

| Module 1 | Module 2 | Module 3 |
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| <p>Learning Intent for this module:</p> <p>Precision: ‘Perform the components of skills and refine the techniques for accuracy.’</p> <p>Students build on and embed the core skills that they have learned in Y7. They develop their techniques to make them more precise across a range of team invasion games, individual net/wall games and health-related fitness. Students will be physically active for sustained periods of time. They develop knowledge of the fitness requirements for different team games and the importance of leading healthy, active lives. Students’ motivation and opportunities to engage in competitive sports and activities to enable participation in extra-curricular or community-based sport continues to be developed.</p> | <p>Learning Intent for this module:</p> <p>Precision: ‘Perform the components of skills and refine the techniques for accuracy.’</p> <p>Students continue to build on the core skills that they have learned in Y7 by developing precision cross a broad range of aesthetic activities and team invasion games. Students will be physically active for sustained periods of time. They develop knowledge of the fitness requirements for different aesthetic activities and the importance of leading healthy, active lives. Students’ motivation and opportunities to engage in competitive sports and activities to enable participation in extra-curricular or community-based sport continues to be developed.</p> | <p>Learning Intent for this module:</p> <p>Precision: ‘Perform the components of skills and refine the techniques for accuracy.’</p> <p>Students continue to build on the core skills that they have learned in Y7 by developing precision across team striking and fielding games activities, individual net/wall games and athletic activities. Students will be physically active for sustained periods of time. They develop knowledge of the fitness requirements for different athletics activities and the importance of leading healthy, active lives. Students’ motivation and opportunities to engage in competitive sports and activities to enable participation in extra-curricular or community-based sport continues to be developed.</p> |
| <p>Key Content to be learned:</p> <p>Develop knowledge and precision in a wide range of skills and techniques in team and individual games in isolated practices and competitive situations.</p> <p>Develop knowledge and understanding of the rules and regulations of different activities and apply them within different contexts.</p> | <p>Key Content to be learned:</p> <p>Develop knowledge and precision in a wide range of techniques in aesthetics activities and team invasion games and be able to lead isolated practices.</p> <p>Develop knowledge and understanding of the rules and regulations of different activities and apply them within different contexts.</p> | <p>Key Content to be learned:</p> <p>Develop knowledge and precision in a wide range of skills and techniques in athletics activities, striking and fielding games and individual games and be able to lead isolated practices.</p> <p>Develop knowledge and understanding of the rules and regulations of different activities and apply them within different contexts.</p> |

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| <p>Develop and apply tactics and strategies to overcome opponents in direct competition through team and individual games.</p> <p>Develop knowledge of the fitness requirements for different physical activities and competitive sports and investigate fitness testing to determine fitness levels.</p> | <p>Develop and apply tactics and strategies to overcome opponents in direct competition through team games.</p> <p>Develop knowledge of the fitness requirements for different physical activities and competitive sports.</p> <p>Develop more complex techniques and improve performance in aesthetic activities.</p> | <p>Develop and apply tactics and strategies to overcome opponents in direct competition through striking and fielding and individual games.</p> <p>Develop knowledge of the fitness requirements for different physical activities and competitive sports.</p> <p>Develop more complex techniques and improve performance in athletic activities.</p> |
| <p>Key Tasks for this module:</p> <ol style="list-style-type: none"> 1. Practical Performance Assessment: Students demonstrating a consistent level of precision in a wide range of skills required for successful performance in team and individual games. 2. Knowledge and Understanding Assessment: Application of the rules and regulations and the correct selection of strategies and tactics within the practical context. 3. Application of fitness testing: Execute fitness testing methods and identification how each of the components of physical fitness are required to perform well in selected sports. | <p>Key Tasks for this module:</p> <ol style="list-style-type: none"> 1. Practical Performance Assessment: Students demonstrating a consistent level of precision in a wide range of skills required for successful performance in aesthetic activities and team games. 2. Knowledge and Understanding Assessment: Application of choreographic skills, rules and regulations and the correct selection of strategies and tactics in the practical context. 3. Application of Leadership skills: Delivery of a skill practice or choreography followed by an evaluation to improve performance. | <p>Key Tasks for this module:</p> <ol style="list-style-type: none"> 1. Practical Performance Assessment: Students demonstrating a consistent level of precision in a wide range of skills required for successful performance in athletic activities, striking and fielding and individual games. 2. Knowledge and Understanding Assessment: Application of the rules and regulations and the correct selection of strategies and tactics within the practical context. 3. Analysis and Evaluation: Evaluate own and other's performance and justify recommendations to improve. |

