

Sport & Physical Education Extended Curricular Activities - September - December 2022

Day	Lunch 12.25 - 12.55			Evening 3.30 - 4.45	
Monday	<u>All Years</u> Sports hall athletics PMO Sports hall	<u>Btec</u> Study Support ARD W11	<u>All Years</u> Dance LH Dance studio	<u>Years 9, 10 & 11</u> Netball LH Sports Hall / Yard	<u>Staff</u> Fitness ARD Dance studio
Tuesday	<u>All years</u> Badminton ELA Sports hall	<u>Y13 Btec</u> Study Support ARD	<u>STAFF TRAINING</u>		
Wednesday	<u>All Years</u> Cross Country ARO	<u>All Years</u> Fitness TRU Dance studio	<u>Years 7 & 8</u> Netball PMO Sports Hall / Yard	<u>All Years</u> Just dance TRU Dance studio	
Thursday	<u>All Years</u> Basketball TRU Sports Hall	<u>Btec sport</u> Study support LH	<u>All Years</u> Football ELA Sports Hall / Field		
Friday	<u>Years 7 & 8</u> Netball PMO Sports Hall	<u>Btec Sport</u> Study Support EL	<u>KS3 - invite only</u> Multisport TRU Dance studio	<u>All Years</u> Ski night ARO & TA Silksworth Ski Centre	<u>Staff Running</u> All abilities welcome TH Meet in car park 3.45