



# St. Anthony's Girls' Catholic Academy

*A Mercy Academy committed to excellence*



# SPOTLIGHT



Ofsted  
Outstanding

CHRISTMAS 2020

National  
Teaching  
School



## Dear Parents/Carers,

Welcome to our Christmas 2020 edition of "Spotlight" magazine. As we approach the end of a very challenging year, I would like to thank all our parents/carers very much for their support, the gift of their daughters and the generosity shown by families towards our various charitable endeavours. Our St. Anthony's girls, despite all the challenges they may have faced in recent months, have been an absolute credit to you all. We particularly remember at this time those families affected by covid-19, those who have been ill, those who have sadly lost loved ones and those for whom Christmas may be a difficult time for so many reasons.

We have collectively worked to ensure some sort of normality in school, despite the various covid-related adaptations and often a very fast-changing local and national picture. It has also been a year of major change for the academy as we moved from Our Lady of Mercy Catholic Education Trust to a larger trust in line with diocesan plans during the covid-pandemic. I must pay tribute to all the staff, and particularly my senior colleagues, who have worked tirelessly to adapt to the many, varied changes we have faced during the last year which has been one like no other.

We say goodbye this term and a very big, "Thank You" to our Chair of Governors, Mrs. A. Shanks, who has become a Director of Bishop Chadwick Catholic Education Trust and Vice-Chair of the new Trust. We cannot begin to thank Mrs. Shanks for her wise counsel and decades of service as a Governor of St. Anthony's, Chair of Governors of St. Anthony's and more recently as Chair of Directors of Our Lady of Mercy Catholic Education Trust. Mrs. Shanks has helped steer the school through substantive change including the building and opening of the new school, the transfer of trusteeship from the Sisters of Mercy to the Diocese, the creation of St. Anthony's and St. Aidan's Catholic Sixth Form, the creation of Our Lady of Mercy Catholic Education Trust (including St. Anthony's Girls' Catholic Academy and St. Aidan's Catholic Academy) and more recently the move to the larger trust. Her advice and guidance have been greatly valued by trustees, governors, staff and students alike and we will miss her greatly.

We also pay tribute to the Directors of Our Lady of Mercy Catholic Education Trust who committed so much commitment to Catholic education, time, energy and intellectual rigour to every aspect of trusteeship to ensure the very best for both St. Anthony's and St. Aidan's: Mrs. M. Galbraith, Mrs. H. Schofield, Mrs. J. Ward, Mr. M. Flores, Mr. S. O'Keeffe,



Mr. A. McCourt and Rev. M. McCoy (prior to his new post at St. Mary's Cathedral). Thank you all for your service to Our Lady of Mercy Catholic Education Trust 2018-20.

We welcome Sr. M. Josepha as the new Chair of St. Anthony's. After a long career in Headship, Sr. Josepha became our School Chaplain for seven years and the whole school community is absolutely delighted that she continues her connection with the school in this new role. The Sisters of Mercy remain very close to our school. Since the foundation of the school in 1904 they have been absolutely instrumental in every stage of its development. Reverend Mother Aelred, and the Sisters of Mercy, have been keeping the whole school community in their prayers throughout the recent year and we are most grateful for their on-going support as the school enters yet another stage in its long, and successful, history.

Wishing you all a Happy Christmas 2020

## M. Shepherd Headteacher

### The National School Breakfast Programme



St. Anthony's has signed up to receive free healthy breakfast food as part of the Covid response offer, under the National School Breakfast Programme (NSBP), which is being delivered by the charities Family Action and Magic Breakfast.

As part of this government funded programme, schools can choose to offer children a healthy breakfast at school or at home.

The benefits of a healthy breakfast include children being settled and ready to learn at the start of the day.

At St. Anthony's we have a 'grab and go' warm toasted bagel on offer for every student. For students in receipt of free school meals there is also the option of a take-home breakfast pack of cereals and bagels.

Please encourage your child to eat breakfast, it really helps them start the day well!



Grayce Elliott (ZSMO) and Leonie Eley (ZSJA) have been helping to hand out breakfast bagels

All pictures displayed in this issue of Spotlight were photographed following social distancing guidelines or prior to the coronavirus pandemic

## CHRISTMAS 2020



**A collection of Events Sr. Josepha has contributed to and organised over her years at St. Anthony's**



Adventures with the Duke of Edinburgh Award!!



The first session of the CAFOD Young Leader's Training took place at St. Mary's School, Newcastle on 9th October, 2019



Working with students from St. Joseph's Nursery to visit Holy Cross care home with sixth form students – A brilliant venture!



Young Christian Workers visit to London.  
"Highly Commended!" by Million Minutes Awards



Exploring our faith at the Youth Village, Emmaus Centre, with the Gap Year team

Saying "THANK YOU" to our local Intensive Care Unit here in Sunderland who make an annual collection of food, toiletries etc., for our Christmas parcels which are distributed throughout the city to those who are in need. Always a joy to visit them and feel the positive vibe of their great "team spirit."



Solidarity with Manchester victims

The kindness of these Year 7 girls was a highlight  
This lovely group of Year 7 students led the whole Year group in a minute's silence in the school yard before registration on the anniversary of the tragic events in the Manchester Arena

Sr. Josepha made a card using the above photo and took it to Manchester during the half term holiday. It now hangs in the chapel of the Loreto School for girls in Altrincham, Manchester

St. Anthony's and St. Aidan's volunteering to help the pilgrims in Lourdes for their John Paul 2nd Award



THE SOURCE – many great nights at St. Mary's Cathedral, Newcastle, celebrating our faith together in praise, worship and fellowship!

A great day was had by all!!

Although we were in the school car park at 3.45 a.m. we had a great journey together and arrived on time in London Metro Arena to sing, dance, pray and celebrate our faith with 10,000 other young people!! A day to remember!



## CHRISTMAS 2020

"We often take for granted the very things that most deserve our gratitude."

Cynthia Ozack





## Life Drawing Workshop

Earlier in the academic year our A-Level Fine Artists took on the challenge of completing a full day's workshop drawing Portraits and the Figure. These two subjects are notoriously difficult to handle but the outcomes produced by our students were exceptional.

The day was a great success and it gave the students a chance to explore a variety of drawing materials from pencils to charcoal, as well as refine their observational skills whilst looking at a live model, producing several



figurative and portrait sketches. This work was used to boost their A-Level marks and it has given our students valuable experience of what Art at university level entails.

Students were also given a tour of gallery and studio spaces as well as receiving a talk about UCAS applications, personal statement construction and advice on interview and portfolio presentation techniques.



## CHRISTMAS 2020

*"Whether you succeed or not is irrelevant, there is no such thing. Making your unknown known is the important thing." Georgia O'Keeffe*



## Print Making Workshop

This year our A-Level Fine artists took part in a full day of Printing at Sunderland University. This was a mixture of dry point printing and silk screen printing. Student's had the opportunity to experiment with techniques and processes linked to this medium. The technique involves the use of some quite complex machinery and equipment, which can be seen in the images attached. Student's had to prepare cut out stencils to block in and layer colours on as well as a special printing bed and screen. In addition to this student's had to scratch their drawings into a board to create the dry point outcomes. This makes the excellent outcomes of our students very impressive as much of the process required quite a unique skill set. These outcomes will be fed directly into the students A-Level portfolio's of work. This will have a positive effect on their experimentation grade and the whole day was enjoyed by all.



CHRISTMAS 2020

"Creativity takes courage."  
Henri Matisse

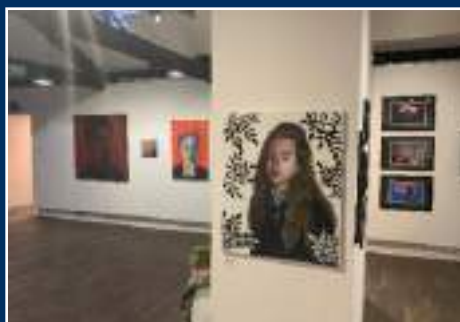




## Washington Arts Centre – Bright Lights Exhibition

This year saw St. Anthony's and St. Aidan's Sixth Form enter the Washington Arts Centre Exhibition titled 'Bright Lights', which celebrates the talent and creativity of young people in our region. This year we had 13 successful applicants with a total of 22 pieces of work on display. This selection highlights the extraordinary talent of our Art and Photography students and builds on the success of the previous year's exhibition, where a painting by past student Sarah Knight was deemed to be the winning submission of all the entries submitted. Sarah's work still features on the galleries website and was extensively publicised by the gallery. Although there was no 'winner' officially named as part of the exhibition this year, the feedback from the images on display has been exceptionally positive.

These students can now take pride in having their work critically acclaimed in a public exhibition space and will give them confidence moving forward with their artistic and photographic practices.



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## Sex and Relationships Education

In line with government and Department of Education policy, pupils across KS3 and 4 have embarked upon a new curriculum covering aspects of sex and relationships. Pupils have responded positively to the new curriculum and those who have attended lessons so far, have developed their knowledge and understanding of their health, their bodies and their relationships with friends, family and the wider world. We have also considered how events and changes can affect their mental health and how to practice good mental and physical health.

Pupils follow a seven-week series of lessons led by Ten Ten who specialise in Catholic Education. Each year, they will build on what they have covered in the previous year.

Year 12 and 13 have also been accessing key material in their general RE lessons.

## PSHE

In their CIAG lessons, pupils have been embarking in newly adapted lessons covering aspects of personal, social, health and Economic Education. The girls have responded well to the new material and are enjoying the variety of tasks that have been set. They have had access to further videos from Ten Ten, building on themes covered in their SRE lessons. As well as this they have covered a range of topics including additional support for settling back into school following lockdown, how to cope with exam stress, building resilience, online safety and maintaining a healthy lifestyle.



Year 8: The Trouble With Max



Year 12: Communion Room



Year 7: Facts of Life



Year 10: Babies



Year 13: Beatitude's Prayer



## Classical Civilisation Sixth Form

During lockdown the Classics class kept ourselves entertained with Classics quizzes, Classical memes and best caption competitions.

This term we invited a guest speaker, Professor Edith Hall, into our classroom for a virtual lecture session.

Professor Hall spoke on the portrayal of women in the Aeneid and how Virgil's portrayal may be more negative about women in general, but showed them as the tragic figures caught up in the vicissitudes of war.

A 'best caption' picture competition entry from one of the sixth formers



The virtual lecture with Professor Edith Hall



## Classics Club

Last term Classics Club completed many exciting projects including creating comic strips about Greek heroes, designing (and testing out!) our own Harry Potter spells in Latin and making some delicious (and not so delicious) Roman food for the Roman's equivalent of Christmas, Saturnalia.

A comic strip featuring Odysseus as the Greek hero in a Mario Kart style cartoon

Making Roman food at a Saturnalia feast



## CHRISTMAS 2020

"Education breeds confidence. Confidence breeds hope. Hope breeds peace."





## FRIENDS OF DERWENT HILL RAFFLE & FUNDRAISING 2019



The Friends of Derwent Hill is a registered charity which:

- supports Derwent Hill in providing opportunities for children and young people
- raises funds to provide bursaries for disadvantaged children and young people to participate at Derwent Hill
- raises funds to enhance the resources of Derwent Hill in order to enrich the experience of users
- fosters links between Derwent Hill and Sunderland schools and the wider community.

During December 2019 St. Anthony's held a raffle for the staff and sold items during the Christmas Fayre to raise funds for the friends of Derwent Hill Charity. Money from the raffle and online donations raised **£460** for this amazing charity.

## 'Wear it Pink in PE Week'

Our annual 'Wear it Pink in PE' to raise awareness and funds for Breast cancer took part the week before half term. The girls wore pink trainers, socks and bobbles during their lesson to show their support

We raised a total amount of **£256.52**

Well done girls



## Virtual GNR

Mrs Malkin took part in the virtual Great North Run on Sunday 13th September, the day the normal GNR should have taken place. The weather was perfect and although it was very different without the crowds to cheer her on, she enjoyed running with a group of friends and they all encouraged each other along! In addition to this, she also completed the 40 runs challenge where she ran at least 40 times and completed over 300 miles between 28th June and the 13th September. These challenges helped her to raise almost £3000 for the charity Tommy's, who fund research into stillbirth, miscarriage and child death.



## ST ANTHONY'S VIRTUAL MACMILLAN RAFFLE 2020

We were unable to host a coffee morning this year so instead we had a virtual raffle. Every member of staff had an envelope with a raffle number on it passed onto them. They then posted their donation into the coffee morning box and the raffle was drawn.

We raised an amazing **£281.74**;



Mrs Rutherford would like to thank all the staff for their support in raising funds for the MacMillan charity.

## CHRISTMAS 2020

"No act of kindness however small, is ever wasted."



It is a pleasure to welcome Tammy Kirton who is our Careers Advisor from the Education Development Trust.

Tammy has been conducting our Year 11 individual, One to One Careers Interviews. She has been delighted to meet our lovely students and the girls

have found the sessions extremely interesting, and they have been provided with a lot of information to digest and research.

Tammy will be with us until the end of January.

Year 10 have had the opportunity to attend a number of Virtual Work Experience Events. If you did not get the opportunity to enrol on the first sessions there are another two opportunities to access the events in February and July 2021.

The sessions are:-

- Northumbrian Water Group: Manager Northumbrian Water spends millions of pounds each year updating pipe networks, equipment that treats water or sewage, pumps, and computerised systems. Find out how Donna makes an impact in her role.
- Cabinet Office: Michael Green & Elinor Clapson provide an insight to their experience working for various departments within the Cabinet Office.
- Institute of Cancer Research: Genetics and Epidemiology – Lizzy Bourne.
- Freelance Actor and Presenter, meet George Sesay. He has starred in a Pantomime in London, worked on TV commercials for Britain's Got Talent, Snickers, PlayStation and Maltesers. He had a cameo role in the new Disney live action film Aladdin. Currently also working for BBC News in guest management and as a Stand in/Acting double on movies and TV series such as Nutcracker, Fast and Furious 9.
- London Fire Brigade: find out more about working for the Fire Service, entry routes and what opportunities they have to offer.
- Institute of Cancer Research: Sumana Shashtra PHD Student, hear from a first year PhD student working on childhood brain tumour. Looking for new ways to model the cancer (in animals and cells) to improve our understanding of tumour development.
- Pets at Home: Liam McCullough – Marketing Team – Find out more about working for the Pets At Home, entry routes and what opportunities they have to offer.
- Coffee & TV, Operations Director: Coffee & TV is an independent, visual content studio, specialising in creative VFX, animation, design and colour grading. Find out how it all started and how to enter this industry.
- British Army: find out more about the Army and what opportunities they have to offer. Listen to real life experiences.
- Allianz Insurance: you will have the opportunity to find out more about how this busy insurance company operates and gain an insight into the various role within finance, sales & underwriting.

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## CAFOD Young Leaders 2020-2021

CAFOD young leaders are a group of sixth form students that take on the responsibility of working together to make a difference in the world. CAFOD's central global development goals are immediate action, regarding key issues affecting the current generation's future and limiting their aspirations that they choose to combat through an overwhelming sense of peace and justice. The ongoing battle to eradicate poverty and allow access to clean water to deprived countries links directly to the UK as our country is under lesser but still archaic pressures too. Gender equality, the issue we want to address due to our direct link to an all-girls school: a casual place for comparison and idealism, is still a prominent issue as women are suffering from having less opportunities than men and being devoid of fair treatment, despite many people assuming that gender inequality has been completely eradicated.

On the training day in October, we were able to virtually connect with differing, distant schools that we would have never had contact with, without our involvement with CAFOD, and discussed the major issues facing the world currently such as climate change, which pressures the current youth to fight to protect their own future. We were also educated on the ideals of CAFOD and shown some life altering facts that have enforced us to pursue CAFOD with enthusiasm. For example, more people in the world have access to a mobile phone than to a toilet.

What is of momentous importance to us, is that we can have an insight into our intended cause and actually incite change, we also plan to educate our adjoining sixth form of boys on the overlooked issues of girlhood,

as they have mothers, sisters and girlfriends who need their understanding as "Life is not a competition between men and women. It is a collaboration".

To make progress we want to centre our focus around creating an unequivocal growth in our school, to address the key issue of gender equality and enhance the principal of being open about the multitude of issues girls face. In a time in our lives when we can easily be unkind to ourselves and others, and it is harder to love than it is to hate, we wanted to recreate a place where we thought our intrusive and distressing thoughts are triggered the most: the toilets. This is a central domain in our school where many girls go to judge and criticise their own appearances or adjust how they present themselves. We came to the realisation that there was a rare opportunity to reinvent a place that has negative connotations to hopefully become a place where we can feel empowered by the messages written on the walls. Our plan is to post motivational body-image and mindful orientated quotes on the back of toilet doors and on the mirrors to create an empowering environment. Though it may be a small gesture towards social change, we hope we can be a reminder that empowered women empower women. "How wonderful is it that nobody needs wait a single moment to improve the world", is a quote that resonated with us as although this may seem a minute action, we feel the consequences could be deeply notable and the idea is immensely relevant to our sixth form demographic, as with the increasingly prominent pressure being put on girls to look and act a certain way, it is vital that we make moves to quell any thoughts of self-hatred.

**By Evie, Josita and Tracy**



## POPE JOHN PAUL II AWARD

After another busy term for the Catholic life of the school, the Chaplaincy Team were delighted to be asked to write a piece for Spotlight about the John Paul II Award. The Pope John Paul II Award is a faith achievement award for young people between the age of 16 and 18. It is non-competitive, inclusive, flexible and voluntary.

The Award enables participants to take an active part in the life of their Church – in the life of their community and

society. It enables young people become more aware of the teaching and role of the Catholic Church in the world and to engage at a deep level with Christ.

The Award was created to commemorate the late Pope Saint John Paul II who was so committed to young people and who had such belief and confidence in them. In 2019-2020 Year 12 cohort, over 30 students took part. Despite lockdown, they managed to complete a fantastic number of volunteer hours. They are all now eagerly looking forward to the award ceremony in March 2021.

In the 2020-2021 Year 12 cohort there are over 20 students taking part in the John Paul II Award. They are already completing a number of volunteering hours, which is fantastic to see!

## CHRISTMAS 2020

*"Actions speak louder than words; let your words teach and your actions speak."*

St. Anthony of Padua



## Love Amelia

Staff across our school have really highlighted our Mercy Ethos this half term. As well as regularly donating to our own school Food Bank staff have donated lots of items for local charities Love Amelia and Wearside Women in Need. These include baby toys and coats for the Winter months. Chaplaincy Team would like to thank all the staff for their generosity in these strange and challenging times.



Love,  
Amelia



## Remembrance Day Project 2020

This year Chaplaincy Team have launched our Remembrance Day Project 2020. Every staff member and student in our school community were given a poppy outline to create a family remembrance poppy. We asked staff and students to contact their families and find out whether they had any connections to the Word Wars or subsequent conflicts. These connections were written in the petals of the poppy. Collectively, we had over 1500 poppies and family connections placed in a temporary installation in the chapel. Our neighbouring Sisters of Mercy offered up prayers for the faithful departed and those fighting in current conflicts. Students really enjoyed researching their family connections and contacting elderly relatives to enquire. Pupil Chaplaincy Team also filmed a wonderful Virtual Remembrance Day Service that streamed to all students and staff around the school on Wednesday 11th November.



## CHRISTMAS 2020

*"No matter how small the gift, God gives the increase."*

Catherine McAuley



## University Success

Despite having a disrupted year 13 due to Covid 19, the Childcare students excelled themselves with some fantastic high grades when they completed their course in summer 2020

They all gained entrance to their first choice of university and are studying a range of subject such as Primary Education, Adult Nursing and Mental Health Nursing. The experiences they have encountered during two years of practical placements during their Childcare course has been invaluable in helping them to settle in to university life and attend work placements.

**Year 10** have been working hard on their Unit 1 work 'Patterns of Child Development'. They have been introduced to the theorist Maslow and his Hierarchy of Needs, and Developmental Milestones. The students have come up with some inventive ways to remember the Physical Milestones from birth up to 8 years. Well done girls, this will be a useful revision tool!



## FutureMe Activities

We are looking forward to the following up and coming events from the NECOP (UNI Connect) initiative. These are to take place in the New Year.

Category	Year Group	Activity Detail
HE Ambassador Sessions	<b>Year 9</b>	1. Introduction to FutureMe – Delivery: Pre recorded 2. Career connections – Delivery: Pre recorded
	<b>Year 11</b>	1. How to ace my revision – Delivery: Pre recorded/webinar
Other	<b>Year 9</b>	1. Destination Success – Delivery: Pre recorded
	<b>Year 10</b>	2. The choice is mine – Delivery: Pre recorded/webinar



By Emily MacDonald



For 4 years, I have been volunteering with 19th Sunderland (St Gabriel's) Rainbow Unit. I am now a Girl Guiding Young Leader and have really enjoyed working with the other Leaders, young leaders and unit helpers. Over Lockdown, since we have not been able to meet in person, we have completed our Weekly rainbow meetings over Zoom. Over the last six months, we have worked on many badges and helped the children learn and develop through fun activities such as home scavenger hunts and even a virtual Charlie and the Chocolate Factory sleepover!

The Rainbows are girls between the ages of 5 to 7 and come from different backgrounds, cultures and abilities. I have enjoyed supporting them in their journey through Guides and it is lovely to meet and liaise with their parents too. By volunteering with the rainbows, I have been able to use the practises I have learned on my course. I have thoroughly enjoyed helping to host rainbows over Zoom and I am very happy that I was able to gain my young leadership qualification.

## Year 13 Childcare students

have been busy helping children to celebrate Halloween in their bubbles.

Here is Zoe Howlett dressed up and helping children with their creative arts and literacy.



Year 13 Childcare in placement

Within the Early Years environment, things might be challenging but the Childcare students are still attending placements and helping children to play, learn and develop with a smile on their faces.

## CHRISTMAS 2020

"Children are apt to live up to what you believe of them."

Ladybird Johnson

## YEAR 8 DESIGN AND TECHNOLOGY: 6 R'S OF SUSTAINABILITY CHALLENGE!

Year 8 were set a challenge to show how they follow the 6 R's of sustainability at home.



RECYCLE, REDUCE,  
REUSE, RETHINK,  
REPAIR, REFUSE.

Here are some fantastic examples!

Recycling is easy and quickly done from water bottles, plastic bags, breakfast boxes and you can easily switch to metal bottles, recycling bags that are reusable! SAVE the PLANET 🌍💚



## YEAR 8 FOOD TECHNOLOGY: REDUCE CHALLENGE!

Year 8 Food Technology students were challenged to try to reduce the amount of salt, sugar and saturated fat they eat. They were challenged to do this by choosing healthier options or making some delicious homemade meals. Here are some excellent examples!



## CHRISTMAS 2020

"In order to fix it, you need a passionate anger about something that doesn't work well." James Dyson





## DESIGN AND TECHNOLOGY YEAR 11 COURSE WORK (2019-2020)

Well done to all of our GCSE Design Technology students 2019-2020!

Students produced an excellent range of research pages and developed ideas throughout their controlled assessment. They also created some fantastic products that were suitable for their targeted user or client!



## CHRISTMAS 2020

"Buy less. Choose well. Make it last. Quality, not quantity.  
Everybody's buying far too many clothes." Vivienne Westwood

### Fashion & Textiles

Previous Year 13 Fashion & Textiles students worked incredibly hard and created the most beautiful final products. They produced beautiful design work demonstrating creativity, originality and talent.

We wish them all good luck for the future!



Design Ideas by Maria Isahac



Design Ideas by Natasha Hair



Final design  
by Isha Hamid

# ELLE

Congratulations to Maria who was selected to participate in a project with ELLE Magazine. It was a fantastic opportunity to work with the team on the project and she featured in the September issue!

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## Business as usual in the English Department

Despite the many changes and restrictions this year has brought, it is business as usual in the English Department as our fantastic students continue to develop their writing and reading skills whilst learning about some of the great writers of the English Canon.



Our Year 11 students are really enjoying reading 'An Inspector Calls' this term



Despite the restrictions we are all facing, it seems nothing will stop our students from enjoying a good read! Well done girls!

Well done to all of our Year 11 students – we are really impressed with your dedication and enthusiasm since returning to school. Keep on reading!

## Year 10 are learning that there may be two sides to every person!

As part of their GCSE English Literature course, Year 10 have begun this year reading Robert Louis Stevenson's 'The Strange Case of Dr Jekyll and Mr Hyde'.

This Gothic classic; a man's desire to split himself into two very different people; the

respectable Dr Jekyll and the murderous villain Mr Hyde have enthralled the students.

The girls have explored not only the text but also the history surrounding it including the birth of Gothic

Literature and the Theory of Evolution by Charles Darwin.



Mrs Adamson's English class hard at work analysing this classic text



Macy, Maddison and Jessica enjoy the mystery of this classic



## CHRISTMAS 2020

"I wish you all the joy you can wish."  
William Shakespeare, The Merchant of Venice



## Achievement in Writing

We had some fantastic pieces of creative writing demonstrated by Year 11 as they took their Low-Level Diagnostics Assessments in October. One piece that stood out in particular was Jean Hedley's in 11SH. The brief was to write a story with the title 'Abandoned' and Jean's story did not disappoint.

Based around the character of a child who had been abandoned by their parents in a war-torn setting, Jean's writing was described by her English teacher as 'simply effortless' and she achieved 40 out of 40. This was an excellent achievement and really emphasises both Jean's dedication to English, as well as her incredibly creative mind.

Well done, Jean!



## Conversing with the Experts!

If you need an example of how St. Anthony's students go beyond the norm for their education, then look no further!

On their return in September, Miss Atkinson asked her Year 12 English Language class to spend some time researching the eminent British linguist, academic and author David Crystal. However, simply researching Crystal's take on the development of the English Language was something Katie Craig in 12SMo felt was not enough to fully understand his views so she took it upon herself to give it a go at contacting him, and is now in a full email exchange with the professor himself – discussing all things Language Change!

David, as he asked Katie to call him, was incredibly obliging when discussing Language Change with her and was thrilled that she had such initiative to get in touch and was so interested in how language changes, something that will no doubt continue throughout time.

Well done, Katie!

# Reading Matters!

HERE'S THE IMPACT OF  
**READING 20**  
MINUTES PER DAY!

A student who reads    A student who reads    A student who reads

**20:00**

minutes per day

will be exposed to  
**1.8 MILLION**  
words per year  
and can score in  
**90th PERCENTILE**  
on standardized tests

**5:00**

minutes per day

will be exposed to  
**282,000**  
words per year  
and can score in  
**50th PERCENTILE**  
on standardized tests

**1:00**

minute per day

will be exposed to  
**8,000**  
words per year  
and can score in  
**10th PERCENTILE**  
on standardized tests

Source: Nagy, Anderson and Herman, 1987

**SCHOLASTIC**



## World Book Day Reminder

A quick reminder that 'World Book Day' is coming up on 4th March 2021! Further information about how we'll be celebrating this in school will be released nearer to the date, but in the meantime why not head over to <https://www.worldbookday.com/> to have a look at the fabulous £1 books you'll have the opportunity of purchasing?



## CHRISTMAS 2020

"Let the heavens rejoice, let the earth be glad."

Psalm 96:11



## THE SAINT LUCIA POSTCARD COMPETITION

£2000 of books to be won!

### Year 7 – Competition Time

Year 7 pupils have the opportunity to design and write a postcard to children at a school in Saint Lucia, talking about their life in the UK and asking about the children's lives in the Caribbean. They may even get the opportunity to win books for the school.

The island of Saint Lucia, with its volcanic landscapes, unique wildlife, rich culture and long history of battles and pirates, is a treasure trove of learning opportunities. The Saint Lucia Tourism Authority has joined forces with Scholastic to create an inspiring competition to design a postcard to capture the best of Saint Lucia.

This competition fits in well to the Fantastic Places modules the students have been studying this term.

### Year 8 Country Project

As part of the Year 8 scheme of learning on the World Map, students completed a country project. We had some excellent entries this year. The students really used their creativity and imagination. Well done.



### Year 10 and Year 12 Virtual Field Work

Unable to complete our usual geography fieldwork, Year 10 and Year 12 geographers took part in the #fieldworklive event run in association with Field Studies Council during lockdown. The live sessions covered the impact of coastal management and students helped design elements of data collection, key elements of the GCSE and KS5 Geography courses.



## CHRISTMAS 2020

*"The formidable power of geography determines the character and performance of a people." Ethel Wilson*

## Oral History Project 2020

Students in Year 8 have been conducting their own research into the history of the school by interviewing family members and friends who have attended the school via phone/video. Students have also had the opportunity to ask members of staff who have long histories of family members attending the school in their history lessons. The students used their findings to create minute long audio clips, either in the form of a story, a song or a poem. Three will now go on to present their excellent work to a 'virtual panel'. A fantastic achievement from some very hardworking Year 8 students.



## Brilliant Work from New Year 7

Fantastic work from Year 7 going above and beyond what was expected for homework.

As part of their learning for a new topic, students were asked to research important facts and events about the Roman Empire.

Such a positive start for this group who regularly impress Miss Jones with their outstanding work.

## Outstanding Work from Year 12 Self-assessing their own Essays

Some of our Year 12 History pupils have made a great start to life in Sixth Form by working on important exam skills. They have already developed the ability to self-edit their own essays and identify areas of weakness in order to write stronger responses in future. This essay focused on whether Henry VII achieved his objectives in his foreign policy. The pupils wrote the essay in exam conditions and then used highlighters to self-mark based on the mark scheme. This is a great achievement for so early in the course and hopefully this technique will allow pupils' essays to go from strength to strength.



## CHRISTMAS 2020

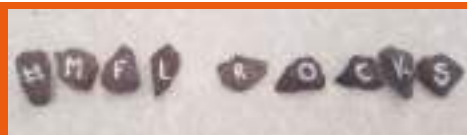
"In order to succeed, your desire for success should be greater than your fear of failure."





## European Day of Languages

We did not let current Covid-19 restrictions get in the way of our celebrations for European Day of Languages. We took our celebrations to the virtual world! Pupils and staff got involved in the virtual bake off as well as #languagestones! Look at these amazing creations!



## Link with Panshil School in Rajkot, India

For many years now we have celebrated our fantastic link with our partner school in India. In February three of our sixth formers were fortunate enough to travel to Rajkot and had an absolutely fantastic time working with the pupils of Panshil and getting to know the local area. We are incredibly proud of the way these three students conducted themselves. At every turn and with every new experience they were enthusiastic, friendly, polite and so generous with their time. The students in Panshil absolutely loved their lessons and spending time with Jack,



Betsy and Nicky outside of the classroom. This is a fantastic trip and a brilliant way to truly appreciate the Indian way of life – our three students certainly embraced everything on offer, especially the food! We really hope to be able to continue with this trip sometime in the future but for now, we are happy to report that all are well in Rajkot. Everyone at the school remains positive during these trying times and they are embracing online learning mixed with face to face teaching. We wish everyone at Panshil all the very best and cannot wait to see them all soon.



## CHRISTMAS 2020

"Adventure is worthwhile."

AESOP

## One day we will travel again...

The MFL department are so sad that we have had to cancel our trips to France and Spain because of Covid-19. We know there are many students who will be really disappointed – we are too! We hope one day you will be able to experience these places, but in the meantime, here's a throwback to some of our past trips.



### Paris 2019

The 2019 trip to Paris was full of giggles, games and glee! The group were so much fun, and as well as exploring and trying out our French skills in the day, we made sure we had fun in the evenings as well. On our final night, we had an outside disco and the teachers even wrote and performed their own song to thank the girls for such a fun time! As always, highlights included Parc Astérix and a trip to the Eiffel Tower at night. As the famous t-shirts say, "Paris, je t'aime" and we all look forward to visiting again soon.



### Andalusia 2019

We absolutely loved our trip to Andalusia last year – from beginning to end, we had the best time, so many unforgettable experiences! We could not have asked for a better group of girls who really threw themselves into the Spanish way of life. Everyone really enjoyed trying typical Spanish dishes and some were brave enough to order Tapas for their lunch! Our highlights included the Alhambra palace, the medieval town of Cordoba and exploring the beaches of Malaga and Nerja. It was fantastic to spend time in Malaga in the evening and we loved wandering through the beautiful streets after our meal, having an ice cream and enjoying a browse in the shops. We cannot wait until we can do it all over again!







## Learning Resource Centre

We have had a busy start to the Academic Year. To get the girls back into reading after the summer break, all Year 7 girls will receive a book as a gift from the school. They got to choose from a selection of 17 different books, so hopefully there was something of interest for everyone.



## Pupil Librarians

Seven girls took part in the Pupil Librarian Course, this year, where they completed 10 skills sheets, created bookmarks and posters to promote reading, write book reviews and helped with topical displays. They each received a certificate and book.



Well done girls!

## Scholastic Book Fair

We had a great half price Book Fair with some great bargains for the girls.

Don't forget to look out for the Scholastic Book Club leaflets as they have some great offers in. Books can be ordered online and then delivered to school free of charge as part of the school book club: <http://schools.scholastic.co.uk/st-anthonys-sr2>



CHRISTMAS 2020

"Choose a job you love and you will never work a day in your life."



## A Christmas Letter

Please enjoy this fantastic, Christmassy piece of writing by Fern Conlon (7STo):



Dear Scrooge,

*It was not a dream. I know you Ebenezer, I was your best friend, and you are stubborn and fail to believe in our meeting last night. I have not ceased to move; I have been dragging these forsaken chains all around, dragging me further down. My life – or death – is indeed a living hell. I wish I could turn back the clock, honestly I do Scrooge, and change my actions. I wish I could've been kinder to those in need; not only opening my heart, but opening my wallet also. Scrooge, listen to me now: open your heart and help the poor in need. Do not follow in my footsteps! Your sins drag you down. Your sins are heavy. Scrooge – change! Change or face a terrible punishment.*

*Until we meet again,*

*Marley.*

## Key Stage Three, Let's Start Quizzing!

All KS3 students now have their reading colours and ZPD reading levels in their planners. They should be using these to select exciting books to read. Once a student has finished reading a book, they should take an Accelerated Reader quiz on that book at <https://ukhosted11.renlearn.co.uk/2246254/>. Please do ensure you/your daughter use this specific link with the numbers '2246254'; otherwise neither of you will be able to login. This link is available on both the school website and through logging into 'Frog'. Please encourage your daughter to complete 'Accelerated Reader' quizzes.

You can use 'Renaissance Home Connect'. All you need to do is go to following link and type in your daughter's login details (which are written in her planner and which she should share with you): <https://ukhosted11.renlearn.co.uk/2246254/HomeConnect/>

Use 'arbookfind.co.uk' and look for 'BL/Book level' to work out if your daughter's current reading book is within her ZPD.

Congratulations to the following form classes who won the first half term's quizzing prizes:

Year 7 – 7SJa (453.4 points)

Year 8 – 8STa (240.4 points)

Year 9 – 9SH (150.0 points)

Quiz points mean prizes, so start quizzing KS3!

## What does your ZPD mean?



## CHRISTMAS 2020

"Reading for pleasure gives us knowledge."





## A-Level Results 2020

Congratulations to all who studied Mathematics with us, and good luck with your future studies.

Some of our successful students in A-Level Maths 2020 (from left) James Simpson, Chelsea Nocon, Joe Whelan and Francis Harrison



Anyone interested in AS, or A-Level Mathematics, or Further Mathematics, at St. Anthony's is asked to contact Mrs Armstrong or Mr Dunn.



Some of our successful students in A-Level Maths 2020 (from left) James Harris, Chris Arellano, Mahir Islam, Anna Greenwell, Jack Barker, Reuben Biju and Rob Dunlop

## Maths GCSE Results 2020

A huge 'Well done!' to the Year 11 students who completed their GCSE course this Summer.

Outstanding results were achieved by our students, with many girls being awarded the top grades of 8 or 9.



Some of our Year 12 A-Level Maths students

Congratulations to all students, and good luck with your future studies and career choices.

## Numeracy Club

We are very pleased with the progress of the girls who have been attending our Numeracy Support Programme this year. The initiative aimed to improve the progress of our students in Mathematics across Key Stages 3 and 4. The programme is run by various teachers in the Maths Department, invited students attend one session per week.

Day:

Monday (Yr.10) Tuesday (Yr. 9)  
Wednesday (Yr.8) Thursday (Yr.7)

Time:

08:00 – 08:30

Venue:

Year bubbles

Many thanks for your support in encouraging your daughter's attendance, if she is part of the selected cohort.



Some of our students who are now studying Advanced Level Mathematics

## CHRISTMAS 2020

*"The essence of mathematics is not to make simple things complicated, but to make complicated things simple." S Gudder*

## Online Maths Resources

A reminder that the Maths department uses three pieces of online software with pupils in order to support their learning. These will be particularly important during the current time. Particularly when students may need to self-isolate:

### Hegarty Maths

St. Anthony's were successful in their bid to be a user of Hegarty Maths. Hegarty Maths is an online learning resource consisting of detailed videos from which students make notes, then they complete a quiz and record their answers to be marked online. Students from Year 7 to Year 11 have their own login and a dedicated Hegarty Maths exercise book to complete this work in.



This resource promotes the need for students to take responsibility for their own learning in order to effectively revise and prepare themselves for assessments, examinations or just to build their confidence in certain areas.

So far this is proving to be an excellent revision resource with some outstanding pieces of homework handed in.

### MyMaths

MyMaths is a fully interactive online learning resource, complete with interactive lessons, homework tasks, and games. Each pupil throughout the school who studies Maths has her own individual login so staff can set homework for students to complete at home. Students should see their Maths teacher if they forget their login details.



Students can login using any PC or laptop, and the free Puffin Academy app allows them to access MyMaths on mobile and tablet devices.

This is an excellent revision resource for students from every Year group to use, to improve their Mathematics skills.

#### School Login details

School Login: stanthonys1

School Password: circle192



### CGP Online Textbook

Our Key Stage 4 students have a passcode to enable them to access an on-line version of the textbook they use in their Maths lessons. This enables pupils to complete homework and personal study without the need to take home a textbook. The online version can be accessed from any computer once an account has been registered.

Also, check the school VLE (FROG), Corbett Maths and Maths Genie regularly for new resources and revision materials.

Remember to check Hegarty Maths and FROG for new work when you are self-isolating.

## Virtual Learning Environment - FROG



The Mathematics section on the school VLE (FROG) contains many revision materials, resources and useful websites for students to use including MyMaths, Sam Learning and GCSE POD. These will be particularly useful around mock examination, key assessment and final examination periods.

Year 11 and 13 students in particular should ensure they are making use of these materials throughout the school year in order to thoroughly prepare for their final examinations.

Anyone needing any help accessing these materials should see their Maths teacher.

## CHRISTMAS 2020

*"The study of mathematics, like the Nile, begins in minuteness"*







## UK Mathematics Trust Individual Junior Maths Challenge Results 2020

Higher Maths sets in Years 7 and 8 competed in the Junior Maths Challenge. The challenge is taken nationwide and is intended to stretch and challenge the most able of Mathematicians across the country. The challenge was taken online during the school closure so a huge well done to all who participated.

The girls' scores are collated and certificates are distributed to the top performing candidates who are awarded a Gold, Silver or Bronze.

All of the girls who competed did very well, particularly **Alyssa Maniquis** from Year 7 who was awarded the certificate for **Best in School**.

The following girls were awarded certificates:

### Year 8

**Best in Year**  
Isabel Ramsey

**Gold Certificate**  
Isabel Ramsey

**Silver Certificate**  
Alexandra Burns  
Anna Gibadulina  
Georgia Heatlie  
Stephanie Little  
Leah Stevenson

### Bronze Certificate:

Alexandra Black  
Heather Brennan  
Leanne Cabanting  
Lily Dunn  
Malaika Engbongo  
Bethany Lumsden  
Emmanuella Odegha  
Lillie Pells  
Amy Sumbry



Some of our certificate winners

### Year 7

**Best in Year**  
Alyssa Maniquis

**Gold Certificate**  
Poppy Footes  
Emily Hodgson  
Alyssa Maniquis  
Imogen Parkin

**Silver Certificate**  
Rebecca Augustine  
Isabella Cousins  
Hannah Elliott

**Silver Certificate**  
Isabelle Price  
Rojin Rafie  
Lily Roberts

**Bronze Certificate**  
Katie Blunt  
Emily Cartledge  
Katelyn Gray  
Alexandra Hayhoe  
Yanaika Roberts  
Mikaela Sungahid

## Senior Team Mathematics Challenge 2019/20

A team of four Sixth Form students represented the school in the regional heat of the UK Maths Trust Senior Team Challenge.

The students achieved 5th place overall, which was fantastic, given the level of difficulty of the activities and the tough competition.

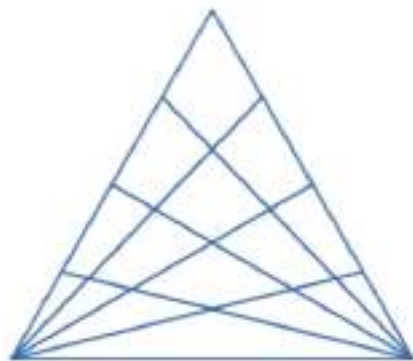
A great time was had by all and, as always, our students were superb ambassadors for the Academy. Well done!



From left to right: Robert Dunlop, Amellia Turnbull, Luke Brown and Ella Surman-Wells who are all studying A-Level Mathematics.

## Puzzle Time

How many triangles are there in the diagram below?



## CHRISTMAS 2020

"Some things will drop out of the public eye and will go away, but there will always be science, engineering and technology. And there will always, always be Mathematics." Katherine Johnson

## Eurovision

Last school year the Eurovision groups rehearsed from October to December to create a performance of a French or Spanish song (or a mix of the two!). They did a fantastic job learning lyrics, practicing dance moves and putting together costumes before creating their video performances. Our winners performed a mix of two Ed Sheeran songs; a slow one in French and an upbeat one in Spanish. They combined lots of different dance styles including some ballet and acrobatics to create a stunning final result. Congratulations girls, you did a great job!



From left to right: Georgina Jaconelli, Emmanuella Odegha, Rosie Cairns, Malaika Engbongbo, Matilda Maddison

## Home Studies on FROG!

Well done to all our students who have spent any time studying remotely this half term! Just a little reminder that you can find all of your work on the department page on FROG. There are clear instructions on how to access the set work. We hope to see you at school, but if you find yourself needing to work remotely, please follow the instructions and keep up with the work studied at school.

## MFL Revision Sessions

Year 11 and Year 13 students have thrown themselves straight into their revision sessions this year! Monday night is Year 13 revision, Wednesday is for Year 11s and Friday night is for the Year 11 dual linguists to revise their 2nd language. So far, the sixth form have done some extra grammar work which will help them on all their A-Level papers, as well as some revision work on the film they studied in Year 12. Our Year 11s have had sessions on improving their writing and listening. We really hope our students find these extra sessions helpful in preparing them for their A-Level and GCSE MFL exams.



## Past Students

We always love hearing from our past language students, and we thought you would too! Here is Grace Copeland's account of life after St Anthony's:

I'm an ex St. Anthony's girl studying French and German at the University of Cambridge. I fell completely in love with French at school, and pursuing it in higher education has been the best decision I could have made! Studying French at Cambridge and picking up German from scratch there has been so rewarding. Studying languages has given me such a broad perspective with regards to culture, art and history, and a deeper understanding of how people express themselves, not to mention the ability to live and work abroad! I am currently in my third year, on my year abroad, studying General and Comparative Literature in German at the Ludwig-Maximilians-Universität in Munich, and then I hope to do a short internship with a newspaper or publishing house in the South of France! I am having a wonderful time here, and the language immersion has meant that I've made so much progress with my German! I've made so many friends from all over the world and it has been life-changing to learn about their experiences. Being able to communicate with different people with different cultural backgrounds is the most precious gift that studying languages has given me, and I'm forever grateful to St. Anthony's for giving me the encouragement I needed to pursue this dream of mine!



## CHRISTMAS 2020

*"A different language is a different vision of life."*  
Federico Fellini



## Revision Corner

There are so many websites available to help you with your French/Spanish homework/revision! Take a look at our guide to the best websites for each skill to make sure you get the most out of them.

### Dictionary

wordreference.com – Say no to translation websites!  
Free app available

### Vocabulary

Quizlet.com – Search for the User Mrs\_N\_St\_Anthonys  
We've put all the vocabulary you need for Year 7, Year 8, GCSE and A-Level in folders for you to practice.  
Free app available.

uk.language-gym.com\*

Linguascope.com\*

senecalearning.com

memrise.com – Free app

GCSEPod.com\* – Free app available

### Listening

SamLearning.com\*

BBC Bitesize – [bbc.co.uk/bitesize](http://bbc.co.uk/bitesize) – Free app available

Fluentkey.com

Lyrics Training app

### Reading

SamLearning.com\*

BBC Bitesize – [bbc.co.uk/bitesize](http://bbc.co.uk/bitesize) – Free app available

senecalearning.com

### Translation

uk.language-gym.com\*

SamLearning.com\*

### Grammar and Tenses

uk.language-gym.com\*

SamLearning.com\*

GCSEPod.com\* – Free app available

BBC Bitesize – [bbc.co.uk/bitesize](http://bbc.co.uk/bitesize) – Free app available

senecalearning.com

\*See your class teacher for information on how to log in to these sites.

## TV and Film Reviews

Don't believe your teachers when they recommend French and Spanish things to watch?! Find out what our fabulous sixth form linguists recommend!

### Ivana Brodanac – Year 12

My recommendation is *Elite* on Netflix! It is a Spanish drama and murder mystery, about 3 working-class teenagers who get sent to a high school for the ultra-rich. I love it because of the excitement, suspense and all the twists and turns, especially the unexpected ending! It was also very useful for helping me to learn and understand Spanish. (Certificate 15)



### Lucy McMullan – Year 12

For French I would definitely recommend *Call My Agent* (Dix pour Cent) on Netflix for Year 10 and above. It follows an acting agency in Paris, and how the agents deal with their sometimes demanding clients (played by the French actors themselves including the likes of Cecile de France and Isabelle Huppert). It's so chaotic it's hilarious and some of the things that happen have me in stitches – it's great with the subtitles on!



## Passionate Subjects by World Class Schools

Some of our Y11 linguists have the chance to participate in the Passionate Subject Courses brought to us by World Class Schools. We are so excited to follow their journey. The entire course is virtual and administered by Trinity College Cambridge.

What an amazing opportunity and we know our pupils will do us proud!



## CHRISTMAS 2020

*"The limits of my language mean the limits of my world."*  
Ludwig Wittgenstein

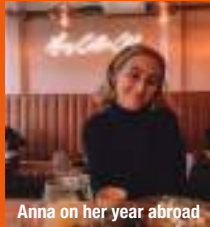


## Why Study Languages?

By Anna Donkin, former  
St. Anthony's linguist

It's been two years since I left sixth form to start my languages degree at Durham University. After loving Spanish at school, I wanted to keep up the years of hard work whilst taking the opportunity to learn a new one I'd never previously had the chance to. Although beginners German might have been a bit of a questionable decision initially, I love it, and soon found that with decent time management, it's not as consuming as it sounds! Alongside my degree I'm in my uni gospel choir, have performed in numerous shows and I'm on my college cheer squad – and living to tell the tale!

I'm writing from the beautiful city of Passau, Germany, as being a third year linguist means I'm on my compulsory year abroad. It's completely brought my studies to life. Spending



Anna on her year abroad



A level Spanish class at the sixth form ball

every day in Sound of Music territory almost justifies that grappling with the grammar!

What's my next step then? Honestly, no idea. Journalism, charity work, teaching – all brilliant routes I could go down with this degree. The best part of languages? Those amazing options are there, but you've literally got the world at your feet. I don't think it gets much cooler than that.

## MFL Virtual Film Club

We're unable to host our usual lunchtime events at the moment but that doesn't mean we can't still have fun with languages! Check out our departmental recommendations for French and Spanish films and TV series, which are on Frog, as well as other public platforms: Netflix and Amazon Prime. Pass the popcorn! Enjoy! Amusez-vous bien! ¡Qué lo paséis bien!



	French Series	French Film	Spanish Series	Spanish Film
Frog	Telling Tales 1 Years 7-13 section	Chocolat Years 9-13 section	Being Spanish Years 7-13 section	Even the Rain Years 11-13 section
Netflix	Nailed It! France Advisory: PG	10 Jours en Or Advisory: All	Nailed It! Spain Advisory: PG	Holy Camp! Advisory: Teen
Amazon Prime	Nicolas Le Floch Advisory: 13+	A Season in France Advisory: 13+	Buena Gente Advisory: All	Planet Carlos Advisory: 16+



## Year 7 European Studies

Year 7 MFL lessons have looked slightly different at the start of this term, as all of Year 7 have been doing lessons in European Studies. The girls have learnt how to speak some German and Italian, as well as the usual French and Spanish. They have learnt about famous Europeans, different types of food and facts about each of the countries. All of this knowledge has been used to make some amazing fact files. Some of the highlights include designing a menu for and ice cream shop in Italian, and designing their own German gingerbread men! The girls have also had an introduction to basic French and Spanish phonics which will help them in their MFL studies. We hope the girls have enjoyed their first half term of MFL lessons.



## CHRISTMAS 2020

"Knowledge of language is the doorway to wisdom."

Roger Bacon





**The calm before the storm: February was a very busy month for the department!**

## Sensational Senior Choir

Our Senior Choir were delighted to be able to perform at Durham cathedral as part of the annual North East Festival of Youth Choirs. This is always a spectacular event to be involved with, and we enjoyed performing two of our own songs as well as joining in with the joint piece of 'I Was Glad' by Hubert Parry, singing alongside several outstanding choirs.

The weekend after, we were at the Sage as part of the regional Music for Youth festival. The choir performed Elgar's 'The Snow', 'Shine' from Billy Elliott and one of our favourites 'May It Be' from Lord of the Rings. The judges were very impressed with the tone, storytelling and connection with the conductor throughout the programme, and they even commented on our dance skills!

Well done girls; you are a credit to yourselves, your parents/carers and the Academy!



## Young Musicians Project By Eve Cole (Year 11)

My name is Eve, I'm 15 years old and in Year 11. I go to the Young Musicians Project based here in Sunderland every Saturday. It's ran by Laura Brewis, and led by local musicians the Lake Poets, hawbaghaws and thislittlebird. It's available for anyone ages 11-19 to join and I've been a member for just under 3 years. It's the perfect place for young people with a passion for music in the North East. I love going to YMP because it allows me to have an environment to write music on my own, whether it's on my piano, guitar, voice or other instruments, and with others too. People have even formed bands! It's an amazing opportunity to make new friends and share ideas and creativity with each other.



We've been meeting on zoom over lockdown, and it's had such a positive impact on my wellbeing during this time. I've made so many new friends through YMP, and also performed in many gigs over my several years being there, including both virtual live streamed gigs during lockdown and venue gigs before lockdown. At each of these gigs, everyone performs their own original songs which they wrote as part of the sessions. One of my favourite gigs was the most recent one I performed in, the independent Sunderland Motorhouse studios gig. It was a completely new experience as it was a socially distanced livestreamed gig! If you had told me 3 years ago that I would be doing all of these incredible things as a result of Young Musicians Project, I wouldn't have believed it. It's helped me find my passion for songwriting and I'd recommend it to anyone within a heartbeat!

## Lovely Lockdown Memories

Determined not to let a national lockdown stop us, the music department kept music alive during the school closure by going virtual! Musicians from all ensembles in school contributed to some stunning virtual performances, including two debut tracks from our Virtual Staff Choir! All recordings can be found on our twitter page or on FROG; have a listen if you haven't yet!

Several students also got involved with the Bishop Chadwick Catholic Education Trust's version of 'We'll Meet Again' which was released to coincide with VE Day in May, and was led by local musician Mike McGrother, who we will be working with on a number of exciting, upcoming projects.

Well done to everyone involved!

## A Spectacular Summer Concert at Home

Our first ever Virtual Summer Concert took place during lockdown too, and we were inundated with students wanting to take part, meaning we had three amazing

Summer Concerts. We were treated to some stunning performances from our talented students from Year 7- Year 13. The concert series is still available to view via the Music department FROG page.



## CHRISTMAS 2020

*"Music gives a soul to the universe, wings to the mind, flight to the imagination and life to everything." Plato*

## There's no way you can stop the SCHOOL of ROCK

For three nights in February, St. Anthony's turned into the School of Rock with over one hundred students involved in our production of Andrew Lloyd Webber's musical. Danielle Gomez (Year 13) played Dewey Finn, a failed musician who impersonates a teacher and ends up revolutionising life at Horace Green Preparatory school. Dani said "School of Rock was a great experience and I loved playing such a vibrant character as Dewey. I had such fun during the production, and I loved the sense of community that was shared between the cast, crew and musicians".



Madeleine Miller (Year 13) played Principal Rosalie Mullins. She said "After playing Adelaide in Guys and Dolls last year, I was

thrilled to be cast as Rosalie. I was so proud of the hard work we all put in to make the show such a big success".

The supporting cast had a challenge as the student rock band: Eve Cole (Year 11), Gabrielle Collins (Year 10) and Molly Wilkinson (Year 11) all learned to play electric guitar, bass guitar and drum kit respectively for their performance, as well as having to mime to the live band – a huge well done to you all!

The energy and enthusiasm of the cast and crew made this a really special week, and our three sell-out audiences agreed! All our plans for 2021 are on hold at the moment but we are determined that St. Anthony's musicals will be back as soon as we can return safely!



### Vocal and Instrumental Teaching Goes Digital!

We also moved all instrumental and vocal tuition online for our students, and we are so grateful to our fabulous staff who created videos, tracks and resources to keep everyone busy whilst stuck in the house! Some students even continued to have virtual one-to-one tuition during this time! Henrietta Walker, Year 8, said "Despite some technical issues at first, I really enjoyed my lessons with Mr Brown. He managed to make lessons fun despite being miles away, and I'd like to say thank you! He even helped me fix my flute!" What a star!

### Virtual Christmas Concert 2020

Our Virtual Christmas concert will be released on Thursday 10th December 2020 and will be available to watch via Twitter and on FROG, featuring performances from Junior and Senior Choirs, Orchestra and some talented 'bubble' ensembles and soloists. We hope you can tune in, and we wish you a very merry Christmas from the Music department!

## CHRISTMAS 2020

"Where words fail, music speaks."  
Hans Christian Andersen



## NASA JOHNSON SPACE CENTRE (JSC) and NEUTRAL BUOYANCY LAB (NBL)

In February 2020 Sixth Formers from St. Anthony's and St. Aidan's Sixth Form travelled to **TEXAS, USA to the NASA JOHNSON SPACE CENTRE (JSC) in HOUSTON.**

This is the centre for MANNED SPACE FLIGHT where the live work and train. The students were challenged to construct and code their own MARS ROVER.

They also designed, built and launched a 2-STAGE ROCKET and successfully achieved height, separation and parachute release for safe return to the ground.



The teams were able to carry out CRYOGENIC tasks to safely protect an egg from the heat of a blowtorch and the cold of liquid nitrogen simulating the Temperature Extremes in Space.

ENVIRONMENTAL factors had to be considered as they took on the task of designing a HABITAT to support human activity on MARS.

SPACE WALKS are practised underwater by the Astronauts at the NEUTRAL BUOYANCY LAB (NBL). The students were taught to SCUBA DIVE and given UNDERWATER TASKS so they could appreciate the challenges of working in SPACE.





All of the challenges were marked and awarded points by the NASA Scientists and Engineers involved in the Education Programme and the St. Anthony's and St. Aidan's students achieved the highest rank of the 4 schools taking part.



ARTEMIS MISSION 2024 – First Woman on the LUNAR Surface





NASA MISSION 2020

## TEXAN CULTURE, HISTORY & HOSPITALITY and BRUNCH WITH AN ASTRONAUT

Away from the Space Centre students visited a 3-D printer factory making parts for the Space Programme.

They also visited **GALVESTON, KEMAH BOARDWALK, SAN ANTONIO, THE ALAMO, AUSTIN and the STATE CAPITOL.**

The visits to Kemah Boardwalk, The Alamo, The San Antonio River Walk, The Tower of the Americas, The State Capitol Building and the Bullock Museum ensured that the girls knew a lot about Texas, as well as a lot about NASA, by the end of an amazing and worthwhile visit.



The students attended a **'Brunch with an Astronaut'** event at which Michael A. Baker recounted details of his experiences as a Naval Aviator flying over 50 types of aircraft, as well as being a Test Pilot, Instructor and then an Astronaut flying 4 Shuttle Missions.

He became the Assistant Director for JSC for Human Space Flight Programs and was the NASA JSC Representative to the Gagarin Training Centre in Star City, Russia.

When asked what he had found most difficult he replied 'learning Russian!'. The students were inspired by his story and the amazing list of his achievements.



A special Thank You goes to the Jones family of Houston who hosted the group to a fabulous evening of Texan Hospitality.

Another Thank You goes to the Lincoln family who organised and hosted an inspirational evening where students were able to meet and learn from young Austin Business Leaders and Entrepreneurs.

A final Thank You to the NASA Education Team and VIE as well as the Academy Staff, Miss Brown and Mr & Mrs Whitney for all their support. **Mrs Taroni (NASA Trip Organiser)**

MARS 2020 MISSIONS – PERSERVERANCE Rover on MARS Surface Feb 2021



## EMOTIONAL WELLBEING AND MENTAL HEALTH

The Covid Pandemic has had an impact on the emotional wellbeing of many young people and their families. Returning to school and some sort of normality has been difficult for students as well as teachers and a second lockdown will no doubt bring further challenges.

Pupils and teachers have adapted really well to enforced changes in school but certain activities have been limited, by the new rules. This year, we celebrated World Mental Health Day on 10th October in our form classes and showed a video of pupils and staff talking about wellbeing at St. Anthony's.

Although we have been unable previously to run clubs on a lunchtime, Mrs Tomlin is piloting a scheme this half-term, holding new Wellbeing Clubs in each year group. Staff will work with identified pupils, looking at topics such as anxiety, friendships, resilience and mindfulness.

As part of the Bishop Chadwick Trust, we would like to welcome our new counsellor, Laura Wheatley. Laura has almost completed her counselling training and is working with some pupils who need extra support with their mental health. We are so pleased to have Laura on board and grateful of the counselling support she will offer, which is much needed in these difficult times.

## MY EXPERIENCE OF THE COTTAGE

By Katie Slee

If you are feeling anxious or overwhelmed, the Cottage is a great place to go to have a bit of a 'Time Out' from lessons. In the Cottage, we have Mrs Perrett, who assists in helping pupils with attendance, medical needs and those with a reduced timetable. She is seen as a 'Mother Hen' (by me at least!). We then have Mrs Richardson-Dunn, who is our mental health wellbeing mentor. She attends meetings to see that pupils can make it back into school if they are struggling and supports pupils, having one-to-one meetings with them.

Both teachers are hugely supportive and understanding of all situations with pupils. Unless something is worrying, all you say is kept confidential; it is overall thought of a safe place to be, if main school is getting on top of you.

## St. Anthony's Food Bank

Did you know St. Anthony's has its own food bank? We receive very generous donations all year round from staff, students, parishioners and local businesses which means we can support families in our own school community. We stock a range of tinned goods, pasta, cereals, sauces, snacks, cereals and toiletries. Please do not hesitate to get in touch if you need support. We can arrange delivery or collection.



## CHRISTMAS 2020

"The sum of human wisdom is not contained in any one language."



## Year 7 Fundraising

Amy Slee 7 (SRA) raised £10 over half term for The Donkey Sanctuary by making and selling Loom Bands to her friends.



## The National School Breakfast Programme



St. Anthony's has signed up to receive free healthy breakfast food as part of the Covid response offer, under the National School Breakfast Programme (NSBP), which is being delivered by the charities Family Action and Magic Breakfast.

As part of this government funded programme, schools can choose to offer children a healthy breakfast at school or at home.

The benefits of a healthy breakfast include children being settled and ready to learn at the start of the day.

At St. Anthony's we have a 'grab and go' warm toasted bagel on offer for every student. For students in receipt of free school meals there is also the option of a take-home breakfast pack of cereals and bagels.

Please encourage your child to eat breakfast, it really helps them start the day well!



Grayce Elliott (7SMO) and Leonie Eley (7SJA) have been helping to hand out breakfast bagels

## Poster Competition

Well done to Sophie Arkley (7SMO) who created the winning entry for our Covid-19 poster competition.



We are Operation Encompass school! We are committed to working in partnership to safeguard and protect children, and to providing the best possible care and support for our pupils.

Witnessing domestic abuse is really distressing for a child or young person, who often see the abuse, hear it from another room, see a parent's injuries or distress afterwards or can be physically hurt trying to stop the abuse.

As a result, following any domestic abuse incident being reported to the police, the Police will make contact with the Council's Initial Contact and Referral Team who will then communicate relevant and necessary information

## Transition into Year 7

Before I started Year 7, I was both nervous and excited. It felt a little difficult this year due to lockdown. Luckily, the school has really supported us and we have taken part in lots of fun and engaging activities. The school website was also full of useful information and videos – to answer any questions we had.



Once I arrived, we spent a few days with our lovely form tutor who gave us advice. I learned lots of important information such as breathing techniques and organisation strategies. We also learned about positive mental health and focused on getting to know the other girls in our form.

Before my first lessons, I was a little scared but then I saw that all the teachers and members of my class are lovely. Everyone is kind and there is always someone to help you if you have a problem or a worry. The work has been interesting and I am enjoying all of the new challenges.

I cannot wait to continue my academic journey at St. Anthony's. We are one big community and I know that this is where I belong. Thank you to everyone for a wonderful transition period.

Eden Kerr, 7SAO

## My St. Anthony's Journey

When I first came to St. Anthony's I was a little nervous but the teachers were very kind and helped me. I love all of the different subjects and my favourite lesson is Art. I have made a few new friends, and I spend time with them at break and lunchtimes.

St. Anthony's is like a second home to me and I love it!

Isobel Pye, 7SMO

## Life in Year 7

When I first started Year 7, I was nervous but now I feel settled! Maths is now one of my favourite subjects. One of the reasons that I joined St. Anthony's was because I had heard it was a great school and I would definitely agree! When I started, I had one friend from my primary school but I have made more friends here too. I also like that St. Anthony's is a Christ-centred school that accepts everyone. I have loved my time here so far and I would definitely recommend it!

Jess Gray, 7STA

to nominated school staff. This will ensure that the school is made aware at the earliest possible opportunity and can subsequently provide support to children in a way that means they feel safe and listened to. Each school has members of staff (key adults) who have been fully trained in liaising with police and Children's Social Care when required, and will ensure that the necessary support is made available to the child following the disclosure of a domestic abuse incident. If you would like to speak to someone further about the project or require further information please contact our key adults in school who are Mrs Lanaghan and Mrs Collins.

You can also find out more information here:  
<http://www.operationencompass.org/>

## CHRISTMAS 2020

"Geography explains the past, illuminates the present, and prepares us for the future. What could be more important than that." Michael Palin

## Note from Year 8 Assistant Director

I have been very proud of how well Year 8 have settled in this term during extraordinary times. The girls continue to make us proud and fulfil expectations.

Mrs Fairclough



### Antonia Copeland

One of my biggest opportunities was performing on BBC Season 2 of the Greatest Dancer. We were so happy that the audience voted for us and the mirrors opened so we were dancing live in front of Cheryl Cole, Jade Rick Hall, Matthew Beesley and Ori Mahase. We got to meet Curtis Pritchard and he taught us some warm up moves which was so much fun. Unfortunately we didn't make it to the next round but we never gave up and another BBC opportunity soon came along!



I'm Antonia Copeland and I am 12 years old, I attend St Anthony's girls catholic academy and I go to Elite Dance Jessica Hall. I am a dancer and I also love to sing and act! Dancing is my second home and it is just my passion! I am so grateful for how many great opportunities I've had to do with my dancing and singing!

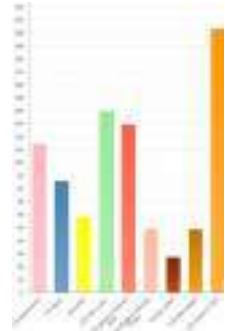


We then were invited and invited to audition for BBC's talent show DANCE DANCE DANCE. It was such a fun day all four judges gave us a yes but they didn't show us on the TV. However, you could see some snippets of us, we heard that Ant and her they were so happy, I'm so proud of myself and my team!



## Merits Prize

Year 8 have been very busy this term. Well Done to Mrs Hearn's form Class 8STA who have won the Merits prize this term.



## Poster Competition

To make sure our girls are following government guidelines in terms of social distancing, hand washing and not touching their faces. We ran a poster competition for each year group. The best poster will be reproduced and used around the school as a reminder of the guidelines that need to be followed.

Well Done to Zoya Begum who won the Year 8 competition for a poster and a £10 Love to Shop Voucher.



## School Foodbank

The whole Year team have been very generous in donating to the school's foodbank, which supports our local community. Thank you to everyone for your generous donations, please keep them coming.



## CHRISTMAS 2020

"Whenever you read a good book, somewhere in the world a door opens to allow in more light." Vera Nazaria





## Mindfulness

In Year 8 we regularly practice mindfulness in our tutor time. Here the girls of 8ST are colouring in mandalas, this technique is proven good for the brain and has a calming effect in these extraordinary times we find ourselves.



## Pope Francis' Five-finger Prayer

Year 8 forms have been leading Pope Francis' five-finger prayer in tutor time.



Pictured are girls from Mr Holgate's form

## Missy Kennedy's Football Story

My football journey began 5 years ago during when I joined my primary school team. Starting off small, winning matches and tournaments throughout our time which eventually ended in us entering and winning the Jill Scott Cup, and becoming the champions 2018-2019 beating several teams from schools across Sunderland.



When my school football coach said that Farrington Detached were starting their first girl's football team I went along to train, one session and I was hooked. Every week a new girl joined and we eventually had enough to join the league. I lived for Saturday mornings and still do, highs and lows through the season however I was lucky enough to be awarded players player award at our end of season presentation.

We are now into our third season, winning lots of trophies and medals along the way which I display in my bedroom with pride. We were lucky enough to go to Leeds to play a tournament against all boys and even went to watch the lionesses play which was a highlight as Jill Scott was playing.



These were my first ever trophies. Look how far I've come! I've made so many people proud. I'm so grateful!

I couldn't wish for a better team. The girls I play with are so close to me. We have each other's back through the losing and the winning. We always make it out together and I'm so grateful I have a team like that.

Just remember, live your passion. Never give up! Football takes hard work and commitment so stay at it and you will get somewhere!

Thank you for listening to my football journey. **Missy Kennedy Year 8**

## A Message from Mrs Lancaster – Assistant Director Year 9

First of all, I would like to express a huge well done to the year group, for adjusting back to school life quickly and smoothly in very challenging times for us all. We have had a positive start to the year and it gives me great pleasure in sharing some of our achievements and highlighting a few girls who have really shone since their return.

A huge well done to Mrs Bransby's form (9SMa), who are currently in the lead on achievement points across the year and are sitting on a combined total of 78 points.



Within the year group, we have also had some individual girls who have shone with some excellent effort in lessons, outstanding contribution in class discussions and superb work.

A well done to Storm, who is currently the highest in the year group in terms of achievement points, with 20 points.

A big well done also to Kaynath Uddin (14 points), Erin Stronach (13 points) and Taiyabah Najibah (13 points) who are next highest.

We will continue to push achievement progress through this year and I am looking forward to celebrating further student success.



## 9SH – Food Bank Collection

Our tutor group is highly motivated in helping the food bank. Since starting in September all pupils have donated an enormous amount of food, a total of 21 carrier bags worth of food from toiletries to canned food and a range of sweet treats. We are proud to say we have achieved the highest collection of donated food for a form group in the whole school.



## Well Done!

### Angela Howson 9SH

For winning the reading award which involves taking quizzes on each book you read.



Angela is the champion reader in our form and year group. Well done.



## Prayers and Reflection

Our Year 9s have been spending form time this last term reflecting regularly on the current issues of the world, including the COVID-19 pandemic and global issues. We have also been thinking about our school community and have been spending time reflecting about how we can help each other, during what is quite a challenging time.



Here are two examples of some wonderful prayers, designed and created by the following students:  
Gracie Godfrey, Leanne Cabanting and Anna Gibadulina.

## CHRISTMAS 2020

"All our dreams can come true, if we have the courage to pursue them."  
Walt Disney



## Welcoming Year 10 Back with a Difference

The start of the academic year for our New Year 10 students has not come without its challenges. Covid-19 has changed a lot around school and the girls are, for most subjects, beginning their new GCSE courses. Some of these subjects are brand new to the girls, such as Business and Childcare. However, despite the challenges they have faced, Year 10 have risen to the occasion and have performed incredibly well in their first term. They have not let the uncertainty of this period deter them from the importance of their learning, and their attendance and behaviour likewise reflects this. Miss Prestwood and I would like to take this opportunity to say well done to the students on a successful first term back!

Mrs Frame

## Celebrating Black History Month

Thanks to the organisation of Mrs Moran, Year 10 (and the rest of the school) have had a fantastic opportunity to learn about and celebrate Black History Month in October. Activities ranged from learning about key figures throughout black history such as Muhammad Ali, Mary Seacole and Toussaint L'Ouverture, as well as key historical moments like Bristol Bus Boycott and Montgomery Bus Boycott led by Rosa Parks. Mrs Moran and her form, 10SHo, took this opportunity to create a fantastic class project about the hip-hop musical phenomenon that was Lin Manuel Miranda's 'Hamilton' based on the life of Alexander Hamilton with a modern twist. The girls thoroughly enjoyed the work!

## Year 10 Remembrance Day Project Research

During the week preceding our Remembrance Day Service all year groups were asked to research any family connections they had to conflict. A member of 10SHa, Grace, wrote this wonderful reflection...

My dad served in the Royal Navy up until I was 7 years old and now he serves in the Royal Reserves. He did 2 South Africa patrols and 1 North Africa patrol as well as round the UK. He visited South Georgia (the edge of the Arctic Circle), transited the Panama Canal and was part of the first British warship into Cuba in 50 years. He also visited Tristan da Cunha (the most remote inhabited island in the world. Both Grace's mother and father have served in the Armed Forces.



## Supporting Those in Need

Year 10 have risen to the occasion once again in their support of Mr Harrison and the Chaplaincy team's weekly food bank collections.

Below is a picture of the first week of collections from Mrs Malkin's form 10SM. I think you will agree that the girls have went above and beyond to make sure that those in our community who are less fortunate than them or ourselves have been in their thoughts, prayers and actions. A particular mention to Eva Bibi in 10SM who brought something in for the food bank collection every day of that specific week! Her generosity was a shining example to the other students across Year 10.



## 100% Attendance

Despite the difficulties that Year 10 have faced since returning to school under Covid-19 restrictions, they have not let this get in the way of their determination to succeed and the following girls all have 100% attendance as of November 6th 2020. Well done, ladies!

AHMED Nabila	HOUGHTON Jessica
ALI Madiha	HOWARD Claudia
ALLISON Amelia	JAMIESON Ella
ATKINSON Emma	KASOMBA Daniella
ATKINSON Lilly Mae	LAND Ellie
BAIRD Alisha	LAWSON Katie
BIRTLEY Kaitlyn	MAKEL Maddison
BRAIMAH Jael	MANUEL Emelin
BRAVO Dani	MARSHALL Sarah
BROOK Charlotte	MEDHURST Anna
BROOKES Madeleine	MITCHELL Kate
BROWN Emily	MOON Amy
BURNS Layna	NAWAZ Zara
BUTLER Caitlin	REDMAN Katie
CAMMOCK Alice	ROBINSON Lilia
CAO Anna	ROBINSON Ruby
CARRUTHERS Hannah	ROBSON Ellie
CHEN Yu Wei	ROLFE-PRIEST Cassi-dy-Skye
CHILD Martha	ROSS Alex
CIMA FRANCA Marian	RUTHERFORD Georgia
CLARK Hannah	SHIELDS Isabella
COLLINS Gabrielle	SIBY Namitha
COOPER Evie	SKELTON Emma
CURTIS Millie	SLATER Ellie
DOBSON Maddi	SLEE Holly
DUGDALE Ruby	SMITH Eve
EL-WAHABI Zainab	SMY Lucy
EMILIANUS Sharon	SPARROW Georgia
FANNEN Jessica	STEELE Laila
FAWCETT Eve	STOBART Jessica
FERDOUS Humairah	SUGGITT Amber
FOSKETT Harriet	SWANSBURY Molly
FOSTER Ruby	SWIFT Emma
FURTADO Carina	SWINNEY Lucy
GALE Francesca	TAYLOR Anya
GJORVEN Hannah	TIPLING Carys
GOLDSMITH Aimee	WELDON Courtney
GORDON Teigan	WHELAN Anna
GULBHAR Aisha	WILSON Caitlyn
HALL Grace	WONG Felicity
HODGSON Erin	WYNESS Helena
HOLDEN Charlotte	YOUNG Katie
HOLDER-MCNISH Lily	

## CHRISTMAS 2020

"Learn from failure and keep moving forward."



## Supporting our Students with the Year 11 Mentoring Programme



Many of our Year 11 students have been assigned a staff mentor to help support them through the next few months. Mentoring is a great way to boost academic achievement and our pro-gramme has been very successful for a number of years. Please encourage your daughter to attend their mentoring sessions and make the most of the help and support on offer. Mentors can help with a whole range of issues and topics such as how to revise, organising time, making revision notes, applying for Sixth Form and career choices. We all understand the pressures facing our exam students during these difficult times, and we want to ensure they are well equipped to deal with the challenges which lie ahead.

## Anne Frank Creative Writing Awards 2020

In May 2020, Holly Wooton in Year 10 (now Year 11) entered the first ever Anne Frank Creative Writing Awards. This initiative invited young people across the country to take Anne Frank and her inspiration and create a piece of writing that called for a world free from prejudice. Out of 1000 entries, Holly's essay and poem was picked to go through to the final round of judging. She received a 'Commended' award for her excellent pieces. This is an excellent achievement for Holly as she entered this competition by herself, as she felt so passionate about the subject matter. Thank you as well to Miss Duncan who supported Holly throughout this process by proofreading her work and offering words of encouragement.



Holly Wooton

Below is a short snippet of Holly's poem:

### Hope

*Hope is a simple thing;  
it means more to those who believe it.  
It is a dream of peace,  
A dream of a different world.  
A piece of hope is like the brightest star in the black sky of night:  
It's the simple glint of light in our eye;  
It's a belief that we can be who we are.*

*Hope is a simple whisper:  
A beckoning hand from beyond  
That gives us peace  
And lets us accept our differences.  
It lets us take destiny by the hand  
It lets us grab onto the real us  
It's a belief that it's okay to be ourselves*

## Thalia Kennedy Year 11

Thalia has been nominated for the Sunderland Young Achievers' Award.

This is what Thalia had to say:



I have been boxing for nearly 7 years. I started boxing as I thought it looked fun and I wanted to keep fit and I have never looked back. It is a huge part of my life and developed my character, including; respect for others, discipline, dedication and that I come back stronger from every situation. I have been given some amazing opportunities and made some fantastic friends from all over the world including; Russia, Ireland and Sweden.

I have been given the opportunity to compete in Sweden Box Cup and at the British Junior Championship where I came first, became the British Champion for the England squad and achieved a gold medal. I also received two Hull Box Cup Champion, three Tyne and Wear Championships, a gold medal in Manchester Box Cup and a silver in the Irish Championships. However my biggest achievement is seeing how my confidence has developed and boxing has a brilliant way to manage emotions and stress relief.

Being nominated for the award has made me feel really proud and has summarised what I have achieved while I have boxed for Sunderland East End as well as Tyne, Tees and Wear and also for England, accomplishing a dream I have had.

I would like to thank my coaches for believing in me and dedicating their time to my training, their support in addition to that of my family has allowed me to progress so fast in this sport. I would also like to thank Mrs. Marshall for her nomination for this award and for believing in me and always making me feel positive. Thank you!

## Charity Work

Year 11 have been making a tremendous response to the request for donations to the Food Bank. Thank you so much to those families who have contributed.



Every year we have an advent charity, when cash donations are brought in, this may have to be re-thought due to not dealing with cash. Year 11 students will be asked which charity they want to support.

## CHRISTMAS 2020

"Failure is a bend in the road, not the end of the road."



## Lockdown Superstars!

Some members of Year 13 went above and beyond during lockdown, to help their communities both here and in other countries. Mahir Ali and Saleh Huda helped to raise funds for Islamic Relief UK, for whom they are regular volunteers. Although lockdown cancelled many charity events, the boys still attended meetings on Zoom with their team leader and volunteers from across the country. They took part in the Ramadan Food Pack Challenge, where all volunteers set themselves a target. Mahir and Saleh originally had a target of 250 – feeding 5 families for a month. They regularly posted on social media about the struggles of the people they were helping and encouraged people to donate, with £10 feeding 1 person for a month, and £50 feeding a family of 6 for a month. The boys ended up raising £664, with lots of donations from other pupils in the Sixth Form, supporting around 13 families for one month, potentially saving 79 lives, in over 30 countries.



There was also fundraising done through a 'Sign and Sing' event to raise money for Cancer Connections, where Munah Boresli learned sign language and translated songs on Facebook. Lubabah Khatun also carried out her own fundraising for those suffering in Yemen.

In such difficult times, it is amazing to see our young people being caring and selfless, and using their talents to help those both near and far. They are all a credit to the Sixth Form!



## Sixth Form Fundraising

At the end of our first half term, the Sixth Form bubble had an own clothes day to raise money for Teenage Cancer Trust. Pupils wore their own clothes and along with staff, contributed to a collection, which raised more than £700! The fundraising was inspired by one of our Year 13 pupils who is currently undergoing cancer treatment. All of the staff and students in Sixth Form, and our wider community send her our love and prayers for a full recovery.



## Essay Success in 'Oxford Scientist' Competition

During the difficult times of lockdown, Christen Rayner in Year 13 participated in an online essay writing competition by 'The Oxford Scientist'. The Oxford Scientist is Oxford University's foremost student led science magazine. The competition required Christen to write an essay about "An important Scientific Discovery" and he decided to write about the "Importance of Penicillin on modern day medicine". He chose this essay title because it allowed him to expand his knowledge of biology and chemistry beyond the constraints of the A-Level specification and gave the possibility to explore the issue of antibiotic resistance, which Christen finds fascinating and believes could become a significant issue in the future. This competition received the

highest number of entries the magazine had ever had, with 500 people entering all around the UK. Christen was immensely proud to find out he was a runner up in the competition and had his essay published on the prestigious 'The Oxford Scientist' website. Achieving this during the difficult period of lockdown, as well as maintaining high standards in his on-going studies was a real achievement, and we are very proud to have such a talented and hardworking young man in our Sixth Form!



## CHRISTMAS 2020

*"The future belongs to those who believe in the beauty of their dreams."*  
Eleanor Roosevelt

## Year 13 2018-2020 Destinations

No one could have foreseen for Year 13 students that the 20th March 2020 would be their last day of school. After an anxious six months results day arrived followed by confusion and government U-turns. The magnificent students coped with all that Covid-19 could throw at them and have gone on to a wide range of courses and universities. We are delighted that all students in Year 13 have successfully progressed onto University, apprenticeships or the armed services, a fantastic achievement in these uncertain times. Over a third went to the Russell Group Universities, the leading research universities in the country. We wish them all the best for the future and hope that they stay safe and well.

Anna Maw, Head girl is going to Newcastle University to study Geography and Urban Planning and Jay Wardropper the Head boy will be studying Medicine at Cambridge University.



Jane Usher is also going to Cambridge University to study History.

Future doctors include Ashna Saji, Olivia Thompson and Melin Sunil and Hannah Oxley a future Veterinary Surgeon. The NHS will also gain a

host of wonderful nurses, midwives, paramedics and pharmacists. There are also many future engineers, scientists, musicians, artists and teachers. The Children's Play Learning and Development course had another very successful year with students going on to Nursing and teaching courses including one to Durham University.

We are so proud of all of Year 13, they are a credit to their families, their Sixth Form and themselves.

**Year 13 Awards** Although circumstances meant that we were unable to have a proper leaving ceremony, that does not mean that the achievements of our students went unnoticed or unrewarded. Certificates and prizes were posted to students and this magazine is an opportunity to recognise the hard work and dedication of our students.

Art	Jenny Stavers	
Biology	Melin Sunil	Jay Wardropper
BTEC Art and Design		
BTEC Business Studies	Faye Potts	
Business Studies	Teenu Thomas	
Chemistry	Melin Sunil	Jay Wardropper
Children's Play Learning and Development	Niamh Lister	
Classical Civilisation	Katie Woodley	
Computer Science	Ben Foley	
Drama	Abby Craig	
Economics	Jithin Sojan	
Engineering	Jay Hewson	Riyaz Jilane
English Language	Teri-Ann Wright	
English Literature	India Lodge	
Fashion and Textiles	Natasha Hair	
French	Jessica McKendrick	
Further Maths	Rob Dunlop	
Geography	Ian Flores	
Head Boy	Jay Wardropper	
Head Girl	Anna Maw	
History	Jane Usher	
Law	James Simpson	
Maths	Yasmin Fayaz	Jithin Sojan
Media Studies	Faye Potts	
Music	Natasha Hair	
PE	Eleanor Lynn	
Philosophy	Isabella Daw	
Photography	Shaun Donkin-Nunn	
Physics	Rob Dunlop	
Politics	Dan McKie	
Product Design	Georgia Grieves	
Psychology	Abi Davies	
School Council	Kenn Gamueda India Mason Joe Whelan Hamzah Haque Christelle Furtado Isha Hamid Ian Flores	Leia Young India Lodge Abi Davies Zoe Tipling Rob Dunlop Holly Leadbitter
Sociology	Amy Nichols	
Spanish	Phoebe Lincoln	

## Maria Isahac Elle Magazine September Issue

During lockdown, the Sixth Form was invited to put forward a student for a nationwide competition organised by Elle Magazine to find the best new design talent in the country. We were delighted that Maria Isahac was one of the only 12 winners. Maria took part in organising the issue, virtually of course, and had an article dedicated to her hopes for the future accompanied by this lovely picture. Maria said how much she had enjoyed her time in Sixth Form and she had many happy memories particularly of her time at the Youth Village.

The outfits her grandmother made for her and her sisters inspired Maria's career goal. "Living in a Filipino household influences my designs; I can't wait to juxtapose my heritage with British culture." Maria is now on a fashion design course at the University of Leeds.

Congratulations Maria a fantastic achievement.



## CHRISTMAS 2020

"When educating the minds of our youth, we must not forget to educate their hearts."





## Antonian Awards

The Antonian Awards ceremony had to be cancelled in March 2020 due to the Coronavirus pandemic. However, that didn't stop us announcing and celebrating the winners for PE & Sport.



## Basketball 2019

Well done to the two teams who competed in the Sunderland



Schools basketball competition held at City Space during December 2019.

The girls were 2nd and 5th placed losing only to Biddick by 1 point, they had a great tournament and even picked up a few new skills.



## Are you considering studying BTEC Sport in Year 10?

The Edexcel BTEC Level 1/Level 2 First Award in Sport is designed for young people who may wish to explore a vocational route throughout Key Stage 4. The course has been developed to encourage personal development through practical participation and performance in a range of sports and exercise activities. It gives learners a wider understanding and appreciation of health-related fitness, sport and exercise. The course encourages learners to develop their people, communication, planning and team-working skills. The course gives learners the opportunity to progress to the BTEC Level 3 Extended Certificate in Sport. It provides a good introduction to Sport for learners in post-16 education.

It is a modular qualification, which is assessed over 4 units. It is coursework-based work and one external examination. The content of the course covers fitness for exercise and sport, practical sports performance, the principles of personal training and leading sports activities.

In addition to this, the qualification provides opportunities for learners to develop the communication skills needed for working in the sport sector, as they progress through the course. This can be achieved through presentations and in discussions where they have the opportunity to express their opinions. The qualification provides opportunities for learners to focus on the development of personal, learning and thinking skills, and English and mathematics knowledge and skills, in a sport-related context. It also provides the starting point for a route to employment into many diverse areas of sport, including junior level roles in the sport and active leisure sector, such as recreation assistant or sports leader.



CHRISTMAS 2020

## Cross Country – City of Sunderland Competition

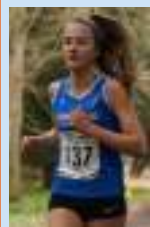
Well done to the Senior, Intermediate and Junior cross country teams. They competed in the City of Sunderland Cross Country Competition in December 2019 at Farrington. Several of the girls were placed



amongst the top ten fastest runners and represented Tyne and Wear at the Country Cross Country Competition.

## Start Fitness Harrier League

Outside of school, Evie & Hannah were competing in the Harrier



League prior to Covid.

Unfortunately, the start of the new season has been postponed but they are still working hard at training ready for when races can resume.

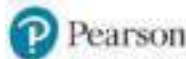


## Cross Country Cup Competition

Well done to the Year 7, 8, 9 and 10 Cross Country competitors. They represented the Academy at the annual County Cup competition. On a very cold day, they showed sheer determination and were a credit to the Academy.



One of our Year 9 competitors was placed 4th overall and a Year 7 competitor placed 2nd, a great achievement girls. Well done.



## Are you thinking of studying BTEC Sport in Sixth Form?

The Pearson BTEC National Extended Certificate in Sport is a qualification for learners who have a keen interest in sport and physical activity and want to continue their education through applied learning. It is for learners who aim to progress to higher education and ultimately employment in the sport sector. The full qualification is the equivalent to one A-Level and it combines well with a large number of subjects, especially biology. It supports entry to higher education courses in a very wide range of disciplines. It is a modular qualification which is assessed through coursework-based work and external examinations, with 50% of the course being assessed at the end of year 1, allowing learners to achieve the National Certificate qualification by the end of Year 12. (0.5 A Level).

The content of the course covers anatomy and physiology, fitness training and programming for health, sport and well-being, professional development in the sports industry and practical sports performance.

### Relevance to Further Studies and Careers

The qualification carries UCAS points and is recognised by higher education providers as contributing to meeting admission requirements for many courses if taken alongside other qualifications as part of a two-year programme of study. It combines well with a large number of subjects and supports entry to higher education courses in a very wide range of disciplines.

There are tens of thousands of people who work in, and owe their living to sport.

Through coaching and teaching, outdoor pursuits, professional sport podiatry, leisure management, sports medicine, sports development and sports coaching, sports psychology, sports physiology, sports massage, therapy and rehabilitation, sports dieticians, journalism, sports science, physiotherapy, public relations, administration and management – the world of sport offers a rich variety of interesting and rewarding career opportunities.



## CHRISTMAS 2020

"You are never really playing an opponent. You are playing yourself, your own highest standards, and when you reach your limits, that is real joy."



## Inter-house Basketball – December 2019



### Year 7

There was an amazing level of participation from the Year 7 pupils at the Inter-house basketball competition. St. Joan of Arc (green team) were victorious winning all of their games.

### Year 8

The year 8 inter-house basketball tournament was a great turn out.



St. Clare (white team) were the overall winners.  
Well done girls.

### Year 9

Well done to all Year 9 girls who entered the inter-house basketball competition. The overall winners were St. Clare (white team).



## Katie Makes a Splash into 2020

Earlier this year (February 2020), Katie competed at the Northumberland & Durham County Swimming Championships.

In these, Championships Katie medalled an impressive 8 times. Of which, in one of them, she achieved gold, in the 50m Freestyle, making her County Champion (11-12 year old girls).

The other 7 events Katie won medals in are during the gala were:

200m Freestyle- Silver  
400m Freestyle- Bronze  
800m Freestyle- Bronze  
100m Backstroke- Bronze  
200m Backstroke- Bronze  
200 Individual Medley- Bronze  
400 Individual Medley- Silver



Due to her outstanding performances, Katie has been selected for the Swim England North East Region Performance Swimming Programme 2020.

Obviously, Katie is excited to be given this opportunity, along with her swimming club, parents and school.

Well done Katie from the staff at St Anthony's.



## St Anthony's Girls showing commitment to their sport during Covid19

Due to the current restrictions and the use of sporting equipment during Covid. The girls from Sunderland Swimming Club can only get availability at Hetton swimming pool at 5.15am. This means a 4.30am wake up at least 2 mornings a week before a full day at school, most of the girls are doing land training with their coaches via zoom and access gyms as much as they can to keep their land fitness levels up.

The determination and commitment to their sport is amazing!!

## CHRISTMAS 2020

"The more difficult the victory, the greater the happiness in winning."



## PE News (Autumn 2020)

What a fantastic first term we have had here in the PE department.

PE classes have been developing competence in Athletics, Orienteering, Health-related fitness and Mindfulness. They have been physically active for sustained periods of time, engaged in competitive sports and activities which promote active lives. They have also learned to understand what makes a performance effective.



### Homework and working from home plans:

All PE homework and working from home plans can be found on FROG.

1. Log in to frog and go to the PE site.
2. There you will find the welcome page with student notices.
3. Click on the student notice that is relevant to your year group.
4. Follow the instructions in the student notice.
5. Good Luck & Enjoy!



## KS3 Badminton (pre-covid)

Well done to the KS3 teams that competed in the Sunderland Schools' Badminton competition at the end of last year. It is great to have entered four teams in the event, and the girls gained great experience doing it. Congratulations to the 'A' team (pictured top right), who won the event, and qualified to represent Sunderland at the Tyne and Wear games held at Newcastle Badminton Centre. The girls went on to finish 2nd in their group when representing the city, narrowly missing out on the finals. Well done!



## KS4 Badminton (pre-covid)

Congratulations to our KS4 team who won the City of Sunderland Badminton tournament at the end of last year. The girls won all of their matches, playing several singles and doubles matches throughout the event. The girls went on to qualify to represent the city at the Tyne and Wear Finals, where they finished 3rd in their group. Fantastic effort girls, well done!



## Key Stage 3 Athletics – February 2020

During the spring term Key Stage 3 pupils took part in a fantastic Sunderland Harriers taster session at Silksworth Athletics track.



CHRISTMAS 2020

[www.st-anthonys-academy.com](http://www.st-anthonys-academy.com)



## Year 7 Netball News

The Year 7 Netball team were in action in the Tyne & Wear and the City of Sunderland tournaments prior to lockdown in March. Well done to both Year 7 Netball teams who were placed 3rd and 4th.



## Year 10 Netball

Well done to the Year 10 Netball Team. They represented the City of Sunderland at the Tyne and Wear netball tournament in December 2019. They came 4th overall.



## Year 11 Netball

Congratulations to the Year 11 netball team. They were crowned the City of Sunderland League and City Tournament champions in the Autumn Term 2019. This is an amazing achievement girls. We are very proud of you all. Well done.



CHRISTMAS 2020

### Year 7 Football Success

Congratulations to Sophia Maroney who plays for Cramlington Town under 12s girls' Football team. The attached photo is of Sophia (2nd from right) and her team.

Cramlington Town played against Cullercoats on the 24th October 2020 with Cramlington winning 15-2, with Sophia scoring one of the goals. Sophia's team are now top of the league. Well done Sophia and good luck with the rest of the season!



### Year 7 5-a-side Football (pre-covid)

Congratulations to the Year 7 Football team who won the Sunderland Schools' 5-a-side tournament last January. The girls played fantastically well and did not concede a goal during the whole event! Well done girls!



### U13 Football – 5th March 2020 (pre-covid)

Our u13 Football team were in action at the Sunderland Central Venue League back in March. The girls drew with Hetton 0-0 and beat Redhouse 1-0. Well played girls!



### Year 11 Football success

Congratulations to Charlotte Sloan in Year 11. Charlotte was offered a place on the Sunderland Football Scholarship and attends the Beacon of Light every Friday. She does half a day of schoolwork with a qualified teacher and half a day training with the Sunderland Ladies' Under 18s. Well done Charlotte!



Follow the PE department on Twitter to keep up-to-date with all the latest news, events & results:  
@PEStAnthonys

There you will find information about up and coming events, remote inter-house activities, family challenges, links to physical activity websites, links to your homework and BTEC sport content.

## CHRISTMAS 2020

"Always make a total effort, even when the odds are against you."





## Rowing Competition 2019

Congratulations to all the girls who participated in the Tyne & Wear school games rowing competition.

Stephanie Welsh (Year 13) and Robyn Arkley (Year 9) were both 1st in their age groups, Abigail Taylor (Year 10) and Alice Cammock (Year 9) were 2nd in their age group and Chloe Forster (Year 12) was 3rd.

The girls qualified for the Northern Region championships representing Sunderland.



## Regional Results 6th March 2020



Huge congratulations to Stephanie Welsh (Year 13) who is the regions Rowing champion winning the regional finals. Well done to Robyn Arkley (Year 9) who came 3rd.

Well done to Alice Cammock and Robyn Arkley who were

part of the Year 9 relay team finishing 1st.

## Trampoline



Well done to those girls representing the Academy at the Tyne and Wear Trampoline finals in December 2019.

## Stretching and Mobility (pre-covid)

Our rest, easy, dog and tree poses were flawless on Wednesday lunchtimes before lockdown! The sessions focussed on stretching and mobility, as well as promoting a healthy mind.



## U15 Handball (pre-covid)

Well done to the u15 girls who competed at the County Handball Finals back in March. The girls had very little experience

of playing Handball before this year, but managed to win the previous competition in November, subsequently qualifying to represent Sunderland in the Tyne and

Wear round. The girls finished 4th overall in this round and played some brilliant matches, well done!



## Year 10 Leadership – Key Stage 1: Primary Links

Well done to the Year 10 leadership girls. They planned, organised and ran an extremely successful Key stage 1 Teddy Bear Olympics in February 2020 and a Key Steps Gymnastics competition in December 2019.



## CHRISTMAS 2020

*"To uncover your true potential you must first find your own limits and then you have to have the courage to blow past them."*

## A-Level Psychology

### Recreating psychological experiments

Our Year 12 psychology students recreated some famous social influence experiments within the classroom. The classic Asch study into conformity, where students were given the task of identifying which line matched the first line on the page. They were able to demonstrate how people often conform to majority influence (even when incorrect) due to the desire to fit in! They also carried out the Jeness experiment where students had to individually estimate how many sweets were in the jar, then again after they had seen each others answers, demonstrating the power of informational social influence!



### Budding Psychologists

Other Year 12s acted as budding psychologists carefully planning and creating their own psychological investigations to carry out at home on their families!



## Psychology Superstars!!!

Our superstars were awarded certificates of excellence in psychology.

### Year 13

- Well done to **Alfonso Alonso** and **Hannah Dunnet** for outstanding performance in psychology and for going above and beyond expectations.
- Grace Loftus** for her enthusiasm and positive attitude and commitment to her studies all throughout lockdown and on her return to school.
- Katie Stephenson** for her showing great improvement/commitment and positive attitude! Keep up the good work!



### Year 12

- Well done to **Amelia Hudak**, **Lucy Jones**, **Gabrielle Frost** and **Georgia Jenner** for always giving 100% to all tasks both in class and at home and for making a really impressive start to the year! We hope you continue with this success!



## Food Bank Appeal

The immense difficulties faced by some of our students and their families this autumn are being tackled by our new School Food Bank Project.

High numbers of families in our school community are facing hard times in the coming months due to the devastating effects of the coronavirus crisis. More and more families are in need of vital support and our school community is joining forces to help those in need. We follow in the example of Catherine McAuley the founder of the Mercy Sisters in Ireland who states 'the poor need help now, not tomorrow.' Through small actions of kindness, the students are truly living the Mercy ethos. Students in Year 7 RE lessons are currently learning about the life and work of Catherine McAuley and have responded fantastically to our Food Bank appeal.

Every week a form saint is selected and pupils are encouraged to bring in any items they possibly can to re-stock our food bank. This cumulative effort should enable us to provide meals for more families in need.

We want to thank all staff and students who have already kindly donated to our project.



## Religious Education - Virtual Covent Visit

Our annual trip to the Oaklea Convent has been moved online, unfortunately due to COVID restrictions the Year 7 covent visit has had to adapt and is now a full virtual experience. Sister Josepha and the Sisters of Mercy who reside at the convent have filmed a fully immersive experience giving up true insight into the lives of the Sisters of Mercy. Year 7 this half term have studied the life and works of Catherine McAuley and how she inspired our Mercy Ethos around school. They now have full access to the daily life of a working Sister of Mercy. And as a special treat the Sisters sent over Fruit Shoots and Curly Wurlys for all students to enjoy whilst watching.

## New General RE Course

In 2020 the Religious Education Department in St. Anthony's Girls' Academy are launching our new General RE

programme. Pupils are to study a range of theological and philosophical issues, such as Situation Ethics, Utilitarianism and Forgiveness. Students will have the opportunity to discuss these issues and to apply them to their own lives, considering the impact they may have on themselves and others around them. During the first term, students are to explore a range of world religious views and to seek commonality between faith and action.



## Year 10 - GCSE RE

Our Year 10 students started their Religious Education GCSE this year. During this

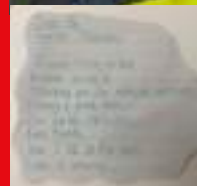
first term our Year 10 girls are studying the module, 'Good and Evil'. The unit focuses upon philosophical and theological issues, such as 'The Problem of Evil', The Trinity and the ways Jesus can be considered a guide for moral and ethical decision making. So far, the lessons taught have produced some excellent debates, with students able to consider views from a range of different perspectives and then use these to support their own. The RE department have been delighted with the girls' enthusiasm and aptitude for learning, so far this year. Next up, students will begin the 'Applied Catholic Theology' section of their course, with a focus on issues surrounding life after death, crime and punishment and Evangelism. It has been a great start - well done Year 10!



## Poetry Corner

One of our Year 7 students wrote this amazing poem about their first half term of RE in St. Anthony's! Well done, Tanisha!

Super fun  
Terrific teachers  
Always trying my best  
Never giving up  
Thinking you can achieve anything  
Having a great time  
Our perfect community  
New friends  
Year 7 RE is the best!  
School is amazing



## CHRISTMAS 2020

"Don't let crosses vex or tease. Try to meet all with peace and ease."

Catherine McAuley



## Welcome to Year 7 RE!

Our Year 7 girls have produced some brilliant work this year and have already made a great impression on the department. Recently, they have been learning about the Sisters of Mercy, their origins, and the role they have played in the modern history of Sunderland. They have produced some excellent information leaflets, which could be used to spread the word of the incredible acts of the Sisters to the whole world!



Furthermore, our Year 7 girls have been learning about the founder of the Sisters of Mercy, Catherine McAuley. The girls have created board games to play, based on facts about Catherine's life, to help



them remember the amazing things she did! Here you can see Mrs Fairclough's class playing their version of Snakes and Ladders – the Catherine McAuley edition!



## Some of Mr Milne's A-Level RE students have written a letter to Sister Josepha to thank her for the contribution she has made to their lives.

Dear Sr. Josepha,

We would like to thank you from the bottom of hearts for all of the love, compassion and Mercy that you have shown us in your time here at St. Anthony's.

You have been such a big part of our lives growing up and you have helped us to become the young adults we are today. We will remember you for our trip to the Flame. Even though we started the day so early, you were always so positive and made us forget about our tiredness quickly! We loved having the chance to sing, dance, pray and celebrate our faith with you and thousands of other young people.

We also remember our trip to the Youth Village, Emmaus Centre with you so fondly. That was such a great trip and your endless positivity helped us have the best of times.

Finally, we will never forget how you were always there for us, whenever we needed you. Your warmth and kindness has defined some of our most precious memories of Secondary School. Your smile and caring voice echoes in our minds as we remember and cherish the memories we have of you.

Thank you so much for all that you have done for us. Your smile and positivity will always shine on through us all.

With love,  
Year 12 RE

A great day was had by all!! Although we were in the school car park at 3.45 a.m. we had a great journey together and arrived on time in London Metro Arena to sing, dance, pray and celebrate our faith with 10,000 other young people!! A day to remember!



Exploring our faith at the Youth Village, Emmaus Centre, with the Gap Year team.

The whole RE department would also like to wish Sr. Josepha a happy retirement and to thank her for all that she has done for us. We will miss you!

RE

## CHRISTMAS 2020

"We have one solid comfort amidst this tripping about, our hearts can always be in the same place, Centered in God, for whom alone we go forward or stay back." Catherine McAuley



## Year 7 and 8 Science

As with all subjects this school year, Science lessons have been very different to usual, with many measures put in place to keep students and staff safe. Despite this unique start to their secondary school Science journey, the girls in Year 7 have adapted well and made a strong start to the year. So far, they have studied the topics 'Cells' and 'States of Matter', and have developed fundamental skills, which will be required throughout KS3 and GCSE Science such as, how to draw a graph and how to write up an experiment.

Similarly, the girls in Year 8 have made a good start with their topics this year. So far covering 'Photosynthesis' and 'The Earth and its Atmosphere' during which pupils particularly liked learning about the different planets in the solar system and how fossils are made.

Although practical work has been put on hold, pupils have enjoyed watching videos of experiments to aid their understanding of certain topics. They have reported that they look forward to when they can carry out practical work in school again. The girls are continuously enthusiastic during lessons, asking questions that highlight their genuine interest and understanding of the subject. They have also produced some outstanding pieces of work that exhibit their conscientiousness and creativity.



Year 7 lab safety poster and states of matter poster



## Biology A-Level Stars

A big "Well done!" to Jay Wardropper, Melin Sunil, Yasmin Fayaz and Mahir Islam who achieved an A\* grade in their Biology A-Level this year.

"Well done" also to Ashna Saji, Olivia Thompson, Hannah Oxley, Carra Greaves, Jasmine Pahl, Lalljit Toor, Aimee Lincoln, Nathan Carr, Luke Dodd, Lillie Muncaster, Leema Saji, Chelsea Nocon and Nazmul Islam who all achieved A grades in their Biology A-Level this year.

Huge congratulations to all of you! We wish you well in your future studies at university.



## Biology GCSE Stars

Congratulations to Shenali Scott, Beth Connors, Michelle Lim, Ryxelle Gepte, Merin Sunil, Callie McGinty, Olivia Kennedy, Daisy Neill, Emily Marshall, Ava Sun, Amy Lumsdon, Lucy McMullan, Emily Adamson, Rebekah Hughes and Zebier Samra who achieved fantastic grades at GCSE. It's great to see so many of you continuing your studies at A-Level.

## CHRISTMAS 2020

"Science is a way of thinking much more than it is a body of knowledge."

Carl Sagan

## Phantastic Physicists

A massive congratulations to Rob Dunlop and Jithin Sojan who managed to achieve an A\* in their Physics A-Level. Amelia Turnbull and Ben Foley are also deserving of a massive well done, as they managed to achieve a fantastic grade A.

A special mention must also go to Karolina Serafin who sat foundation GCSE Combined Science but managed to get a grade C at A-Level; an absolutely remarkable achievement!

At GCSE we had Kerlin Biji, Amy Wilson, Emily Adamson, Merin Sunil, Beth Connors and Shenali Scott all achieve grade 9. Gabrielle Frost, Rebekah Hughes, Amy Lumsdon, Emily Marshall, Daisy Neil, Olivia Kennedy, Callie McGinty and Michelle Lim also did a fantastic job, achieving a grade 8. Some of our girls have gone on to study A-Level Physics with us here at Sixth Form where we have 27 students in Year 12; the highest number for a very long time!

## Star Chemists

A big "Well done!" to, Yasmin Fayaz, Hannah Oxley and Melin Sunil who achieved an A\* grade in their Chemistry A-Level this year. "Well done" to Chelsea Nocon, Ashna Saji, Olivia Thompson and Lalljit Toor who achieved an A grade in their Chemistry A-Level this year.

Huge congratulations and we wish you all the best in your future studies.

Other success stories include the students who completed their GSCE Chemistry – many of whom are now studying A-Level Chemistry.

The following students should be proud of their achievement – Emily Adamson, Beth Connors, Ammi Hunt, Olivia Kennedy, Daisy Neil, Shenali Scott, Harpinder Sunner, Michelle Lim, Ivana Brodanac, Lucy Dixon, Gabrielle Frost, Amy Lumsdon, Callie McGinty, Merin Murphi, Merin Sunil, Ruxelle Gepte, Emily Marshall and Amy Wilson. Well done to you all.

## Applied Science Success

Applied science has got off to an excellent start this year with another full class of Year 12s joining the cohort. Arriving with confidence from their excellent unit one exam results, the Year 13s were excited to get started on their new coursework topic. They have worked with their teachers researching different types of infectious disease and how they are spread from one person to another. As part of their coursework completion, they have learnt important skills for university such as referencing and becoming independent learners.

The Year 12 class are following keenly in their footsteps and have also started with the coursework unit, alongside the examined content. They have been an excellent class and have adapted well to being in sixth form, taking more ownership of their learning. They have succeeded so far in completing complex chemistry calculations and have impressed teachers with their scientific ability. Students are looking forward to getting back in the lab for more experiments and practical investigations this year, as well as returning to Sunderland University to use their advanced scientific equipment. An exciting start to the year so far!



## CHRISTMAS 2020

"The art and science of asking questions is the source of all knowledge."

Thomas Berger





## Science STEM Events

Over the past year we have participated in numerous events in the school as well as going on some fantastic trips. Science club was a fantastic success with over 50 students attending over 2 rounds of sessions. Our victorious Lego Clubbers from last year returned to mentor the new Year 7s as they again did St. Anthony's proud by showing great teamwork and resilience to score very well in the regional finals. In sixth form, we had trips to the Durham University Christmas Lectures and the Sixth Form Aviation Challenge in Hartlepool, which the students loved. We are looking forward to getting started again with all our traditional STEM events as well as welcoming even more fantastic experiences for our students.



## CHRISTMAS 2020

*"Scientists have become the bearers of the torch of discovery in our quest for knowledge."*

Stephen Hawking

## CELEBRATING 25 YEARS of SKI CLUB



For the past 25 years, hundreds of St. Anthony's girls, along with their brothers from St Aidan's and many younger children from the feeder Primary Schools, have attended Friday night Ski Club at Silksworth Ski Slope.



CHRISTMAS 2020

"Eat, Ski, Sleep, Repeat."





SKI CLUB



**CHRISTMAS 2020**

*"So Many Mountains, So Little Time!"*





As well as skiing on plastic they have tasted Snow Skiing at X-Scape in Castleford and have been able to enjoy the wonderful Ski Resorts of Mountains across Europe, the USA and Canada. Many have become lifelong Skiers.



I know of one of our girls who later in life became engaged at the top of a mountain, another who now owns her own Ski Chalet in France.



CHRISTMAS 2020

"The Slopes are Calling and I Must Go!"



SKI CLUB



**CHRISTMAS 2020**

*"Skiing is more than a Sport, it is a way of Life."*





Many have become qualified Ski instructors and travelled the world with their sport as well as becoming Instructors and Ski Technicians employed by Sunderland at Silsworth.



We have had many excellent Ski Racers, with our team winning Sunderland Young Achievers of the Year Award after gaining Bronze in the Nationals and receiving their medals from Olympic Skier and Sports Commentator Chemmy Alcott.



CHRISTMAS 2020

"Skiing is a Dance, and the Mountain always Leads."





## SKI TOURS 1995 – 2020

YEAR	COUNTRY	RESORT	CITY VISIT	YEAR	COUNTRY	RESORT	CITY VISIT
2020	ITALY	Prato Nevoso	(cancelled due to Covid)	2005 (Feb)	Austria	Worgl	Salzburg
2019	USA	Jay Peak	New York	2004	USA	Heavenly	San Francisco
2017	Austria	Oetz-Solden	Innsbruck	2003 (Easter)	Italy	Passo Tonale	Milan
2015	Austria	Oetz-Solden	Innsbruck	2003 (Feb)	Italy	Cesana	Milan
2013	Italy	Civetta	Venice	2002	USA	Sugarloaf	New York, Boston
2012	Switzerland	Jungfrau	Lucerne	2001 (Easter)	Switzerland	Grindelwald	Lucerne
2011	USA	Sierra, Tahoe	San Francisco	2001 (Feb)	Switzerland	Grindelwald	Lucerne
2010	Austria	Imst	Innsbruck	2000	Canada	Mont St Anne	Quebec, Niagara
2009	Italy	Civetta	Venice	1999	Austria	Scheffau	Salzburg
2008	Austria	Zell am See	Salzburg	1998	USA	Sugarloaf	Boston
2007	Italy	Civetta	Venice	1997	Italy	Folgaria	Venice
2006	Italy	Civetta	Venice	1996	Italy	Bellamonte	Verona
2005 (Easter)	Austria	Itter	Salzburg	1995	Austria	Zell am See	



## CHRISTMAS 2020

Ski Club has been very successful in introducing our young people to an exciting sport as well as providing the opportunity to make friends and experience different countries and cities with fellow skiers. This would not have happened without the enthusiasm and dedication of many Staff over the years, the continued support of Mrs Shepherd and the support of the Parents of the Skiers, so thank you on behalf of the students for making all of this possible.

Mrs Taroni (Ski Club Organiser)



## Teacher Training at St. Anthony's



### School Direct

Our 11 School Direct teacher trainees have made an excellent start to their teacher training programme, since starting at St. Anthony's in September. There are a few familiar faces among them, as 5 of our former pupils enrolled on the course this year. The trainees have observed a range of excellent practitioners in school; participated in training sessions covering all aspects of school life and are now delivering lessons with the support of their subject mentor. In addition, they are studying for their PGCE at Master's level through St. Mary's University, Twickenham.

Here are some of their thoughts about the training programme at St. Anthony's:

***"The course is challenging but rewarding. Teaching the students and watching them make progress makes it all worthwhile. Every lesson I teach reminds me why I started this journey."***

***"It's been an eventful first term under the current circumstances! The school, including all of the teachers and support staff, have been so welcoming and this is one of the main things that stands out for me. I have felt supported at every opportunity, yet positively challenged at the same time. I'm already looking forward to the next half-term and taking on the additional responsibilities of teaching another year group."***

We wish them well on their teaching journey!

We are delighted that all 6 of our school Direct trainees from last year secured a teaching role in September and have got their teaching career off to a fulfilling start.

### Teach First

St. Anthony's has also recruited 3 Teach First participants for the very first time this year. They participated in an intensive summer institute course in July and August, where they learnt the theory and practice of education. They are now gaining lots of experience in the classroom; mentoring our year 11 pupils in study skills and delivering their subject to the primary schools in our Multi Academy Trust. Teach First trainees are also studying hard for their Postgraduate Diploma in Education and Leadership.

Are you inspired to teach? Teacher Training recruitment is now open. You can apply via UCAS or for more information on the Teaching courses that we offer e-mail: [enquiries@st-anthonys-academy.com](mailto:enquiries@st-anthonys-academy.com) FAO Sam Ward.

## CHRISTMAS 2020

*"Always make a total effort, even when the odds are against you."*



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