

Fluency:

'Linking skills and movements together to gain a competitive advantage within a sporting situation.'

KS3	Head Rules Strategies and Tactics - Knowledge and understanding - Analysis and Evaluation - Decision making and problem solving	Heart Healthy Participation - Leadership - Commitment/Motivation - Team Work and communication	Hands Motor Competence - Skill development - Application of skill - Fitness Levels
Transfer knowledge and skills	<p>The student can explain the main teaching points of the skills, techniques and tactics involved in a wide range of sports in detail.</p> <p>The student can analyse and evaluate performance and justify recommendations to improve in a range of sports.</p> <p>The student always applies the rules, tactics or strategies with creativity, leading to an effective performance in a range of sports.</p>	<p>The student is able to design and lead an activity independently, across a range of sports.</p> <p>The student can consistently demonstrate high levels of motivation and commitment in P.E and Sport.</p> <p>The student always demonstrate a positive attitude towards others and communicate effectively.</p>	<p>The student is able to demonstrate a consistent level of fluency in a wide range of skills and sports.</p> <p>The student always selects and applies the correct skill with fluency to perform successfully.</p> <p>The student consistently demonstrates high levels of fitness to perform very effectively.</p>
Deep Knowledge and skills	<p>The student can describe the main teaching points of the skills, techniques and tactics involved in the sports they have covered in detail.</p> <p>The student can analyse and evaluate performance, and make recommendations to improve.</p> <p>The student can apply the rules, tactics or strategies with some creativity in an activity successfully.</p>	<p>The student is able to lead an activity with a partner to a group.</p> <p>The student can demonstrate good levels of motivation and commitment in P.E and Sport.</p> <p>The student can demonstrate a positive attitude towards others and communicate effectively.</p>	<p>The student is able to demonstrate a good level of fluency in some skills.</p> <p>The student can select and apply the correct skill with fluency to perform successfully.</p> <p>The student consistently demonstrates good levels of fitness to meet the demands of the sport.</p>
Surface Knowledge and skills	<p>The student can identify some of the main teaching points of the skills, techniques and tactics involved in the sports they have covered.</p> <p>The student can analyse and evaluate their own performance with support to identify what they have done well and what they need to improve on in their own performance.</p> <p>The student can sometimes apply the correct rules, tactics or strategies in an activity.</p>	<p>The student is able to lead an activity with the support of a teacher.</p> <p>The student can demonstrate satisfactory levels of motivation and commitment in P.E and Sport.</p> <p>The student can work well with others.</p>	<p>The student is able to demonstrate a satisfactory level of fluency in some skills.</p> <p>The student can sometimes select and apply the correct skill with some fluency.</p> <p>The student demonstrates basic levels of fitness.</p>



END OF Year 8 EXPECTATIONS FOR PE

Precision:

‘Perform the components of skills and refine the techniques for accuracy.’

KS3	Head Rules Strategies and Tactics - Knowledge and understanding - Analysis and Evaluation - Decision making and problem solving	Heart Healthy Participation - Leadership - Resilience - Team Work and communication	Hands Motor Competence - Skill development - Application of skill - Fitness Levels
Transfer knowledge and skills	<p>The student can explain the main teaching points of the skills, techniques and tactics involved in the sports they have covered.</p> <p>The student can evaluate performance and justify recommendations to improve in a range of sports.</p> <p>The student can always apply the rules, tactics or strategies, to lead to an effective performance in a range of sports.</p>	<p>The student is able to lead a skill practice independently, across a range of sports.</p> <p>The student can consistently demonstrate high levels of resilience in P.E and Sport.</p> <p>The student can demonstrate a positive attitude towards others and communicate effectively.</p>	<p>The student is able to demonstrate a consistent level of precision in a wide range of skills and sports.</p> <p>The student can always select and apply the correct skill with precision to perform successfully.</p> <p>The student can consistently demonstrate high levels of fitness to perform very effectively.</p>
Deep Knowledge and skills	<p>The student can describe the main teaching points of the skills, techniques and tactics involved in the sports they have covered.</p> <p>The student can evaluate performance and make recommendations to improve.</p> <p>The student can apply the rules, tactics or strategies in a game successfully.</p>	<p>The student is able to lead a skill practice with a partner to a small group.</p> <p>The student can demonstrate good levels of resilience in P.E and Sport.</p> <p>The student can work well with others through good communication.</p>	<p>The student is able to demonstrate a good level of precision in some skills.</p> <p>The student can select and apply the correct skill with precision to perform successfully.</p> <p>The student can consistently demonstrate good levels of fitness to meet the demands of the sport.</p>
Surface Knowledge and skills	<p>The student can identify some of the main teaching points of the skills, techniques and tactics involved in the activity they have covered.</p> <p>The student can evaluate their own performance with support, identify what they have done well and what they need to improve in their performance.</p> <p>The student can sometimes apply the correct rules, tactics or strategies in an activity.</p>	<p>The student is able to lead a skill practice with the support of a teacher to a small group.</p> <p>The student can demonstrate satisfactory levels of resilience in P.E and Sport.</p> <p>The student can often work well with others.</p>	<p>The student is able to demonstrate a satisfactory level of precision in some skills.</p> <p>The student can sometimes select and apply the correct skill with some precision.</p> <p>The student demonstrates basic levels of fitness.</p>

END OF Year 7 EXPECTATIONS for PE

Control:

‘Understand the components of skills and be able to perform the techniques effectively.’

KS3	Head Rules Strategies and Tactics <ul style="list-style-type: none"> - Knowledge and understanding - Analysis and Evaluation - Decision making and problem solving 	Heart Healthy Participation <ul style="list-style-type: none"> - Leadership - Emotions and behaviours - Team Work and communication 	Hands Motor Competence <ul style="list-style-type: none"> - Skill development - Application of skill - Fitness Levels
Transfer knowledge and skills	<p>The student can explain the main teaching points of the skills, techniques and tactics involved in the sports I have covered.</p> <p>The student can evaluate performance and give recommendations to improve in a range of sports.</p> <p>The student can successfully apply the rules, tactics or strategies in an activity across a range of activities.</p>	<p>The student is able to lead a warm up independently, across a range of sports.</p> <p>The student can consistently respond to the demands of various activities and control their emotions to be successful in their performance.</p> <p>The student can demonstrate a positive attitude towards others and communicate effectively.</p>	<p>The student is able to demonstrate a consistent level of control in a wide range of skills and sports.</p> <p>The student can always select and apply the correct skill with control to perform successfully.</p> <p>The student can consistently demonstrate good levels of fitness to perform effectively.</p>
Deep Knowledge and skills	<p>The student can describe the main teaching points of the skills, techniques and tactics involved in the sports they have covered.</p> <p>The student can describe strengths and weaknesses in a performance.</p> <p>The student can sometimes apply the correct rules, tactics or strategies in an activity.</p>	<p>The student is able to lead a warm up with a partner to a small group.</p> <p>The student can respond to the demands of the activity and control their emotions to be successful in their performance.</p> <p>The student can work well with others through good communication.</p>	<p>The student is able to demonstrate a good level of control in some skills.</p> <p>The student can select and apply the correct skill with control to perform successfully.</p> <p>The student can consistently demonstrate levels of fitness to meet the demands of the activity.</p>
Surface Knowledge and skills	<p>The student can identify some of the main teaching points of the skills, techniques and tactics involved in the sports they have covered.</p> <p>The student can identify strengths and weaknesses in a performance.</p> <p>The student can identify some rules, tactics or strategies in the activity they are doing.</p>	<p>The student is able to lead a warm up with the support of a teacher to a small group.</p> <p>The student can respond to the demands of the activity and control their emotions in their performance.</p> <p>The student can often work well with others.</p>	<p>The student is be able to demonstrate a satisfactory level of control in some skills.</p> <p>The student can sometimes select and apply the correct skill with some control.</p> <p>The student can demonstrate basic levels of fitness.</p>