



St. Anthony's Girls' Catholic Academy

A Mercy Academy committed to excellence



SPOTLIGHT



SUMMER 2021





Dear Parents/Carers,

Thank you for your support during a challenging year for us all.

I do hope that you enjoy our summer edition of "Spotlight" magazine. Your daughters/sons (post-16) have been a credit to you all throughout all the different stages of the pandemic.



We wish all those who are leaving us this summer, staff and students, much happiness and success as they move on to the next stage of education, employment, training or possibly retirement. Thank you to all leavers for your contribution to our community.

We have been inundated with applications to both Year 7 and Year 12 and we do hope that we will be returning to normal arrangements in September, covid-guidance permitting. We will let you know as soon as we hear the latest update from the government.

I do hope that you are able to get some rest, relaxation and recuperation this summer. We very much look forward to welcoming our new Year 7 students and also those transferring to St. Anthony's and St. Aidan's Catholic Sixth Form as well as some new staff who are joining us in September.

M. Shepherd
Headteacher



Gold Duke of Edinburgh Success for St. Anthony's Students

Four students from St. Anthony's have successfully completed the Duke of Edinburgh Awards and have been presented with their Gold Medals.



The successful students were given their presentation by the Chair of Governors, Sr Josepha, in school on the 6th May 2021 – the usual Buckingham Palace presentations not being possible due to Covid-19 restrictions.

The students, Jade Winter, Dikan Tony-Obot, Danielle Gomez and Fiona Felix, completed their final tasks during the lockdowns. They had to adapt to new Covid-19 protocols for the award to reach the peak achievement of the Gold Award.



Sr Josepha, who helped support the four students in their earlier Bronze and Silver awards, said "We are very proud of the great achievement these students have made in being awarded the Gold Medal. Our congratulations to the girls and their families who have supported them in this achievement. Our thanks go also to Mr John Hermon who, for many years now, has run the Duke of Edinburgh Scheme in St. Anthony's. Without his enthusiasm and generosity in giving of his time, it would not be the huge success it has been."



All pictures displayed in this issue of Spotlight were photographed following social distancing guidelines or prior to the coronavirus pandemic

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St. Anthony's and St. Aidan's – Pope John Paul II Award

The Pope John Paul II Award is a faith achievement award for young people between the age of 16 and 18. It is non-competitive, inclusive, flexible and voluntary.

The Award enables participants to take an active part in the life of their Church – in the life of their community and society. It enables young people to become more aware of the teaching and role of the Catholic Church in the world and to engage at a deep level with Christ.

The Award was created to commemorate the late Pope Saint John Paul II who was so committed to young people and who had such belief and confidence in them.

Awards are earned by taking part in parish and social activities – 1 hour per week over 8, 14 or 20 weeks. There are 3 Award levels – Gold, Silver & Bronze.

Twelve students from St. Anthony's and St. Aidan's Sixth Form completed their Pope John Paul II Award and attended an online award ceremony on Sunday 16th May.

COVID restrictions added an extra layer of difficulty for students when completing the award over the last



year. This however, did not daunt those undertaking the award. They responded to the added challenge with relish, taking part in a variety of socially distanced and online events. Some students wrote Christmas letters to residents in a local care home, others led online prayer sessions within their parish and many were involved in helping to organise and run the food bank at St. Anthony's.

One of the students who achieved a gold award, Laura, said "From my involvement in the Pope John Paul II Award, I have developed and entered into a personal relationship with God which has enriched and allowed my faith to grow. Through my completion of the Gold Award I have gained confidence and leadership skills. Pope John Paul II asks us to be 'prophets of joy', which allows young people who have completed the award to feel that they have made a difference to other people's lives through the volunteering and activities completed by doing this award."

This year's award winners at St. Anthony's and St. Aidan's were:

- Bernie B (Gold)
- Ciya C (Silver)
- Oluchi D (Bronze)
- Laura G (Gold)
- Jacob H (Gold)
- Areej M (Bronze)
- Jose M (Gold)
- Abby P (Gold)
- Aparna S (Silver)
- Lydia S (Gold)
- Annette T (Silver)
- Dikan T-O (Gold)

A huge congratulations to them all!



Pictured are successful students with Mrs Helen Smith, Director of Sixth Form, Mr David Harrison, Chaplain, Mrs Sarah Russell, Deputy Director of Sixth Form, Sr Josepha Chair of Governors

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"We often take for granted the very things that most deserve our gratitude."

Cynthia Ozack



St. Anthony's Artists Exhibit In Royal Academy Young Artists' Show

Students at St. Anthony's Girls' Catholic Academy (Sunderland) have kept on going throughout the pandemic and are still participating in community art exhibitions both locally and nationally.

As an Art and Photography department we have had over 45 students submit their work to the Youth Arts Exhibition 2021: Bright Lights at the Washington Arts Centre, and the Royal Academy Young Artists' Summer Show.

The Bright Lights Exhibition, endorsed by Sunderland Culture, will showcase some of the most exciting artwork by young people from across Washington and the wider Sunderland area. This continues a rich vein of both exhibiting work and entering our students' work into local and national competitions.



Yasmeen Begum

Our students are exceptionally talented, and have been working hard to showcase their artistic skills – all of which has been recognised by the young curators of the Washington Arts Centre, and I am thrilled to share their good news with you!



Mia Goldsmith - Year 12



Zoe Thompson



Lily Roberts



Beth Gillespie

I am delighted to announce that our amazingly talented students:

Ava Fawell (Year 8), **Lily Roberts** (Year 8), **Olivia Darville** (Year 9), **Kate Mitchell** (Year 10), **Beth Gillespie** (Year 12), **Grace Fryer** (Year 12), **Mia Goldsmith** (Year 12), **Johnny Lindstedt** (Year 13), **Morgan Cooper** (Year 13), **Yasmeen Begum** (Year 13) and **Zoe Thompson** (Year 13)

have been selected to display their work in the exhibition.



Kate Mitchell - Year 10

The students' work will also feature in an advertising campaign to highlight the new exhibition with billboard posters displayed in The Galleries Shopping Centre and around the Washington Arts Centre.

I hope that you can take some time to visit the website and show your support of our excellent students. I am also hoping that you will manage to see the works displayed around the Washington Area in due course. All works are expected to be available to view from the 17th May 2021.

SUMMER 2021

"Don't worry about how you 'should' draw it.
Just draw it the way 'you' see it." Tim Burton





Johnny Lindstedt - Year 13

The Youth Arts Exhibition 2021: Bright Lights Exhibition is available online and can be viewed here:

<https://sunderlandculture.org.uk/our-venues/arts-centre-washington/youth-arts-exhibition-2021-bright-lights/>



Anna Whelan - Year 10



Kate Duff - Year 10

Hopefully, by the end of May we will know if our students have also been selected for the Royal Academy Young Artists' Summer Show.



Grace Fryer - Year 12

Well done to all those involved in the exhibition, and for their continued commitment and production of outstanding Art and Photography work.

Royal Mail Stamp Design Competition

This year the department has taken part in a national competition in conjunction with Royal Mail. The brief was to design a new postage stamp based on students' experience of the pandemic, and on the heroes that have supported us through these challenging times.



The competition was open to KS3 students and we had over 60 entrants. You can see some of the wonderful examples our students have produced here.

We are hopeful that some of our entrants will be recognised for their great skill and diligence in producing these designs.

Congratulations to all students who entered the competition.



The field was very strong, and the Art Department is very proud to be represented by such fantastic students with excellent creative abilities.

We wish all students the best of luck.

Hopefully in the future we will be using a St. Anthony's designed postage stamp!



SUMMER 2021

"Art is too important not to share."

Romero Britto



Careers Programme Overview KS 3&4 St Anthony's Girls Catholic Academy



Vision Statement

St. Anthony's Girls' Catholic Academy is committed to improving the employability of its pupils and in preparing them for the demands of adult life, enabling them to contribute to society

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Milestones and Learning Outcomes

Key Events and Experiences

Year 11

- CV writing
- Understanding paylists
- Post 16 options
- Apprenticeships
- References
- Application Forms

Year 11

- 6th Form Open evening
- College visits
- Apprenticeship assembly
- 1 to 1 Careers Meetings

Year 10

- Interview techniques (mock interview)
- 21st Century Careers
- Work experience preparation
- Health and safety on work experience
- Work Experience Feedback

Year 10

- Work Experience week

Year 9

- Qualities and Careers
- Skills, qualities and qualifications
- NHS Jobs
- Making up your mind
- Bank Accounts/statements

Year 9

- Work Discovery events
- NHS Competition
- Year 9 Options Evening
- NECOP Events
- STEM Mentoring Scheme

Year 8

- What kind of person am I?
- What is work?
- Ambitions
- Careers Research Action Plan

Year 8

- Gibber Performance
- Raising Aspirations Newcastle University

Year 7

- Transitions
- This is me
- Why have homework?
- Key kills
- Who influences me?

Year 7

- Year 6 Open Evening
- Year 6 Transition Week

Inspiring and preparing
young people for the world
of work.

SUMMER 2021

The future belongs to those who believe in the beauty of their dreams.





This is awarded by **Inspiring IAG** a licensed Awarding Body for the national standard.

This is an exciting time for the Academy regarding our Careers provision. Our submission has been forwarded for the Stage 3 (Gold Award) - which has been designed to provide a good practice framework, and a recognition of high quality Careers education, information, advice and guidance.



Many thanks to our Careers Advisor, Tammy from EDT. She has worked tirelessly, ensuring that all of our Year 11 students had their one-to-one appointments.



Students in Years 7, 8 and 9 are taking part in a new initiative in their CIAG lessons from June 5th to June 9th: The Kidovation Challenge. They will be using their Design Thinking and Digital Skills. The focus will be on exploring innovation, addressing real-life problems and building on creative thinking.

Using proven business frameworks, the Kidovation lesson provides students with the opportunity to think about topics in innovative ways and learn skills relevant to future digital careers.

We are also pleased to welcome our new Enterprise Advisor, Maria Harris, who will be joining us in September 2021.

Her roles include consulting on technology and digital transformation to improve the mortgage proposition, customer journey, and user experience. She is a Non-Exec Director at United Trust Bank, South Tees NHS and board advisor at Coadjute.

Key areas of focus will be:

- Opportunities to link with local businesses and organisations to offer guest speakers and opportunities for the girls
- Inspire girls into STEM and encourage future female leaders

We look forward to working with her.



SUMMER 2021

Choose a job you love and you will never have to work a day in your life.



Catholic Agency for
Overseas Development

Young Leaders

It has been another busy few months for us as CAFOD Young Leaders. We began the year by preparing to launch the CAFOD Lenten Campaign 'Walk for Water'. This aimed to highlight the incredible distances that too many people (often children) have to walk every day just to access water.

We prepared a recorded PowerPoint that was used as an assembly in forms. It explained what the campaign was and how people could get involved. CAFOD asked that we try to walk 10,000 steps a day in solidarity with our brothers and sisters across the world who do that daily just to get to their water supply, and then they have to return home. The Sisters of Mercy supported us along the way with videos of their efforts and explanations about why they felt the need to take part. Check out @StAnthonysRE on Twitter if you haven't already seen them.

Some students in school also took part by displaying water droplets they had made in a window at home. This was to encourage people who were out doing their 10,000 steps, and also to raise awareness of the campaign.

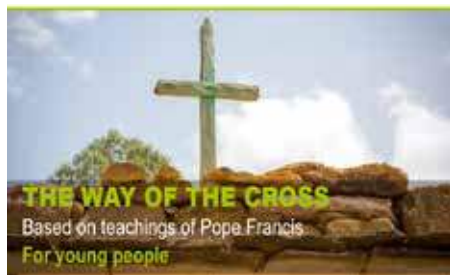


During Lent, along with St. Aidan's, we raised over **£1,500**. Thank you to all who supported us!



Eyes of the World

Keep an eye out for CAFOD's latest campaign, 'Eyes of the World!' CAFOD is asking us to tell world leaders that our eyes are focused on them. We want them to be determined to look after the planet and all the people who live on it, especially the poorest. In November, world leaders will meet in Glasgow to discuss the climate, how it is changing, and what should be done about it. This meeting is called COP26. And it is a big deal! Young people across England and Wales are letting the Government know that we will be watching them...to make sure they think about the world's poorest people as they make their decisions at the COP26 climate meeting this November. We can join with the rest of the country, making thousands of images of eyes, to show our leaders that the eyes of the world are watching, and so are we!



Stations of the Cross

During Lent, a group of Year 12s organised an online CAFOD Stations of the Cross, based upon the teachings of Pope Francis in his latest encyclical, Fratelli Tutti.

Members of the school staff, governors, local clergy and the Sisters of Mercy were all invited to attend. The Year 12s spent three weeks beforehand practising and discussing the best way to make it a truly prayerful and reflective experience – even though it was online. Doing this was a good way to reflect on the Passion of Jesus and link it to the current climate crisis. Pope Francis, in the encyclical, asks us to think deeply about the harm we are causing our planet and to change the way we live. He places special hope in young people, pointing out how many care about the environment. The images and reflections put together by the Year 12s helped us to reflect more deeply on our relationship with the Earth and all those who live on it.

Thank you to all those who attended.

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Choose your friends with caution, Plan your future with purpose
and frame your life with faith.

Mental Health Awareness Staff Coffee Morning

For Mental Health Awareness Week our Well-Being Team co-ordinated a Covid-secure coffee morning. It has been a difficult year for staff all around school, and this was one of the first opportunities we've had to gather together and focus on our well-being. We also had a virtual visit from someone who is guaranteed to improve anyone's mental health...Sister Josepha! The staff were able to have the chance to chat and catch up, as this hasn't been possible in so long. We aim to make this a regular feature of school life. Our mission is to continue to focus on staff well-being, and to care for one another, as this is paramount to our Mercy



ethos. In addition, General RE classes have focused their efforts over the past few weeks on sending staff positive messages to boost morale, and to focus on looking after their own mental health, as seen in the beautiful display board below.



Rosary

During May, a group of students spent some time in the chapel learning about the Rosary. On Monday, May 10th, Sister Aelred, Sister Francis and Sister Josepha joined us remotely, and kindly agreed to tell us a little about the Rosary, and the reason why they found it such a calming and important devotion. They then led us in a decade of the Rosary.

The group then met once a week for the rest of May to say the Rosary, and to reflect upon how this could be introduced as a form of prayer to the whole school next May.

A huge thank you to the Sisters of Mercy for all their help in explaining to us the importance of this tradition.



Food Bank: update

We are still continuing to support over 40 families with our self-funded School Food Bank. We have been inundated over the past few weeks with produce from our whole school community. We want to thank all those students, staff and parents/carers who have supported us and our families. Our Mercy ethos focuses on care for those in need, and we will endeavour to do so in these challenging times.



Staff Well-Being Art Club

The Mental Health leaders in school have joined forces with our incredible Art Department to launch our brand new Staff Well-Being Art Club. This is open to every level of ability and takes place every Thursday 3.30-4.30pm in the Art Department. As well as receiving expert tutelage from Miss Sharman, the aim is to find time for ourselves, and connect with colleagues and friends. We have also discovered some secret Vermeers in our staff body!





Year 12

While completing Unit 6, Physical Care students had to practise preparing and making a formula feed, and changing nappies, before they could be carried out in Day Care Placements – students had to adhere to all Health and Safety measures, and peer assess each other.



Year 10

Year 10 are making good progress with their first piece of Coursework – an Assignment for Unit 2 on Play and Development.

They have been asked to provide an information booklet for parents that supports play for the following age ranges:

- Birth up to two years
- Two up to five years
- Five up to eight years



Some lovely work – well done!

Thank
You

A big thank you and happy retirement to Mrs Miller, who has inspired many of our students to become excellent teachers, nurses and Childcare practitioners!

SUMMER 2021

It takes a big heart to shape little minds.



Design and Technology: Practical lessons resumed!

Year 8 and Year 9 Design and Technology classes have thoroughly enjoyed taking part in practical lessons again. Year 8 have manufactured fabric toys based on a theme of their choice. Year 9 have worked hard on the mirror and pouch project, creating some excellent applique designs on their pouches. Their enthusiasm can be seen through the fantastic practical outcomes they have created.



Year 8 practical outcome



Year 9 practical outcome



Design Ventura

Here are the Year 7 Design winners. All pupils were given a brief to design a product to be sold in The Design Museum in London. The school winners were then presented with a prize and certificate.

Well done, Year 7! It really was a great effort!



Ventura Design Winners 2020



Year 7 Food and Nutrition

This year the pupils have been highlighting the importance of healthy eating, Fair Trade and ethical food. Amazing work has been produced by all the Year 7 Food students. Very well done, girls!



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God is with you wherever you go.





Lockdown Drama!

Year 13 A-Level Drama candidates Dani, Grace and Madeleine have faced some unique challenges during this last year. With practical performance making up 60% of the overall course, we've needed to find some innovative and creative ways of working safely, both in school and during several isolations and lockdowns. Together, we developed a method of working using TEAMS lessons to provide individual challenges, feedback and support, allowing each student to produce a polished and effective performance of their script-based monologue which they filmed themselves, at home. For the Devised element of the course, the group created a piece of original drama from scratch in about a third of the time they'd have had for the task in a normal school year and, for much of that time, without access to the Drama Studio resources. They researched, devised, scripted and rehearsed their piece – 'Sunderland's Forgotten' – which explored stories from the city's mining and shipbuilding heritage and the Victoria Hall tragedy. For this, they used a wide range of theatrical techniques – and they even choreographed an 'industrial' tap dance! A single, socially-distanced performance was given in the Chapel to a very small (but most appreciative!) audience. This counted as their final assessment for A-Level. Their positivity, creativity and energy for this project in the weeks after we returned to school has been incredible, and their final piece was a real tribute to the inventiveness and sheer determination they've brought to the whole course. We couldn't be prouder of them!



World Book Day 2021

World Book Day looked a little different at St. Anthony's this year, but it was no less special! There were quizzes for both students and staff, a World Book Day reading challenge, fun Literary lesson activities in every subject and, of course, every student

received their £1 book token alongside an opportunity to receive a free book! In MFL, students took part in a lot of exciting digital activities throughout the day. Why not have a look back through some Department Twitter pages, and have another go at



some of the reading activities? Special congratulations go to 9ST and 10ShA as the winning form groups of the great 'World Book Day Quiz'! We cannot wait until next year when we can be back bigger and better than ever!

On the actual World Book Day, we had particular fun sharing some 'blasts from the past' of staff costumes from previous World Book Days. Enjoy some of these shown here; see if you can guess which teachers are hiding behind the costumes!



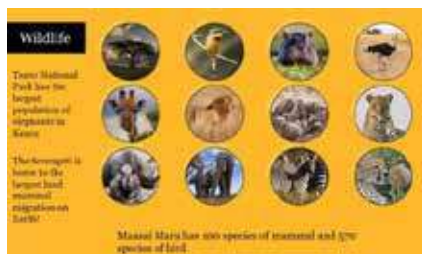
SUMMER 2021

"May the wind under your wings bear you where the sun sails and the moon walks."

J R Tolkien

Year 7

During the most recent period of remote learning in February, Year 7 Geography classes took part in live lessons provided by WWF to learn more about Conservation Solutions in Africa. They learnt about food webs and human threats to wildlife. They also learnt some solutions, including painting eyes on the backs of cows! The classes really enjoyed asking an expert questions about the topics they had been covering in lessons.



World Book Day

For World Book Day this year, students were read an extract from one of the Department's favourite Geography books in their lesson.

How did the USA become a superpower?; Why do people go to war?; And why are some countries rich while others are so poor? Students were given a choice of activities to complete afterwards.



1: Write a book review of a book where the character may be from a different country or a visitor to another country. The book of choice could be even set in a different country.

OR

2: Create a new book cover for your chosen book which involves a character from another country or a book set in another country. What do you think should be on the cover? Make up your own blurb for this book.

Competition time – Earth Day

Earth Day is an annual global event that takes place on the 22nd April. This year it took place over three days, beginning the 20th April.

Earth Day is an opportunity to remind ourselves that this earth is important to us all, all year round. Climate change and other environmental breakdowns have led to new, fatal diseases spreading worldwide.

In KS3 Geography lessons this year, students were given the opportunity to produce an Earth Day Calendar.

This involved completing, each day, small tasks showing how we could help save the Earth. This might be as simple as switching off lights when not needed, or unplugging electronics not in use. We could also choose natural, sustainable materials, such as bamboo or woods from FSC forests, rather than plastics.

Here are some examples of the great entries:



Examples of competition winners in Year 8. Well done!



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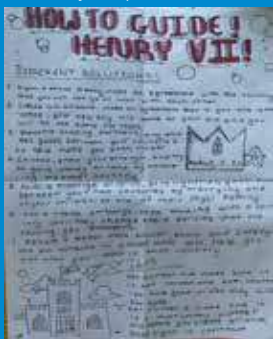
"Every moment wasted looking back keeps us from moving forward."

Hilary Clinton



Outstanding work from Year 7

Showing they can think from Henry VII's point of view to best decide the most effective foreign policy. After analysing Henry's foreign policy and the many twists and turns, they created an imaginary 'How to' guide which could have been used to teach future Tudors on how to be effective in international diplomacy. The class were really getting to grips with complex international relations showing some excellent historical skills and creativity. Well done Mrs Russell's Year 7 class!



Miss Jones' Year 7 class have been studying the Tudors recently with a focus on Henry VIII and his six wives. Here they are recreating an imaginary 'photograph' of Henry and his wives in chronological order. All pupils have been extremely enthusiastic and are knowledgeable about each of Henry's wives. The group really enjoyed the chance to pose for this imaginary 'photograph' to try to capture Henry's dominating personality, and the inferior status of his wives! Well done Year 7 for working so hard all year.



International Links

In the aftermath of the Covid-19 pandemic and a post-Brexit world, it is extremely important, now more than ever, to highlight the importance of Language learning, and the benefits it brings. Strengthening our international links with other countries is pertinent to the economy; for example, being able to communicate with other countries for trade of resources or products. We often take for granted that English is so widely spoken, but it is important to remember that Spanish and French are amongst the top five spoken languages in the world. Communication can go such a long way, and creating strong relationships built on trust and loyalty will be the difference between thriving communities and businesses forced to close. We are really looking forward to developing our relationships with our international partner schools across the world, and working alongside each other to enrich our knowledge and understanding of different cultures.



Our love and prayers

At this difficult time, we are sending all our love, thoughts and prayers to our partner school Panshil in India. We hope that all the school community in Rajkot are doing well. We know that you will be pulling together to get through the challenges you face. And we cannot wait until we get the chance to see you all again!



SUMMER 2021

"We are not makers of history. We are made by history."

Martin Luther King





Taking an Accelerated Reader Quiz

The ultimate steps to achieving amazing Accelerated Reader results.



1 Choose a book within your ZPD



- Check that it is in your ZPD range
- Look at the cover
- Read the blurb
- Look for authors you like
- Read the introduction
- Read the first page



2 Read your book



- Read for 25 minutes everyday
- Record what you're reading in your reading log



3 Search for the quiz



- Go to your Renaissance Place and **select** Accelerated Reader, type in the book's quiz number and click **Search**
- You can find the quiz number on the **AR label**
- **Select** how you read this book
- Click **Start Quiz**



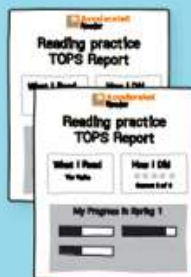
4 Take the quiz



- You will have 3, 5, 10 or 20 questions to answer
- Read the question and all four answers
- Ask a teacher to explain a question you don't understand.
- There are no time limits
- Click on the stars to rate the book
- Check your TOPS result



Look at your TOPS Report



100% score

This book was comfortable for you, perhaps try a book higher up in your ZPD range next time

90% score

This book was perfect for you. Perhaps try one or two book levels higher or longer next time.

80% score

This book was a little difficult for you. Perhaps choose one or two book levels lower next time.

70% score

This book was quite challenging for you. Perhaps try a book at the beginning of your ZPD range next time.

60% or below

This book was too challenging. Perhaps try a book at the beginning of your ZPD or speak to your teacher for help.

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www.st-anthonys-academy.com



Reading Club

Reading Club is held on Monday-Wednesday mornings (8.00am-8.30am) for Key Stage 3 pupils. Its aim is to encourage reading progress, and find a love for books.

Pupils take an on-line STAR reading test at the start of the year, which gives them an appropriate book level from which they can choose their books. On completion of a book, pupils take a quiz to check their understanding and work towards gaining points and certificates.

Some of our favourite books this year have been:



Reading aloud to parents and carers for 15 minutes a day has really helped increase reading ability.



Star Readers this year have been:

Most words read:

Year 7 – Kenzie Green
Year 8 – Tia Khaira
Year 9 – Lillie-Mae Conley

Amazing!

Most quizzes taken and passed:

Year 7 – Lucy Fisher
Year 8 – Sian Harnett
Year 9 – Mikyla Jarrett

Well done, everyone!

Preparation for Adulthood



This intervention is aimed at Year 10 and Year 11 pupils, giving them life skills and knowledge needed for a bright future.

Following the Life Skills created with Barclays Programme, topics include Improving Self- Confidence, Managing Money & Budgeting, and Personal skills.

Power points are worked through each session, and pupils complete short activities and quizzes for group and independent learning.



KS3 Reading Boxes

Over the summer, we will be re-stocking and updating our KS3 reading boxes. These are included in every KS3 form room, and students are invited to borrow and read books from any reading box with their Year group number on. We encourage students to make the most of this fantastic resource next year, and to make sure they take an Accelerated Reader quiz upon reading any book from these boxes!



Don't Forget your Reading Book!

A quick reminder that every student should always be carrying a reading book when in school. Please use our school book boxes, school library or speak to a form tutor to use a book from school.

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"Books are a uniquely portable magic."

Stephen King

Accelerated Reader Update

KS3 students should remember to keep-up-to date with taking Accelerated Reader quizzes when they have finished reading a book. If any student is having trouble remembering their login or links to access the site, these can be found on Frog under 'Literacy', or students can ask their form tutor.

Congratulations to this half term's reading stars with the most quizzing points!

HT5 form class winners:

Y7 - **7SJa Miss Broomfield** (331.2 points)

Y8 - **8SJ Mr Holgate** (285.2 points)

Y9 - **9SH Mrs Robinson** (256.1 points)

Students in the lead this term:

Y7 - **Lucy Farrell** 7SJa (152.4 points)

Y8 - **Neve Gomes** 8SH (139.4 points)

Y9 - **Bethany Briggs** 9SH (77 points)

The End-of-year Quiz prizes are still up for grabs, so get reading and quizzing to be in with a chance of winning! All students have their reading levels (called ZPD levels) written into their planners. If you need to know what reading level a book is, you can simply visit www.arbookfind.co.uk to find out.

HERE'S THE IMPACT OF READING 20 MINUTES PER DAY!

A student who reads

20:00

minutes per day

will be exposed to
1.8 MILLION
words per year
and is more likely
to score in the
90th PERCENTILE
on standardized tests

A student who reads

5:00

minutes per day

will be exposed to
282,000
words per year
and is more likely
to score in the
50th PERCENTILE
on standardized tests

A student who reads

1:00

minute per day

will be exposed to
8,000
words per year
and is more likely
to score in the
10th PERCENTILE
on standardized tests

Source: Nagy, Anderson and Herman, 1987

 **SCHOLASTIC**

SUMMER 2021

"The best preparation for tomorrow is doing your best today."

H Jackson Brown





Awards for Success in Sixth Form Mathematics

The Mathematics Department awards two prizes for the Year 13 Mathematicians who are not only academically good at Mathematics, Further Mathematics or Core Mathematics, but also have contributed to the school through their Mathematics.

In 2021 the awards were given to:

Aparna Saji	Kathryn Dodsworth Award for Mathematics
Amna Al-Suleimani	Further Mathematics Award
Yasmin Rathore	Core Maths Award

All are outstanding Mathematicians, who deserve these awards. Good luck to all of the Year 13 Mathematicians as they await their A-Level results.

Anyone interested in A-Level Mathematics, Further Mathematics or Core Maths at St. Anthony's and St. Aidan's Sixth Form is asked to contact Mrs T. Armstrong or Mr G. Dunn at any time.



Aparna Saji

Numeracy Club

We are very pleased with the progress of the girls who have been attending our Numeracy Support Programme this year. The initiative's aim is to improve the progress of our students in Mathematics across Key Stages 3 and 4. The programme is run by various teachers in the Maths Department during lunchtimes, and invited students attend one session per week.

Day: Monday (Year 10) Tuesday (Year 9)
Wednesday (Year 7) Thursday (Year 7)

Time: 08:00 – 08:30

Venue: Maths Department

Many thanks for your support in encouraging your daughter's attendance, if she is part of the selected cohort.



From left to right: Trinity Young, Ruby Taylor and Mia Miller

Good Luck

A huge "Well done and good luck!" to all of our Year 11 and Year 13 students who have recently undertaken assessments for their GCSEs and A-Levels.

The students have done a huge amount of work and we are very proud of all their efforts, and commitment to their studies.



Some of our Year 13 Maths students

We look forward to seeing many of our Year 11 students in Sixth Form, and wish every success to those students who will be leaving us this Summer.

Year 11 Mathematics Award

Every year the Mathematics Department awards the prize for Mathematics to an outstanding pupil in Year 11. The 2021 Award went to Hrishita Mahamuni



Hrishita Mahamuni

for her superb achievement and effort during her GCSE course. Competition for the prize was tough this year, with many girls deserving recognition. A huge "Well done!" therefore to all the girls in Year 11 for their commitment and hard work; we wish them the best of luck as they await their examination results.

SUMMER 2021

Maths gives us hope that every problem has a solution.

Senior Maths Challenge 2020-21

Twenty Seven of our Sixth Form students have achieved an award in the UKMT Individual Senior Maths Challenge 2020-21! The challenge for pupils in Year 12 and 13 is based upon problem-solving, using Mathematics.



The top award of **Silver** and the **Best in School** goes to **Daisy Neil**.

Silver awards also go to **Beth Connors** and **Ella Harrison**.

Best in School and Silver award: Daisy Neil



From left to right: Jack Arrowsmith, Ella Harrison, Daisy Neil and Mateusz Zientek

Some of our certificate winners:



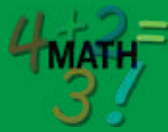
From left to right: Beth Connors, Amelia Hudak and Nikit Dalvi



From left to right: Emily Cowie and Nathan Rey

Bronze awards go to **Nikit Dalvi**, **Jack Arrowsmith**, **Ethan Slater**, **Adam Walker**, **Emily Cowie**, **Ethan Hunter**, **Nathan Rey**, **Olivia Finch**, **Alfie McCabe**, **Mateusz Zientek**, **Ryxelle Gepte** and **Amelia Hudak**

All the students have studied Advanced Level Mathematics.



PUZZLE TIME

Can you solve the puzzle below?
If so, can you explain how you find your answer?

I have some pencils and some jars.

If I put 4 pencils into each jar I will have one jar left over.

If I put 3 pencils into each jar I will have one pencil left over.

How many pencils and how many jars?

16 pencils and 5 jars

Maths Twitter Account



A big "Thank you!" to all of you who follow the St. Anthony's Maths Department on Twitter. We are now up to 640 followers (including @corbettmaths)!

We have been using the account to pass on information to our students, particularly those in Year 11 and Year 13.

If you don't already follow us our twitter handle is @st_anths_maths

Why not take a look?

SUMMER 2021

Mistakes allow thinking to happen.



Congratulations Award Winners

The MFL department would like to offer huge congratulations to our Year 11 and Year 13 MFL award winners.

Esther Ogunbode has been awarded the **French award** for subject excellence. She is a dual linguist, studying both French and Spanish and would like to continue language learning with us at St. Anthony's next year.

Emma Cooperwaite received the **Spanish award** for her academic achievements. Emma is also a dual linguist who will be studying the St. Anthony's Languages Programme in Year 12.

Catherine Burke achieved the Year 13 **Spanish award**. She has a natural talent for Spanish and will be studying languages at university next year.

Caitlin Patterson received the **French award** for Year 13. We know with her natural flair for the subject she will achieve great things with languages next year.



Where can languages take you?

Learning languages opens up a literal world of possibilities beyond the classroom. Many of the St. Anthony's MFL department have worked and volunteered in other sectors, countries, and cultures prior to teaching!

Languages increase employability too! Linguists gain improved communication skills, greater cultural awareness, diplomacy, and empathy as we learn about other ways of life and perspectives on the world.

Your teachers have studied, lived and worked across the globe in places like Italy, Germany, France, Spain, Togo, Honduras, and Brazil. Can you guess which MFL teacher matches the following statements? (Hint: Ask your teacher if she/he has any funny stories from their travels!)

- Who has built houses in Nicaragua?
- Who worked as an 'au pair' in the South of France?
- Who studied in Rio de Janeiro, Brazil?
- Who translated Bibles into a tribal language in Togo?
- Who has taught English in the Basque region of Spain?
- Who used to work for a German supermarket chain?



MFL Small Group Additional Tuition



Well done to all the Year 11 students who are attending French/Spanish small group tuition lessons at lunchtime to catch up on the disruption to learning caused by Covid-19!

Students are giving up their time to follow a bespoke scheme of learning which targets gaps in their learning resulting from lockdown. Pupils are working in small groups with their teacher to revise key topics and grammar, and develop their exam skills.

The MFL department are very proud of their hard work and progress in French/Spanish. To reward them for their efforts, incentives and vouchers are being offered to students with strong attendance. Evidence suggests that additional small group tuition leads to greater progress and success in exams.

SUMMER 2021

"A different language is a different vision of life."

Federico Fellini

MFL Virtual Film Club



We're unable to host our usual lunchtime events at the moment but that doesn't mean we can't still have fun with Languages! Check out our departmental recommendations for French and Spanish films and TV series, which can be found on Frog, as well as subscription platforms: Netflix and Amazon Prime Video. Pass the popcorn! Amusez-vous bien! ¡Qué lo paséis bien! Enjoy!



	French Series	French Film	Spanish Series	Spanish Film
Frog	Telling Tales 2 Years 7-13 section	La Vie en Rose Years 9-13 section Advisory: PG-13	Spanish Shorts Years 7-13 section	The Devil's Backbone Years 11-13 section Advisory: 15
Netflix	Lupin Advisory: 15	He Even Has Your Eyes Advisory: 12	Velvet Advisory: 12	In Family I Trust Advisory: 15
Amazon Prime	Baron Noir Advisory 13+	Lost in Paris Advisory: 12	El Candidato Advisory: 15	El Tesoro Advisory: 16+

MFL

¡Bienvenidas!/ Bienvenues!

We cannot wait to welcome our new Year 7 students in September! Whether you have studied lots of French or Spanish already, or none at all – our staff are here to help you achieve your full potential! We also love to explore the cultural aspects of language learning. Below are some photos of the work our current Year 7 pupils did when they started!

We are really looking forward to seeing you in our classrooms and extra-curricular events next year!



¡Enhorabuena! Félicitations!

A huge "Well done!" to all our fantastic leavers at GCSE and A-Level. We could not be prouder of the hard work and effort you have all put in, especially over the last few months. You have shown resilience, strength and determination under very difficult circumstances. You are all stars! The MFL department wishes you all the very best for the future.

Félicitations!



SUMMER 2021

"The limits of my language mean the limits of my world."

Ludwig Wittgenstein



Revision Corner

There are so many websites available to help you with your French/Spanish homework/revision! Take a look at our guide to the best websites for each skill to make sure you get the most out of them.

Dictionary

wordreference.com – Say no to translation websites!
Free app available

Vocabulary

Quizlet.com – Search for the User Mrs_N_St_Anthonys
We've put all the vocabulary you need for Year 7, Year 8, GCSE and A-Level in folders for you to practice.
Free app available.

uk.language-gym.com*

Linguascope.com*

senecalearning.com

memrise.com – Free app

GCSEPod.com* – Free app available

Listening

SamLearning.com*

BBC Bitesize – bbc.co.uk/bitesize – Free app available

Fluentkey.com

Lyrics Training app

Reading

SamLearning.com*

BBC Bitesize – bbc.co.uk/bitesize – Free app available

senecalearning.com

Translation

uk.language-gym.com*

SamLearning.com*

Grammar and Tenses

uk.language-gym.com*

SamLearning.com*

GCSEPod.com* – Free app available

BBC Bitesize – bbc.co.uk/bitesize – Free app available

senecalearning.com

*See your class teacher for information on how to log in to these sites.



Message to the Brave

Mr Harrison told us about the Cafod initiative where you can send a Christmas message of solidarity to human rights activists and environmentalists who are risking everything to defend our brothers and sisters, and to look after our planet. The Sixth Form linguists thought it would be a great idea to send messages in French and Spanish.

Year 12 and Year 13 French students sent messages to Father Alfred, who is the Director of the Justice and Peace Commission in the Democratic Republic of Congo. The Spanish Sixth Formers sent messages to the Guapinol Water Defenders, who have been illegally detained in Honduras for defending the right to water and life. Mr Irwin even gave the students some special Honduran phrases to use in the message! We hope these messages brought some hope and peace to these people in a difficult time.

As part of their studies around equality in the Hispanic world, Year 12 Spanish students learned about various organisations in Spanish speaking countries who are fighting for justice against inequality in their local area. Students chose the issue closest to their hearts and sent the campaigners a card of encouragement in Spanish through the CAFOD website. This was a great opportunity for our students to learn more about current issues in the Hispanic world, and they really enjoyed being involved in this global project.



SUMMER 2021

"Knowledge of language is the doorway to wisdom."

Roger Bacon

Year 12 Spanish Grammar Project

Our Year 12 Spanish pupils have really enjoyed taking part in our recent grammar project. Over the last few lessons the students have worked brilliantly in groups to create 'lessons' for their fellow students based on all the different tenses we have studied this year.

It was fantastic to see the range of imaginative activities they created including an online game, very detailed worksheets, and even a board game. Hopefully, this will be fantastic preparation for their upcoming mock exams.

Good luck, everyone!



MFL

Year 11 Transition Films

As part of their transition work, Year 11 MFL students have been watching films to get them used to what it is like studying a film at A-Level.

"The African Doctor" (French) is based on a true story about a man called Seyolo Zantoko, who moved with his family from the Democratic Republic of the Congo to a rural village north



of Paris. Year 11 really enjoyed watching it and said they would recommend to everyone! It is a touching story which will make you both laugh and cry. You can find it on Netflix.

"The Devil's Backbone" (Spanish) is a Gothic horror film set during the Spanish Civil War in 1939, so is a great way to learn more about this important part of Spanish history. Again, Year 11 thought it was a gripping film, and they enjoyed watching it! This film can be found on Planet E-Stream through Frog.



Both Planet E-Stream and Netflix have plenty of other French and Spanish series and films for you to watch as well.

Watching things in a foreign language (with subtitles) is a great way to practise your language skills. Why not explore this?

Let your teacher know your favourites!

SUMMER 2021

"Learn a new language and get a new soul."
Czech Proverb



Teacher Training at St. Anthony's



School Direct

Our 11 School Direct teacher trainees have made an excellent start to their teacher training programme, since starting at St. Anthony's in September. There are a few familiar faces among them, as 5 of our former pupils enrolled on the course this year. The trainees have observed a range of excellent practitioners in school; participated in training sessions covering all aspects of school life and are now delivering lessons with the support of their subject mentor. In addition, they are studying for their PGCE at Master's level through St. Mary's University, Twickenham.

Here are some of their thoughts about the training programme at St. Anthony's:

"The course is challenging but rewarding. Teaching the students and watching them make progress makes it all worthwhile. Every lesson I teach reminds me why I started this journey."

"It's been an eventful first term under the current circumstances! The school, including all of the teachers and support staff, have been so welcoming and this is one of the main things that stands out for me. I have felt supported at every opportunity, yet positively challenged at the same time. I'm already looking forward to the next half-term and taking on the additional responsibilities of teaching another year group."

We wish them well on their teaching journey!

We are delighted that all 6 of our school Direct trainees from last year secured a teaching role in September and have got their teaching career off to a fulfilling start.

Teach First

St. Anthony's has also recruited 3 Teach First participants for the very first time this year. They participated in an intensive summer institute course in July and August, where they learnt the theory and practice of education. They are now gaining lots of experience in the classroom; mentoring our Year 11 pupils in study skills and delivering their subject to the primary schools in our Multi Academy Trust. Teach First trainees are also studying hard for their Postgraduate Diploma in Education and Leadership.

Are you inspired to teach? Teacher Training recruitment is now open. You can apply via UCAS or for more information on the Teaching courses that we offer e-mail: enquiries@st-anthonys-academy.com FAO Sam Ward.

SUMMER 2021

Inspire the young by your teaching



The Show Must Go On... On Twitter!

With covid restrictions putting a dampener on our usual show week, we decided to mark the event by asking our past pupils to send us a video of them performing a song from when they were our leading ladies! We had an overwhelming response which saw nine of our past stars taking us on a trip down memory lane, and what stunning performances!

A huge thank you to:

Catherine Northorpe (Narrator, Joseph and the Amazing Technicolour Dreamcoat, 2013)
Hannah Trotter (Fagin, Oliver, 2014)
Emma Ford (Cinderella, Into the Woods 2015)
India Mason (Calamity Jane, 2016)
Alice Liddle (Maria, The Sound of Music 2018)
Charlotte Galloway (Maria, The Sound of Music 2018)
Madeleine Miller (Adelaide, Guys and Dolls 2019)
Dani Gomez (Dewey Finn, School of Rock 2020)

More information from some of these past pupils in our centre pages, and videos are still available to watch on Twitter: @StAnthonysMusic.

Terrific tutors

A big thank you to our wonderful team of instrumental and vocal tutors who have gone



above and beyond during lockdown and covid restrictions to make sure lessons could go ahead.

They have braved the world of teams



(and the lag!), made tuition videos...

Journeys of Hope with Mike McGrother

Our Year 10 GCSE class are currently involved in a BCCET project with local musician Mike McGrother where we explore local journeys of hope. We have been tasked with creating a song based on 'heroes and heroines' and Mike has been into school to help inspire us, and to tell us about his song-writing techniques. We have been lucky enough to be able to work with Year 10 artists and Year 13 drama students along the way.



MUSIC

LCM success!

Despite lockdowns, five of Mr Brown's pupils managed to achieve ABRSM exams – an amazing feat! Huge congratulations to:

Dionne Chapman	Grade 3 Piano with Merit and Grade 3 Alto Saxophone
Emelia Fishburn-Parkin	Grade 5 Alto Saxophone with Merit
Lucy Smy	Grade 5 Flute and Grade 5 Theory
William Stafford	Grade 6 Clarinet and Grade 5 Theory
Henrietta Walker	Grade 3 Flute with Distinction



SUMMER 2021

"Music gives a soul to the universe, wings to the mind, flight to the imagination and life to everything." Plato

JOSEPH AND THE AMAZING TECHNICOLOR DREAMCOAT

Joseph and the Amazing Technicolour Dreamcoat, 2013

My name is Catherine Northorpe and I played the narrator in the 2013 production of Joseph and the Amazing Technicolour Dreamcoat. This production was met with a particularly high level of excitement amongst students, as after a rich history of putting on operettas, it was the very first musical the school had ever produced! I'll always look back fondly on this time in my life and will never forget the buzz of opening night, or the absolute fits of laughter that ensued when 'Pharoah's' wig fell off mid-performance. I think even after all of these years, I can still recall ALL of the colours of Joseph's coat, and I'm sure I won't be forgetting them any time soon!

Catherine Northorpe, Class of 2013



Oliver, 2014

Where do I start with Oliver...it was the most fantastic show I have ever been in! I played the part of Fagin and it was the most rewarding experience that I have had in any musical. I was so submerged into the character that I started to pick up his mannerism in my day to day life away from the musical. The teachers, such as Miss Duncan and Mrs Dudley really pushed me to become the best version of myself in the role, I felt like I had completely transformed into the character in a way that I have never experienced before. I was able to fully express myself as someone else without feeling embarrassed. The full cast were an absolutely joy to work with, we were able to encourage and support each other throughout. It felt like a family! I would highly recommend for anyone to join a musical, even if you don't want a leading part being part of the chorus is so important and rewarding. After all there is no show without a chorus, just remember how important you are on stage!

Hannah Trotter, Class of 2014



Into the Woods

Into the Woods, 2015

My name is Emma Ford and I played Cinderella in the 2015 production of Into the Woods. This production was one of the most ambitious that I've ever been involved in, because the music was really complex and the vocal demands were very high. The production had to take place at the Royalty Theatre, because our old school hall was being knocked down so this added to the challenges but we all took it in our stride!

Emma Ford, Class of 2016



Calamity Jane, 2016

My name is India Mason and I played Calamity Jane in the 2016 production of Calamity Jane. I was notorious for getting my lines wrong and jumping around in songs, giving Mr Brown a heart attack! The talent was so high that we had a double cast to give as many people roles as possible, so I shared the role of Calamity Jane with Alice Liddle. I was so excited to get my first lead role in one of the productions and continued on to have many key roles in further productions too.

India Mason, Class of 2020



Cabaret, 2017

My name is Charlotte Galloway and I took a leadership role in the Cabaret and arranged a famous Wizard of Oz Medley... (it went on for 7 minutes and the whole musicals team have never forgotten it!) Being part of the school productions was a massive stepping-stone for me, as I have progressed to studying Music at university and love all things musical theatre!

Charlotte Galloway, Class of 2018



The Sound of Music, 2018

The Sound of Music, 2018

My name is Alice, I'm a former St. Anthony's student now studying music at Durham University! Every year, the school musical was an absolute highlight. One of my favourite experiences was putting on Rogers and Hammerstein's 'The Sound of Music' where I played Maria!

Getting to know students from different year groups, having great fun with both the cast and crew, and the excitement of show week are all perks of doing a school musical, and The Sound of Music offered all of this and more. Being a well known musical, everyone who was part of the show was so enthusiastic, and we all loved it even before starting the production. Seeing the show come together week by week is such a rewarding experience, especially when it can be shared between so many people. Rehearsals were always really fun, even in the final weeks before the show when things start to get stressful! I've made so many memories and lasting friendships, and I really wish I could come back and do it all again, because there really is nothing better than putting on a show at St. Anthony's... trust me!

Alice Liddle, Class of 2018



GUYS AND DOLLS

Guys and Dolls, 2019

In February 2019, St. Anthony's performed the vibrant Frank Loesser musical, *Guys and Dolls*. Premiering on Broadway in 1950 (and later becoming a popular movie in 1955), the show tells the comedy-romance story of illegal gamblers vs missionaries in New York, its lead characters including Nathan Detroit, Miss Adelaide, Sarah Brown, and Sky Masterson.

I was in Year 8 when the school did this musical, and was lucky enough to be cast as gambler Nicely-Nicely Johnson, a friend of Nathan Detroit's. This has been one of my favourite roles to date, as it really helped build my confidence and skills as a performer (plus the New York accent was definitely fun to play with!). I also had the opportunity to work with other students from different year groups, all of whom were amazing actors and inspired me a lot.

Funny, bright and bold, *Guys and Dolls* was an amazing musical to be involved in because of its intriguing range of characters and exciting American dance numbers. The show has provided me with some great memories, and I can't wait to find out what performances the school will be putting on in the future!

Gabrielle Collins, Year 10



School of Rock, 2020

I played Dewey Finn, the eccentric teacher at Horace Green School, in the school's 2020 production of *School of Rock*. I found the musical to be quite different to the school's previous shows and so it was a unique and fun experience for me and my peers during rehearsals. For example, me and some of the 'students' were able to play instruments live on stage. Performing the musical a month before the 2020 national lockdown, we had no idea about the future events, which would end up having a drastic effect on theatre around the world. However, because of this, I feel it has made the memories of the show much more special and memorable. **Danielle Gomez, Year 13**



The Cabaret, 2021!

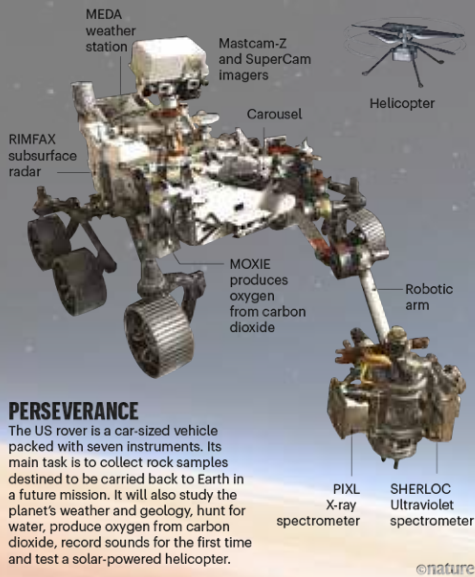
At first we were unsure that we would have a musical this year due to the covid restrictions. So when I found out about the cabaret, I was really excited and looking forward to starting rehearsals, whatever they were going to be like. We rehearsed in year group bubbles which was different to other years as we usually get to know everyone involved. But regardless, we are really looking forward to be bringing musical theatre back after such a tough time.

Madeleine Miller, Year 13

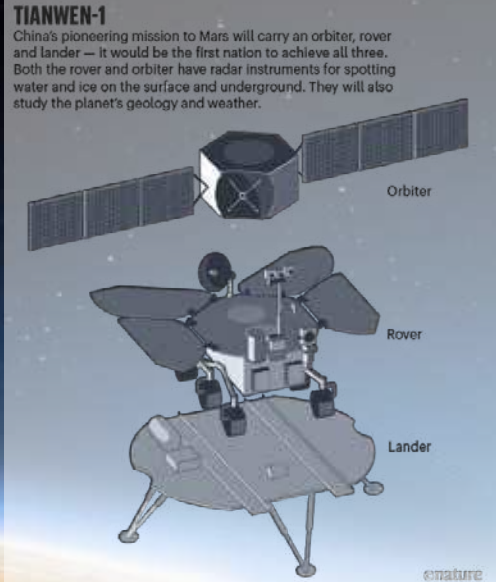


2021 = THE YEAR OF MARS

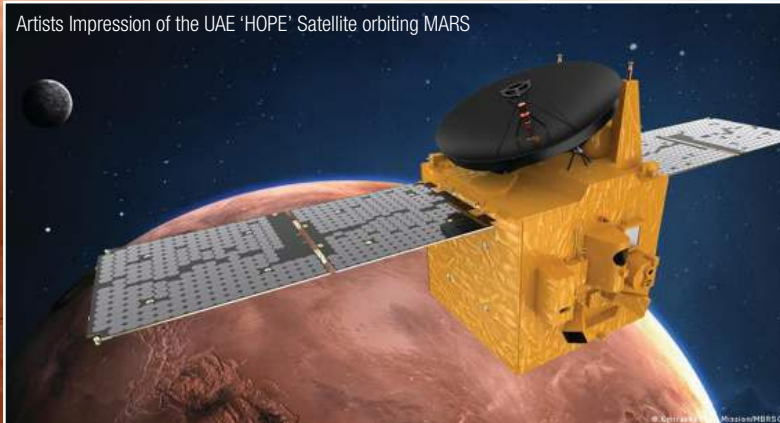
MARS is being investigated with increasing intensity as 3 countries have new Missions in progress. The USA has successfully landed the PERSEVERANCE ROVER and tested the INGENUITY HELICOPTER.



CHINA has launched the TIANWEN-1 with an ORBITER and a ROVER, while the UAE (United Arab Emirates) has launched the HOPE satellite from a Japanese Rocket and it is now successfully orbiting the red planet.



Artists Impression of the UAE 'HOPE' Satellite orbiting MARS



APOLLO MISSIONS 1967-1972 - First manned LUNAR landing.



NASA JOHNSON SPACE CENTRE (JSC) Coding and testing designs for MARS ROVERS

Sixth Formers from St. Anthony's and St. Aidan's have been carrying out their own projects and in 2016, 2018 and 2020 groups travelled to the NASA JOHNSON SPACE CENTER (JSC) in HOUSTON, TEXAS, to work on constructing, coding and testing their own designs for MARS ROVERS.



ARTEMIS MISSION 2024 – First Woman on the LUNAR Surface



MARS 2020 MISSIONS – PERSERVERANCE Rover on MARS Surface Feb 2021



"The sum of human wisdom is not contained in any one language."



Life at St. Anthony's

When I first started school, I was a little concerned about homework and the fact that we were the youngest year group. I am not always good at remembering to do things, and I feared I would forget to complete some homework! I knew I'd have to make sure I had everything I needed for different lessons with me, and I didn't know how I'd make sure I didn't forget.

I was also a little worried about getting lost, but I did feel that was part of the adventure of starting secondary school, and something I would get used to! Due to COVID, I have not been in all of the classrooms, but I do know the Year 7 area well. For homework, I found that just taking good notes to help you remember exactly what you needed to do was useful, and to do the homework at the earliest opportunity to ensure that it does not build up, causing lots of work due in, to be done at the last minute!

To help with organisation, I bought a big folder with different slots. I assigned a day of the week to each slot and put everything I needed for that day in that slot. Then, the night before I organised my bag using a checklist I had got ready.

I now have a large group of friends and I am happy.



Ashna Hassan,
7SAA

My year at St. Anthony's

There have been many things to do in school this year. I sometimes attend Badminton Club after school, which I enjoy, but best of all, I have been selected for Football Club! This is not just any normal football team- it is an opportunity for Year 7 students to come together to promote girls' football. There are 12 pupils in our group, and Mrs Laybourn has provided us all with the opportunity to participate in a live call with professional female football players. These players gave us information about their career, and told us how they have felt before matches. We have also taken part in activities to get to know one another and to make new friends. We are hoping to see more girls who want to take part in football in future.

It has been a great year at St. Anthony's for me!



Alesha Fannon, 7STO

Year 7 School Community

Thank you to our team of litter pickers for keeping the Year 7 area safe and tidy. In particular,

Penelope Frazer (7STO) and **Imogen Parkes** (7SAA) will regularly volunteer to help clean the yard.



SUMMER 2021

"Try to be a rainbow in someone's cloud."

Maya Angelou

Lockdown Poem Competition

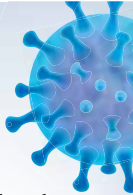
We held a competition in Year 8 to write a poem about Lockdown.

The winner was Ava Fawell – well done, Ava!

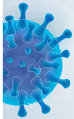


COVID-19 by Ava Fawell

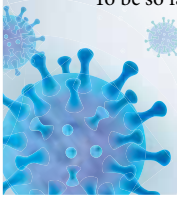
The world came to a pause,
Businesses shut their doors.
People stayed inside,
From the virus they did hide.
Faces were covered with masks,
While people completed their daily tasks.



School moved to home,
Children learnt on their own.
Lessons went online,
Some children found it fine.
Others found it hard,
To be so far apart.



A vaccine was invented,
Many deaths were prevented.
Statistics began to fall,
Improving life for all.
The end is now in sight,
For normality to re-ignite.



Year 8 PSHE 8SMo

During Form Time we have been learning about cyber bullying. We have been looking at what cyber bullying is, and what to do if any of us are a victim of cyber bullying. Along with discussions and assemblies, we also produced these posters to highlight important points:



Fighting the rubbish – recycling our plastic bottles

There are many reasons why we should recycle plastic bottles, from reducing pollution to stopping wasting people's time. Pollution can damage the environment, harm animals, and produce fossil fuels when they are manufactured – unless they are disposed of correctly.

So...please put your bottles in the bottle bags provided, and we will recycle them! Don't throw them on the floor, or in the bin. Please help save our planet!

Abigail, Ruby and Missy, 8SMo & 8ST



BOTTLES IN THE
BAG THANKS

Virtual Well-Being “drop-ins”

During Lockdown this year, Mrs Fairclough held virtual Well-Being “drop-ins” at lunch-times, and now we are back in school, this has continued.

Lunch time quizzes were also a big hit. Girls won lots of prizes and amazon vouchers! A big “Thank You!” goes to Della Mitchinson who helped organise the quizzes.

Here are some of the girls who took part and won prizes:-



SUMMER 2021

Some days you just have to create your own sunshine.



My Hobby

Hi, my name is Isobel McGeorge, I'm in Year 9. My favourite hobby outside of school is riding a horse called Henry. At my riding school, I have learned a range of techniques and skills. Through horse riding I have made lots of new friends and developed a real love for animals.



Year 9 Progress and Achievement

It has been lovely to be back in the swing of things this term. Year 9 have worked hard in order to settle into term three and to start preparing themselves for Year 10. Please see below for some of our highest achievers in Year 9 at this present time.



Sydney Coates 9ST 45 achievement points

Nikola Gorska 9SH 43 achievement points

Mikyla Jarrett 9SRa 39 achievement points

Erin Kelsey 9SMa 37 achievement points



Huge congratulations to 9ST, who are the form class with the overall highest achievement points, a combined total of 298 points. Please keep up the fantastic work! **Mrs Lancaster**

Accelerated Readers 9SH

Congratulations to **Angela Howson** (Left) and **Bethany Briggs** (Right)



for constantly achieving Accelerated Readers 1st prize throughout this year, Bethany is currently just in the lead with 77 points in the Year Group. Well done!

Well-being Club – A Year 9 Perspective

I think that well-being club is really helpful. It has helped me to talk about how I am feeling. Well-being club also has a nice environment. Even though all teachers are supportive at St. Anthony's, the teachers that run the club (Miss Cousin and Mrs Hinds-Hadley) are always there to talk.

One week, Miss Cousin let us bring in something we love. My grandad lives in Cyprus so I have not been able to see him due to COVID-19 and lockdown. My grandad sent a video into school, talking about how great it was that we had the well-being club at St. Anthony's and how proud he was of me. It was nice to hear this from him and gave me so much confidence.

Molly Brettell, 9SJ

Badminton Club

Last week we participated in a badminton competition that was led by the PE department.

Over the past few weeks, we have been improving our techniques and improving our performance leading up to the competition. Medals were given out to the winners including **Stephanie Little, Rosy Robin, Atheena Alonzo**.

Badminton has been fun and exciting, we have learned lots.

Madeleine Watt (9SMo)



SUMMER 2021

You are capable of amazing things

Year 10

2020/21 has been a challenging time for us all. Covid-19 has changed many things around school, and the students have had to spend a lot of time working independently at home. However, despite the challenges they have faced, Year 10 have risen to the occasion, and have performed incredibly well. They have not let the uncertainty of this period deter them from the importance of their learning, and their attendance and behaviour likewise reflects this.



Miss Simpson's English class working hard!

Miss Prestwood and I would like to take this opportunity to say "Well done!" to all our students on this challenging, but very successful, year. **Miss Clarke**

100% Attendance

Despite the difficulties that Year 10 have faced since returning to school under Covid-19 restrictions, they have not let this get in the way of their determination to succeed, and the following girls all have 100% attendance as of May 28th 2021. Well done, ladies!

Birtley, Kaitlyn	Kasomba, Daniella
Braimah, Jael	Land, Ellie
Butler, Caitlin	Medhurst, Anna
Cammock, Alice	Mills, Jennifer
Chen, Yu Wei	Redman, Katie
Child, Martha	Robinson, Lilia
Collins, Gabrielle	Salmon, Emily
Cooper, Evie	Siby, Namitha
Goldsmith, Aimee	Wong, Felicity
Gordon, Teigan	Wyness, Helena
Holder-McNish, Lily	



Peer Support Mentoring Program

Six students gave up their time to train as Student Peer Supporters (referred to as 'Mentors'). Once Covid restrictions ease, these six Year 10 students will deliver one-to-one peer support to students in Years 7 & 8 who have been identified by our Academy as 'in need'. The Mentors experience a process of self-development throughout the training/process, and they learn to provide 'help' to their peers, while also developing compassion, and building up skills in responsibility and leadership. The mentees are 'helped' to make sense of, and understand, themselves and others, thereby developing resilience and problem solving skills. I think you will agree that the students who have volunteered their time have shown a true commitment to Catholic life, and to the Mercy ethos of the Academy.

Supporting our students with the Year 11 mentoring programme

Many of our Year 10 students have recently been assigned a staff Mentor who will help to support them through the next few weeks. Mentoring is a great way to boost academic achievement, and our programme has been very successful for a number of years. Please encourage your child to attend their mentoring sessions and make the most of the help and support on offer. Mentors can help with a whole range of issues and topics such as how to: revise, organise time, make revision notes and look at career choices. We all understand the pressures facing our students during these difficult times, and we want to ensure they are well equipped to deal with the challenges which lie ahead.



SUMMER 2021

You have the power to shape your own life.

PASTORAL YEAR 10



Year 11

Since the return to school at the beginning of March, Year 11 have been extremely busy and hardworking carrying out assessments of various types to provide evidence for the centre assessed grades. We have been extremely proud of the way in which they have conducted themselves during this stressful time. This came at the end of a challenging year in which they were affected by the global pandemic in so many ways.

On Wednesday June 9th they had a lovely liturgical service organised by the chaplains and Sister Josepha. Representatives from the year group read beautifully. Everyone was presented with a record of achievement in a folder to keep their certificates in. Unfortunately, due to social distancing regulations we were not able to invite parents. We are proud to announce that the following pupils achieved subject prizes and that the annual Head Teacher awards were presented for all round effort and achievement across a range of subjects.



Fine Art and Head Teacher Award	Thea Cojocar
Biology	Nina Frankland
Business Studies and Head Teacher Award	Jessica Robinson
Chemistry and Head Teacher Award	Hrishita Mahamuni
Childcare	Jessi Fairless
Contribution to Academy Life and Head Teacher Award	Nina Frankland
Combined Science and Head Teacher Award	Freya Dickman
English	Jean Hedley
English Literature	Thea Cojocar
Food and nutrition	Neve Judges
French	Esther Ogunbode
Geography	Jean Hedley
History	Hrishita Mahamuni
Mathematics	Hrishita Mahamuni
Music and Head Teacher Award	Eve Cole Charlotte Gomez
PE and Head Teacher Award	Lucy Potts
Photography	Tahlia Kennedy
Physics and Head Teacher Award	Jean Hedley

Product Design	Hrishita Mahamuni
RE	Thea Cojocar
Service to Chaplaincy	Lola Galano
Spanish and Head Teacher Award	Emma Cooperwaite
Textiles	Dannah Mape
HT Award	Emilia Hall
HT Award	Siya Bhalla
HT Award	Matilda Charles
HT Award	Navami Jayan
HT Award	Lucie Pells
HT Award	Lucy Outhwaite
HT Award	Eva Finkel
HT Award	Anna Foster
HT Award	Daniya George
HT Award	Grace King
HT Award	Millie Balcombe
HT Award	Sandra James
HT Award	Georgia Parkin
HT Award	Melissa Riley
HT Award	Lakshita Srinivasen

SUMMER 2021

"Never doubt that you are valuable and deserving of every chance in the world."
to pursue your dreams." Hilary Clinton

Year 12 Law Careers Event

This term we were fortunate to have a virtual Law event delivered by the Law Departments of Sunderland University, Northumbria University and Leeds Beckett University. The event was attended by a large group of students who either study Law, or are interested in Law as a career. The University Law professors outlined their different courses and the routes into the many careers available within the legal profession. The group also had the opportunity to talk to current undergraduate Law students, including a former St. Anthony's student, Penny Jones, who is the current President of the University of Sunderland Student Law Society!



Penny Jones

Year 12 Careers Events

This has certainly been a challenging year for Sixth Form students. Careers events and Work Experience placements have all had to be virtual.



This term we have had an Alumni Careers talk led by three former St. Aidan's students who now have successful careers in global businesses. The whole event was inspirational and showed how exciting and diverse a career in industry and business can be.



UCAS Discovery Day

Another event that went online this year was the UCAS University and Apprenticeships Exhibition. This was a mixed success as clearly, UCAS technology had not anticipated the huge demand and was not able to cope. Many students struggled to get online for the UCAS talks. The individual University and Apprenticeship providers were much more successful, and the vast majority of students were able to access some excellent and helpful virtual events.



Year 13 Presentation Liturgy

Year 13 were able to celebrate their last time to all be together with a lovely presentation Liturgy Service. This was a chance to pray and reflect after the difficult experience of the last 18 months and a time to celebrate student achievements and resilience with the presentation of subject Awards. The students were delighted to have the opportunity to have a photograph taken with their awards for their parents to keep.

The students received their leaving certificates, a pen and a gift of some seeds to symbolise hope for the future.

The students are looking forward to a new beginning, hopefully with fewer Covid restrictions at University or apprenticeships in September

The Sixth Form Pastoral Team wish them all the best for the future and we will be available to provide support and guidance on results day or indeed beyond.



SUMMER 2021

www.st-anthonys-academy.com



Year 13 Charity Car Wash at St. Joseph's Primary School

The Sixth Form Pastoral Team are so proud of our Year 13 students. They have faced a Sixth form experience like no other. They spent much of it on their own, anxious and uncertain in lockdown but when they returned to Sixth Form they still put the needs of others first.

On Sunday 6th June they organised a sponsored charity car wash and burger event at St. Joseph's Primary School. They raised **£1806.79** and the money is going to provide clean water and medical supplies to countries torn apart by conflict.

George Alwin Year 13 commented, "Everyone had said that they enjoyed the car wash and food and the sixth formers saw this as an opportunity to give back to the community, while raising money for charity. One last time before leaving for university. Some of the teachers had come down, and we wanted to thank them for being so supportive of us these past two years.

Well done and congratulations to everyone involved you are a fantastic group of young people.

You are all a credit to your families and the school. We wish you all the best for the future.

EPQ 2020

The Extended Project Qualification is an independent project, which pupils can undertake in Year 12, and complete in Year 13. This allows pupils to cover an area of interest to them outside of their normal studies in much greater depth. Most pupils choose to write a written report as part of their project, but they can also produce videos or artefacts if applicable to their chosen topic. The EPQ is always popular and we have had some excellent results over the past few years.

11 of our Year 13 pupils carried out and completed Extended Project Qualifications this year.

Their projects covered a range of interesting subjects such as the reasons for the breakdown of relationships between the York brothers, women's positions during the French Revolution, treatments for malaria, and investigations into causes and treatments of dementia. Pupils worked independently to research their topics, and, despite

Lockdown, were able to produce some excellent written reports and interesting presentations. Pupils were able to explain their projects confidently to other pupils and staff, and they really became experts in their chosen topics.





Year 13 Subject and Pastoral Awards

Congratulations to all of Year 13 who will be leaving this Summer, and to all of those who have received awards. You have worked so hard through difficult circumstances for two years. Good luck to all of you in your next steps.

Art Award	Caitlin Patterson
Biology Award	Aparna Saji
BTEC Business Award	Ella Chadderton
Business Award	Yasmine Rathore
Chemistry Award	Fiona Felix
Children's Play Learning and Development Award	Olivia Morton
Classical Civilisation Award	Eve Jackson
Core Maths Award	Yasmine Rathore
Drama and Theatre Studies Award	Danielle Gomez
Engineering Award	Joseph Drew
Economics Award	Angela Eligio
English Language Award	Grace Finch
English Literature Award	Lydia Stoker
Fashion and Textiles Award	Caitlin Finlayson
French Award	Caitlin Patterson
Further Maths Award	Amna Al-Sulemani
Geography Award	Christen Rayner Sophie Snowball
History Award	Lydia Stoker
I.T Award	Luke Brown
Law Award	Annette Toji
Mathematics Award	Aparna Saji
Media Studies Award	Jess Hardy
Music Award	Catherine Burke
Photography Award	Lucy Coyne
Philosophy and Theology Award	Adam Robson
Physics Award	Laura Galley

Politics Award	Grace Abbott
Product Design Award	Aimee Crann
Psychology Award	Hannah Dunnett
Sociology Award	Katie Stephenson
Spanish Award	Catherine Burke
Sport Award	Kate Morris
Service to the Academy Award	Oluchi Davidson Sophie Dodd Chloe Donkin Aqeelah Ferdous Jose Manuel Abby Phillips
Service to the Community Award	Mahir Ali Aqib Bakth Munah Boresli Fiona Felix Saleh Huda Sarfaraz Hussain
Sixth Form Council	Thomas Bainbridge Lily Bowden Bernie Busil Lian Espiritu Caitlin Finlayson Chloe Forster Laura Galley Jacob Hewitt Olivia Jackson Lubabah Khatun Rebecca Mattock Caitlin Patterson Kian Percival Abby Phillips Taylore Ross Lydia Stoker Ella Surman-Wells



SUMMER 2021

"The best thing you could ever do is believe in yourself."



Badminton Club

It was wonderful to be able to bring back our extra-curricular programme in 2021. Due to the restrictions we were limited to delivering clubs within Year group bubbles but it was wonderful to invite students to participate in, and compete at, Badminton Club.

We hosted several fantastic competitions in which the students played in a tournament against their peers for the chance to win a medal.

Year 7 Badminton Tournament: Winners: Elizabeth H & Laura C



**Year 8 Badminton Tournament:
Winners: Alyssa M, Mikaela S, Lian L, Neve G**



**Year 9 Badminton Tournament:
Winners: Thrisha B, Atheena A, Rosie R, Deborah A, Stephanie L, Maya H**



**Year 10 Badminton Tournament:
Winners: Rachael R & Emma C**



St. Anthony's Leadership Academy

Congratulations to all the St. Anthony's Girls' who were selected to join the St. Anthony's Leadership Academy. The girls formally applied for their roles, and have recently attended online leadership training sessions with Tyne and Wear Sport.

The leadership girls will be organising and fronting activities and competitions in the Summer term. Well done, girls; this is a great achievement!

Year 8: Hannah E & Abigail E

Year 9: Hannah H Year 10: Grace E

Move in March – PE Competition

The PE department hosted a PE competition from Monday 15th March-Friday 26th March. This involved taking part in a 2-hour exercise challenge. Pupils had 2 hours to complete as many of the activities in the table below as possible. Pupils could complete the activities all at once, during Extra-curricular Fitness Club, or spread the 2 hours across the week/weekend. They could only complete each exercise once. Congratulations to all our Key Stage 3 winners!

Year 7: 1st Elizabeth H

Year 8: 1st Eva S, 2nd Mikaela S, 2nd Molly F, 3rd Louisa M

Year 9: Hannah H

1 point	2 points	3 points	4 points	5 points
20 burpees	20 squat jumps	50 jumping jacks	30 tuck jumps	1 mile walk
30 sit ups	Plank for 1 minute	12 x 5m sprints		1 mile run
20 Press ups	20 Mountain climbers	50 calf raises		3 mile run
30 squats	30 lunges	50 high knees		2 mile walk
		25 x 5m sprints		
		50 step ups		
		50 punches		

PE Diary Competition

The PE Department would like to congratulate the following students for entering and winning the PE Exercise Diary competition in the Spring term. Each student completed a very thorough exercise diary, which included a variation of physical activities undertaken during Lockdown. Well done, girls!

Year 7: Daisy V Lexi G Precious M Molly C
Year 8: Lydia T Anna P
Year 11: Charlotte S



SUMMER 2021

Winning isn't the point. Wanting to win is the point. Not giving up is the point. Never being satisfied with what you've done is the point. The game is never over.

Game of Our Own Football Programme

Our Year 7 girls have been given a very exciting opportunity thanks to a programme organised by the FA and Youth Sport Trust. The 'Game of Our Own' initiative is aimed at improving participation in Football amongst KS3 pupils, and its purpose is to use girls in the same age group to act as Leaders and 'Marketeters'. On 5th May, our chosen Year 7 girls participated in a live, virtual event that was rolled out nationally by the Youth Sport Trust. The event involved several successful female athletes delivering speeches about why peer influence is so important for improving participation. The girls also participated in some practical workshop events that encouraged the use of team work. The overall aim for the girls' training this year, is for them to learn how to lead a whole Year group event in the sport. This will take place during National School Sports Week, and we are very excited about the prospect of so many of our girls getting involved!



National School Sports Week

Save the date: Monday 21st June

Opposite are the details for a week-long event for ALL schools in Tyne & Wear to connect young people across the county to celebrate and embed the importance of daily physical activity. We will be participating all week in PE lessons and extra-curricular activities. We can't wait!



Football Competitions



Year 7P3

Winners: Purple team



Year 8P8

Winners: Black team



Year 8P2

Winners: Black team

Sports for Champions UK

The Year 8 girls will be taking part in a fund-raising event on the morning of Wednesday 7th July. This is a fantastic opportunity to meet an inspirational athlete.

They will be participating in a fitness circuit led by Stephanie Inglis, Silver Commonwealth medallist in Judo! After the fitness circuit, the girls will listen to a motivational speech about how Stephanie achieved her silver medal.

All funds raised will be split between helping support up-and-coming athletes reach their goals to become Olympians, and the school for much needed equipment.

Look out for an update in the next issue of Spotlight.



Follow the PE department on Twitter to keep up-to-date with all the latest news, events & results:
@PESAnthony

SUMMER 2021

*The secret of the game is in doing your best.
To persist and endure.*



Out of school sport

Meet the 'Elliott' family

Mia has recently changed disciplines (due to medical reasons) so she trains when she can. Over just a few hours, she has made vast improvements – she has learned knee skills and routines. She is now in Team Gym, and is an integral member of the floor routine. Although she cannot train all the time with the squad, she has been asked to compete at the English championships in October.



In March, Hannah took part in a virtual Zoom competition, competing with a big club down South. She came 3rd overall in the 'out of age' category for her final elite compulsory grade, (obviously they could not do their normal things, but it was assessing the hardest section, which is the range and conditioning set). Hopefully, this is putting her in a good place and mind frame for when we return to competitions.

Since this competition was held, Hannah has been selected to represent the North on the North Regional Squad and is now (depending on Covid restrictions) working towards representing the region at some competitions later in the year!

Grace unfortunately had to retire from Sports due to joint issues, but she has not let that stop her from being involved in the sport that she loves. Grace currently assists with a squad group of 5-year-olds in Women's Artistic, and she also assists senior squad trampolinists. She has made a definite impact, and is going to be completing her first formal Coaching qualification in September. She will also be taking Judging qualifications.



Libby Morton (Year 9)

is in her second year of playing U15 Cricket for Durham County at the Emirates Riverside Stadium in Chester Le Street. She also plays for the Philadelphia Ladies team each week. Well done, Libby; we hope you're enjoying the season!



Elizabeth Hughes (Year 7) & Hannah Hughes (Year 9) compete in athletics track events for the Sunderland Harriers.

In their most recent harriers Gran Prix, Hannah competed in the 400m, and Elizabeth in the 200m.



Keep up the hard work, girls, and enjoy the Summer athletics season.



Schools' Football Week is an ESFA initiative designed not only to highlight the huge scale of Schools' Football in England, but also as an opportunity for schools, teams and clubs from all across the country

to embrace Schools' Football and the wellbeing benefits it provides to pupils and players. The main focus for Schools' Football Week 2021 is to provide an opportunity for children to get outside, have fun, and enjoy being able to play sport with their school friends, competitively or otherwise.

St. Anthony's ran a very successful Football competition during Key Stage 3 PE lessons to take part in Schools' Football Week.

SUMMER 2021

"Teachers who love teaching, teach children to love learning."

PSHE and RSE

During lockdown, pupils were provided with a variety of resources to help with their mental wellbeing, they were encouraged to engage in mindful colouring, meditation and other calming activities. Pupils who missed their SRE rotation were also provided with online learning tools from Ten Ten, our Catholic Education Service approved resources.



Since their return to school, pupils have been studying a range of topics from online bullying, using the BBC Documentary led by Jade from Little Mix to climate change, looking at the work of Greta Thunberg. They have also been thinking about building their mental resilience and developing their understanding of appropriate language.

Finally, pupils in Year 8 and Year 10 have taken part in a city wide health survey led by Together for Children. Also, all pupils from 7-11 were given the chance to watch an online theatre production called 'How Are You' which was aimed at helping them learn how to cope with daily pressure and build their resilience.

Introducing the Peer Mentors!

We are very proud to introduce our new Peer mentoring team made up of **Isabella Shields, Claudia Howard, Eden Jubb, Leah Young, Lucy Smy and Jessica Kelly.** These students have been trained in their new role by professionals from the Anna Freud Centre and are keen to be able to start their new mentoring roles. The students will support younger students in school on a 1:1 or small group basis and work with a team of staff to support the well-being of their fellow students.



Wellness and Well-being groups

Mental health and well-being has been a very important focus of our school community this year. Well-being groups have started up across the school and are attended weekly by many students in Years 7-11. In all year groups, staff and students have focused on practical activities to stay mentally healthy and support each other. Pupils have worked on mini projects on the topics of resilience, staying emotionally healthy, mindfulness and dealing with stress. This hopefully, has helped many students cope better with all of the challenges this year has thrown at them!

Mental Health Week

The past year has had a detrimental impact on the mental health of many young people and adults and we used Mental Health Week to offer support and information to staff and pupils in school. Mrs Tomlin organised assemblies to be delivered virtually by our new Peer Mentors' Group and Mrs Moran prepared a Powerpoint, which was shared with pupils in form time. The theme was how to support friends who are struggling with their wellbeing, which we know that many pupils have done during Lockdown and continue to do so in school.

Following a successful application for a Wellbeing Project Grant, the school was awarded a grant of £500 from the Sunderland Mental Health Charter Mark and Young Carers' Centre. This will be used to finance our Wellbeing Activity Group this term, where some Year 7 pupils will have the opportunity to get involved in crafts and technology activities after school. There are sessions beginning after half term and our students will have the opportunity to work with clay, textiles and food.

SUMMER 2021

"Happiness is the lightest form of health."

Dalai Lama



Getting to know the RE Department: Mrs Brickland's favourite Bible passage.

When asked to write about my favourite passage from the Bible I did not have a moment's hesitation in choosing the story of 'The Woman at the Well'.

This Bible story explores themes of sexism and racism, teaching a lesson of kindness and humility, relevant to our society today. The passage focuses on a woman who is shunned by the community for having many husbands, and for being a Samaritan (a member of a race who were despised by the Jews). To avoid her neighbours and their contempt for her, she was forced draw water from the well at the hottest part of the day.

One day, Jesus was by the well but without a jug to draw water. He asked the Samaritan woman if He could drink from her water, and she was shocked: it was unheard of for a Jewish man to speak to a Samaritan woman, let alone ask her for a favour. Jesus spoke to her with kindness, told her He knew that she was a Samaritan, shunned by the community for having many husbands, and revealed himself to her as the Messiah.

By ministering to her, and accepting her with compassion and love, we realise the humility and bravery with which Jesus met others. He was able to overcome the societal prejudices of his time, and speak to the Samaritan woman as a fellow human being and an equal. With this, we can all learn to be kinder to those who seem different, braver in the face of prejudices, and more united in our shared humanity.

Year 7 – Why we love RE!



Year 7 recently wrote about how they have found RE in their first year at St. Anthony's.

One student wrote, 'I love RE because you can learn about different beliefs and share your own.'

'I have loved learning about Judaism and the different Jewish practices.'

Another wrote, 'RE is my favourite lesson because it is very fun! I feel like I learn interesting new things all of the time!'

And finally, 'I love RE because we learn about Jesus and how He died. I love my teacher because she makes lessons fun and is always really funny!'

Well done on a great first year in RE, Year 7!

World Religions Club 2021/22



Next year the RE Department will be running a World Religions club, with the aim of highlighting the similarities between faiths – as well as showcasing what makes them unique! The club will be run for students in Years 7-9, and will be an exciting way of gaining an understanding of the different cultures and faiths that can be found around the globe, as well as here in Sunderland. So, if you have ever wondered what types of food are Kosher, who Vishnu is, or what a Sikh believes, then this club is for you!

Knowledge Building – Lego Style!

Recently, Mrs Fairclough's class found inventive ways of showing their understanding of the Paschal Mystery – through using Lego to depict Jesus on the cross, and at the Last Supper! The girls loved this creative way of retelling stories from Mark's Gospel, and can't wait to do it again.



Virtual Convent Tour – Year 7

Despite the current UK COVID restrictions, our Year 7 students were lucky enough to receive a virtual convent tour from Sr Josepha and some of the other Sisters of Mercy.

On their arrival here at St. Anthony's, many pupils have questions involving the Sisters of Mercy and their everyday lives and this was a fantastic opportunity for them to see it for themselves. "I loved it, and it was so nice to see what the Sisters do and how they live," said one Year 7 pupil. Many other of the girls said that they can't wait to be able to visit the covenant and the Sisters in person once they are able.

The girls learnt about the history of the convent and about how it came to fruition here in Sunderland; they also learnt about what the Sisters do in their day-to-day lives. At the end of the tour, the girls were given some chocolate and juice, and this allowed the girls a chance to reflect on the power of giving and Mother Catherine McAuley's lovely saying: 'No matter how small the gift, God gives the increase'.



SUMMER 2021

Creating a healthy mindset is an investment in your own overall well-being.

Spotlight on a Past Pupil and Science Superstar!

Hi, my name is Jessica Caffry. I'm 31 years old and I work as a Senior Research Scientist. I attended St. Anthony's school and Sixth Form from 2001 until 2008. I still refer to St. Anthony's as MY school even now, and my best friends from school are still my best friends now – all 13 of us. We didn't realise it then but St. Anthony's really provided us with the tools required to thrive as adults, especially as women, through university and beyond.

I studied Biology, Chemistry and Law for my A-Levels and did Maths at AS level. Although I found my A-Level studies challenging, I got lots of help and support from my teachers, and was able to secure a place to study Biomedical Science at Northumbria University. I am so happy it turned out this way! My degree was amazing; it was focused on NHS scientist training and therefore was very hands-on. This is something to consider when applying for a Science course: choose one that is delivered in a suitable learning format for you!

I decided to go into scientific research rather than the NHS, and began a Masters degree (MRes) in Cancer at Newcastle University. Here I started to think like a researcher, as I began developing a drug target for Leukaemia. Following on from this I applied for many PhDs while working as research technician in industry. In this position I fell in love with the application of research to real life, developing technology that would directly help millions of people. Instead of a PhD I worked my way up the career ladder, and just a few years/jobs later, I now lead scientific teams working on SARS-CoV-2 and Tuberculosis diagnostics. I am also responsible for a Category 3 laboratory where we handle extremely dangerous microorganisms – the responsibility is quite daunting at times, but I love it!

My company, QuantuMDx, is a very cool place to work. I have been given great opportunities to progress as a (relatively) young scientist, with the added benefit of travelling around the world! Please get in touch with us if you are looking for an industrial year placement during your BSc. I would love to take on a St. Anthony's girl! And in the meantime hang on in there. I know at times school can feel overwhelming but, trust me, it will be worth it in the long run!



Some of the brilliant women I work with



A photo of me enjoying myself in Cape Town where I collaborate with academics on TB projects



A photo of me deploying our first state-of-the-art SARS-CoV-2 RT-PCR diagnostic device into NHS

SUMMER 2021

EXPERIMENT, fail Repeat.



Reasons for Studying A-Level Biology

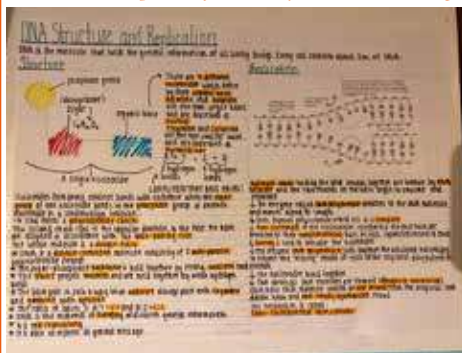
Biology is a popular A-Level subject in the Sixth Form. Here are a few comments from current Year 12 students, and some examples of the work they have done this year.



A great description and diagram depicting how DNA replicates ready for cell division by Liam

'Biology, as a subject, inspires learning. It is a natural pathway to further studies such as Pharmacy or Biomedical Sciences. The course covers a wide range of topics including organ systems, the immune system, genetics and habitats, and food chains. As one of the most versatile subjects, it is a must-take course for any budding scientist, with the options after it ranging from Botany to Biotechnology. I wish to study Medicine at university so it was a natural progression from my GCSEs to continue with my learning of Biology.' E.H.

'Biology is a fascinating subject that opens your mind to the deeper meanings behind the science of life. I chose it because I want to study Medicine at university, but also because I have a passion for the subject.' James Lacdang

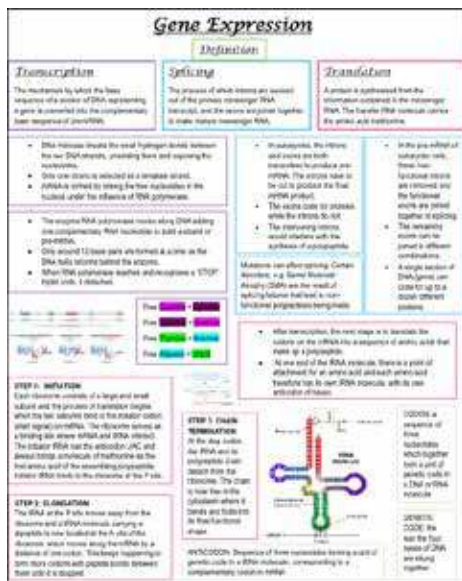


A very detailed description of the structure of the DNA molecule and how DNA is replicated by Rachel Wigham 12B1. DNA structure and replication were proposed by Franklin, Wilkins, Crick and Watson in 1953.

'Taking Biology opens up many opportunities for careers in Science. The topics we study are so interesting; there is always more to learn and discover.' T.F.

'I chose Biology as I would like to pursue a career in Microbiology which is an area that really interests me. Biology A-Level is very interesting and enjoyable. If you are motivated and determined to learn and reach a specific goal, you will do well in the subject.' M.N.

'If you want to widen your understanding of the world around you, take Biology. It is the most interesting subject I study, and helps my knowledge in Geography. The workload and knowledge covered at A-Level is much greater than it was for my GCSE studies, but is more academically rewarding, and therefore a worthwhile choice.' Charlotte Woods



A great description of gene expression by Eleisha Carr-Hewison 12B1, showing the role played by mRNA and tRNA in the process.

'Studying Biology is a choice which requires dedication and a love for the subject. It is, for me, the most interesting of the Sciences, as it opens up so many doors to a wide range of careers. I chose Biology as I hope, in the future, to study Neuroscience – just one of the pathways that A-Level biology can lead you down. The jump from GCSE to A-Level Biology is quite high, but with hard work and enthusiasm, the subject is great.' Jessica Summerside

SUMMER 2021

"Science is a wonderful thing if one does not have to earn one's living at it."

Albert Einstein

Why study A-Level Chemistry?

Here are some answers from Year 12 Chemistry students.

My name is Harry Foster. I am currently doing three subjects at A-Level: Chemistry, Maths and Biology, and I'm aspiring to go to university and study Medicine there. I have thoroughly enjoyed Chemistry so far. Learning about the chlorination of the ozone layer, and what effects chemicals can have on humans, are topics that I did not expect to see in Chemistry. They were interesting additions to the already intriguing course! Chemistry will be extremely useful to me in the future, as it can lead on to so many diverse job selections from Chemical Engineering to Forensic Science. Yes, the opportunities open to Chemistry students are limitless!



Hello all. I am SK, a Year 12 student, and I'm studying A-Levels in Chemistry, Biology and Spanish. I chose A-Level Chemistry as I have always



how everything around us is composed of atoms. Choosing

A-Level Chemistry has enabled me to see things from a new perspective, and has helped me a lot in Biology, e.g. seeing how the body responds to an excess or deficiency of some substances and chemicals. Something that I have particularly taken interest in is intermolecular forces. For example, do you know why ice cubes float in water? It is because the hydrogen bonds between the water molecules take up so much space that the density of the cube is lower than that of the water. Chemistry will help us in the future by providing medicines to many diseases, with new discoveries and inventions. I would recommend A-Level Chemistry to you all as I think it is a fun and interesting lesson to study, and can open up many doors in the future.



My name is Michelle and I'm a Year 12 student currently studying Biology, Chemistry, Mathematics and Physics. I chose to study A-Level Chemistry as I have always liked all the Sciences and found the Chemistry content covered at GCSE very interesting. Through this course, I hope to deepen my understanding and develop a better grasp of Chemistry concepts. While this year has presented unique challenges in learning, the support from teachers has been great nonetheless. I have particularly enjoyed learning about nomenclature – there is more reasoning behind the naming of compounds than I thought, and it's fascinating! I'm really looking forward to being able to complete practical work, putting into practice the theory we have learnt so far, and seeing it in action.

A-Level Physics: From Year 11 to Year 12

Moving on from GCSE to A-Level is always a key time in a student's life and this year it has been extra challenging due to Covid restrictions. We have interviewed the current Year 12 students about their first year of A-Level Physics, and their hopes and plans for the future. We hope you enjoy reading about their journey; for those of you in Year 11, their answers provide some good advice, no matter what A-Levels you are choosing to study in September.

Why have you chosen to study Physics at Sixth Form?
It's interesting, and will help towards an Engineering degree. Compliments my Engineering course. Links together my subjects. I like it! Curiosity of how things work outside the classroom. I want a career in Physics. I like to learn how things work. It's an exciting subject that allows me to understand the world around us. Understanding how the Universe works.

What have you enjoyed?

Quarks. The independent working. How optics works.

Particle Physics. Learning Physics in more depth. I've enjoyed the lessons with their humorous moments!

What has surprised you?

How simple some aspects are while others are inordinately difficult. How hard some parts of Physics can be. The amount of work. The lessons are relaxed but involving and innovative, especially with the effects of COVID- 19.

What was your favourite moment?

Getting an A on a key assessment. Working in teams. When I figured out why plastics come out of the dishwasher wet while ceramics are dry!

Where do you see yourself in the future?

Engineering apprentice. Degree in Physics. Completing a medical degree to become a doctor. Aerospace engineer. A job that entails problem-solving.

What advice would you give to the younger you starting Sixth Form?

Revise for a short time every day. To start revising earlier. Be more prepared. Make summary notes after every lesson. Research the content.

SUMMER 2021

The science of today is the technology of tomorrow.



Key Stage 3 Science Activities

Year 7 – Electricity Safety Posters

In Year 7 Science, students have recently completed the topic of Electricity during which they learned how to draw electrical circuits, including the symbols for each component.

As part of the topic, we discussed the dangers of using electricity, and then the girls created posters that describe how to use electricity at home and in the classroom safely. Here are three examples of posters from 7SF1.



Some fantastic safety tips and illustrations by Amelia Donneky.



Very well drawn circuits and components by Madeleine Green.

Year 8 – Genetics Posters

Year 8 Science students have recently been studying the topic of Genetics and Evolution. In this topic they learn the importance of DNA and genes, how they are inherited, and how they create variation. As part of the topic, we discuss why identical twins are more similar to each other than fraternal twins are, and how both genes and environment contribute to our characteristics.

Here are some examples of the posters that 8SW2 created to explain the topic.



Freya Stockley has created a colourful poster with some good diagrams



Very detailed explanations in this poster by Nyka Dementeverde



Great table comparing similarities and differences between identical twins in this poster by Izzy Abraham

ST. ANTHONY'S SKI CLUB 2021

Ski Club provides an excellent opportunity for pupils to learn a new skill, enjoy physical exercise, make friends with fellow skiers throughout the school and possibly travel abroad to ski on snow.

Ski lessons take place each Friday at Silksworth Ski Slope, starting at 4.15. Be there at least 15 minutes before the start of the lesson for the issue of skis and boots.

Skiers must make their own way to and from the ski slope.

Please be aware that skiing will involve falling down, bumps, bruises and injury in the early stages. It is, nevertheless, an exciting and rewarding sport which has led our girls to racing in National and International events as well as to careers as Ski Instructors.

Skiing is available to all pupils from Year 7 upwards and parents may also join in if their child allows!

SKI CLUB DATES AUTUMN TERM

Fridays

September	17th	24th		
October	1st	8th	15th	22nd

Half-Term – Fridays

November	5th	12th	19th	26th
December	3rd			

ST ANTHONY'S SKI CLUB 2021

At the end of term there will be a full day excursion by coach to the X-Scape, Snozone in Castleford, Yorkshire where the Ski Club members will be able to Ski on SNOW.

SATURDAY DEC 11th X-SCAPE SNOZONE TRIP



NEXT SKI TRIP Europe by Coach (tba) EASTER 2023



SKI CLUB RULES

- Obey Instructors
- Be polite at all times and follow instructions carefully
- Gloves and long sleeves must be worn at all times
- No skiing in a straight line down the slope.
- No skiing too fast or out of control.
- Be aware of other skiers, their position and speed.
- No eating or chewing on the slope, you may fall and choke.
- Hair tied back. Do not wear jewellery, or large earrings- these may catch in a fall.



SUMMER 2021

Skiing is a dance and the mountain always leads

SCHOOL TERM DATES – 2021-2022

Autumn Term

Tuesday 7th September 2021 – Friday 17th December 2021
Half Term: Monday 25th October 2021 – Friday 29th October 2021

Spring Term

Tuesday 4th January 2022 – Friday 8th April 2022
Half Term: Monday 21st February 2022 – Friday 25th February 2022

Summer Term

Monday 25th April 2022 – Friday 22nd July 2022
Half Term: Monday 30th May 2022 – Friday 3rd June 2022
Bank Holiday (outside of school holidays) – Monday 2nd May 2022

Students are not in school on the following dates:

Monday 6th September 2021
Friday 22nd October 2021
Friday 1st July 2022



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Ofsted
Outstanding