Sport & Physical Education Extended Curricular Activities – January – April 2023				
Day	Lunch 12.25 - 12.55		Evening 3.30 - 4.45	
Monday	All Years Trampoline PMO & LH Sports Hall	<u>Btec</u> Study Support ARD W11	Years 9, 10 & 11 Netball LH Sports Hall / Yard	<u>Staff</u> Fitness ARD Dance studio
Tuesday	All years Badminton ELA Sports hall	<u>Y13 Btec</u> Study Support ARD	STAFF TRAINING	
Wednesday	All Years Cross Country ARD Field / Sports Hall	<u>KS3 - invite only</u> Multisport TRU Dance studio / Sports hall	<u>Years 7 & 8</u> Netball PMO Sports Hall / Yard	
Thursday	All Years Football practice ELA Sports Hall / Field	<u>Btec sport</u> Study support LH W12	YEAR 11 Btec Sport Intervention LH & ARD W11 & 12	All Years Football ELA Match night
Friday	<u>All Years</u> Basketball PMO Sports Hall	<u>Btec Sport</u> Study Support EL	<u>All Years</u> Ski night ARD & TA Silksworth Ski Centre	