KS4 BTEC Tech award & KS5 BTEC Sport Curriculum

Students will

continue their

journey with an

introduction to

units 2 & 3.

Unit 1

Unit 7

Unit 2

Students will revise and complete the Unit 2 external examination/resit opportunity.



Map Learning Aim D

Students will examine training methods for different components of fitness and reflect on the recruitment and selection process.

Learning Aim C

Students will understand programme-related nutritional needs and undertake a recruitment activity to demonstrate the processes that can lead to a successful job offer.





Final Exam **Preparation**

Units 2 & 3

Learning Aim B

Units 2 & 3

Students will understand the Learning Aim A screening processes for training programming & Students will examine lifestyle explore own skills using a factors and their effect on skills audit to inform a career health and well-being & development action plan. understand the career and job opportunities in the sports

YEAR



Unit 3

Unit 3

Assignment 1 Internal Assessment Careers in Sport



Students will revise and complete the Unit 2 external examination/resit opportunity for unit 1

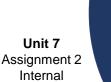
Units 1 & 2





Unit 1

Students will revise and complete the Unit 1 external examination.



Assessment Assessing Performance in an individual and team sport.

Learning Aim E

industry.

Units 2 & 3

000

Students will learn the effects of exercise and sports performance on the energy systems.

Learning Aim D

Students will learn the effects of exercise on the cardiovascular system & reflect on own practical performance using selected assessment methods.

Units 1 & 7



Learning Aim C

Students will learn the effects of exercise on the respiratory system & develop skills, techniques and tactics for sporting activity.



Assessment Increasing Participation in Olympic Individual and Team Sports.

Internal



Component D

Students will investigate fitness programming to improve fitness and sports performance, design fitness programmes, and explore motivational techniques for fitness programming.



YEAR

Students begin their L3 journey with an introduction to the course.

Learning Aim A

Students will learn the effects of exercise on the skeletal system & examine National Governing Body rules & regulations for selected sports.



Unit 7

Component 3 C4-6

Students will explore additional requirement s for each of the fitness training methods, provision for taking part in fitness training methods and the effects of long-term fitness training on the body



Component 3 B1-4

Students will Investigate fitness testing to determine fitness levels, fitness test methods for components of physical fitness and skillrelated fitness, and interpretation of fitness test results

Component 3: Developing fitness to improve other participants performance in sport and physical activity.



Units 1 & 7

Component 3



Component 3 C1-3

Students will investigate different training methods, fitness training methods for physical components of fitness and skill-related components of fitness.

Taking part and improving other

participant's sporting

performance

Students will continue

their BTEC journey by

commencing the internal,

externally moderated

component 2.

Online Examination



Component 2

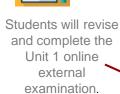
Component 3 A1-3

Students will explore the importance of fitness for sports performance, fitness training principles, exercise intensity, and how it can be determined.



Learning outcome C

Students will demonstrate ways to improve participants' sporting techniques.



systems

Learning outcome C

Students will be able to prepare participants to take part in sport and physical activity.



Learning outcome B

Students will examine the equipment and technology required for participants to use when taking part in physical activity.



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Learning outcome A

Students will explore types and provision of sport and physical activity for different types of participant.

Learning outcome A

Students will understand how different components of fitness are used in different physical activities.

Learning outcome B

Students will be able to participate in sport and understand the roles and responsibilities of officials.









Component 1

YEAR



Preparing participants to take part in sport and physical activity

Pupils begin their journey by commencing this internal, externally

