

St Anthony's Girls' Catholic Academy

KS4 Relationships and Sex Education Scheme of Learning 2020-2021

Year 10

Core Theme	Session title	Objectives/description	Curriculum aims
Religious Understanding	Authentic Freedom*	Making a loving gift of self is an ideal worth holding out for, one which leads to real freedom.	H26, R1, R3, R4, R6, R7, R11, R28, C1, C2, C5, C6, C7, C10, C11,
My Body	Self Image	Pupils will learn about different experiences of body shame, explore notions of 'dignity' and 'modesty' in relation to the body and consider that our bodies are good, as part of our unique, inseparable combination of body and soul.	H5, H6, H30, H31, H32, H33, R6, R9, R10, R11, R12, R24, R25, R26, R27, C1, C5, C7, C8, C10, C11, C12, C13, C14, C15, C16, C17, C18.
Emotional Well-Being	Love and Cherish	Drama relating to the decision to enter into a physical relationship.	H2, H4, R1, R4, R6, R8, R9, R10, R11, R12, R21, R22, L22, L24, L25, C1, C2, C5, C6, C7, C8, C10, C12, C16.
Life Cycles	Cinema in Education Babies Pregnancy and abortion session	Drama relating to an unwanted pregnancy and the decision facing the mother. Discussion about the legal, moral and religious arguments/opinions relating to abortion.	H5, H6, H30, H31, H32, H33, R6, R9, R10, R11, R12, R24, R25, R26, R27, C1, C5, C7, C8, C10, C11, C12, C13, C14, C15, C16, C17, C18.
Personal Relationships			
Keeping Safe	Abuse	Abuse in relationships is incompatible with our dignity and calls for vigilance and compassion.	H4, H5, H6, H8, H10, H19, H21, R1, R3, R4, R11, R17, R19, C1, C7, C8, C9, C12, C17, C18.

Year 11

Core Theme	Session title	Objectives/description	Curriculum aims
Religious Understanding	Self-Worth	<p>Pupils will consider:</p> <ul style="list-style-type: none"> • How formative experiences can shape a person's beliefs, values and attitudes • How a person's faith and belief that they are created and loved by God can positively influence the way they respect themselves and others 	H26, R1, R3, R4, R6, R7, R11, R28, C1, C2, C5, C6, C7, C10, C11,

My Body	Year 11 resources are being released on a weekly basis by Ten Ten, due to the pandemic and so the full SOL will be available by October Half Term 2021. In 2020 year 11 covered the same content as year 10.	H14, H16, H26, H27, H28, H29, R7, R23,
Emotional Well-Being		H2, H4, R1, R4, R6, R8, R9, R10, R11, R12, R21, R22, L22, L24, L25, C1, C2, C5, C6, C7, C8, C10, C12, C16.
Life Cycles		
Personal Relationships		
Keeping Safe		H4, H5, H6, H8, H10, H19, H21, R1, R3, R4, R11, R17, R19, C1, C7, C8, C9, C12, C17, C18.
Wider World		R9, R10, L7, L16, L21, C7, C8, C10, C12, C16, C17, C18.