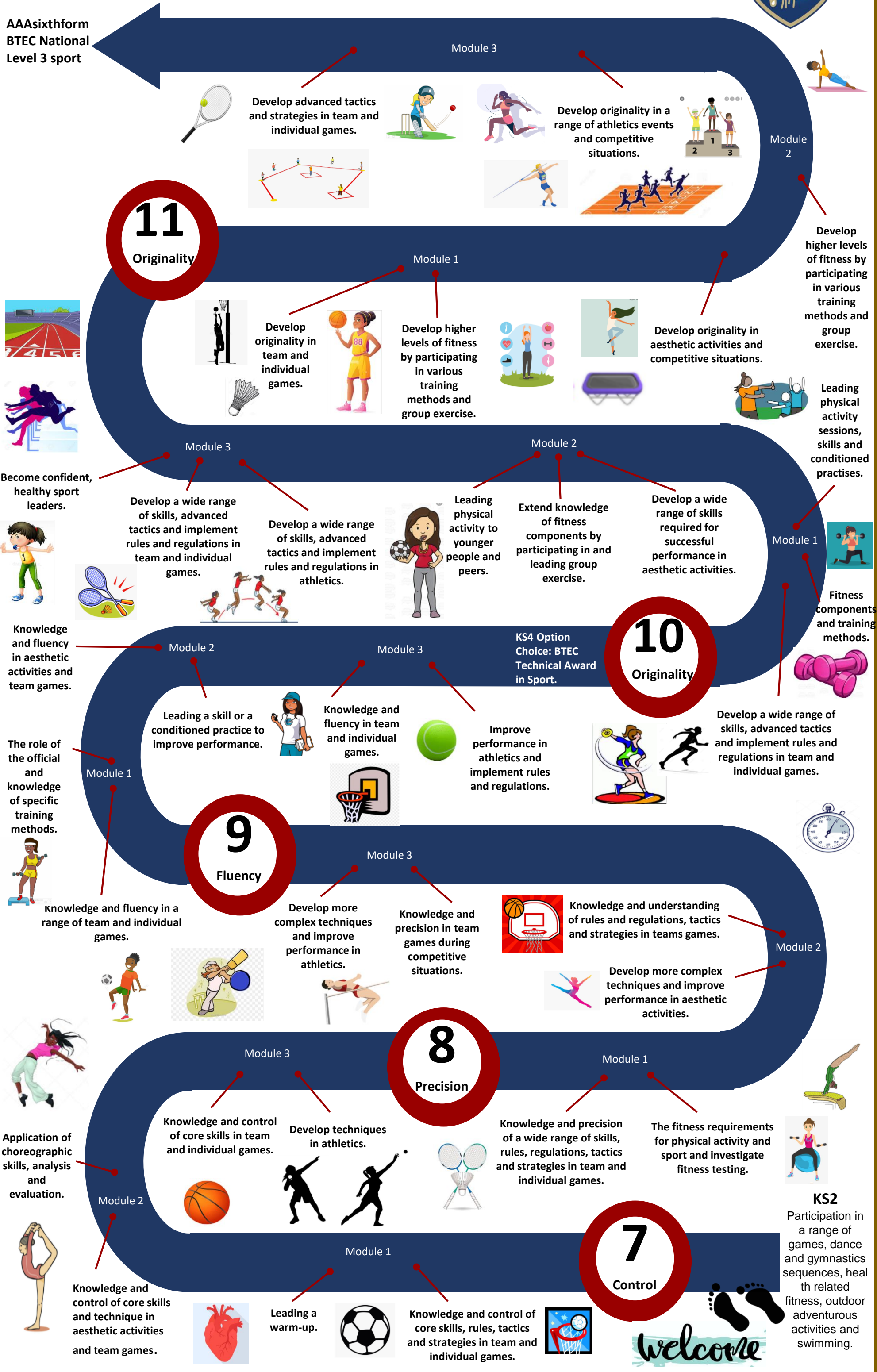


Physical Education at St. Anthony's offers a broad and balanced curriculum to stimulate and maintain girls' interest and enjoyment in sport and physical activity. Pupils develop the competence and knowledge to enable them to excel in a broad range of activities. They are given opportunities to build on and embed the physical development and skills learned in previous key stages to become more competent and confident in new techniques and activities. Pupils will develop the fundamental skills necessary to develop their techniques and improve their performance. They will learn to perform specific skills and exercises with control, precision, fluency and originality. We aim to inspire pupils to work hard to improve their performance in competitive sports and activities, in the pursuit of excellence to achieve their personal best.

Physical Education Curriculum Map



AAAsixthform
BTEC National
Level 3 sport



"The strength of the team is each individual member. The strength of each member is the team."

welcome