



# Ethos

Theme of the week = Advent: Love

Foodbank week beginning 5th December = St. Rita Ven. Catherine McAuley



Foodbank week beginning 12th December = St. Teresa of Avila

Bl. Edmund Rice

## Prayer

Jesus,

help us to trust in your care. Teach us how to give you our burdens, and help use to be reconciled with each other, so that we may love others as You love us. Guide our Advent journey towards you. Amen.

## Community Carol Service at St. Patrick's church, Ryhope

On Wednesday 7<sup>th</sup> December at 7:15pm, there is a community carol service at St. Patrick's church in Ryhope. Music is being provided by Millfield Salvation Army Band. Everyone is welcome.

## **Behaviour for Learning**

Next week we will be revisiting our high expectations of behaviour with pupils during lessons and in assembly, to encourage positive and respectful behavior in line with our Mercy ethos of building communities. We know that respect in relationships builds feelings of trust, safety and well-being and will be focusing on this next week. An atmosphere of mutual respect in school helps more learning and participation to take place, as our students feel safe, motivated and of course, respected. We would be really grateful it if parents could support us by having a conversation with their child about the importance of listening to others, even if we don't agree with their views, speaking politely and being respectful towards others in our community.

#### Well-being

Christmas can be an amazing time for some, spending time with family and loved ones, or taking a well-earned rest. However, for others it is a lonely, difficult time. Please find an Advent Calendar below that is offered as a way to help you to be kind to yourself and to others. Please use it, share it and take some of it into the New Year. Always take 10 seconds and remember to breathe. Especially at this time of year, remember to reach out to people and check in with them. If you or someone you know is in crisis this Christmas or any time call:

**999** if it's an immediate emergency

or Samaritans on 116 123

or text SHOUT to 85258

They are for anyone who is struggling.

They are free, available 24/7 and ready to listen, without judgement.



## List of Key Dates this term

Date	Event
8 December 3 - 6:30 pm	Year 11 Parents' evening: virtual (early finish for students 2:20 pm).
15 December 3 - 6:30 pm	Year 13 Parents' evening: virtual (early finish for students 2:20 pm).
22 December 6 pm	Christmas Music Concert
23 December	Last day of the Autumn Term – school closes for Christmas.
19 January	Year 12 Parents' evening (early finish for students 2:20 pm)
9 February	Sixth Form Open Evening 6:00 -8:00

#### Year 10

We look forward to welcoming back Mrs Frame (Year Leader in charge of Year 10) on Monday 5<sup>th</sup> December following her maternity leave. We thank Miss Simpson for all of her great work during the past year in caring for our students.

## Year 11 Parents' Evening: Thursday 8 December

Our first parents' evening of the academic year will be for Year 11 on Thursday 8 December, 3pm-6.30pm. We are using School Cloud once again this year due to positive feedback from parents and staff around the more private nature and flexibility of online appointments. Parents/Carers should have received an email about this with key dates when the booking portal opens and closes; please let your child's form tutor know if you haven't received any communication.

Please note, **school will close to all students Y7-Y12 at 2.20pm on that day** (apart from students in Y12 who are taught by St. Aidan's staff). Please contact your child's year leader if they need to be supervised in school until the normal finish time of 3.25pm.

## Youth Village Year 7 Retreat

79 Year 7 students attended a retreat at the Emmaus Youth Village in Consett from Monday – Wednesday this week. The theme of the retreat was 'The Adventures of Paul' and activities included an outdoor team challenge, craft activities, a visit to the chapel, an Emmaus walk, capture the flag and an escape room! The staff at the Emmaus Youth Village and our staff were very complimentary about the excellent behaviour of the students. The retreat ended with Mass celebrated by Fr. David Russell. A huge thank you to him for coming to celebrate Mass with us.

Here is an example of some of the work our year 7 students completed.





#### **Red Sky Foundation Y8**

We were thrilled today to welcome Sergio Petrucci CEO and founder of the RED Sky Foundation. Sergio came into school to talk to year 8 about the Red Sky Foundation: what they do and how we as a community can help this charity and support the local area. The Year group also learnt how to perform life saving CPR and what to do if they suspect someone has had heart problems.

Year 8 are raising money for the Red Sky Foundation to provide lifesaving equipment such as defibrillators across the Northeast. Parents/Carers who are able to donate, can do so through parent pay.

Mrs Fairclough, Year 8 Leader.



#### **Cross Country Running Success**

Well done to Freya in Y10 who competed in the North Eastern Harrier League race at Aykley Heads on Saturday. She was second out of a strong pack of 42 runners. This is an amazing effort. Best of luck in the Sunderland Schools cross-country on Friday 9<sup>th</sup> December.

## **Key Steps Gymnastics Festival**

We welcomed St. Joseph's, St. Cuthbert's and St. Mary's this week to a Key Steps Gymnastics Festival, where they competed in floor and vault and the Year 10 leaders took on the role of coach, team leader, and judge. All students were outstanding, and we look forward to inviting the Primary schools back next week for hockey.





#### Duke of Edinburgh: Bronze

30 Year 9 students have now been selected to take part in their Bronze Duke of Edinburgh based on their personal statement, behaviour, attendance and punctuality in school. The cost of £25 for enrolment to Duke of Edinburgh has been added to Parent Pay for these students. Once they have paid, they will be enrolled using their school email addresses and should receive a welcome email from Duke of Edinburgh. If students were unsuccessful at receiving a place at school, they can still complete the award at the Lambton Street Youth Centre. These students should have received a letter inviting them to take part at the Youth Centre. Please see Mrs Almond for a letter if you have missed this or for any other queries regarding Duke of Edinburgh.

