

tactics or strategies in an activity.

## **END OF Year 9 EXPECTATIONS FOR PE**

### Fluency:

'Linking skills and movements together to gain a competitive advantage within a sporting situation.'					
	Head	Heart	Hands		
	Rules Strategies and Tactics	Healthy Participation	Motor Competence		
KS3	- Knowledge and understanding	- Leadership	- Skill development		
	- Analysis and Evaluation	- Commitment/Motivation	- Application of skill		
	- Decision making and problem solving	- Team Work and communication	- Fitness Levels		
	The student can explain the main teaching points of	The student is able to design and lead an activity	The student is able to demonstrate a consistent		
	the skills, techniques and tactics involved in a wide range of sports in detail.	independently, across a range of sports.	level of fluency in a wide range of skills and sports.		
Transfor		The student can consistently demonstrate high	The student always selects and applies the correct		
Transfer	The student can analyse and evaluate performance	levels of motivation and commitment in P.E and	skill with fluency to perform successfully.		
knowledge	and justify recommendations to improve in a range	Sport.			
and skills	of sports.		The student consistently demonstrates high levels		
		The student always demonstrate a positive attitude	of fitness to perform very effectively.		
	The student always applies the rules, tactics or	towards others and communicate effectively.	,		
	strategies with creativity, leading to an effective	·			
	performance in a range of sports.	The student is able to load an activity with a	The student is able to demonstrate a good level of		
	The student can describe the main teaching points of the skills, techniques and tactics involved in the	The student is able to lead an activity with a partner to a group.	The student is able to demonstrate a good level of fluency in some skills.		
	sports they have covered in detail.	partiler to a group.	Huericy III Some Skills.		
Dage	sports they have covered in detail.				
Deep	The student can analyse and evaluate performance,	The student can demonstrate good levels of	The student can select and apply the correct skill		
<b>Knowledge and</b>	and make recommendations to improve.	motivation and commitment in P.E and Sport.	with fluency to perform successfully.		
skills	and make recommendations to improve				
	The student can apply the rules, tactics or	The student can demonstrate a positive attitude	The student consistently demonstrates good levels		
	strategies with some creativity in an activity	towards others and communicate effectively.	of fitness to meet the demands of the sport.		
	successfully.				
	The student can identify some of the main teaching	The student is able to lead an activity with the	The student is able to demonstrate a satisfactory		
	points of the skills, techniques and tactics involved	support of a teacher.	level of fluency in some skills.		
	in the sports they have covered.				
		The student can demonstrate satisfactory levels of	The student can sometimes select and apply the		
Surface	The student can analyse and evaluate their own	motivation and commitment in P.E and Sport.	correct skill with some fluency.		
<b>Knowledge and</b>	performance with support to identify what they				
skills	have done well and what they need to improve on in their own performance.	The student can work well with others.	The student demonstrates basic levels of fitness.		
	The student can sometimes apply the correct rules,				



Head

# **END OF Year 8 EXPECTATIONS FOR PE**

Hands

#### **Precision:**

'Perform the components of skills and refine the techniques for accuracy.'

Heart

	Rules Strategies and Tactics	Healthy Participation	Motor Competence
KS3	- Knowledge and understanding	- Leadership	- Skill development
	- Analysis and Evaluation	- Resilience	- Application of skill
	- Decision making and problem solving	- Team Work and communication	- Fitness Levels
	The student can explain the main teaching points of	The student is able to lead a skill practice	The student is able to demonstrate a consistent
	the skills, techniques and tactics involved in the	independently, across a range of sports.	level of precision in a wide range of skills and
	sports they have covered.		sports.
Tuonafon		The student can consistently demonstrate high	
Transfer	The student can evaluate performance and justify	levels of resilience in P.E and Sport.	The student can always select and apply the correct
knowledge	recommendations to improve in a range of sports.		skill with precision to perform successfully.
and skills		The student can demonstrate a positive attitude	
	The student can always apply the rules, tactics or	towards others and communicate effectively.	The student can consistently demonstrate high
	strategies, to lead to an effective performance in a		levels of fitness to perform very effectively.
	range of sports.		
	The student can describe the main teaching points	The student is able to lead a skill practice with a	The student is able to demonstrate a good level of
	of the skills, techniques and tactics involved in the	partner to a small group.	precision in some skills.
	sports they have covered.		
Deep		The student can demonstrate good levels of	The student can select and apply the correct skill
Knowledge and	The student can evaluate performance and make	resilience in P.E and Sport.	with precision to perform successfully.
	recommendations to improve.		,
skills	'	The student can work well with others through	The student can consistently demonstrate good
	The student can apply the rules, tactics or strategies	good communication.	levels of fitness to meet the demands of the sport.
	in a game successfully.	8000 0011111001101111	The second secon
	The student can identify some of the main teaching	The student is able to lead a skill practice with the	The student is able to demonstrate a satisfactory
	points of the skills, techniques and tactics involved	support of a teacher to a small group.	level of precision in some skills.
	in the activity they have covered.		·
		The student can demonstrate satisfactory levels of	The student can sometimes select and apply the
Surface	The student can evaluate their own performance	resilience in P.E and Sport.	correct skill with some precision.
<b>Knowledge and</b>	with support, identify what they have done well	• • • • • • • • • • • • • • • • • • •	'
skills	and what they need to improve in	The student can often work well with others.	The student demonstrates basic levels of fitness.
	their performance.		3.000
	The student can sometimes apply the correct rules,		
	tactics or strategies in an activity.		



Head

## **END OF Year 7 EXPECTATIONS for PE**

Hands

#### **Control:**

Heart

'Understand the components of skills and be able to perform the techniques effectively.'

KS3	Rules Strategies and Tactics - Knowledge and understanding - Analysis and Evaluation - Decision making and problem solving	Healthy Participation  - Leadership  - Emotions and behaviours  - Team Work and communication	Motor Competence - Skill development - Application of skill - Fitness Levels
Transfer knowledge and skills	The student can explain the main teaching points of the skills, techniques and tactics involved in the sports I have covered.  The student can evaluate performance and give recommendations to improve in a range of sports.  The student can successfully apply the rules, tactics or strategies in an activity across a range of activities.	The student is able to lead a warm up independently, across a range of sports.  The student can consistently respond to the demands of various activities and control their emotions to be successful in their performance.  The student can demonstrate a positive attitude towards others and communicate effectively.	The student is able to demonstrate a consistent level of control in a wide range of skills and sports.  The student can always select and apply the correct skill with control to perform successfully.  The student can consistently demonstrate good levels of fitness to perform effectively.
Deep Knowledge and skills	The student can describe the main teaching points of the skills, techniques and tactics involved in the sports they have covered.  The student can describe strengths and weaknesses in a performance.  The student can sometimes apply the correct rules, tactics or strategies in an activity.	The student is able to lead a warm up with a partner to a small group.  The student can respond to the demands of the activity and control their emotions to be successful in their performance.  The student can work well with others through good communication.	The student is able to demonstrate a good level of control in some skills.  The student can select and apply the correct skill with control to perform successfully.  The student can consistently demonstrate levels of fitness to meet the demands of the activity.
Surface Knowledge and skills	The student can identify some of the main teaching points of the skills, techniques and tactics involved in the sports they have covered.  The student can identify strengths and weaknesses in a performance.  The student can identify some rules, tactics or strategies in the activity they are doing.	The student is able to lead a warm up with the support of a teacher to a small group.  The student can respond to the demands of the activity and control their emotions in their performance.  The student can often work well with others.	The student is be able to demonstrate a satisfactory level of control in some skills.  The student can sometimes select and apply the correct skill with some control.  The student can demonstrate basic levels of fitness.