KS4 & KS5 BTEC Sport Curriculum Map **Learning Aim C** Unit 2 Learning Aim D Students will revise Students will understand and complete the Students will examine programme-related nutritional Unit 2 external training methods for needs and undertake a examination/resit different components of recruitment activity to opportunity. fitness and reflect on the demonstrate the processes recruitment and that can lead to a successful Job selection process. job offer. offers **Final Exam** Units 2 & 3 **Preparation** Learning Aim B Students will understand the Learning Aim A screening processes for Unit 2 training programming & Students will revise Students will examine lifestyle explore own skills using a and complete the factors and their effect on Unit 3 Students will skills audit to inform a career Unit 2 external health and well-being & Assignment 1 continue their development action plan. examination/resit understand the career and job Internal Assessment journey with an opportunities in the sports opportunity for unit 1 Careers in Sport introduction to industry. **YEAR** units 2 & 3. Units 1 & 2 Units 2 & 3 Unit 3 Units 2 & 3 Unit 1 Students will revise and complete the **Learning Aim D Learning Aim C** Unit 1 **Learning Aim E** Unit 1 external Unit 7 examination. Students will learn the effects of Students will learn the Assignment 1 000 Students will learn the exercise on the cardiovascular Internal effects of exercise on the effects of exercise system & reflect on own practical Assessment respiratory system & and sports Unit 7 performance using selected Increasing develop skills, techniques performance on the Assignment 2 Unit 7 assessment methods. and tactics for sporting Participation in energy systems. Internal activity. Olympic Assessment Individual and Assessing Team Sports. Performance in Units 1 & 7 an individual and team sport. Learning Aim A Students begin **Learning Aim C** their journey Students will learn the effects of Learning Aim B Unit 7 with an exercise on the skeletal system & Students will examine National Governing introduction to Students will review the Body rules & regulations for the course. undertake the planning and selected sports. planning and leading of sports leading of sports activities. **YEAR** activities Learning Aim A Units 1 & 7 Students will know the Students will **Learning Aim B** attributes continue their associated with Students will learn the effects of BTEC journey successful exercise on the muscular system in Year 11 by **Unit 6: Leading Sports Activities** sports & examine the skills, techniques completing leadership Students will continue synoptic Unit 3 and tactics required to perform. Unit 6 their BTEC journey in Unit 3: Applying the principles of Year 11 by completing personal training optional specialist unit 6 **YEAR Learning Aim D** Unit 3 Students will review a personal fitness training programme **Learning Aim C Learning Aim B Learning Aim A** Students will know about the **Learning Aim C** implement a selfmusculoskeletal Students design a Students will be able designed personal system and personal fitness to review sports fitness training cardiorespiratory training programme performance programme to system and the achieve own goals effects on the body and objectives during fitness training Students will revise and complete the Unit 2 Unit 1 online Online Examination external examination. Learning Aim B **Learning Aim C** Learning Aim A **Practical Performance in Sport** Students will Students will Students will practically investigate Students will continue understand the rules, tness testing to demonstrate skills, their BTEC journey by regulations and determine techniques and completing mandatory scoring systems for fitness levels. tactics in selected Unit 2 selected sports sports **YEAR Learning Aim B** Unit 1 Students will explore different **Learning Aim A**

Fitness for Sport and exercise

Pupils begin their journey by

completing the external examination

Students will know about

the components of fitness

and the principles of training

fitness

training

methods

タイプララ

9 × x 4 9