

St Anthony's Girls' Catholic Academy

KS3 Relationships and Sex Education Scheme of Learning 2021-2022

Year 7

Year 7 topic overview: puberty, periods, sexual intercourse, conception.

| Core Theme | Session Title | Objectives | Curriculum Aims |
|-------------------------|--------------------|---|--|
| Religious Understanding | Who Am I | Pupils will learn that they are a completely unique person, and that, body and soul, they are created and loved by God. | H1, R1, R9, R14, R16, R35, L2, C2, C4, C13, C14, C17, C21, C22, C23, C24, C25, L32. |
| My Body | Changing Bodies | Pupils will learn that puberty involves physical, emotional and sexual development. Whilst this might feel daunting, they will learn that puberty is God's plan for them and He is with them throughout it all. | H1, H2 H5, H10, H11, H12, H24, H38, R22, L2, C2, C5, C8, C10, C13, C14, C17, C21, C22, C24, C25, L32 |
| Life Cycles | Where We Come From | Pupils will learn about sexual intercourse as more than just a physical act, but a gift from God for married couples as His plan for how babies are made. | H12, H38, C7, C19, C23, C24, R31, R5, R6, C5, C6, C7, C8. |

Year 8

Year 8 topic overview: gender and sexuality, the development of life in the womb, miscarriage, abortion, abuse in relationships (including friendships)

| Core Theme | Session Title | Objectives | Curriculum Aims |
|-------------------------|---------------------|--|---|
| Religious Understanding | Created and Chosen | Becoming aware of our uniqueness can help us open up to God who is the ground of our being and the One who loves us. | H1, H2, H4, H38, H45, R3, R9, R39, R44, L21, C2, C13, C23. |
| Emotional Well-Being | Feelings | Managing sexual feelings requires self control, self respect and patience. | H1, H2, H4, H5, H9, H10, H11, H13, H14, H15, H16, H17, H18, H19, H38, R1, R2, R11, R12, R13, R16, R18, R19, R21, R23, R25, R24, R26, R27, R28, R31, R37, R38, L7, L14, C1, C2, C3, C4, C5, C11, C13, C16, C18, C17, C19, C22, C23, C24. |
| Life Cycles | Before I was Born | Contemplating life in the womb reveals that it is both beautiful and fragile | H1, H41, H42, H43, R7, R8, R22, R24, R33, R34, R35, R36, L32, C6, C7, C8, C10, C13, C14, C16, C19, C20, C24, C25. |
| Personal Relationships | Tough Relationships | In the real world or relationships we can always be better at living with tolerance, kindness and forgiveness. | H2, H4, H5, H6, H7, H9, H10, H11, H14, H15, R1, R2, R3, R5, R7, R9, R13, R14, R15, R16, R19, R21, R22, R23, R32, R35, R36, R37, R38, R41, R42, R43, L14, L34, C1, C2, C3, C4, C5, C10, L17, L19, L23, C11, C12, C13, C14, C23. |

Year 9

| Year 9 topic overview: the dangers of pornography, treating people with respect not as objects, fertility options, contraception, consent, FGM and forced marriage. | | | |
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| Core Theme | | | |
| My Body | Love People, Use Things | Pupils will learn about objectification, and consider the negative impact of casual sex, pornography and masturbation. | H2, H4, H6, H33, H44, R2, R7,R8, R9, R10, R11, R12, R13, R33, R36, R44, L32, C2, C4, C6, C12, C13, C15, C18, C19, C22, C23. |
| Emotional Well-Being | In Control of My Choices | Pupils will learn about love and lust, shame and regret and delaying sexual intimacy: all with a view to making wise, informed and mindful choices. | H4, H5, H5, H6, H7, R18, R19, R21, R24, R25, R26, R28, R31, L21, C2, C5, C6, C7, C12, C13, C15, C19, C22, C23. |
| Life Cycles | Fertility and Contraception | Pupils will learn about methods for managing conception and discuss how they uphold or contravene God's plan for sex. | H 38, H39, H40, H41, H42, H43, R2, R6, R12,R23, R25, R28, R32, R33, C5, C6, C7, C13, C16, C19, C20. |
| Keeping Safe | One Hundred Percent | Pupils will learn that consent is not just gaining permission for something but choosing to honour and respect one another as persons with innate dignity. Pupils will learn about physical consent and sexual exploitation. | H9, H13, H44, R2, R6, R13, R16, R18, R24, R25, R26, R27, R28, R29, R30, R37, L19, C12, C16, C19, C22, C23, C24. |
| Wider World | Solidarity and concern | Identify what to look out for when a victim may have, or may be soon to experience FGM AND forced marriage. Describe how girls are encouraged into the process and reasons why it's often unreported. Explain why girls feel so much pressure, analyse the link between FGM and patriarchal societies and the main factors for why there are so few prosecutions for FGM and forced marriage. | H16, H25, H26, R1, R3, R6, R9, R23, R24, R26, R37, R43, L29, L31, C24. |