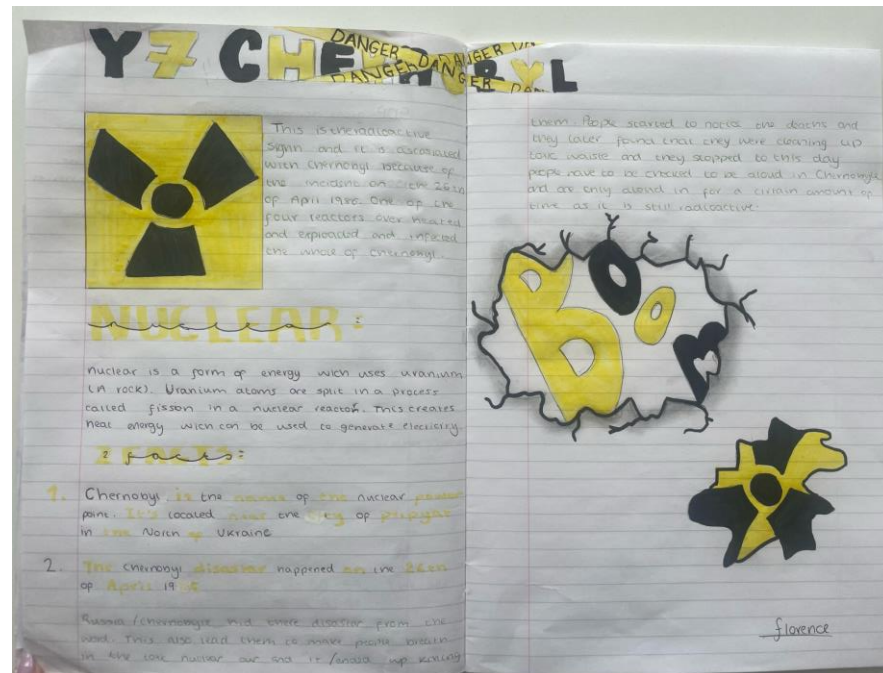
I cannot praise them enough; we were also very lucky that the British summer weather stayed fine for us.





# Geography

Year 7 Geography students created some amazing end-of-year resources about a variety of topics they have studied this year, including Russia, China, Africa, and plastics in the ocean.







## Eco-Committee

Eco-committee members have created a mural on the eco-committee noticeboard using recycled bottle tops, and the finished result really brightens up floor 2.



During Sports Day plants grown by eco-committee were sold, with the profits going to the Marine Conservation Society - a huge thank you to our amazing Year 10 helpers!







## Sports Day 2024



What an incredible day sports day was this year!! Well done to every house. The level of participation from everyone was outstanding. It was an extremely successful day. Well done to our runners-up, Lourdes House and our overall winners, **Gabriel House**.





## PE

### Netball Inspiration Day



It was great to see such a huge number of KS3 students enjoying the 'Netball Inspiration Day' at the Beacon of Light.

The girls were involved in skill sessions with representatives from England Netball and Centre Court Coaching and finished the afternoon with match play.

We hope to see you all back in September for the 2024/25 Netball league.

### Tennis Leadership Event - Tuesday 2<sup>nd</sup> July



A huge well done to the Year 9 leaders this morning, who were responsible for officiating for the Year 4 Sunderland Tennis Finals.

All staff and coaches praised the students for their professional conduct and their outstanding behaviour.

Well done girls!



## PE

### School Games Day 2024

To celebrate another successful year of sport in Sunderland, students in Y7-10 participated in the school games day on Monday 10th June. They competed in tennis, dodgeball and cricket. Well done to everyone taking part!







## PE

### Tyne & Wear Athletics

Students in Y7-10 represented St. Anthony's in the annual Tyne & Wear Athletics competition at Monkton stadium on 12<sup>th</sup> June. As a team they finished 10<sup>th</sup> overall. There were some fantastic individual results too. Holly was 1<sup>st</sup> in 100m, Isobel was second in 200m and Elizabeth was 3<sup>rd</sup> on 300m. Elizabeth was also 3<sup>rd</sup> in the Durham County Athletics on Saturday 8<sup>th</sup> June where she was representing Sunderland Schools. Well done everyone!



Y7 & 8 students competed in the Wearside Athletics at Silksworth on 4<sup>th</sup> July. They were an amazing team. Congratulations to Holly who came 1<sup>st</sup> in long jump & 800m Anna who came 3<sup>rd</sup> in 800m, Isabella who came 1<sup>st</sup> in discus and Fearne and Katharine who came second and third in shot.





## PE



This half term, students in Y7 experienced Olympic weight-lifting sessions with Zoe and Gemma from Weight and Cakes Sunderland. In their final session they competed in 1 snatch, 1 clean & Jerk and a long jump distance.

To find out more and get involved outside of school visit the website [Weights and Cakes |](https://www.weightsandcakes.com/)



## KS3 Sports Ability

Students from Y7-9 participated in the annual School Games sports ability event at Silksworth. They participated in Boxercise, cricket, and multi-sport activities and were a credit to our school. Well done to everyone involved!







## PE

Huge congratulations to the KS3 Football Activators. They organised and delivered an extremely successful Year 5 Football Festival as part of the Barclaycard football activators programme, inspiring girls to participate in football.







## PE

### Sunderland Schools' Swimming Gala

Congratulations to the Year 7/8 and 9/10 swimming teams who competed at the Sunderland Schools' Swimming Gala at the Aquatic Centre on Tuesday. Both teams won their competitions overall, with several individual winners, while both relay teams remained undefeated throughout the afternoon, in both the freestyle and medley relays. Well done, everyone. You were a credit to the school!



### Rounders Champions!

Congratulations to our two teams who were in action at the City of Sunderland rounders tournament on Wednesday 26<sup>th</sup> June. Both teams batted and fielded exceptionally well. The year 9/10 team finished as winners and the year 9 team finished in third place. Well done to all involved!







## PE

### Teddy Bear Olympics!

On Monday 24<sup>th</sup> of June we welcomed St. Cuthbert's and English Martyrs for the Year 2 Teddy Bear Olympics. The children had a wonderful time participating and competing in the various events, were a credit to their schools. Special thanks to our fantastic year 10 leaders, who led the children through warm-ups, and officiated the races to ensure that the event ran smoothly. Well done to everyone involved!



### Wimbledon Tennis Championships 2024



A group of 40 KS3 and 4 students attended the Wimbledon Tennis Championships this year. We spent the full day on Court 2 and around the grounds watching fantastic games from Men's Singles, Ladies Singles and Mixed Doubles.



We had a sightseeing tour of London on Day 2, managing to see Piccadilly Circus, Trafalgar Square, Big Ben, The Houses of Parliament, The Cenotaph, Downing Street, finishing off at Buckingham Palace.

The students were a credit to St. Anthony's!



## PE

### We are Gold!

We are delighted to announce that we have achieved the School Games Gold Mark Award for the 2023/24 academic year.

The School Games Mark rewards schools for their commitment to the development of competition across their school and into the community.

We are extremely proud of our pupils for their dedication to all aspects of school sport.



### PE KIT

Do you have any pre-loved St. Anthony's PE kit and trainers at home?

If so, the PE department would be grateful for any donations of t-shirts, 1/4 zip tops, hoodies, leggings, joggers, shorts, and trainers of any size that are in good condition.

If you have any items that you can donate, even if they have student initials on them, please bring them into reception or straight to the PE department.

Any items received will be greatly appreciated and put to good use within our school community.







Sunderland Hockey Club would love to take this opportunity to provide students with the chance to join a fun, competitive, and friendly club for all levels and abilities playing Hockey. They are local to everyone and the only Hockey Club in Sunderland.



**SUNDERLAND HOCKEY CLUB – A MIXED CLUB THAT WELCOMES ALL AGES AND ABILITIES**  
**BEGINNERS WELCOME – FIRST TWO SESSIONS FREE**

## ADULTS

## JUNIORS

WHERE – RAICH CARTER SPORTS CENTRE, SUNDERLAND





## MFL

### ¡Vamos a España!

The MFL Department is really looking forward to a trip to Barcelona with our Year 10 Spanish students (current Year 9) in July 2025!

We will be visiting iconic places such as the Sagrada Familia, enjoying an authentic flamenco show, taking part in a salsa class, and, of course, practising our Spanish in everyday situations, like buying ice cream and souvenirs.

Watch this space to see how we get on!



### Mandarin Club

Some of our wonderful KS3 students have had another busy term learning Mandarin at our after-school club led by Newcastle University Confucius Institute.

As well as continuing to learn how to talk about ourselves and others in Mandarin, we have also enjoyed learning about Chinese culture.

This month, we celebrated The Dragon Boat Festival (端午节 Duān Wǔ Jié). This is a traditional festival in China to commemorate the life and death of the famous poet, Qu Yuan. We enjoyed a quiz and some games, and we practiced our sewing skills with a very tricky craft activity that required lots of patience!







## MFL - Student Work

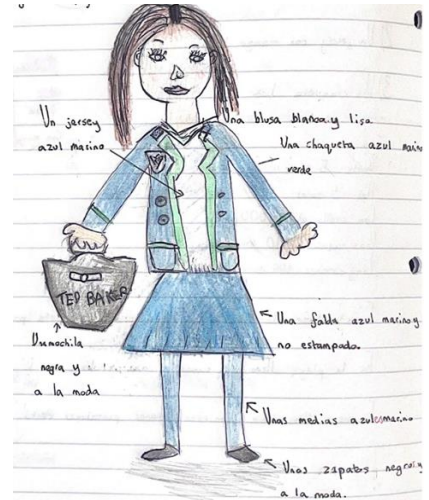
We have been extremely impressed with our MFL students and how hard they have worked this year. Below are some examples of the fantastic work produced in Spanish and French lessons!

### Year 7 Spanish

Year 7 has been learning about clothes, colours, and adjectives. Students have been designing their own outfits with Spanish labels as well as drawing their St Anthony's uniform and using their writing skills to add a short paragraph about what they are/are not allowed to wear. Well done, Year 7 on your super creativity and extended writing skills.



Bushra Jannath

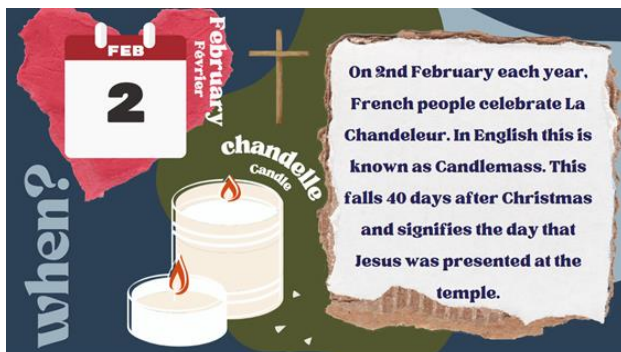


Maisie Caddick

### Year 9 French

Year 9 have been studying customs and traditions in the French speaking world this half term. 9Y1 French students worked in groups to research, create and share beautiful presentations on various French festivals.

Each presentation also had to include a game to help other pupils in the class remember what they had learnt. We had so much fun! Well done to everyone in 9Y1!



Presentation by Emmy Frost and Florence Hodgetts

### Year 12 Spanish

Our year 12 Spanish class spent a morning this term preparing for a debate on the future of the Spanish monarchy. Pupils worked in small groups on a variety of tasks to help prepare their arguments before the debate. Following all their hard work in their mock exams, this was a great opportunity for year 12 to have fun using their Spanish while also working on embedding their cultural knowledge into accurate expression of detailed opinions.





## Music

### Summer Concert

Our summer concert was a huge success! Thank you and well done to all students who participated from Y7-13, we are all very proud of you! Best of luck to our Y13 students who are moving on next year.

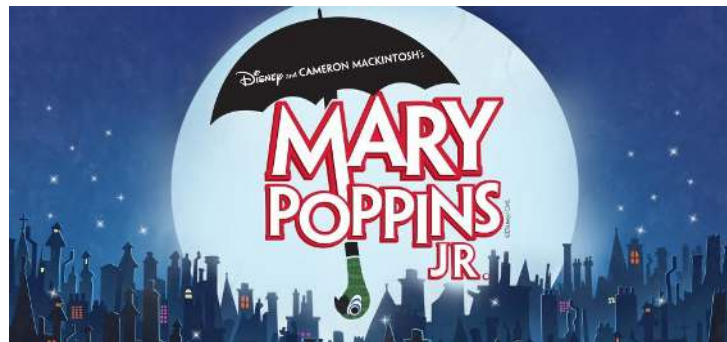


### Music Examinations

Congratulations to all students who have achieved graded music examinations this year. Lots of students have achieved merits and distinctions in various instruments, including singing and violin.

### Mary Poppins Jr - Jan 2025

The cast for our next musical, Mary Poppins Jr has been announced! Congratulations to all students in the cast and well done to everyone who auditioned, there were over 150 students! Look out for future announcements about the show!



### Senior Choir Tour to Belgium 2025

The music department is really looking forward to the return of our Senior Choir tours! We are off to Belgium in July 2025, where we will perform two concerts, hopefully including one at Menin Gate as part of the Last Post Ceremony. We are also planning a canal cruise and a trip to a theme park!







## Music

The choir are very proud to have participated in the Remembering Srebrenica Memorial Service at Sunderland Minster on Tuesday evening to remember the massacre of 1995. The theme of the event this year is 'I am me because you are', and the choir sang 'This is me', to reinforce the themes of individuality and uniqueness, tolerance and respect. It is so important to stand up against injustice and do our bit, so we never have a repeat of the genocides of the 21st Century.





## Computer Science

Computer Science Y13 Projects - Some amazing inventions from talented students

Lovin Sharma Astro Maths - Space Invaders game linked with Maths revision

I gets the data entered into the data entry forms from tkinter



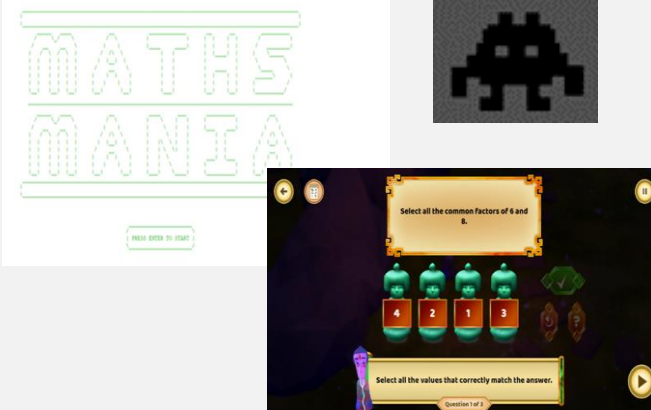
Dani Bravo - Labyrinth Lad - Linked with English quizzes for revision. Students get to play a maze game when completing levels in the game.

Username	Password	Name	Level 1	Level 2	Level 3	Score
boris1	1111	BorisA	unlocked	unlocked	unlocked	100
jerry1	4957	Jerry	unlocked	locked	locked	42
kelly2	5486	Kelly	unlocked	unlocked	unlocked	89

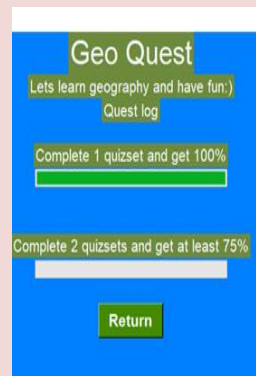
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Enter Password  
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Enter Level 2 Status  
unlocked  
Enter Level 3 Status  
locked  
Complete  
Back



Jack Bowley - Math Mania - A game of Maths to help student improve their calculation skills.



Ravin Brillo - Geo Quest - A flashcard system created for Geography revision as a reward system for the user to earn badges.



Grigoris Singh - Nebula Revision - that has the 'Space Invaders' theme, a retro style shooting game set in a space flying a small spaceship around the game world and shoot at enemies.



Coming in September  
Computer Club Y7 - Y9







## Technology



### Girls Academy wins North East Schools Wonder Challenge

04 July 2024

St Anthony's Girls Catholic Academy, Sunderland, took top spot at the final of the North East Schools Wonder Challenge.

Both the school and its winning team - comprising of Amrita Singh, Mary-Ann Mason, Heidi Scarth and Rue Rahman were awarded £500 each.

Held at Newcastle University, the finalists included teams from Haydon Bridge High School, Whitley Bay High School, Newcastle High School for Girls and Kenton School.

The challenge was to design a sustainable transport system in three stages. The first, set up a company, appoint a team and identify a site to develop. The second, the generation of a company proposal. The third, a presentation to the judges.



### GCSE Product Design

Pupils enjoyed a fabulous visit to Vantec this week. The staff focused on female careers within this fast-growing local industry.

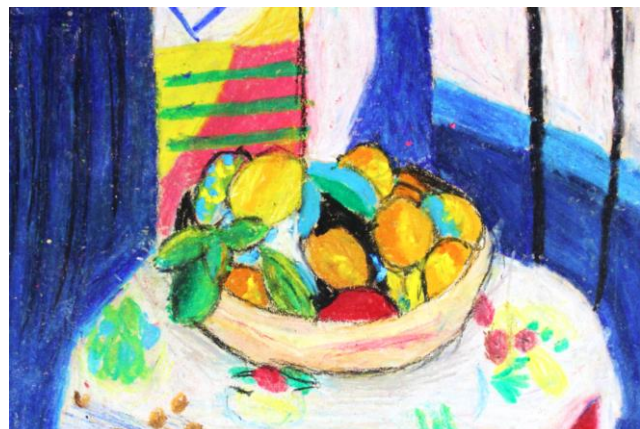
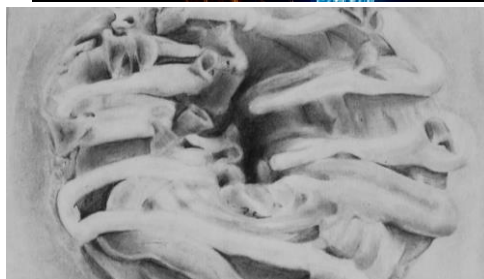
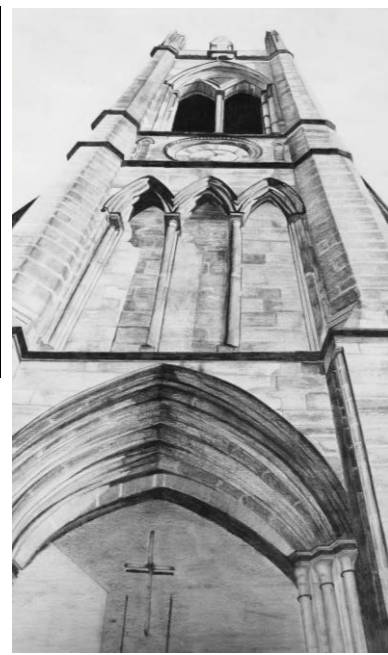
Pupils looked at immersive training for Health and Safety, driving a forklift truck, data analysis and Just in time manufacturing.





## Art & Photography

Well done to all of our amazing Art and Photography students this academic year! Below is a selection of some of the amazing work produced across all key stages. We hope you enjoy our visual celebration of the subject.







## Applied Law



Year 12 Law students have attended Sunderland Magistrates Court to develop their understanding of our legal system and to see much of the theory we have studied in action.

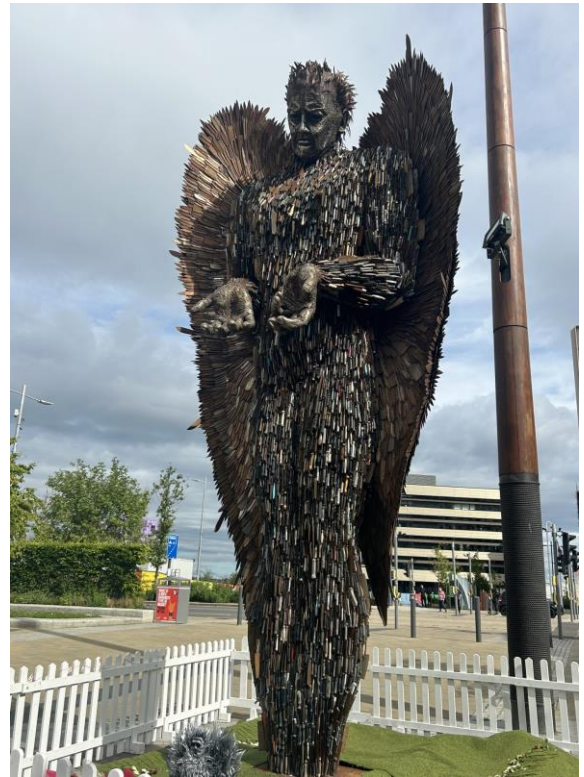
Students sat in the public gallery of the Criminal Court, they witnessed theft cases, careless driving cases, driving under the influence, being in possession of prohibited items, breaking a suspension order, and assault of an emergency worker (Police Officer.)

They have seen first-hand how the prosecution and defence present their case and how they can question and cross-examine witnesses. In addition, they observed how legal aid impacts a trial, as one defendant had her application rejected and so she had no legal representation.



## Applied Law

Staff very kindly gave students a tour of the County Court (Civil Court) so they were able to make a comparison with the criminal court. They were also able to see in the criminal court room what the old defendant dock looked like, the cell below, and where this connected to the old police station.



Finally, some students had the chance to speak to a barrister who was in the second half of her pupillage, and she gave them valuable advice in relation to university and training. They were also able to question the Lay Magistrates. Students attended in small groups so as to minimise disruption. The knife angel was on display during some of our visits, and so we had a discussion around its purpose and importance. Students are to be commended for their behaviour during these visits, they were very mature and a credit to the school. The staff in the court were very impressed!





## Duke of Edinburgh

From June 28th to 29th 12 of our Year 9 students completed their bronze Duke of Edinburgh expedition in the beautiful North Yorkshire Moors. We are so proud of them for their resilience and determination!







## End of Year 11 Celebrations

Congratulations to the class of 2024 who celebrated the end of their GCSE and BTEC examinations with a prom at Roker Hotel in June. Students had a fantastic night full of fun, laughter and dancing!



Students also had a fantastic awards ceremony along with their parents, where students were awarded for their hard work, dedication and contribution to Academy life. Abigail Emerson performed a beautiful piano solo for everyone.

See you all on results day: 22 August!







## Culture & Diversity Week

We celebrated our annual culture week as a school community in July, with a variety of events throughout the week celebrating the diversity of all our students.

Students took part in events such as a food festival, a cultural dance workshop, and henna art, which were all led by our talented team of Year 12 students.

The highlight of the week was our cultural fashion show, where students arrived in school wearing their cultural dress and displayed this during a fashion show at lunchtime.



Well done to everyone involved!



## Activities Week

To end the academic year 2023-24 in style, students in Years 7-10 enjoyed an 'Activities Week', with a range of activities not normally available in the curriculum which build character, promote personal development, and develop skills and talents, whilst linking to our Mercy ethos.

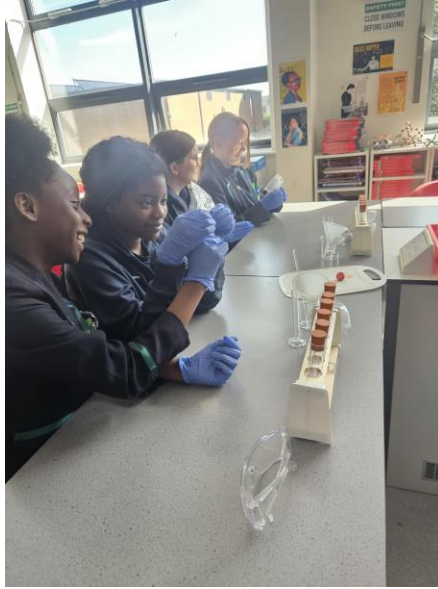
Over the week, in year groups, students took part in a 5-mile sponsored walk to Roker Beach and back to raise money for charity, enjoyed a trip to the cinema and bowling alley and made friendship bracelets with staff. Students also enjoyed a range of activities, including taking part in a mock trial raising awareness of the rule of law and the seriousness of knife crime, a science experiment extracting DNA from fruit, a drama workshop, an enterprise activity, art therapy sessions, and 'meet the employer' where students interviewed employers from local businesses and companies.







## Activities Week





## Careers

### Year 10 Work Experience

Congratulations to our Year 10 students who ventured into the world of work for a week in July. Students had placements in the law, healthcare, retail, hospitality, manufacturing, engineering, marketing, and education sectors, amongst others, and developed their employability skills during the week. Some of our students have been offered part-time jobs or apprenticeship routes when they complete Year 11 as they impressed us so much!



She arrives with a huge smile, she's happy to complete any given task and is wonderful with the children.

I would love to see Amy go into childcare in the future – we need more students like her 😊

Fern has been a perfect ambassador for St Anthony's and I am sure she will go on to be a valued and important part of the community as she grows.

Well done to all students who embraced this opportunity and made such an impact on their placements!

If anyone would be interested in hosting a student for a work experience placement in 2025, please get in touch with Mrs Dudley, Careers Leader, at [ldudley@staga.co.uk](mailto:ldudley@staga.co.uk).







## Alumni - Hannah Trotter



Whilst at St Anthony's Catholic Academy I studied History, Music and Textiles for A Levels. I really enjoyed each subject and had some fantastic teachers who really pushed me to my full potential. I was involved in extra-curricular activities within the music department, which involved the musicals, choir and orchestra where I played the alto saxophone. I have very fond memories of my time at St Anthony's, especially playing Fagin in my last musical, 'Oliver'. This was the most fantastic send-off where I was able to express myself and get into character, and to this day, my friends and family still talk about the show!

I went on to study at Sunderland University where I studied BSc Psychology then went on to pursue my MSc in Psychological Research Methods. I enjoyed comparing nature to urban space place preferences, looking into an individual's relationship and emotional attachments to the selection of environments. I was able to combine a significant amount of literature, looking at alternate studies, to present different methodologies and theories to help Dr Stephanie Wilkie design her new study. I was involved in conducting the study and recruiting participants from the University to gather data. This experience was invaluable, I gained so many skills and knowledge from being involved in this process. The time and effort spent on this study, resulted in the findings being published with my name on the paper as co-author. The study was so extensive that a second study was designed and published. I am extremely proud of this achievement, hard work and collaboration really does pay off!

Since University I signed up to an agency as a Teaching Assistant. I worked in primary and secondary SEN schools, helping children with behavioural issues, mental health and learning, and physical disabilities. I definitely gained confidence as a teaching assistant as I had to adapt to different situations for kids of all abilities. I also lectured A Level Psychology students for the day at St Anthony's Catholic Academy which was a great experience. I then managed to successfully get a position with Northumbria Police as a Data Analyst and Research Assistant in the Public Insight Team within Corporate Development. My role was so valuable as I was able to upskill in Excel by preparing the data for the victim satisfaction surveys for a variety of crime types and public perception surveys to better understand their feelings about crime and policing. I conducted phone surveys and then analysed the results to produce data and reports for senior management. I was able to support the quantitative data with the qualitative data as I was able to incorporate the victims own personal experiences into results. Improving victim satisfaction is hugely important to Northumbria Police. I was in this role for 2.5 years and was then successfully promoted to the Performance Team as a Performance Review Adviser. In this role I produce reports for different aspects of Safeguarding, Harm Reduction and Prevention and Deterrence. I now have ownership of certain business areas and lead meetings giving updates on performance, which supports the improvement and development of the Performance Management framework for the force. I use my problem-solving skills to quality check all the data, so I'm confident in what I produce for internal and external partners.

My advice to current students would be that no matter what difficulties you come across in your professional life, embrace opportunities even if the route you take is different to what you had initially planned. Things always work out in the end. If you are confident in your abilities, speak up for things that matter and set goals and aims, you will be extremely successful in life!





## Next Half Term - Key Dates

Date	Event
2.9.24	INSET - school closed
3.9.24	Y7 - 8.30-3pm Y11 - students join us from 9.45-1.45pm for Aspirations Day Y12 - 8.30-3pm
4.9.24	All students return
17.9.24	Year 12 Information Evening
19.9.24	SEND Parent Information Evening (5pm-6pm)
24.9.24	Y6 Open Evening
24.9.24	Y7 and Y12 Welcome Mass
26.9.24	Bishop Stephen's Visit to St Anthony's
7.10.24	Year 13 Information Evening
8.10.24	Y11 Information Evening
15.10.24	Sixth Form Open Evening







## Closing Prayer

### Prayer to End a School Year

God of wisdom, we thank you for all the gifts you have given us throughout this school year. We praise you for giving us life, for saving us in Christ, and for choosing us to be your people.

As we come to the end of this school year, we voice our gratitude for the good things you have done in us, and we praise you for all who have shared in the work of this school.

We ask that you bless them in your love and give them refreshment and peace. We praise you, God, through Jesus Christ, our Lord, who lives and reigns forever and ever.

Amen

