



Spotlight: Shining Lamps



'We should be shining lamps, giving light to all around us.'
Venerable Catherine McAuley

St Anthony's Girls' Catholic Academy Newsletter



St Anthony's from above. Picture by Mr Leroy.

Dear Parent/Carer,

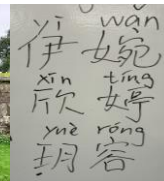
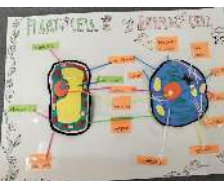
We are delighted with the excellent start our students have made to the new term. They have adapted very well to the new school day and the new House system is now up and running. We have lots of exciting events and opportunities for our young people this year, and we look forward to seeing them flourish. We are absolutely thrilled with our GCSE, A Level and BTEC examination results which are well above both local and national averages. We wish our Year 11 and 13 leavers well and the best of luck with their next steps, whether that be university, Sixth Form, college, apprenticeships or the world of work.

On 25th September we marked the feast of Our Lady of Mercy, a very important day in our school community. We celebrated our Welcome Masses with Years 7 and 12. Ever since our school was founded in 1904, staff and students have gathered together as a community to pray and reflect on our mission as a Mercy school. Inspired by the foundress of the Sisters of Mercy, Catherine McAuley, we strive to be the best we can be and in the words of Catherine, "Be shining lamps, giving light to all around us".

Over the coming weeks we look forward to sharing our news and events. Please keep in touch with us on social media. Communication between home and school is vital to achieve the best outcomes for our children. We look forward to working with you and please do get in touch if you have any concerns or feedback.

Mrs Marie Lanaghan

Acting Head of School



Twitter: @StAnthsGirls

Facebook: StAnthonysGirlsCatholicAcademy

Instagram: StAnthsGirls





Chaplain's Corner

Opening Prayer

The prayer we have chosen is called 'Blessings'. It was written by Catherine McAuley, the founder of the Mercy Sisters whose Feast Day we celebrated on the 24th of September.



Blessings

May God bless
and protect you.
May he make you
the instrument of
His glory.
May He
animate you with
His own
Divine Spirit,
that you may prove
it is
Jesus Christ
you love and serve
with
your whole heart.

Donating to CAFOD

We are often asked how to help those suffering due to emergencies at present. CAFOD supports our sisters and brothers all over the world.



<https://cafod.org.uk/give/donate-to-emergencies>

Food Bank

Our Food Bank is open, and we welcome donations of: coffee, tea, long life milk, tinned meat (ham, bacon grill, mince in gravy, corned beef) and tuna, tinned pies, hot dogs and potatoes. We would also appreciate donations of long life desserts/biscuits. All items must be suitable for cupboard storage.

Thank you very much to everyone donating to our Food Bank.





Chaplain's Corner

Remembrance

November begins with the Solemnity of All Saints, followed by All Souls Day. On the 11th of November we mark Remembrance Day making it very important month in which we remember all the dead in our community. All pupils and staff are welcome to enter the names of their deceased loved ones in our Remembrance Book, which will be placed by the chapel.



Christmas Hamper

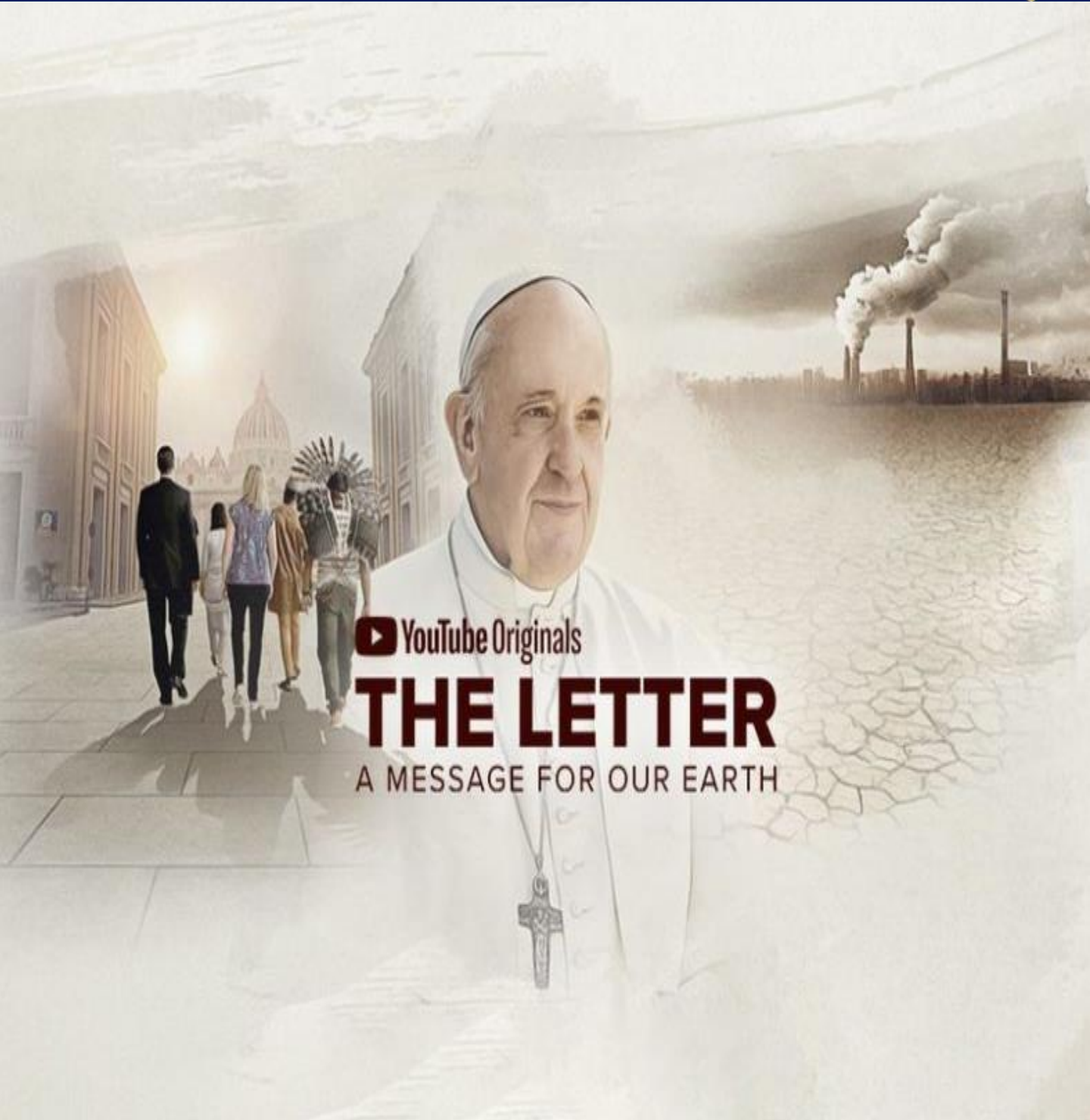
This year we will be making Christmas Hampers for all those members of our community who need a little help during the festive season. Please look out for future messages about Christmas Hampers and ways you can support these.



Norah's North Pole

We are supporting Norah's North Pole this year again. You can find more information about it on their website here: <https://norahsnorthpole.co.uk/>
Please look out for further information regarding how you can support this excellent cause.





St Anthony's Girls Catholic Academy invites every local community member to join us to watch 'The Letter'. The film will be shown at St Anthony's, in Our Lady's Hall, on the 15th of November 2023 at 3:30 pm. Refreshments will be provided. For more information and to reserve a place email kszczepanska@staca.co.uk





Pastoral Updates

Behaviour and Standards

Thank you for your continued support in helping us to maintain our high standards of attendance, behaviour and uniform. The vast majority of our students arrive on time and ready to learn.

Please can you take some time over the half-term break to discuss the following with your child:

Uniform:

All students should be wearing their Year group coloured braid and their House badge, please contact the school office if you require a replacement.

PE kit should be worn only on days when there is a timetabled PE lesson and students must wear their school blazer with their PE kit.

Students must bring a suitable bag, large enough to carry an A4 file, every day.

Social Media and phone use:

The use of mobile phones by students is not permitted on the academy site. Students who contact their parents during the school day for whatever reason will be subject to sanctions. If your child needs to contact you urgently, they should come to the academy reception or speak to their Head of House. If a same day detention has been issued, we will contact home to let you know.

Unfortunately, it has come to our attention that a small minority of students are setting up and using social media sites (predominantly TikTok) inappropriately. These sites are set up with the sole purpose of causing trouble between students and are often cruel and upsetting in nature. This is being done outside of school but some of the sites have used the academy name and badge. Please ensure that you monitor your child's social media use as cases of online bullying or damage to the reputation of the school will be taken very seriously.

Attendance and Punctuality:

Attendance rates across the academy remain high and are consistently above local and national figures. We appreciate your support in ensuring that your child attends regularly and that holidays and routine appointments are not taken during school time. Our morning Late Gate has proved to be very successful and the majority of our students arrive on time. Students should be on site in plenty of time to ensure that they are in their year area before 8.30am, students who arrive late will be issued with a same day detention.

Rewards and recognition:

The academy will be moving to a new Management Information System after half-term. As the system is different to our current system there will be some changes. To facilitate the move, we will be rewarding students for their achievement points accrued in the first half-term when we return in early November, and then starting afresh with a new system. More information will be shared with the students in their assemblies.





Safeguarding and Well-being

Safeguarding update for Parents

Please check our [website](#) for our updated Safeguarding and Child Protection policy.

Our school has a zero-tolerance stance towards any form of peer-on-peer sexual abuse or harassment. Our staff proactively uphold this stance by following the SCAR approach:

STOP when you notice

CHALLENGE the comment or behaviour

ADDRESS let the young person know that it is not appropriate

REPORT all incidents should be reported, particularly low-level or first offences, to help build up a picture

Please encourage your children to use our dedicated email for these concerns:

reportit@staga.co.uk

Mrs Helen Moran is our member of staff who supports LGBTQ+ students.

Vaping

Vaping is on the increase in young people. Current e-cigarette use for 15 year old girls increased from 10% in 2018 to 21% in 2021. In school, we will be highlighting the dangers in PSHE lessons and we would encourage parents to talk about vaping to their children. The below article is a useful starting point:

[I'm worried about my child vaping - Support for Parents from Action For Children](#)

Social Media

If you have concerns about your child's use of social media or want advice on how to keep them safe online, please check out this advice from the NSPCC:

Keeping children safe online | NSPCC

The DFE statutory guidance 'Keeping Children Safe in Education 2023' focuses on filtering and monitoring in schools. It is the responsibility of schools to keep children safe online.

- DSL takes lead responsibility for safeguarding, including online safety.
- Schools must ensure we take action to prevent the following:
 - **Content:** students must not be exposed to illegal, inappropriate or harmful content
 - **Conduct:** online behaviour that increases the likelihood of or causes harm
 - **Contact:** harmful interaction with users
 - **Commerce:** online gambling, inappropriate advertising, phishing and financial scams

If a student tries to access inappropriate content using the school network it is immediately flagged and our IT technicians and SLT take action to ensure students are safe online.



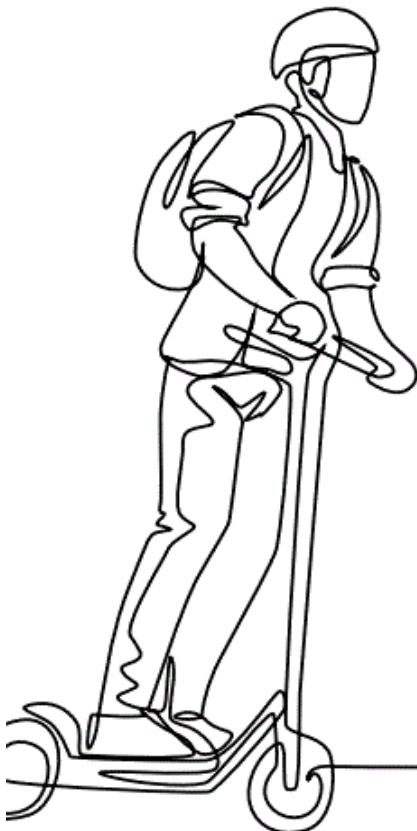


Thornhill Terrace

Can we make a plea to all parents who drop off or pick up their children on the Terrace outside school to be mindful of other road users and pedestrians? There have been recent complaints about parents parking illegally and some erratic driving. Please be aware that we have a lot of children on the Terrace, particularly at 3pm, and their safety is paramount. Also, parents should not be parking, dropping off or picking up in Beresford Park or Abbotsford Grove. This is a private road and parents should use alternative roads to collect their children.

We are delighted that we now have two crossing patrol staff at the end of the Terrace. We would like to welcome our new staff and really appreciate the service they are providing.

It is against the law to ride a private e-scooter on a public road or pavement.



We understand that buying your own e-scooter can be tempting, especially as you can get them from many popular retailers.

Why is this?

E-scooters are classified as Personal Light Electric Vehicles (PLEVs), so they are treated as motor vehicles and subject to the same legal requirements, such as:

MOT, Licensing, Tax, Insurance

As e-scooters do not have number plates, signalling ability and don't always have visible rear lights, they can't be used legally on the roads.

Although unable to ride your own, there is a government trial taking place in the North East where you are allowed to ride a rented e-scooter.

NORTHUMBRIA POLICE - WARNING TO PARENTS - DO NOT BUY E-SCOOTERS AS CHRISTMAS PRESENTS

With the festive season fast approaching a reminder to all parents **DO NOT** buy Electric Scooters for children as Christmas presents. E-Scooters have not yet been legalised, are still considered illegal and must not be used on our roads and footpaths. If caught riding on our roads and footpaths the e-scooter could be confiscated by Police.





Mental Health update for Parents

World Mental Health Day

Every year we celebrate World Mental Health Day on 10th October. The theme for 2023, set by the World Federation of Mental Health, is 'Mental health is a universal human right'. It's a chance to talk about mental health, how we need to look after it, and how important it is to get help if you are struggling.

Pastoral staff have delivered assemblies week commencing 9th October on this topic to all year groups. The pupils were all given a task of writing down anything that worried them and talking about it to a trusted adult. It's part of an ITV campaign called 'Britain Get Talking'.

Please follow the link below for more information and encourage your child to talk about their worries:

[Britain Get Talking | Assembly Video \(itv.com\)](#)

Year 11 information Evening

Thank you to all the parents and pupils who attended the Year 11 Information Evening this week. Mrs Richardson-Dunn gave a presentation on helping students cope with exam stress. There is a lot of support for Year 11's with their GCSEs but, if you are struggling or need any more advice, please contact school. There are also a lot of resources online, which provide support in this area. Here are a few that you could look at:

[Academic and exam stress : Mentally Healthy Schools](#)

[Exam Time & Exam Stress | Parents Guide To Support | YoungMinds](#)

[Exam stress - How can parents help? - BBC Bitesize](#)

Last year, St Anthony's achieved the Bronze Award for the Mental Health Charter Mark. This year we will be aiming for the silver award and will be asking for the views of you and your child over the coming months.

We are pleased to welcome two new trainee counsellors, Gemma and Zoe, who will be working with identified students throughout the year to support their emotional wellbeing. We are also grateful to the continuing support of our MIND counsellor, Angela, and Emotional Resilience Nurse, Gemma.

If you have any concerns about your child's emotional wellbeing and would like some advice on ways to support, please contact Mrs Richardson-Dunn, Mental Health Lead.





Personal Development

Personal Development this half term



CLIMB: Challenge

Setting yourselves challenges helps to improve your growth mindset which in turn will strengthen your resilience to any challenges you may face in life.

CHALLENGE	LEADERSHIP	INTEGRITY	MOTIVATION	BELONG
Cycle 1: Week 1-6	All year	Cycle 2: Week 1-6	Cycle 3: Week 7-13	All year
British Values Democracy: Research what issues Parliament are discussing	Work towards DofE award	How do you demonstrate empathy in your life?	Have a piece of work featured on display/on social media	Volunteer to help in a Liturgy
Visit a university	Take part in John Paul II award	Write a card/letter to someone who is lonely	Hear a professional talk about their career pathway	Join an enrichment activity
9 Protected Characteristics: Marriage & Civil Partnership				
Go to a concert/show/performance	Be part of one of the student leadership groups in school	Volunteer	Research a career path you are interested in	Prepare and lead prayers during school trips
Have a mock interview	Lead a fundraising opportunity	Write about a time you expressed honesty	Intrinsic motivation: 4 hours of developing a skill of something you are interested in	How are you following Jesus' teaching during the Ordinary time?



Every challenge you complete will be credited. Good luck!

CLIMB: Year 12 and Year 13

We have launched our new CLIMB initiative this half term with sixth form students. Students are encouraged to take part in a series of 'challenges', some more difficult than others' in order to develop their growth mindset and resilience, and also to help develop their character and prepare them for life in higher education, training or employment.

Students have the opportunity to complete as many challenges as they like and will receive recognition for each one they complete.

For more information about this, please speak to **Mrs Dudley** (St Anthony's) or **Mrs Gardner** (St Aidan's)





Personal Development this half term

Personal Development curriculum

Students have a dedicated Personal Development lesson every Friday lesson 1 in Years 7-11. They have enjoyed their first set of topic rotations, including:

- Key Stage 3: Healthy lifestyles, body image, recognising signs of cancer, self esteem, stress and anxiety, British values and protected characteristics, identity and culture, first aid and online safety.
- Key Stage 4: Addiction, peer pressure, immigration, the role of parliament, performing CPR, spotting signs of abusive relationships, debts and mortgages.

Thank you to Together for Children who delivered a session on raising awareness of FGM and forced marriages to Year 10, Mrs Hoey and Mrs Wheeler who discussed sexual health with Year 11, and David Messenger from South Tyneside and Sunderland NHS Foundation Trust who delivered a session on sexual health to Year 12.

Careers

Our CEIAG programme kicked off this half term with Years 7-9 creating or refining their Careers action plans. Year 11 began looking at options for Post-16 study or training, and began creating their CVs. Year 12 have begun using Unifrog, an online platform designed to help them explore and research options Post-18, and Year 13 are busy preparing UCAS applications and personal statements for higher education training or employment.

Year 13 also took part in our annual Careers fair hosted by St Aidan's, where they had the opportunity to speak to a range of universities, training providers and employers.

Some of our Year 9 students have been working with our Local Enterprise Partner from Sir Robert McAlpine, Anjana Raj, about employability skills and mapping out future career plans. Anjana visits once per month to mentor these students, and they will be visiting one of the construction sites in the very near future.

Year 12 visited a Higher Education Fair on 6 October to look at university, apprenticeship and technical providers and discuss potential next steps after sixth form.

All of Year 11 will receive a 1:1 career advice and guidance appointment this year from our careers advisor, Tammy Kirton, from Education Development Trust. Many students have had their appointments already and have greatly benefitted from Tammy's knowledgeable and impartial guidance on all the different options available after Year 11. Year 12 have been sent a questionnaire including an option to request an appointment if required.

Preparations are well underway for our annual careers Fair on Wednesday 31 January 2024. If any parents/carers would like to be a provider at our careers fair, or would like to be involved in our careers programme in any way, please contact our Careers leader Mrs Dudley ldudley@staga.co.uk who would be delighted to hear from you!





Personal Development this half term

Assemblies

Students have benefited from a rich programme of assemblies this half term, including:

- Launch of our house captain elections and school council information for Y7-11
- Launch of our CLIMB character development initiative for Year 12
- Good Cup of Tea and the life and works of Catherine McAuley.
- Black History Month.
- Mental Health Awareness (to coincide with World Mental Health Day on 10.10.23)
- Show Racism the Red Card
- Social Mobility Foundation for Year 12



Events

This half term we celebrated European Day of Languages with the MFL department, with students learning different European languages across the curriculum. Students got involved by taking part in quizzes and a bake-off, and staff dressed up to celebrate their chosen country.

We observed our annual 'Good Cup of Tea week' where students learned about the life and works of Blessed Catherine McAuley, and Year 11 students enjoyed their Aspirations Day where they took part in conference-style teacher led sessions on study skills, mental health wellbeing and teambuilding activities in their new form classes.

We also formally welcomed our Year 7 and Year 12 students with a Welcome Mass led by Fr. Chris and our new chaplain Miss Szczepanska.

Student Leadership Programme

We are relaunching our Student Leadership programme this year, starting with the election of House Captains. Our final 32 students have been shortlisted by our lead students in Year 13, and are now busy preparing their campaign videos to be shown in house assemblies with students from their house voting for their preferred house captain in the week after half term - we can't wait!

Our elected house and vice captains will make up our student council.

We will also be recruiting for the following student leadership groups very soon:

- **Anti-bullying** champions
- **Mental health** champions
- **Equality and Diversity** champions
- **Careers** champions
- **Arts** champions
- **Sports** champions
- **STEM** (Science, Technology, Engineering, Maths) champions
- **Literacy** champions
- **Numeracy** champions





Clubs and Enrichment

St Anthony's Girls' Catholic Academy Enrichment Timetable: Term 1 2023-24 'We should be shining lamps, giving light to all around us'	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	ARTS AWARD Y7-12 MC3 12.45 or 1.35 Week A/B	LEGO ROBOT CLUB Y7 1.36 12.40-1.15 Week A/B	CREATIVE WRITING Y7-8 MC9 12.40-1.15 Week A/B	JUNIOR CHOIR Y7-8 Hall 12.45-1.15 Week A/B	ART CLUB Y7-9 2.49 12.25-1.00 Week A
	RPG CLUB Y9-10 W25 1.15-2.00 Week A/B	FRENCH CLUB Y7-8 3.64 12.45-1.15 Week B	FRENCH CLUB Y7-8 3.63 12.45-1.15 Week A	ECO COMMITTEE Y7,8,11 2.52 12.45-1.15 Week B	GREEK CLUB Y7-8 2.55 12.25-1.15 Week A/B
	ECO COMMITTEE Y9,10,12 2.52 1.35-2.05 Week A	NHS CADETS Y12-13 ST AIDAN'S 3.00-4.00 Week A/B	MFL CULTURE CLUB Y12 3.62 12.45-1.15 Week A/B	EMPOWER Y7-12 0.8 3.00-4.00 Week A/B	DUKE OF EDINBURGH Y7-12 3.66 12.45-1.15 Week A/B
	MANDARIN CLUB Y7-10 3.63 3.00-4.00 Week A/B		POETRY SLAMDOWN Y9-10 W25 1.15-2.00 Week A/B	FOOTBALL Y7-13 Sports Hall 3.00-4.00 Week A/B	WORLD RELIGIONS CLUB Y7-8 0.5 12.45-1.15 Week A
	SENIOR CHOIR Y9-13 Hall 3.00-4.00 Week A/B		WORLD RELIGIONS CLUB Y9-10 0.5 1.30-2.00 Week B	ATHLETICS/CROSS COUNTRY Y7-13 Sports Hall 3.00-4.00 Week A/B	SKI CLUB Y7-13 Silksworth Ski Slope 3.00-4.00 Week A/B
	NETBALL Y7-13 Sports Hall 3.00-4.00 Week A/B		SEWING BEES Y9 2.46 1.30-2.05 Week B	ORCHESTRA Y7-13 MC1 3.00-4.00 Week A/B	
			SCHOOL MUSICAL Y7-13 Hall 3.00-4.30 Week A/B	PUPIL CHAPLAINCY TEAM Y7-12 Chapel 3.00-4.00 Week A/B	
			BADMINTON Y7-13 Sports Hall 3.00-4.00 Week A/B		
			SAFE SPACE Y7-12 0.8 3.00-4.00 Week A/B		
	INSTRUMENTAL/VOCAL LESSONS (MON-FRI) PIANO * GUITAR * DRUM KIT * SINGING * FLUTE * CLARINET * SAXOPHONE * TRUMPET * TENOR HORN * VIOLIN * CELLO * HARP			STUDENT LEADERSHIP GROUPS (MON-FRI) SCHOOL COUNCIL * ANTI-BULLYING CHAMPIONS * MENTAL HEALTH CHAMPIONS * EQUALITY & DIVERSITY CHAMPIONS * CAREERS CHAMPIONS * ARTS CHAMPIONS * SPORTS CHAMPIONS * STEM CHAMPIONS * LITERACY CHAMPIONS * NUMERACY CHAMPIONS * PUPIL LIBRARIANS *	
	WELLBEING (MON-FRI) QUIZZES AND GAMES IN THE HAVEN				

Homework Club

Homework club for our SEND students has started this term running every Tuesday and Thursday night, 3pm-3:30pm. Attendance has been fantastic across all year groups. We've had Year 7s coming to support their transition, Year 11s beginning to revise for their upcoming mock exams and all other year groups in between. Our students keep our Teaching Assistants on their toes with homework from Sparx Maths, to PE pamphlets about the rules of badminton and everything in between. Juice and biscuits are served and the students come in ready to work and their attitude is exemplary!

Empower Group

What: Our Women's Rights Group

When: Thursday 3-4pm

Where: 0.8

What will we be doing?

Celebrating women's rights. We will be working around school to raise awareness of sexual harassment and how to report it. We will also be developing event resources for International Women's Day and World Mental Health Week.





Safe Space

What: Our equality and diversity group

When: Wednesday 3-4pm

Where: 0.8

What will we be doing?

Learning and creating event resources for Black History Month, Mental Health Week, LGBTQ History Month, International Day of Disabled Persons and many more. We will be learning about all things equality, diversity and inclusion. We will also be looking for 'Equality and Diversity Leaders'.

Music Enrichment

We've had a wonderful start to the year with lots of new members engaging in our peripatetic instrumental and vocal tuition, as well as joining extra-curricular activities such as Junior Choir, Senior Choir and Arts Award. For the full range of our enrichment programme, please see the academy website for the timetable.

Academy Musical Production

After the wonderful success of 'Chitty Chitty Bang Bang' and 'Joseph and the Amazing Technicolour Dreamcoat' last year, we are working hard behind the scenes to source a licence for our next academy production in March 2024. **We will be in touch with audition details soon!**

Future dates:

Academy Christmas Concert, Tuesday 5 December 2023 at 6pm

Year 9 Dodgeball

Students from Y9 competed in the Sunderland School Games dodgeball Competition on 9th October. They played extremely well in what was a very exciting event. They came third overall out of 7 schools and narrowly missed out on a chance to represent Sunderland at the Tyne and Wear finals later in the year.



Ballet Award

Congratulations to Matilda Maddison, who is a Classical Ballet student with the Academy of North Ballet in Leeds, for winning the prestigious Jean McDonnell Award at the Memorial Awards Dance Day in Darlington for the second year running.





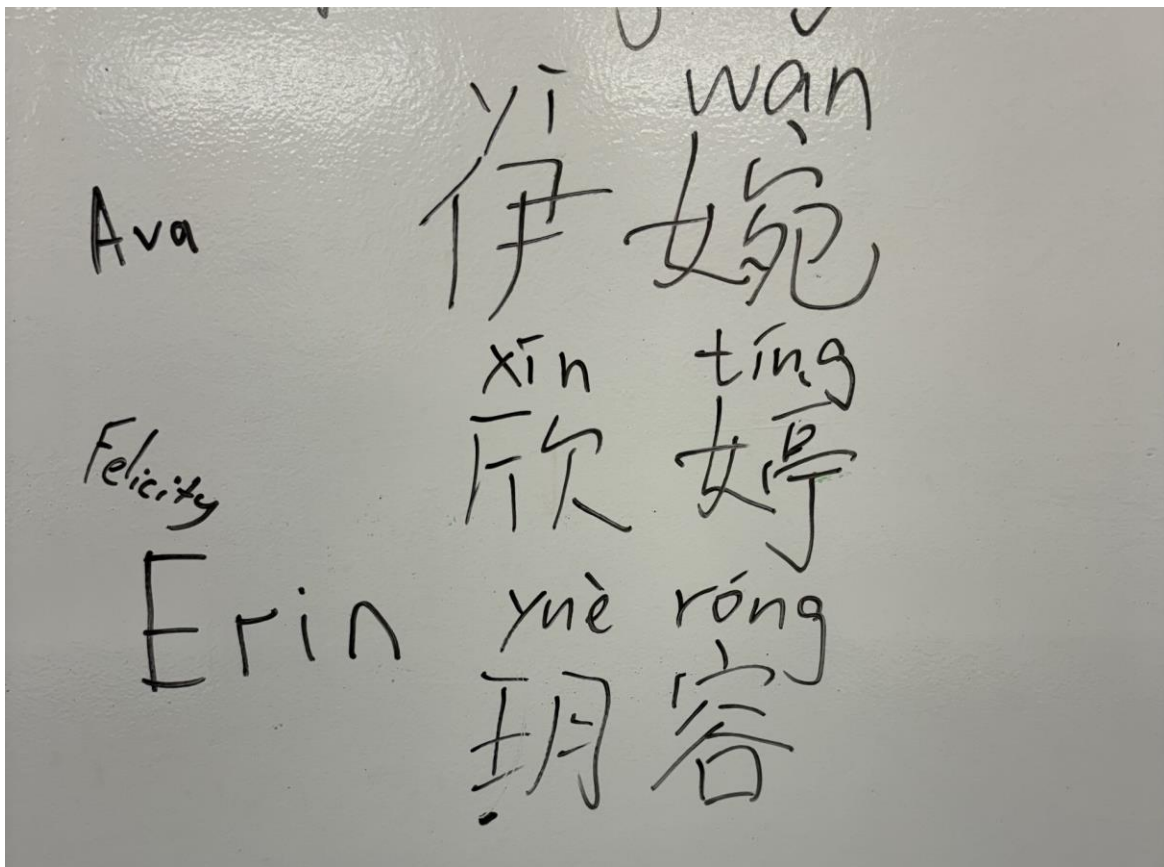
MFL - Mandarin Club

Nǐ hǎo!

This year in the MFL Department, students across Year 7 to 10 have the exciting opportunity to learn Mandarin with our partners at the Confucius Institute at Newcastle University. Learning Mandarin can open up a world of opportunities - it is the second most widely spoken language in the world with over 1 billion speakers, and it's a great skill to add to your CV in the future!

So far this term we have enjoyed interesting lessons on China and Chinese culture, and we have had lots of fun playing games to help us learn the Chinese language. This week we also learned what our names would be in Chinese! Our students have particularly enjoyed learning how to write Chinese characters and improve our Mandarin pronunciation.

Mandarin Club runs every Monday after school in 3.63 from 3-4pm and everyone is welcome. Please see Mrs Robertson for more information.





Year 10 visit Albemarle Barracks for Ultimate Supercamp

On Friday 6 October, 55 Year 10 students headed for Albemarle Barracks in Newcastle for an Army Ultimate Supercamp experience!



Students were put to the test in challenges such as getting a casualty to safety over dangerous land, investigating clues and cracking codes to retrieve a USB stick with intel on it, looking for signs of enemy life in the woods (and trying to hide themselves from army staff using their surroundings) and shooting targets in the woods!

As well as testing their resilience during the challenges, students also learned to develop communication, observation and teamworking skills, as well as learning what a career in the armed forces might be like!

Congratulations to our 'student of the day' nominated by army staff, Imogen, photographed receiving her award from Major Humphries.

Well done to all students who participated - you were a credit to your families and the academy!





The Duke of Edinburgh Award

We have had a successful Duke of Edinburgh season, with the last Silver Qualifying expedition in late September. Tents have been packed away and boots stored until next April when we begin again. Bronze Duke of Edinburgh will be launched to new Year 9 students in November. They will be able to start their 3 sections before the expedition season starts: a physical activity, skill and volunteering. Any students who have completed their Bronze or Silver Award last year and want to sign up for their Silver or Gold Award, please see or email Mrs Almond.





Year 7 Open Evening

On 26th September, our school opened its doors to welcome students, parents, and carers for a spectacular Year 7 Open Evening. It was a night filled with wonder, learning, and excitement as every department in the school showcased their subjects through practical experiments, captivating displays, intriguing artefacts, and even some home-cooked treats.

The event was a resounding success, with hundreds of eager visitors exploring our hallways. As ever, visitors were given some exceptional assistance, provided by our dedicated team of student helpers, hailing from various year groups. Their enthusiasm and professionalism truly reflected the values of our school and left a lasting impression on our guests.

We also thank our visitors for the many emails we received after the event, commending both our staff and students for creating an enriching and enjoyable experience. It is heart-warming to receive such positive feedback and reaffirms our commitment to providing an outstanding education.

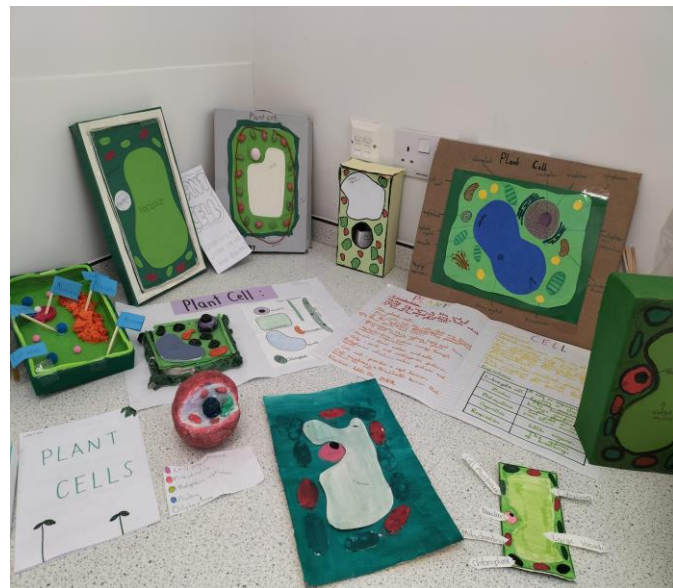
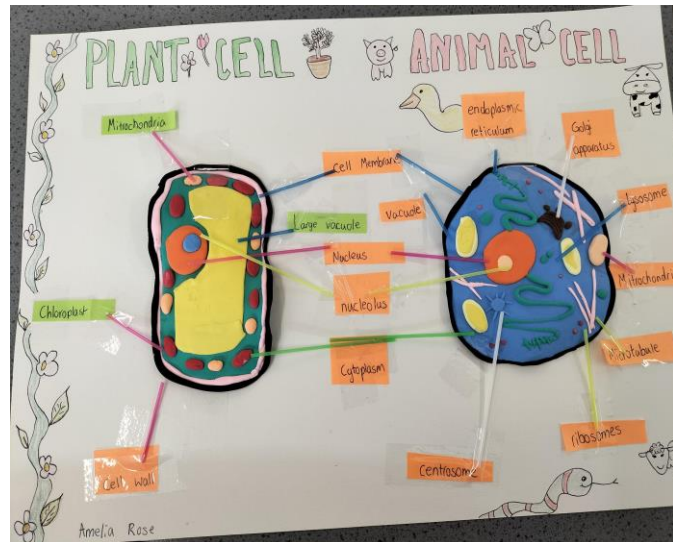
We extend our heartfelt gratitude to everyone who graced our Open Evening with their presence, and especially to the students who went above and beyond to make it a memorable event. We understand that not everyone could attend, but fear not - you can still catch all the highlights! The presentation from the evening is available on our website and more photo highlights are available on our Facebook and Twitter/X accounts.





Y7 Science - Cells

Year 7 have been busy creating plant and animal cells. We are thrilled with the creative and unique ways our students have expressed their understanding.



Year 12 Biology Trip

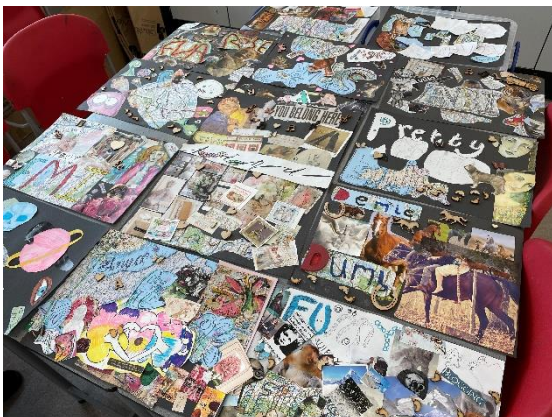
On October 18th our Year 12 Biologists visited the Anatomy Department at Sunderland University to learn more about the anatomy of the heart and circulation. They were able to use state of the art anatomy software as well as using ultrasound to look at the heart beating.





Y8 SCEP Art Project

Y8 students have been involved in a SCEP Art project, making a range of artwork and utilising a range of skills in the production of individual pieces that will ultimately be exhibited to the public in November. The students have had a great experience working alongside each other and local artists. Students have experienced working both in school during set workshops and outside of school in local gallery spaces. The hope is that this will ignite a passion for the Arts in students and will give them further information with regards to careers and future opportunities involved in the Arts sector in our local community.





Art - Natural Forms

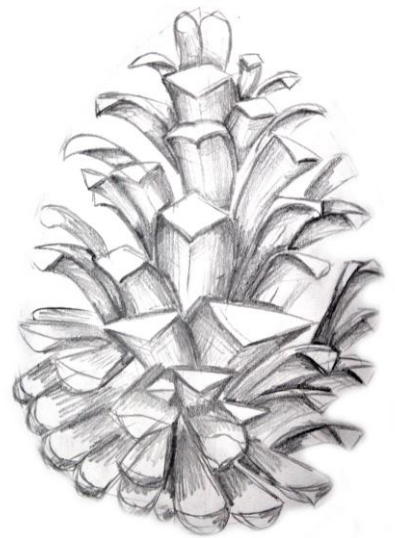
Our Y9 art classes have been working hard to showcase their artistic talents. Here they have produced some stunning work entitled 'Natural Forms'.



Mary Ann Mason



Francesca Jaconelli



Eve Robinson



Florence Hodgetts



Theadora Haggerty



Sophie Potts





Year 11 Leadership: Year 2 Multi-skills Competition

Congratulations to the Year 11 Leadership groups for leading an amazing Year 2 Multi-skills competition today. They were exceptional. Well done. It was a great success.





Year 10 Netball News

The Year 10 Netball team have had a great start to the netball season. They are currently unbeaten in the City of Sunderland Netball league, recently winning 19-1, 12-1 and 11-3. They only have three more matches to play.

Keep up the good work 😊





Student Success

Rojin Rafie, Year 11

Rojin, a second Dan black belt in Shotokan Karate, has made us proud by becoming a World Champion at the World Shotokan Karate Championship in Portugal!

Her journey to success includes a European Championship title, selection to the England team, and a silver medal at the World Championship in Liverpool.

Rojin (Y11) and her sibling Azhin (Y8) are both undefeated in their categories at national competitions. We're cheering for Rojin as she awaits selection for the upcoming European Championship in Cadiz, Spain.





Alumni - Katherine Bulmer



Katherine Bulmer - St Anthony's pupil and Head Girl, graduated in 2011.

Profession: Currently, I am working as a doctor and teaching fellow at the Queen Elizabeth Hospital Gateshead.

Interests: I'm a keen rower, having started at university and recently became the proud owner of a fox red labrador puppy called Buster.

My time at St Anthony's: My time at St Anthony's genuinely made me the person I am today. It taught me the skills to succeed in life and the resilience to overcome anything and everything that life can throw at you. I was lucky to have some incredible experiences, from travelling to London to meet the Pope during his UK tour to meeting Ant and Dec at the opening of a retreat for young people, and I was always immensely proud to represent the school at these, and many more occasions.

The teachers go above and beyond to support you and I remember Mrs Taroni opening up the school especially between Christmas and New Year to run extra revision sessions in the snow, before our January exams - all of which were fuelled with hot chocolate. I will always be grateful for everything St Anthony's gave me and as I move on with my life now the lessons learnt here have helped me believe that I can achieve whatever I put my mind to and more.





Dates for your diary

October 30 th	Year 8 Parents Evening (online). Students not sitting mocks will leave school at 2.05pm.
October 30 th -November 10 th	Year 11 and 13 Mocks
November 29 th	Y13 Parents Evening (online)
December 5 th	Christmas Concert
December 6 th -8 th	Year 7 Retreat (limited spaces available)
December 22 nd	Final day of Term
January 8 th	School Returns

Our Newsletter

Following on from feedback last year, our newsletter will now be sent out at the end of each half term. For more on what is happening in school daily please follow us on social media and our school website:

www.st-anthonys-academy.com/



St. Anthony's
Girls' Catholic Academy



StAnthonysGirlsCatholicAcademy



StAnthsGirls



@StAnthsGirls

**Follow us on social
media for school news
and updates**

New management information system and telephones

Over October half term the academy is switching to a new management information system called ARBOR.

We are also updating our telephone system.

As a parent contacting school nothing will appear different, however, should you contact school for any reason over the next few weeks, we ask that you are patient with our staff who will be getting to grips with these two new systems.

There has been a lot of staff training taking place over the past 6 weeks but this is never the same as having to manage in real time.

Thank you for your support in this transition time.





Closing Prayer

Come to us Holy Spirit, as you came to the Apostles.

Open our minds that we may see the hidden things of God.

Send love into our hearts like a flame of fire that our lives may be
changed by the power of your Holy Spirit,
to do God's work on earth and bring people with us to heaven.

Amen

