

Golden Threads:

Uniqueness; showing that recognising and demonstrating personal strengths build self-confidence, self-esteem and good health and wellbeing
To understand what can affect wellbeing and resilience
Study, organisational, research and presentation skills.
To review strengths, interests, skills, qualities and values and how to develop them to be compassionate.
To be able to empathise with the suffering of others and have the generosity to help others in trouble.
To be courteous in their dealings with friends and strangers.
To be honest, committed to living truthfully and with integrity.

RSE Curriculum Map



Emotional Wellbeing/life cycles -pupils develop and understanding of difficult decision some women need to make to end a pregnancy and the implications this can have. We also discuss miscarriage and its causes/impact.

Keeping safe- Pupils consider in more detail the implications and long term impact of STI's. They look again at abuse building on the work from last year, considering the impact on self esteem.



Keeping Safe- Abuse in relationships is incompatible with our dignity and calls for vigilance and compassion. Pupils recognise signs of abuse in a relationship and consider how people can become trapped.

Religious Understanding- pupils consider the positive impact of natural family planning on a relationship.

My Body- Pupils learn about factors that can impact fertility, they also develop and understanding of the impact of menopause.

YEAR 11

Emotional Wellbeing - Pupils consider consent in more detail and consider the emotional implications of sex.

My Body- Pupils will learn about different experiences of body shame, explore notions of 'dignity' and 'modesty' in relation to the body and consider that our bodies are good, as part of our unique, inseparable combination of body and soul.

Life Cycles- Personal Relationships Drama relating to an unwanted pregnancy and the decision facing the mother. Discussion about the legal, moral and religious arguments/opinions relating to abortion.

Religious Understanding- Making a loving gift of self is an ideal worth holding out for, one which leads to real freedom.

YEAR 10

Pupils will learn about objectification, and consider the negative impact of casual sex, pornography and masturbation. Pupils will learn about love and lust, shame and regret and delaying sexual intimacy: all with a view to making wise, informed and mindful choices.
Pupils will learn about methods for managing conception and discuss how they uphold or contravene God's plan for sex. Pupils will learn that consent is not just gaining permission for something but choosing to honour and respect one another as persons with innate dignity. Pupils will learn about physical consent and sexual exploitation. Identify what to look out for when a victim may have, or may be soon to experience FGM AND forced marriage. Describe how girls are encouraged into the process and reasons why it's often unreported. Explain why girls feel so much pressure, analyse the link between FGM and patriarchal societies and the main factors for why there are so few prosecutions for FGM and forced marriage.

YEAR 9

Pupils learn about the variety of feelings and hormones they may be experiencing. We discuss how to managing sexual feelings and that this requires self control, self respect and patience.
We contemplate life in the womb revealing that it is both beautiful and fragile. Pupils consider what women need to do to keep babies safe during pregnancy but also about the devastation of miscarriage. Abortion is mentioned but not in detail.
Pupils are led to consider their safety, how to recognise harmful sexual behaviour and how to maximise online safety.

YEAR 8

Pupils will learn that they are a completely unique person, and that, body and soul, they are created and loved by God.
Pupils will learn that puberty involves physical, emotional and sexual development. Whilst this might feel daunting, they will learn that puberty is God's plan for them and He is with them throughout it all.
Pupils will learn about sexual intercourse as more than just a physical act, but a gift from God for married couples as His plan for how babies are made.

YEAR 7

