

Curriculum Map Personal Development KS5

Transition



ST ANTHONY'S & ST AIDAN'S
CATHOLIC SIXTH FORM



YEAR
13

Revision techniques and preparation for exams

Review of university offers
What is clearing? What is adjustment?
Life after Results day: strategies for coping with challenge and change. Final Revision strategies.

Health and Wellbeing

Lessons on a number of techniques for combating stress including mindfulness and breathing exercises. Students will also be introduced to the prospects website which contains a great deal of valuable advice. Apprenticeship applications

Relationships and Society

Lessons on controlling relationships, sex and the media, consent. Sex readiness and encounters, online subcultures. CEIAG – responding to university offers, firm or insurance?

Lessons on applying to student finance, buying a car, payday loans, buying or renting property. Choosing and paying for student accommodation. Borrowing money and funding retirement. Apprenticeship/gap year choices



Staying safe-
lessons on
festivals, drugs
and parties.
STI clinics and
advice centres.
Travelling
safely. Toxic
and positive
masculinity,
healthy eating
and emotional
wellbeing.



YEAR
13

CEIAG, Finance and Independence

Lessons on -Interview preparation and workshops Leeds and Newcastle for medical/dental students. Lessons on interview skills and preparation for all students. Lessons on employability skills initiative and problem solving.

Completing personal statements and UCAS forms, university choices. Contextual offers are you eligible? Personal Statement one to one interviews with tutors/ Sixth Form Team all logged and edited via unifrog interventions. UCAS applications completed and sent

Review of mocks Target setting UCAS- procedures dates/ deadlines Students begin to complete their personal statement or CV. research and evaluate progression pathways and return on investment for the higher and further education, training, apprenticeship, employment and volunteering options that are available

YEAR
13

Work Experience

Lessons on researching different jobs in the area and preparation for work experience. 1 week of work experience. How do I manage my career? How are careers changing? How can I improve my 'career capital'? What's involved in choosing FE, training or employment? What's involved in choosing higher education? Student review Jesus College Cambridge visit

CIAG Enterprise Activity organising a charity event. (examples include car wash, vintage fair) Lessons on Personal statements, careers in the core subjects. Newcastle and Leeds university sessions on applying for medicine



Ucas
Exhibition,
University
visits
continue.
Personal
Statement
workshop
Durham
university,
Students are
registered
onto UCAS to
start their
applications.

Finance and Independence

Accenture and Future first apprenticeship workshops. Barclays life skills lesson on managing finance, employment and Social media. Careers guidance interviews

The Careers Fair, lessons on Applications, employability skills, Careers and the Labour Market -using Unifrog to assess starting salaries and course employability. Use the unifrog programme to complete a relevant and up to date CV.

Critical Thinking & CEIAG

Lessons on-Critical thinking and fake news, social justice, honour violence and FGM
CEIAG- Preparation for the careers fair. University visits begin. EY Workshops. EPQ Launch

YEAR
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Relationships, Society & CEIAG

The first half of this term focuses on society and includes lessons on Equality, diversity, Feminism, free speech and social justice.

CIAG- Oxbridge Talk St. Anne's Oxford. Assembly Newcastle university. Work on Unifrog continues.



YEAR
12



Health and wellbeing

PSHE and wellbeing lessons on drugs alcohol and smoking. Cancer awareness talks.

CIAG Oxbridge Talk St. Anne's Oxford Cambridge HE+ selection. Oxnet Launch

Unifrog Registration and tools

Students register on Unifrog and complete their personality profile. There are lessons on Exploring where your subjects at A level can take you. Relating that to degree choice. Exploring apprenticeships.

YEAR
12



Induction, Study Skills and Transition

Preparation for independent study at A level and higher-level study. Lessons on study skills and the gap between A level and GCSE. Newcastle university study skills sessions

"There is no magic to achievement. It's about hard work, choices and persistence" Michelle Obama

