

Year 11 CIAG (PSHE) Scheme of Learning 2020-2021

Lesson Number:	Topic:	Lesson Objectives	Curriculum Aims	Tutor Activities	Rationale for timing.
Careers (in line with Gatsby Benchmark and follow CDI Framework co-ordinated by AJ)					
1	Career Action Plan	Understood how to plan for the future	H1, L1-21.	Returning to school/reflection	More extensive careers programme for year 11 as they make post 16 choices.
2	Work Experience Feedback (if not completed in Year 10 due to term dates)	Take part in a debriefing activity Review their feelings about their placement Given and receive constructive feedback		Rules and routines	
3	CV completion	Translate and relate their own personal experience into skills that could be written down on a CV Interpret what recruiters are looking for into an everyday context.		Our Mercy Ethos	Beginning of the year to encourage pupils to focus
4	CV completion			Being the Best I can Be	
5	Budget battles	Completed budgets for particular characters - Made suggestions when unexpected events occur - Suggested sacrifices that can be made to save up for expensive items - Considered strategies to pay for planned and unexpected expenditure		Black History Month	
6	Payslips	Understand a range of financial terms associated with pay and payslips		Mental Health (World Mental Health Day)	
7	Post 16 Option choices	Understand the different learning options and the qualification routes available post 16. Recognise the difference between vocational and academic course.		Conflict Resolution (links to United Nations Day)	

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		Recognise that there are advantages and disadvantages choosing particular further education options. Understand that help and support is available for continuing education. Think about themselves in relation to the options available.			
8	Apprenticeships	Learn about the options available in HE Realise that there are different qualifications and routes that are available in order to reach their goal. Understand that help and support is available for continuing education. Think about themselves in relation to the options available. Learn about the options available post 16. Recognise the difference between vocational and academic courses. Realise that there are different qualifications and routes that are available in order to reach their goal		National Stress Awareness Month	
9	Life in 6 <sup>th</sup> Form	Understand the learning opportunities available in Sixth Form		Sacrifice (Remembrance Day)	
10	Applications	Complete 6th Form Application online.		Alcohol Awareness Day	
Health, Wellbeing and relationships					
11	Dealing with Exam Stress	To know what stress is To know six strategies for dealing with stress	H1, H2, H5, H6, H11, H12.	Emotional Wellbeing	Pupils will be completing mock examinations around

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		To develop techniques for managing stress			this time (flexible can be moved to nearer mocks if necessary)
	Revision techniques- flashcards, note taking, initial spider gram/list of what you know then get your notes out	To know different revise techniques. To understand what type of learner they are. To adapt revision methods based on learning style.	H1, H2, H5, H6, H11, H12.	Prevent	
12	Emotions	To recognise the wide variety of emotions both young people and adults feel. To discuss different ways to manage emotions well.	H1, H2, H5, H6, H8, H9, H11, H12.	Online Safety	
13	Resilience	To revise and develop our understanding of what resilience is. To accumulate strategies that have been discussed in previous lessons about how to be more resilient.	H1, H2, H3, H4 , H5.	Positive Mindset	Consolidate/revise knowledge from previous years to help pupils through examination process (as above can be moved if mock dates move)
14	Cyber bullying- Jessie Nelson	To develop knowledge and understanding of different types of cyber bullying. To focus on the personal impact cyberbullying can have. To know where to go for support in instances of cyber bullying.	H2, H3, H4, H5, H8, H12, H23, R19, L12, L22, L23, L24, L28, L29, C1.	Anti Bullying	Build on work completed in previous years, the documentary does contain more adult themes which is why it is being used with year 11.
15	Cyber bullying-Jessie Nelson			Holocaust Memorial Day	
16	Fake News	To understand what fake news is To know how to spot fake news	L24, L25, L27, L28, L29.	Children's Mental Health Week	Building on knowledge from

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		To create a guide to inform others about fake news			previous year relating to online content and sharing information.
17	Digital footprint/ online gaming	To develop knowledge and understanding of online safety. To explain the need for Malware. To apply methods to improve privacy settings.	H12, H22, H25, L24, L25, L27, R8, R14, R15, R16.	National Apprenticeships Week	
Living in the Wider World					
18	British Values	To explore the concept of 'Britishness' To begin to examine British Values	R5, L28, L29, C8, C16, C17, C18.	Powerful Women	Essential knowledge that pupils need before entering the world of work or wider world of further education.
19	British Values- Democracy	To explore different types of government, political ideologies and voting systems. To understand how citizens can influence decision making through the democratic process.	R5, L28, L29, C8, C16, C17, C18	World Sleep Day	This should consolidate knowledge from other subjects such as History and RE.
20	British Values- Rule of Law	To consider how living under the rule of law protects and promotes the well-being a safety of citizens. To examine link between rights and responsibilities and explore how Human Rights protect individuals, promote standards in living and equality between groups.	R5, L28, L29, C8, C16, C17, C18	International Day of Happiness	Layering on content from last year to enhance pupils awareness of elements of a good social conscience.

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21	Rights Vs Responsibilities- Introduction of the Human Rights Act	To gain knowledge and understanding of British Values in relation to rights and responsibilities. To recognise our rights as UK Citizens. To understand or responsibilities as UK citizens.	R5, L28, L29, C8, C16, C17, C18	Earth Hour	To ensure pupils are fully aware of their rights and responsibilities as they move on from school. This builds on their previous studies relating to prejudice and discrimination in year 7-10.
22	Human Rights- Privacy	To identify people affected by other peoples actions. To understand when our rights may be taken away	R5, L28, L29, C8, C16, C17, C18	Revision Strategies	
23	Human Rights- Do celebrities have a right to privacy?	To develop knowledge and understanding of the different ways human rights can be interpreted and applied. To recognise that we have responsibilities to uphold to protect said rights. To discuss if different people should be treated differently?	R5, L28, L29, C8, C16, C17, C18	Time Management	
26	NCS advice and STAR method etc.	To understand the STAR method To practice using the STAR method in a given scenario.	H1, L1-21.	Reflection	
<p>Golden threads-curriculum aims that will be developed throughout the year/key stage</p> <p>To accurately assess their areas of strength and development, and where appropriate, act upon feedback.</p> <p>The characteristics of mental and emotional health; to develop empathy and understanding about how daily actions can affect people's mental health</p>					

The characteristics and benefits of strong, positive relationships, including mutual support, trust, respect and equality

To evaluate and further develop their study and employability skills.

To understand the main principles of Catholic Social Teaching and how these relate to our relationship to each other and to creation. Including the idea of self-giving, being able to put aside their own wants in order to serve others locally, nationally and globally, including a recognition of the importance of service as the purpose of human life.

To be prophetic in their ability to identify injustice and speak out against it locally, nationally and globally, including the recognition of the necessity to accept the unpopularity this often entails.