

Module 1	Module 2	Module 3
<p>Learning Intent for this module:</p> <p>Originality – ‘Demonstrating expression and creativity during sport and physical activity to achieve a personal best’.</p> <p>Students continue to tackle more complex and demanding physical activities. Students choose a pathway that enables them to be involved in a range of activities that develops personal fitness and promotes an active, healthy lifestyle. Students are inspired to work hard to improve their performance in competitive sports, in the pursuit of excellence to achieve their personal best. Students continue to develop their techniques to make them more original and creative within competitive games. They build on physical fitness development and techniques. Opportunities to participate in extra-curricular activities and school sport enable our students to continue their physical activity journey outside of school so that they continue to participate throughout their lives.</p>	<p>Learning Intent for this module:</p> <p>Originality – ‘Demonstrating expression and creativity during sport and physical activity to achieve a personal best’.</p> <p>Students continue to tackle more complex and demanding physical activities. Students choose a pathway that enables them to be involved in a range of activities that develops personal fitness and promotes an active, healthy lifestyle. Students are inspired to work hard to improve their performance in aesthetic activities, in the pursuit of excellence to achieve their personal best. Students develop their techniques to make them more original and creative within aesthetic activities and are given opportunities to build on physical fitness development and techniques. Opportunities to participate in extra-curricular activities and school sport enable our students to continue their physical activity journey outside of school so that they continue to participate throughout their lives.</p>	<p>Learning Intent for this module:</p> <p>Originality – ‘Demonstrating expression and creativity during sport and physical activity to achieve a personal best’.</p> <p>Students continue to tackle more complex and demanding physical activities. Students choose a pathway that enables them to be involved in a range of sports that develops the opportunity to achieve personal bests and promotes an active, healthy lifestyle. Students are inspired to work hard to improve their performance in competitive games and athletics activities, in the pursuit of excellence. Students develop their techniques to make them more original and creative within athletics activities and striking and fielding games. Opportunities to participate in extra-curricular activities and school sport enable our students to continue their physical activity journey outside of school so that they continue to participate throughout their lives.</p>
<p>Key Content to be learned:</p> <p>PATHWAYS Competitive games Fitness for life</p>	<p>Key Content to be learned:</p> <p>PATHWAYS Aesthetic Activities Fitness for life</p>	<p>Key Content to be learned:</p> <p>PATHWAYS Competitive Games Achieving a personal best</p>

<p>Develop and demonstrate originality in a range of team games and individual games in competitive situations to overcome opponents.</p> <p>Implement rules and regulations of different activities and apply them within different contexts in the role of performer and official.</p> <p>Develop and apply advanced tactics and strategies, plan and implement set plays to overcome opponents in direct competition through team and individual games.</p> <p>Develop higher levels of physical fitness by participating in various training methods via group exercise.</p>	<p>Develop and demonstrate originality in a range of aesthetic activities in competitive situations.</p> <p>Implement rules and regulations of different activities and apply them within different contexts in the role of performer and official.</p> <p>Develop and apply advanced choreographic skills and complex techniques and improve performance in aesthetic activities.</p> <p>Develop higher levels of physical fitness by participating in various training methods via group exercise.</p>	<p>Develop and demonstrate originality in a range of athletic skills, team and individual games in competitive situations.</p> <p>Implement rules and regulations of different activities and apply them within different contexts in the role of performer and official.</p> <p>Develop and apply advanced tactics and strategies to overcome opponents in direct competition through team and individual games.</p>
<p>Assessment for this module:</p> <p>Students demonstrating a consistent level of originality in a wide range of skills required for successful performance in team and individual games or group exercise.</p> <p>Application of the rules and regulations and the correct selection of strategies and tactics within the practical context.</p>	<p>Assessment for this module:</p> <p>Students demonstrating a consistent level of originality in a wide range of skills required for successful performance in aesthetic activities or group exercise.</p> <p>Application of choreographic skills, rules and regulations and the correct selection of strategies and tactics in the practical context.</p>	<p>Assessment for this module:</p> <p>Students demonstrating a consistent level of originality in a wide range of skills required for successful performance in athletic activities, striking and fielding and individual games.</p> <p>Application of the rules and regulations and the correct selection of strategies and tactics within the practical context.</p>