



St. Anthony's Girls' Catholic Academy

A Mercy Academy committed to excellence



SPOTLIGHT



Ofsted
Outstanding

CHRISTMAS 2019





Dear parents, carers, families, friends and alumni,

Happy Christmas 2019

Wishing all our parents, carers and families a very happy Christmas and a peaceful New Year. Thank you for your continued support for the school community and wishing you a lovely Christmas break.

NASA 2020, Wimbledon 2020 and much more

We look forward to a large number of events in 2020 including the third visit of a group of students to NASA (Houston, Texas) during February half-term, co-ordinated by Mrs. Taroni. There are also numerous other local, regional, national and international visits planned for this year including our annual Wimbledon Visit June 2020 co-ordinated by Mrs. Cliff. We have undertaken over three hundred separate visits during the last three years. Thank you to all staff who so generously give of their time to so many initiatives large and small.

International School Award 2019

We were delighted to receive the International School Award from the British Council this term. Particular thanks to Mrs. Marshall and all the staff of the Modern Foreign Languages Department who with colleagues across the school community contributed to this assessment. Mrs. Shepherd was invited to mark the 20th anniversary of this award at the British Council in London.



CHRISTMAS 2019

"You must be cheerful and happy animating all around you."

Blessed Catherine McAuley

World Class School Award 2019

We were also successful in our application to be a World Class School. Thank you to all the staff and students involved in both substantial projects. This is an excellent accolade and grateful thanks to the students who took part in both the assessment exercise (Y8 and Y9) and those who created the video about the school (sixth form students). Thank you to Mrs. Collins who co-ordinated many of the events and Mr. McDonagh who accompanied students to the Assessment Centre. Mrs. Collins and Mrs. Lanaghan will receive this award, on behalf of the school community, in December 2019.

Faith in Action Gold Award 2019

Well done Abby Philips who has received the prestigious "Faith in Action" Gold Award from CYMFED (Catholic Youth Ministry Federation). A big thank you to Sr. M. Josepha for her support to students undertaking this award and the John Paul II Award scheme annually.

Twitter

Please follow us on twitter where we share news on a daily basis:

@St_Anthonys3 (main school)

@AASixth Form (St. Anthony's and St. Aidan's Catholic Sixth Form)

@BeaconSch (Teaching School)

@ourlady_cet (Our Lady of Mercy Catholic Education Trust)

M. Shepherd

Headteacher



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www.st-anthonys-academy.com



World Class Schools

In December 2018 we were delighted to find out that we had been nominated for the World Class Schools Award. The World Class Schools Quality Mark is the new standard in education for schools who have moved beyond outstanding. World Class Students have the skills and dispositions to succeed in the global environment of the 21st century.



Year 9 students Eve Fawcett, Grace Elliott, Theresa Dunn and Stephy Mathew gather information for the audit

The award's uniqueness lies in the fact that the students are assessed with regard to whether they are World Class or not, rather than the school itself. The premise is that if the school is truly World Class, then its students should be able to demonstrate this in whatever context they find themselves. Students from Year 9 and Year 10 worked together to complete the St Anthony's World Class Bid.



Year 10 students Liv Marshall, Eve Clark and Lolan Galano preparing the audit

This year students from 25 schools got through to the Assessment Centre, and were given the challenge of working in teams to design a 'Classroom for the future'. Students were required to carry out pre-event planning, research and design work, laying the groundwork for the assessment day, during which they would be meeting with consultants to seek expert help before creating designs, brochures, films, and a 3D model of the space. At the end of the day each team presented their designs to a panel of industry experts, who helped to assess whether students had the World Class skills and competencies to secure their school WCSQM accreditation.



3 Year 10 students: Eve Cole, Lola Galano and Isobel Hair travelled to Reading to complete the Assessment Day Event on behalf of the Academy.

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"A journey is best measured in friends rather than miles."

Tim Cahill



Year 10 students Eve Cole, Lola Galano and Isobel Hair present their ideas at The World Class Schools Assessment Event.

The girls were amazing and they were a real credit to the school. It was a challenging day but they overcame many obstacles to work as a team, and come up with an amazing design.

The Assessment Centre is the fourth stage of the rigorous application process schools follow in order to gain the coveted title of World Class. Initially, the school is recommended by another World Class school or leading educational organisation, and the school's achievement data is assessed to shortlist. At the third stage the World Class students carry out an audit to identify what it is about their school that has made them World Class. The audit involves the creation of a video, 'A week in the life of St Anthony's Academy' demonstrating how the school is World Class on a day to day basis.



Year 13 Photography students Eve Wilson and Bethany Dixon edit the video 'A week in the life of St Anthony's Academy'.

The Presentation



We are delighted to find out that we have officially been recognised as World Class and invited to collect our award at the WCSQM Awards Ceremony, hosted by Cambridge University at Lady Mitchell Hall, on Friday 13th December 2019, officiated by Dr Phil Knox, university lecturer in Medieval Literature, at the Faculty of English, Cambridge University.



Year 9 students Honey Dench and Gabrielle Collins in Cambridge for the award presentation.

The next step will be to support other amazing schools in reaching their full potential!

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"Adventure is worthwhile."
AESOP





INTERNATIONAL SCHOOL AWARD

St. Anthony's Girls' Catholic Academy

St. Anthony's Girls' Catholic Academy has been awarded the British Council's prestigious International School Award in recognition of its work to bring the world into the classroom.

[illegible]

- Teacher training working in partnership with the University of Linnaeus, Vaxjo and 
- Continuing professional development work working with Manzini Youth Care, Swaziland.
- Links with schools in China as part of Sunderland's partnership with Harbin and 
- Links with schools in Gujarat, India, including Panchshil School Rajkot.

On hearing the news that St. Anthony's had received the award, Mrs. Shepherd (Headteacher) said:

“At St. Anthony’s we hope to expand horizons by linking with global partners and inviting them to visit us in Sunderland. We have developed strong links with the University of Linnaeus in Sweden. Student teachers from the university undertake aspects of their training in Sunderland. We have also developed links with schools in China, as part of Sunderland’s link with Harbin, and also schools in India and schools in the USA.”

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"The gladdest moment in human life, methinks, is a departure into unknown lands." Richard Burton

The teaching of Modern Foreign Languages is a great strength of our school community. learning about varied cultures in an increasingly globalized world.

Languages which is always a fun and inspiring day at St. Anthony's."

Sir Ciarán Devane, CEO of the British Council, said: education ensures that they are truly global citizens and helps prepare them for successful

in countries such as India, Sri Lanka, Egypt, Lebanon, Nigeria, and Pakistan. Over 6000 International School Awards have been presented to successful schools in the UK since

- An international ethos embedded throughout the school
- A whole school approach to international work
- Collaborative curriculum-based work with a number of partner schools
- Year-round international activity
- Involvement of the wider community

British Council International School Award

British Council is the UK's international organisation for cultural relations and educational opportunities. We work with over 100 countries in the fields of arts and culture, English language, education and civil society. Last year we reached over 65 1934 we are a UK charity governed by Royal Charter and a UK public body. We receive 15 per cent core funding grant from the UK government.

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"Learning is a treasure that will follow its owner everywhere."

Chinese Proverb

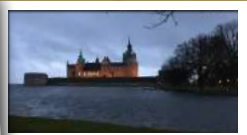


Music Tours Amsterdam
The Senior Choir tours Europe annually and performs in various languages at a famous landmark in that particular city. (Amsterdam - Engelse Kerk and at the market square in Delft).

Swedish Teacher Training Programme

Sunderland - 15 Swedish Teacher Trainees attended a 3-week training course at St. Anthony's, led by specialist staff and observed a wide range of lessons at the Academy.

Vaxjo and Kalmar - 5 members of St. Anthony's staff visited Vaxjo and Kalmar in Sweden in December to share good practice and deliver presentations to school leaders on Leadership, Assessment and Narrowing the Attainment Gap.



Swedish teachers in St. Anthony's



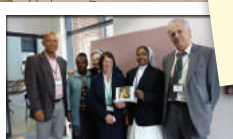
Sunderland and Bretenoux
French school letter exchange -
letter communication with partner
school



Spanish Partner School Letter Exchange



Ecuador - Camps International
Completing community projects
to help the local villagers
improve quality of life.



Staff from eSwatini have visited
Sunderland to learn about
educational practice (at all age
ranges) in the UK.

Swaziland (now known as Eswatini)- Manzini Youth Care

St. Anthony's has supported this charity since 2008 when Mrs Laydon took the first group of and staff have visited and volunteered in the school and orphanage. The school continues to fundraise to help to support the children's homes and offers continuing professional development with staff at Enjabulweni school and the Salesian High school in Manzini.



"Life is either a daring adventure or nothing at all."

Helen Keller

Sunderland and Rajkot - Religious Education

Festivals Project with Partner School in India - Art demonstrations of a variety of religious festivals including Eid, Christmas and Diwali. Exchange of resources and images.



Rajkot - Sunderland

Year 8 students established a link with students at our partner school. Letters, posters and leaflets were created and exchanged to help teach one another about their respective cities.



Sunderland and China -
Mandarin Club - Chinese
language and culture lessons
from a native speaker



Sunderland and China - Hosting
Chinese students - Chinese
students visiting our school



The impressive main building at DFLS

India Visit 2020

Four year 13 students are currently working hard to fundraise for their 2020 trip to visit our partner school in Rajkot, India. The plan is to visit in February and everyone involved is really looking forward to another successful visit!

Daqing Foreign Language School visits

We are thrilled that two groups of Chinese students from DFLS will be coming again in January and February 2020. They will be coming to lessons and sharing their culture with us. It has always been a positive experience and we are sure this year will be no different. We hope the students will love our school and our city.

"A mind that is stretched by a new experience
can never go back to its old dimensions."



Arts Wellbeing – Ceramic Sensations!

As part of the Art and Photography Departments' continued drive to support a range of students in different artistic disciplines, we have helped set up a ceramics group aimed at both students and their parents. In conjunction with MBC Ceramics the Department has led the way for a group of parents and students to produce some excellent 3D outcomes in clay – the results of which can be seen in the images below. The group have engaged extremely well with the teaching and learning on offer by the MBC staff, and the time spent producing the ceramics work has been thoroughly enjoyed by all. We very much look forward to seeing the finished products once they have been fired in the kiln. We hope that more ceramics work can be produced in the Department in the future. Well done to all students, parents and staff involved!



The National School Photography Awards



This year the Department took part in the National School Photography Awards. This is a UK-based award and is open to students with a passion for capturing interesting images from a variety of different starting points. The final rounds

are judged by four professionals in this area, including photographers from TES and Manfrotto. We had two students who made it to the final round of judging: Shaun Donkin-Nunn and Georgia Grieves. This means from the hundreds who entered, they were shortlisted as one of the final 25 in their category. Congratulations to all students who entered the competition; the field this year was very strong. Shaun's image was based on the altering states of an ice sculpture, while Georgia's was based on her passion for dance. Both images reflect a different dynamic or theme in photography, but have been carried out with expert precision and composure.



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"Everything has its beauty, but not everyone sees it."
Andy Warhol

CIAG

Year 8 had a great time with a visit from gibber' – a company who specialise in drama-based theatre for schools. The three members gave the girls an informative and funny show about the different careers, roles and paths into the NHS.



Year 9 are currently completing their entries into the nationwide 'Step into the NHS' competition. We have some fabulous and inventive entries on a range of job roles and the qualifications required for employment opportunities within the NHS. Good Luck!



Year 10 have been completing their placement forms for work experience in July. Once again we have a variety of companies supporting us. Well done to those girls who have met the deadline!



Our **Year 13** students have been working hard at their placement work:

Bethany Mather, whose placement is at Bexhill Primary, accompanied the children to the visiting of the fire station. The children saw the fire engine and had discussions around Bonfire Night. They then

had the opportunity to play with the water hose and to use the sirens!



At Hudson Road Primary, Sahaby Begum has been working with Year 1 children. They had been reading "Supertato". The children were then asked to create their own Super Veggies and make an outfit for them.

Year 11

Year 11 are currently working on revision techniques.

They will do their Unit 1 exam – **Patterns of Child Development** – on the first week back at school following the Christmas holidays. Good Luck!



Year 10

Year 10 have been busy learning about the theorist Abraham Maslow and his 'Hierarchy of needs', and have made displays relating to his theory.

Year 10 have also celebrated the feast day of St Gerard Majella, the patron saint of mothers, by producing prayers and paying a visit to the chapel.



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"Reading, writing and arithmetic are important only if they serve to make our children more human."

A holocaust survivor who became a headteacher



CYMFED Faith in Action GOLD AWARD

We are all so proud of Abby Phillips who has achieved her CYMFED Faith in Action GOLD AWARD. We believe she is the first student in the diocese to complete the award.

Abby has worked energetically with the Pupil Chaplaincy Team, showing innovation through her servant leadership both in and out of school. She demonstrated her faith in action through her volunteering as a dementia friend; promoted the Remembrance Liturgy and knitted poppies for sale as well as helping to organise the Holocaust Memorial Liturgy. Outside of school Abby volunteers at her local veterinary practice and has found ways of making the running of the practice more efficient and sustainable as a steward of the environment. Abby is also a weekly volunteer at Whitehall Stables and Farm where she has already suggested changes to make life easier for all involved. A real "GOLDEN GIRL!"



Emmaus Youth Village

Delighted Year 8 students enjoying a few days of retreat, reflection and relaxation at Emmaus Youth Village as the first group of the season with the newly formed Gap Year team! A time to reflect together on the many "Voices" in their lives e.g. peer groups, social media etc., and having an opportunity to learn about listening to the voice of the Lord speaking in their hearts and minds. The team created wonderful opportunities to reflect on this including a version of "This is the VOICE!" The girls enjoyed the group experiences and time to socialize. A very worthwhile experience for all.



Monkwearmouth Partnership Mass

This happy group of Year 7 students attended the Monkwearmouth Partnership Mass at St. Joseph's Church, on Friday 20th September. They were delighted to meet up once again with staff and students from their respective Primary Schools and to join in the enthusiastic singing and worship of the Mass.



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"A well-educated mind will always have more questions than answers."
Helen Keller

CAFOD Young Leaders

The first session of the CAFOD Young Leader's Training took place at St. Mary's School, Newcastle on 9th October.

This group of Year 12 students, accompanied by Mr. David Harrison and myself are very enthusiastic and committed to the work of CAFOD and are currently planning the Advent Assemblies where they will communicate what they have learned at the training to the rest of the school. They have lots of activities planned which other students are keen to be involved in.



The Event

On 16th October a group of 17 students from Yrs. 7 and 8 took part in "The Event" at St. Joseph's Academy, Hebburn. Mr. D. Harrison and Miss Robyn Jurdison accompanied the girls and were joined on the coach, (kindly provided by the Partnership), with a group from St. Aidan's together with their new Chaplain, Mrs. K. Szczepanska.

The young people enjoyed a variety of team building activities, time for prayer and worship, ending the evening with refreshments and social time.



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"Be good today, but better tomorrow."



Classical Civilisation A Level

Classics has had an exciting half term, visiting the exciting city of Rome! We fell in love with the ancient Roman ruins, ice creams and brilliant statues of our favourite Romans. We visited many important Roman sites, including the Pantheon, Ara Pacis, Roman Forum and the Colosseum. It really helped to put our learning about Augustus and the Aeneid in context when we could see Augustus' house and mausoleum. We have also attended the annual Classics conference at Newcastle University and watched a brilliant documentary by Robin Lane Fox called Travelling Heroes about the origins of Greek myths.



Colosseum



Ara Pacis Museum



Capitoline Museum

Classics Club

Classics Club have gained some new Year 6 pupils this year who are thoroughly enjoying the ancient Greek and Roman world. We've been creating our own comic strips with Greek heroes as superheroes, including Daedalus' and Icarus dangerous adventures with Iron Man's suit and Medusa's deadly encounter with Perseus. The pupils then turned into movie producers, creating film posters for their new superheroes.



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"The unexamined life is not worth living."

Socrates



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"The way you look at people can transform them."

Jean Vanier



Extended schools: Art & Design Club

The Year 6 Art and Design Club students have completed some excellent creative projects. They have created their own beaded bookmarks, keyrings and tie dye Halloween bags! Well done, girls!



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"Anyone who has never made a mistake has never tried anything new."
Albert Einstein

Food Technology

Year 8 have already created some delicious food dishes this year, including pizzas and chickpea curry, and they will soon be making bolognaise. Here are some great examples of the pizzas. Watch out for more delicious dishes created by students throughout the year.



Jewellery Club

The KS3 Jewellery Club supported the charity: '4 Louies' on Sports Day by making hair slides for each team. The slides were manufactured and sold by the Club. Well done, girls; great entrepreneurial skills developing!



Remembrance Day

KS4 have been working hard to create some beautiful laser-cut CAD poppies. These are badges made from acrylic plastic, and are for the girls to wear in support of Remembrance Day. The outcomes are amazing. Well done, girls!



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"...we are fellow workers with God, co-creators in everything we do."
Meister Eckhart



St. Anthony's Girls' Catholic Academy Road Safety Sign Competition Entries



Leah Young 9SHo



Eve Fawcett 9SHa



Lily Dunn 8SRa



Deborah Aisida 8SRa



Matilda Maddison 8SRa



Mahima Jeyakumar 9STA



Rebecca Fowler 9SHo



Gabriela Machicade 9SHo

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"The human spirit must prevail over technology."

Albert Einstein



Ella Jamieson 9SHo



Jodie Wang 8SMo



Jessica Kelly 9SAo



Tasnim Talbuya 8SMo



Angel Festival

27th - 29th September
Friday 27th 700 pm



In September **Year 7** pupils were asked to participate in the Angel Festival by designing and making an angel. The angel had to be made from recycled materials only. The effort from all the pupils was outstanding. Prizes were allocated to the top angels. Well done, top designers!



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"Technology is a word that describes something that doesn't work yet."



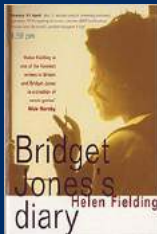
A Book That I Love...

...by Mrs Adamson

'Bridget Jones's Diary' by Helen Fielding

I simply adore this book!

I first read 'Bridget Jones's Diary' when it was published 23 years ago, and I still love it. It's a great story and the characters are fabulous, especially Bridget. As a character she is interesting, funny and sassy, and every time I read this book I laugh at her capers. And of course, there's the wonderful Mark Darcy too!



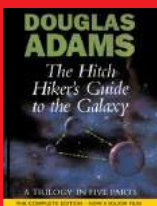
I'm sure I will continue to pick up my rather battered copy of this book for many years to come...

...by Mrs Pickering

'Hitchhiker's Guide to the Galaxy'

is one of my top three favourite books.

I never thought I would enjoy Science Fiction, but I couldn't put this book down! I have never before, or since, laughed out loud so much when reading.

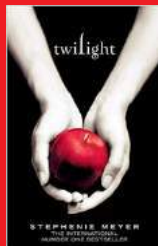


I recommend it to anyone, especially to those who (like me) think they 'don't like Sci-fi.'

...by Miss Wallis

'Twilight' by Stephenie Meyer

This was a book that I read several years ago and COULD NOT PUT DOWN! The adventures of Bella Swan – a teenage 'misfit' with an unsettled background who reluctantly moves North to the most rainy place in the USA...



There is lots to enjoy about this book. It has mystery, romance and a decided air of the gothic! A vampire-loving haemophobe who suffers terribly for the boy she loves, Bella meets many interesting people along the way; including an old family friend who turns out to be a handsome...werewolf.

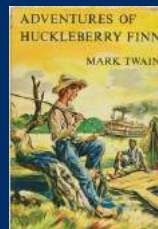
And, in case you were wondering, I'm definitely Team Edward.

...by Miss Atkinson

'Huckleberry Finn' by Mark Twain

'Huckleberry Finn' is one of my favourite books as I adore its storyline and characters.

I love the historical detail in the book and I feel I can travel back in time every time I read it. Also, although it is written from a child's perspective, it includes some really important, grown-up issues.



I hope that many generations of children will continue to enjoy this fabulous book...

The English Department go 'Dutch'

The English Department really enjoyed European Day of Languages this year, and the whole department went 'Dutch' for the day.

From windmills and tulips to cheese and 'danke ye', everyone had a lovely day.



Mrs Frame, Miss Duncan, Mrs Pickering and Miss Wallis in their 'Dutch' costumes.

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"I will honour Christmas in my heart, and try to keep it all the year."
'A Christmas Carol' by Charles Dickens

Oh my Gods!

On Monday 11th November, all Year 7 and Year 8 students had the fantastic opportunity to attend an 'Authors into Schools' event. Our author was Alexandra Sheppard, who presented her debut novel, published this year: 'Oh My Gods'.

Our girls enjoyed the event and asked Alexandra some really interesting questions and impressed her with their knowledge of the Greek gods. Students then had the chance to purchase a book, meet the author and have it signed. Hopefully, we've inspired some of our budding writers in St Anthony's!

Lots of our students purchased the book and some were even up to Chapter Three by lunchtime! Here's the book's blurb below:

Life as a half-mortal teenager should be epic. But, for Helen Thomas, it's tragic. She's just moved in with her dorky dad and self-absorbed older siblings – who happen to be the ancient Greek gods, living incognito in London!



A mix of Year 7 and Year 8 students who were very happy with their purchase!



Neve Gomes, 7SHA, having a chat with Alexandra Sheppard

The Lit and Phil Young Writers' Awards

A group of keen writers in Year 10 have been preparing for a creative writing competition at the Lit and Phil Library in Newcastle. Students have been tasked with producing a piece of fiction, non-fiction or poetry related to the theme of 'our world'.

In preparation for this competition, students visited the Lit and Phil Library in October where they listened to local writers speaking about what inspired them to become writers. After the talk, students had the opportunity to visit the library and browse the books on offer. They all really enjoyed this visit.

This is a brilliant opportunity for students!

Going forward, these students will attend workshops to enhance their creative writing skills and prepare their competition entries for after Christmas.

We wish them the best of luck...



Photo courtesy of Sunderland Empire

Drama Visit to Sunderland Empire

On October 24th, Sunderland Empire Theatre hosted a prestigious event with the National Theatre's Artistic Director, Rufus Norris, who was visiting Sunderland.

Two of our students - Danni Gomez (Y12) and India Mason (Y13) represented St Anthony's at an informal 'round table' conversation along with students from Whitburn and Oxclose, Sunderland's Director of Education and the Sunderland Empire Education team.

This was a unique opportunity to meet one of the most significant people in the UK theatre industry today and gave the girls the chance to express their opinions about arts education in the current educational climate. Mr Norris responded with detailed and thoughtful answers and in a lecture at Sunderland University that evening referenced some of the points they had made, commenting on how articulate, mature and passionate they had been as advocates for the arts. We are incredibly proud of them!

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"Frame your mind to mirth and merriment."
'The Taming of the Shrew' by William Shakespeare



European Day of languages 26 September



In September, we again celebrated European Day of Languages. As usual, departments throughout the school rose to the occasion.



Our Design Technology Department representing Greece



Our English Department representing The Netherlands



Our Maths Department representing Ireland



Our Science Department representing Russia

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"Never let your memories be greater than your dreams."



A Level Fieldwork

On Wednesday 23rd October, as part of their syllabus, a group of Sixth Form students took part in the Edexcel Geography A Level Fieldwork. The students explored Newcastle, walking from the area at the bottom of Northumberland Street, down through Grey Street to the Quayside, and then along and into the Ouseburn area. During the visit, the students learnt about the culture of Newcastle and the regeneration of the area.



GCSE Whitby Visit

In September, Year 11 students visited Whitby to collect information for their GCSE skills exam. For the Human Geography element of the fieldwork, the girls explored the town whilst taking note of the land use, and environmental quality of the area. They were also brave enough to put questions to tourists and local people, in order to discover their opinions about the impact of tourism.

For the Physical Geography element of the fieldwork, the students carried out a range of techniques along the coastline ranging from creating beach profiles to an analysis of beach sediment.

In the afternoon, the girls enjoyed a bit of free time to explore the unique shops and to sample Whitby's famous fish and chips! They enjoyed their day and were a credit to the school.



Geography Club

Mindful Mondays have been introduced to pupils across KS3 to help make a good start to the week ahead. Pupils have been getting creative at lunchtime, making new friends, working with peers, and, overall, easing the stress of everyday school life. Over the coming term Mindful Mondays will see the girls creating autumnal activities and participating with poppies for Remembrance Day.



European Languages Day

For the European Day of Languages, the Geography Department had Wales as their country, so this included sporting Rugby World Cup jumpers! Pupils across KS3 were learning Welsh numbers and colours, and have since been quizzed on how many they can remember. The following lessons 8W3 still had amazing numbers knowledge!



Here are some amazing examples of Welsh-inspired numbers that have been decorating the Geography Department since the event.

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"Geography is the subject which holds the key to our future."

Michael Palin



Lessons from Auschwitz



This year, Megan Davison and I have been taking part in the 'Lessons from Auschwitz' programme run by the Holocaust Educational Trust. It is an organisation which highlights the importance of teaching people about the horrific events of the Holocaust through programmes like ours and by connecting schools with Holocaust survivors who can provide testimonies of their experiences. One of the elements of this programme was a one-day visit to Poland and to two of the dozens of camps which made up what we refer to today as Auschwitz. We went there in October. The visit was an incredibly valuable and emotional experience, through which we gained more of an understanding of the atrocities committed in Auschwitz I and Auschwitz-Birkenau (also known as Auschwitz II) and yet found we had had more questions, which we still can't seem to answer today. One thing that particularly struck me was the huge scale and almost industrial nature of killing. This was evident everywhere but especially in Auschwitz-Birkenau, a death camp designed to hold over 125,000 people at any one time in unimaginable conditions. It was at then, and still is, almost impossible to comprehend the horrors millions of innocent people faced in this place.

However, before we visited the two camps, we were taken to the town of Oswiecim (which would later be translated into the German 'Auschwitz' by the Nazis) in order to highlight the importance of us remembering the victims as more than just victims. We saw the site of the Great Synagogue, which stood in the centre of the town until it was destroyed by Nazi forces. This helped us to understand the cooperative and harmonious relationship Jews and Christians in this town had until the Second World War – when their lives were torn apart.

Seeing this also really helped us to see what was lost when the Holocaust began because, along with the Synagogue itself, Oswiecim lost almost all traces of the thriving Jewish community who lived here. Currently, there are no Jewish people living there.

In Auschwitz I, both Megan and I were particularly moved by the enormous piles of everyday household and personal objects, such as shoes and reading glasses, which were taken from those killed or imprisoned in the camps. The huge variety of these items served as a poignant reminder that the victims of the Holocaust were more than just numbers – they were individuals and families with normal lives – while always highlighting the fact that huge numbers of people suffered and lost everything during the Holocaust, even the clothes they wore on their backs. Auschwitz-Birkenau, the second camp we visited, was moving in a completely different way. The site of Auschwitz-Birkenau is much larger and emptier than Auschwitz I, which functions more as a museum than a memorial, but it was the absence of buildings and people in certain areas which helped to illustrate the desolation the Holocaust left behind. However, there was one exhibition in Auschwitz-Birkenau of pre-war photos of the victims of the Holocaust. These were some of the most moving images of the whole visit because the smiling and happy faces of the people shown jarred with the terrible surroundings of the death camp where they were murdered. We both picked out photographs which stood out for us and decided that we will research the people shown further using the Yad Vashem database of those affected by the Holocaust to see where they came from before they were taken to Auschwitz.

Even though the visit really helped us to understand more about the Holocaust and why it is important to remember and learn about it, our journey with the 'Lessons from Auschwitz' is far from over. As part of our next steps, Megan and I will be doing assemblies for some of the older students about our visit and why we should never forget what happened not only in Auschwitz, but across Europe during the Holocaust. We will also be teaching some lessons to Year 9 students, who study the Holocaust as part of their History lessons. We hope that we can pass on what we have learned to others, which will help share the Holocaust Educational Trust's message that this is an essential part of history to remember and that it is as relevant as ever to understand that atrocities like this have happened, and cannot be allowed to happen again.

Year 11 Durham University Taster Session

In November, 15 pupils from Year 11 attended a taster event at Durham University. The event focused on Crime and Punishment in 18th century France. The pupils enthusiastically debated new material, and enjoyed a snapshot of academic study. Josita Kavitha Thirumalai and Lucy Jones, who attended the trip, have written the following article celebrating the event.

"We were introduced to the topic, which was not something we had ever studied in lessons, at the start of the lecture, and were given questions relating to everyday life. We enjoyed the element of debate within the group discussion, and the chance to voice our opinions on the subject. This allowed us to develop our confidence within these discussions. Near the end of the lecture, we incorporated the skills in to case study work, where we identified bias from the court towards an illiterate, working-class woman. In this discussion, we explored the jurisprudence of one of the most sacred principles in the criminal justice system: 'The defendant is innocent until proven guilty'. In this case, however, we analysed how this theft suspect was discriminated derogatorily due to her lack of position within society; therefore, she was seen as being 'guilty until proven innocent'. We discussed law corruption in 17th Century France, highlighting how valuable history is in understanding the flaws of the past to ensure they are not repeated in future events. This showed us history's relevance today, and gave us the chance to come to a conclusion ourselves".

All pupils represented the school brilliantly, and Durham University have urged the History Department to get involved in many of their future events.

CHRISTMAS 2019

"History calls those men the greatest who have made the greatest number of people happy."



MACMILLAN COFFEE MORNING 2019

Well done to Miss Horner & Miss Greener on hosting this year's coffee morning in aid of Macmillan. It was lovely to see so many staff in the staff room and great to have cakes and raffle prizes donated again this year. We managed to raise £130 for Macmillan which is a great amount in one morning break. Thank you all for your help raising money for such a worthwhile cause.



We
raised
£130
in total!



'Race for life' in PE 2019



The PE department organised a 'Race for life' in July 2019. This was to help raise funds for Cancer Research uk

The girls from year 7 were invited to come along to the school field during lunchtime and run as many laps of the field as they could in 25 minutes.

Well done to the year 7 pupils who took part in the event. The girls raised an outstanding amount of **£878.97**.

Look out for a whole school 'Place for a Race' taking part during July 2020.



'Wear it Pink' for Breast Cancer

The PE department have held their annual 'Wear it pink' in PE during the last week of half term to help raise awareness and fund for Breast Cancer. All the pupils who participated in PE were given permission to wear anything pink and donate to this charity.

We raised **£148.35** well done girls.



CHRISTMAS 2019

"Don't be content in your life to just do no wrong,
be prepared every day to try and do some good." Sir Nicholas Winton



Learning Resource Centre

We have had a busy start to the Academic Year. To get the girls back into reading after the Summer break, all Year 7 girls were given a book as a gift from the school. They got to choose from a selection of 17 different books, so hopefully there was something of interest for everyone.



Scholastic Book Club

Don't forget to look out for the Scholastic Book Club leaflets as they have some great offers in them. Books can be paid for in the library on Wednesday breaktimes, or online. They are then delivered to school free of charge as part of the school book club: <http://schools.scholastic.co.uk/st-anthonys-sr2>



Pupil Librarians

A new Pupil Librarian Course started in October where those who apply complete 10 skills sheets. After this, they get to create bookmarks and posters to promote reading, they write book reviews, and they help with topical displays. When they have completed the course, they will attend an award ceremony where they will each receive a certificate and get to meet a famous author.

Last year's girls were a real help and did some good work over the year. They got to meet Anne Twine (Annie Flanagan)!



CHRISTMAS 2019

"When I discovered libraries, it was like having Christmas every day."

Jean Fritz

Meet the New Student Literacy Team...

From the start of this year, a group of students from across all Year groups have been meeting to discuss and work on improving Literacy across the whole school. Let's hear from one of the team about their experiences as a Literacy Ambassador:

"We are dedicated to promoting the importance of Literacy in our school. This term, we have been focusing on the importance of good grammar and punctuation, as well as encouraging fellow students to read for pleasure and do fun-reading quizzes in the library. The Student Literacy Team offers some great opportunities for those who want to share their love of reading and writing with the rest of the school!" – Gabby Collins, Year 9.



Year 9 Literacy Ambassadors working on resources for a Year 7 assembly

Key Stage Three, Let's Get Quizzing!

RENAISSANCE

Reading Levels

- 0 – Black
- 1 – Pink
- 2 – Orange
- 3 – Yellow
- 4 – Red
- 5 – Blue
- 6 – Green
- 7 – Aqua
- 8 – Lavender
- 9 – Navy
- 10+ – Lime

All KS3 students now have their reading colours and levels in their planners. They should be using these to select exciting books to read. Once a student has finished reading a book, they should take an Accelerated Reader quiz on that book in the library. Quiz points mean prizes, so get quizzing, KS3!

Parents can keep up-to-date with their daughter's quizzing through Renaissance Homeconnect, about which letters went out recently.

This Half Term's Literacy Focus:

Basic Punctuation!

Five Top Tips for Improving Punctuation

1. **Use apostrophes correctly**
2. **Know where to place quotation marks**
3. **Know how to punctuate with parentheses**
4. **Distinguish between the colon and the semicolon**
5. **Avoid multiple punctuation at the end of a sentence**

· , ‘ ! ? “ ”

You will be learning about how to follow these tips in tutorial time, CIAG, and English lessons this half term. Remember: Punctuation marks are like road signs; without them we just may get lost!

Next half term's Literacy Focus will look at more advanced punctuation – let's improve that writing!

CHRISTMAS 2019

"Reading is an exercise in empathy; an exercise in walking in someone else's shoes for a while."

Malorie Blackman



A-Level Results 2019

Last Summer our A Level Results saw some outstanding performances in Mathematics.

At A Level 48% of passes were at top grades of A*-B, with an overall pass rate of 100%.

A special mention must go to Jasmine Staples and Lily Frankland who achieved an A* grade in Maths.

Congratulations to all who studied Mathematics with us, and good luck with your future studies.

Anyone interested in AS, or A Level Mathematics, or Further Mathematics, at St Anthony's is asked to contact Mrs Armstrong or Mr Dunn.

Some of our successful students in A level Maths 2019 (from left) Lily Franklin (achieved grade A*), Merin Benny (achieved grade B) and Jasmine Staples (achieved grade A*)



From left to right: Robert Dunlop, Amellia Turnbull, Luke Brown and Ella Surman-Wells who are all studying A-Level Mathematics.

Senior Team Mathematics Challenge 2019/20

A team of four Sixth Form students represented the school in the regional heat of the UK Maths Trust Senior Team Challenge.

The students achieved 5th place overall, which was fantastic, given the level of difficulty of the activities and the tough competition.

A great time was had by all and, as always, our students were superb ambassadors for the Academy. Well done!

European Day of Languages

The Maths Department really got into the spirit of European Day of Languages this year. We represented the country of Ireland by dressing as leprechauns. We had a great day learning about Irish culture!



CHRISTMAS 2019

"That brain of mine is something more than merely mortal, as time will show."

Ada Lovelace

Maths GCSE Results 2019

A huge 'Well done!' to the Year 11 students who completed their GCSE course this Summer. 81% of our students achieved Grade 4 or above, 59% of our students achieved Grade 5 or above.

Outstanding results were achieved by many other students, with the following girls being awarded the top grades of 8 or 9.



Some of our Grade 8/9 students who are now studying Advanced Level Mathematics



Some of our Grade 8/9 students who are now studying Advanced Level Mathematics.

From left: Aimee Crann, Chloe Forster, Ella Surman-Wells and Aparna Saji



Some of our Y12 A-Level Maths students



Some of our Y12 A-Level Maths students

Congratulations to all students, and good luck with your future studies and career choices.

MATHS

CHRISTMAS 2019

"Like what you do, and then you will do your best."

Katherine Johnson



Online Maths Resources

A reminder that the Maths department uses three pieces of online software with pupils in order to support their learning:

Hegarty Maths

St Anthony's have recently been successful in their bid to be a user of Hegarty Maths. Hegarty Maths is an online learning resource consisting of detailed videos from which students make notes, then they complete a quiz and record their answers to be marked online. Students from Year 7 to Year 11 have their own login and a dedicated Hegarty Maths exercise book to complete this work in.



This resource promotes the need for students to take responsibility for their own learning in order to effectively revise and prepare themselves for assessments, examinations or just to build their confidence in certain areas.

So far this is proving to be an excellent revision resource with some outstanding pieces of homework handed in.

MyMaths

MyMaths is a fully interactive online learning resource, complete with interactive lessons, homework tasks, and games. Each pupil throughout the school who studies Maths has her own individual login, so staff can set homework for students to complete at home. Students should see their Maths teacher if they forget their login details.

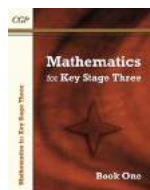


Students can login using any PC or laptop, and the free Puffin Academy app allows them to access MyMaths on mobile and tablet devices.

This is an excellent revision resource for students from every Year group to use, to improve their Mathematics skills.

School Login details

School Login: stanthonys1
School Password: circle192



CGP Online Textbook

Our Key Stage 3 and 4 students have a passcode to enable them to access an online version of the textbook they use in their Maths lessons. This enables pupils to complete homework and personal study without the need to take home a textbook. The online version can be accessed from any computer once an account has been registered.

Remember to also check the school VLE (FROG), Corbett Maths and Maths Genie regularly for new resources and revision materials.

Virtual Learning Environment - FROG

The Mathematics section on the school VLE (FROG) contains many revision materials, resources and useful websites for students to use including MyMaths, Sam Learning and GCSE POD. These will be particularly useful around mock examination, key assessment and final examination periods.

Year 11 students in particular should ensure they are making use of these materials throughout the school year in order to thoroughly prepare for their final examinations.

Anyone needing any help accessing these materials should see their Maths teacher.

CHRISTMAS 2019

"Choose rather to be strong of soul rather than strong of body."

Pythagoras

The Stars of Mathematics (KS3)

The following girls are our star performers in Years 7,8 and 9. Each girl has already surpassed their end of year target. Keep up the good work!



(From left):
Zainab El-Whahhabi and
Gabrielle Collins



(From left):
Lucy Blake, Emily Corner, Maddie Chape and Ellie Curry



(From left):
Maha Umar, Sophia Kemp and Simranjot Benning

Year 9	Year 8	Year 7
Gabrielle COLLINS	Sajida BEGUM	Simranjot BENNING
Zainab EL-WAHHABI	Lucy BLAKE	Sophia KEMP
Milly GREGORY	Maddie CHAPE	Laicee LECKENBY
Olivia HARRISON	Emily CORNER	Maha UMAR
Ella JAMIESON	Ellie CURRY	
Gypsy JENKINSON		



(From left):
Gypsy Jenkinson, Milly Gregory, Olivia Harrison and Ella Jamieson

CHRISTMAS 2019

"It is impossible to be a Mathematician without being a poet in soul."
Sofia Kovalevskaya



CAMPS INTERNATIONAL EC

A cohort of pupils from St Anthony's Girls Catholic Academy, Sunderland, Weaverham High School, Cheshire and Haberdashers Adams Grammar School participated in a four-week expedition during the Summer holidays in Ecuador, travelling with Camps International. The main focus of the expedition was to complete community projects to help the local villagers improve their lives and way of living.

Our first Camp Kuri Kucho is situated 3480 metres above sea level, surrounded by four dormant volcanoes, and although it was cold, it has the most beautiful surroundings, very similar to the Lake District. Our main projects were to help the villagers continue to build a road for the children to attend school, and to help build an organic garden and a community oven so the villagers can sell their produce. We also helped the local farmer with harvesting her corn ready for market.

We were taught how to make tortillas, speak Kichwa, embroider our own pictures and participate in the local dance to chase away bad spirits! We also had our own England v Ecuador Camp Staff football match, which England won: 4 – 2. We did hear a rumour we wouldn't be getting fed as the camp staff had been undefeated until we arrived but luckily it was just a rumour.

Our next two camps were in the Amazon Rain Forest (which certainly lived up to its name), they were Camp Don Biki and Camp Chilli Urku. Our main jobs in both camps were reforestation, mixing cement to help build new toilet and shower blocks for the villagers, lay a concrete floor for the new community building and painting both the school walls and playground equipment. We planted palm trees and Shiwa trees because the locals can feed off the berries off the Shiwa tree. We had a Shaman blessing to keep us safe on our journey.



"Start where you are. Use what you have. Do what you can."

Arthur Ashe



Camp Costa on the coast of Ecuador was our last visit for project work, and while there we helped prepare bags in the nursery ready for saplings to be planted for reforestation. We built new walls for a toilet block in the local school and planted palm trees near the coast to stop a local business man building new property on the beach. We were shown how to grind coffee from bean form, had a morning out whale watching, played Ecua-volley with the locals (volleyball but with Ecuador rules). We also had a game of bingo with the local villagers. It cost everyone \$1 to enter and the prizes were food and drink from the local shop! The pupils won bread, milk, fizzy pop and chocolate but they donated all the winnings to the children who had joined them and helped them during the game.

Our final visit of the expedition took us to the Galapagos Islands. Here we visited the salt lakes, swam with baby sharks, stingrays, dolphins, iguanas. We had a tour of the Charles Darwin Centre, visited Lonesome George and had a walk around the local tortoise sanctuary. There we saw tortoises from the age of 1 year old up to the age of 160 years old.

The pupils had a varied amount of experiences while we were away, some living without their mobile phones for the 4 weeks! We had warm and cold water bucket showers, flushing and dry toilets, were introduced (not by choice) to some weird and wonderful bugs and spiders. We slept under mosquito nets and in hammocks and visited the largest cathedral in South America in Quito. In all we had an amazing time but after 4 weeks we were all glad to be home.

"Live with no excuses, and travel with no regrets."

Anon



Andalucia Study Visit 2019

During the October Half Term holiday 40 students from Years 10-13 had an absolutely fantastic visit to Andalucia, Spain. Although we were only there for four days we certainly took full advantage of our stay, with visits to Malaga, Nerja, Cordoba and Granada. The girls loved exploring the medieval streets of Cordoba and really enjoyed the stunning scenery of the place. The caves in Nerja were amazing and lots of fun was had exploring Malaga's old town. Our definite highlight was the chance to visit the Alhambra palace in Granada. Absolutely stunning and an unforgettable experience! The teachers couldn't have been prouder of the behaviour and enthusiasm of all the girls. It was simply a joy to spend time with them.



MFL Department – European Day of Languages

As you would expect we love celebrating European day of languages in the MFL department – the highlight of our year! This year the staff decided that we would honour smaller European countries that often don't get the recognition they deserve. Each teacher dressed in the colours of the flag of their chosen country and was decorated with key vocabulary from the country's main language. The challenge for students was to guess which country each staff member represented – it wasn't easy!



St Anthony's Year 8 Eurovision

The annual Eurovision Song Contest is back! Students have been rehearsing since September to plan and choreograph a music video of a French or Spanish song for the competition. The entries will be filmed and students in Year 8 will watch the performances and cast their votes! The level of hard work in rehearsals has been outstanding – Year 8 are in for a treat and it's definitely going to be a close call! Look out for the results in the next edition of Spotlight.



CHRISTMAS 2019

"A different language is a different vision of life."
Federico Fellini

GCSE French Cinema Visit

This term GCSE French students were selected to attend a Cinema Study Day at the Tyneside Cinema in Newcastle. Students will see the wonderful film 'Les Choristes' (The Chorus) as well as analysing the film with an expert and practising their language. Students are very excited about attending and being able to put their French skills to use outside of the classroom.



Tyneside Cinema Study Visits

This term our 6th Form and GCSE Spanish students are visiting the Tyneside Cinema in Newcastle to take part in a Spanish Cinema Study Day. The pupils will get the chance to watch a Spanish film, practise their language, and learn how to analyse a foreign-language film. This is a great opportunity for the 6th Formers to show off their film-critic skills, and for the GCSE students to get an insight into continuing to study Languages.

Mandarin Club

Mandarin Club has now returned and we are delighted to introduce you to our new teacher, Bridget! Bridget is currently working at Newcastle University teaching Mandarin Chinese, and she is taking a year out from her degree at Xiamen University where she studies music and dance. Her hobbies, as you can probably guess, are music and dance. She likes all types of music but her favourites are folk and pop. Mandarin Club takes place every Monday after school. It's from 3:30pm to 4:00pm for beginners, and from 4:00pm to 4:30 for intermediate students. There are still places available; please see Mrs Malkin for more information.



MFL



Lights! Camera! Action!

**Don't forget
MFL Film Club!**

French and Spanish films
shown fortnightly from September
to April.

Here's what's on this term!
See MFL classroom windows for
future screenings.

MFL FILM CLUB Winter Term	
Date	Film
3 rd Oct 4 th Oct	Populaire 12
17 th Oct 18 th Oct	Coco PG
14 th Nov 15 th Nov	Les Choristes 12
28 th Nov 29 th Nov	Zipi & Zape y la Isla del Capitan PG
12 th Dec 13 th Dec	Les Intouchables 15
18 th Dec 19 th Dec	Les Intouchables 15
Thursdays & Fridays 12:25-1:15 in 3:64	

KS5 Cineclub Launch!

This term the MFL Department launched the new KS5 Cineclub with Year 12 "enjoying" a Spanish horror film! The Cineclub will take place every half term to showcase the best that Spanish cinema has to offer! Great listening practice and great fun!



Year 11 MFL Revision

Year 11 MFL Revision is well underway and students are getting prepared in advance of their mocks and GCSEs. You can see how much fun the girls are having – MFL revisions sessions are NEVER boring! They take place every Monday lunchtime (in Room 3:64 for French and in Room 3:59 for Spanish) until Christmas. In the New year they will be on every Friday lunchtime. We would like to see all Year 11 MFL students attending, and making the most of the excellent resources and teacher input available to them.



CHRISTMAS 2019

"The limits of my language mean the limits of my world."
Ludwig Wittgenstein



The Choir hits the Capital!

In July, we went to London with the Senior Choir on the annual Choir Tour. We visited many places and did many exciting things like watching Aladdin in the West End, Carmen at the Royal Opera House and we also had the opportunity to perform a concert in the beautiful Southwark Cathedral. My favourite part of the trip was singing with some of my best friends here; the acoustics were beautiful!

Madeleine Miller, Year 12, said "The highlight for me was the choral workshop, where we sang One More Day from Les Miserables as a big group and had to think about vocals as well as acting and movement. We also had the opportunity to work with an industry professional which is amazing!"

Mrs Dudley who led the trip, said "The girls were an absolute pleasure to be around, as always! They sang beautifully, behaved impeccably and represented the academy and their families to the highest standard throughout the tour".

We had a fantastic time and can't wait for the next one!

By Catherine Burke, Year 12.



Competition winner!

More congratulations to our talented performer India Mason (Y13). India entered the national Open Mic UK competition in October and after two gruelling auditions at the Tyne Theatre was awarded a recording studio session from one of the judges! India said, "It was an amazing experience where I gained performance skills and met producers from the music industry. I can't wait to get started in the studio!"

We are all very proud of you India! Good luck!



CHRISTMAS 2019

"I often think in music. I live my daydreams in music. I see my life in terms of music." Albert Einstein

Exam success!

Congratulations to the following students who have all passed ABRSM/LCM exams in summer 2019:

Niamh Boshier	Grade 5 Music Theatre with Distinction
Louisa Bradshaw	Grade 5 Singing with Merit
Erin Brown	Grade 1 Piano
Louise Callan	Grade 5 Flute and Grade 1 Clarinet with Distinction
Dionne Chapman	Grade 5 Jazz Saxophone with Distinction and Grade 1 Piano with Distinction
Eve Cole	Grade 5 Singing with Distinction
Lateisha Coleman	Grade 3 Singing
Tanith Dalton	Grade 1 Violin
Harriet Emery	Grade 1 Violin
Allana Fernandez	Grade 5 Music Theatre with Distinction
Grace Fitzakerly	Grade 6 Jazz Clarinet
Nina Frankland	Grade 5 Music Theatre with Distinction
Emilia Hall	Grade 3 Singing
Jess Hardy	Grade 5 Clarinet
Rica Hipolito	Grade 2 Piano with Merit
Ellianna Ho	Grade 2 Violin
Molly L Jackson	Grade 5 Music Theatre with Distinction
Aisha Lord	Grade 5 Singing
India Mason	Grade 8 Music Theatre with Distinction and Grade 5 Singing with Distinction
Tamzin Monck	Grade 5 Music Theatre with Distinction
Elliot Ogden	Grade 2 Singing
Lucie Pells	Grade 1 Flute with Merit
Anna-Belle Poulton	Grade 2 Piano with Merit
Missi Redman	Grade 3 Singing
Evie Richardson	Grade 5 Music Theatre with Distinction
Mia Ross	Grade 5 Music Theatre with Distinction and Grade 3 Singing
Erin Simpson	Grade 5 Music Theatre with Distinction
Lucy Smy	Grade 3 Flute with Distinction
Lucy Wall	Grade 2 Singing with Merit

Huge congratulations to Dionne Chapman and Grace Fitzakerly who are both LCM Regional Award winners for achieving the highest mark in the region for their particular exam series, with Dionne achieving 91/100 and Grace 92/100. The girls represented the academy at an awards concert at Durham Johnson school in November and performed superbly – well done to you both!

Summer Concert

A huge thank you to everyone who came to fill the hall to support our annual summer concert celebrating music from over one hundred of our talented students from Years 7–13. The night was a huge success with performances from our Senior, Junior and Year 9 Choirs, Wind Band, String Orchestra and many talented soloists and ensembles.



Dates for your Diary

1st Feb. 2020	Senior Choir at North East Festival of Youth Choirs, Durham Cathedral
9th Feb. 2020	Senior Choir at Music for Youth Festival, Sage Gateshead
11th-13th Feb. 2020	School of Rock Academy Musical Production
9th July 2020	Academy Summer Concert

CHRISTMAS 2019

"One good thing about music, when it hits you, you feel no pain."

Bob Marley



PROMOTING POSITIVE MENTAL HEALTH

The whole school this term has taken part in activities to raise awareness of mental health. In September, Kooth was launched in a series of talks to each Year group. Kooth is a free and anonymous online app that provides access to counsellors 365 days of the year, and has a forum for young people to communicate with others in a safe environment.

On the 10th of October, the staff and pupils showed their support for World Mental Health by wearing yellow. Miss Clarke's form in Year 10 wrote and presented an informative assembly to Years 9 and 10 about issues surrounding mental health. The school nurses were on hand to provide information and to talk about emotional wellbeing. At lunchtime, a group of pupils attended a mindfulness session led by Miss Cousin, and a mindfulness colouring group with Mrs Moran. Finally, two pupils from Mrs Conqueror's form in Year 7 sold yellow ribbons in the yard at break time. Along with a collection, a total of £55 was raised for the charity, Washington Mind.



At the end of last term, the Year 7s were involved in a wellbeing survey, which was submitted to the Anna Freud National Centre for Children and Families, a charity dedicated to providing training and support for child mental health services. A small group of pupils from Year 8 benefited from work around friendships with the Emotional Health Resilience Nurse, Helen Lilley. She also worked with a group of Year 11s, helping with relaxation techniques to practise during GCSE examinations. Helen will be coming in again this year to offer this help to any girl struggling with anxiety around exams.

The school nurses offer support to pupils in all areas of health at a weekly drop-in every Tuesday. Each week,



they cover a different topic; for example, healthy eating and lifestyle. If you have any health concerns for your child, the School Nursing Service can be contacted on 03000031552.

Staff in the Pupil Support Cottage provide help to pupils who are experiencing a variety of problems at school. They are available all day for anyone who needs to talk, and parents can call Mrs Kath Richardson-Dunn, Director of Student Support and Mental Health Lead, if they have any concerns. As well as making referrals to Child and Adolescent Mental Health Services, we can access a counsellor from Washington Mind, who comes into school one half day a week. This charity also provides a wealth of resources on its website www.washingtonmind.org.uk for parents and young people.



CHRISTMAS 2019

"Success is not final, failure is not fatal: it is the courage to continue that counts."

Winston Churchill

My First Term in Year 7

“So far, I have really enjoyed the first term of secondary school, and I have loved all of the incredible opportunities that St. Anthony's has to offer. Although at the beginning I was a little nervous, I quickly gained confidence and I liked going to school! Despite the fact that not many people from my old primary school came to St. Anthony's, I soon made lots of new friends and I met some amazing people. I love how challenging the lessons are. Some of my favourite lessons are Art and PE because of the huge range of resources and equipment. I have also used the library to read interesting books and to complete my homework. Overall, my time at St. Anthony's has been amazing, and I am excited to see what fantastic opportunities await me!”

Kate Daglish-Smith, 7SAa



Remembrance Day

Year 7 have purchased a range of poppy-related items to wear. Thank you for all of your generous contributions.



World Mental Health Day

World Mental Health day took place on October 10th. We were asked to all wear something yellow to highlight the importance of talking about our wellbeing. Yellow bows were made and sold in the school yard. We raised a total of £50 for the Washington Mind group.

Eva Shields & Hannah Elliot 7SCo

Gymnastics- Student Contribution

My passion is gymnastics, for this I train over 24 hours in a week with the Women's Artistic Gymnastics. This includes running at a stationary vault, then jumping onto a springboard, before twisting and somersaulting out, and finally landing on a mat.

The opportunities I have had through my sport have included: going to the British Team championships; attending a training camp in Portugal; and having the chance to compete in Florida, representing my club. Next year, I hope to represent my country. More importantly, though, I am learning skills in time-management, resilience and perseverance.

In the last few years I have been selected to compete in the Regional North Squad, becoming the North champion at National Grade 4 and 3. (This resulted in me competing against the top 50 girls in the country at my level). I have also been placed in the top 10 in bars and vault, along with Compulsory 3 this year. I have competed at the English Championships, gaining essential major competition experience. I even managed to be placed among the top half of a field of 120 (12-13 year olds)!

I am very committed to my sport and have shown this by still attending training sessions with various broken bones and severely injured muscles. My training involves missing school at times to enable further progression, with an aim to compete at the British Championships in 2021. This means I make a significant effort to ensure my schoolwork is completed on time. Our coaches also encourage us to be active members of the school community.

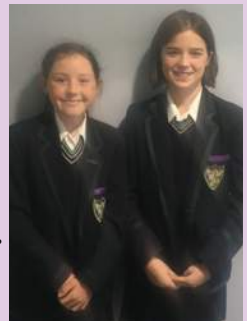
Hannah Elliott 7SCo



Saving the environment

This term, Abigail Emmerson (7STo) and Susannah Child (7SMa) created and delivered a fantastic presentation which focused on ways to save the environment, in and outside of school.

Well done!



CHRISTMAS 2019

"When the whole world is silent, even once voice becomes powerful."

Malala Yousafzai



8SH – Christmas Charity Work

All of the pupils in Mrs Robinson's form group have collected in all of their spare change for the Liver Trust Charity and managed to nearly fill a sweet jar. We are also holding a raffle "Guess How Many Sweets are in the Jar?", hoping to raise even more funds for this amazing charity!



8SJ

Ava Scales, 8SJ, competed in North East Star Dance Championships and, after a brilliant solo performance, she was placed 3rd! Well done Ava!



8SR Competition for Merits

Isobel Bruce, 8SR, has recently taken part in a singing show with her Guide group to raise money for Cancer Care – they raised over £200! Next year, when she is old enough, Isobel is hoping to move on to be a Ranger.

An avid reader, **Mia Robson** is delighted to have started the Pupil Librarian Course in School, which is enabling her to interact with others, and work as part of a team.

As a Form Class we have decided to introduce our own Class Merit Tracker Chart. Who will win ???



Merit Award

Miss Lockey's form, 8STa, won a prize for collectively receiving the most merits last term. Well done to Miss Lockey's Class.

Lillian Judges, 8SA, has the most individual Merits in Year 8, finishing just before the Half Term with 26 Merits. Well done, Lillian! Who will be next!?



Year 8 Charity

The Year 8 Charity this year is the British Liver Trust.



Mrs Fairclough, Assistant Director for Year 8, ran the Great North Run 2019 for this Charity, and raised over £800. As a Year group we are raising money and awareness for the Charity starting this term. We hope to raise vital funds for this amazing charity.

Thank you to everyone raising money and donating.



Emmanuella Odegha and **Neve George** (8SR) collecting for the British Liver Trust



CHRISTMAS 2019

"You will either step forward into growth, or you will step backward into safety."

Abraham Maslow

Examen Refection Technique

This half term we have started to learn 'Examen'. This is a reflection technique which gives us time to think about what we are grateful for, what has gone well, what has not gone so well, and what we can do to achieve our balance. We are new to this but we have found it has really helped clear the stress which sometimes comes with working hard at school. Next half term we are going to begin to lead the examen ourselves, and we are looking forward to having a go.



Year 9 - Swimming Achievements

A huge well done to a group of year 9 girls who are representing Sunderland with various swimming achievements. Helena Wyness, Alice Cammock, Riona Sorianosos, Holly Goldsmith and Jennifer Graham are all training and competing regularly across Performance and Age Group Development squads. Helena went to the Open Water Nationals in August, coming 9th in England. Riona also competed in the English Nationals, coming 6th. All girls are pushing to be part of Northumberland and Durham County by February. Best of luck girls!



Literacy Ambassadors

This year, students from Years 7 to 10 have been able to become Literacy Ambassadors. We have a meeting once every half term to organize assemblies, and to promote reading and writing across the school. As Literacy Ambassadors, it is our job to get people reading, to make them aware of literacy focuses, and to help people find enjoyment in reading. Some books we would recommend would be: Twilight; the Harry Potter series; Wonder; Miss Peregrine's Home for Peculiar Children; and the Series of Unfortunate Events.

By Sophie Campion and Martha Child



Well done to the following girls who have achieved 100% attendance since returning to Year 10 in September.

Keep up the good work and attendance, girls!

ADAMS Bella	JAYAN Navami
ALEXANDER Grace	JOHNSON Sophie
ALLEN Ruby	KABIR Abidah
ARMSTRONG Frances	KHALIL Sundos
BABER Daania	KIRBY Holly
BARNES Shonaugh	LAMB Ella
BESSARABAVA-PRATT Nina	LANAGHAN Sophie
BESTFORD Jasmine	LAVERICK Madison
BHALLA Siya	LYNN Anabel
BHANGALE Sakshi	MACKIE Rhianna
BLAND Lizzie	MAHAMUNI Hrishita
BOWENS Louise	MAPE Dannah
BRAGA Rovi	MATHEW Neema
CALLAN Louise	MCCLOUGHJIN Rebecca
CLARK Juliette	MCMULLAN Charlotte
CLAY Emily	MCMULLEN Lily
COJOCARU Thea	MONCK Tamzin
COLLEY Ellie	NADIRA Somaia
CRAWLEY Erin	NAHAR Zara
CUMMINGS Alisha	OGUNBODE Esther
DICKMAN Freya	ORD Olivia
DUNGCA Kaitlyn	ORWIN Lilli
ELLIS Anna	OUTHWAITE Lucy
FAIRLESS Jessi	PARK Erin
FERNANDEZ Leah	POTTS Lucy
FISHBURN-PARKIN Emelia	PUNI Gurpreet
FLORES Gabrielle	RICHARDSON Evie
FORD Niamh	RILEY Melissa
GAIR Olivia	ROBINSON Jessica
GALANO Lola	SMITH Aimee
GARCIA Mikaela	SNOWBALL Olivia
GEORGE Daniya	SOJO Celia
GOMEZ Charlotte	STOREY Lucy
GRAHAM Kate	TEASDALE Millie
HAIR Isobel	TEASDALE Rosie
HALL Emilia	WAITES Nieve
HEDLEY Jean	WALLACE Veronica
HUDA Nadiya	WILSON Gracie
IQBAL Alishba	ZAKAIDZE Maryam

Advent charity

Over the coming weeks, Year 10 will be raising money for the Teenage Cancer Trust as their chosen Christmas charity. They will be running a variety of events such as 'Spot the Santas', 'Guess the Sweets in a Jar' and regular collections, all to raise money for an incredibly worthwhile cause. We aim to raise around £250. Wish us all luck!



Year 10 Remembrance Lesson

Pupils have coloured in poppies of remembrance and included them in the memorial that was started by the Pupil



Chaplaincy Team. We also talked about any relatives who are currently in the armed service or were in the past. One pupil in the class actually has her Grandfather's medals after he passed away and another has a brother currently serving in the Army.

Achievements across the school

Well done to the students in Year 10 who have made great achievements so far this year in various areas of the curriculum. This has included a collection of Bronze certificates for the Duke of Edinburgh Award, and exam passes in a variety of musical ventures, including the Flute, Jazz Saxophone, Violin, Piano, Music Theatre and Singing from Grade 1 up to Grade 5. Well done to all of our very talented students!



Year 10 Assemblies

So far this year, we have had the students in both 10SA and 10SC leading the assembly for whole Year group. 10SA discussed the impacts of cyber-bullying on the mental health of teenagers, using thought-provoking clips from the recent 'Odd One Out' documentary by Little Mix band member Jesy Nelson. This assembly fell aptly on World Mental Health Awareness Day and was presented to both Year 9 and Year 10. 10SC then led assembly the following week on the impact of food waste across the UK. The girls shared interesting and, at times, quite shocking facts about the amount of food wasted in this country, giving our students food for thought (no pun intended) about what they eat but, more importantly, about what they don't eat and simply bin. Well done to all the girls involved!

CHRISTMAS 2019

*"Failure is a bend in the road, not the end of the road.
Learn from failure and keep moving forward."*

Year 11

Year 11 have been working hard all term, and we, the staff, are proud of the commitment being shown. There has been a programme of revision and catch-up sessions for every lunchtime and for after the school day. It was good to see so many parents at both the consultation evening and at the initial meeting about Sixth Form possibilities in St Anthony's and St Aidan's.

GCSE Revision Evening

The preparation for the GCSE revision evening took place after half term. Students and parents were able to talk to successful students from last year to get hints and tips on which revision techniques worked well for them.

The evening began with refreshments and a chance to pick up revision packs, and was then followed by a presentation given by senior staff. Representatives from the subject departments were on hand to distribute useful information and advice. A revision and study guide was handed out free of charge to all families.

Attendance

Attendance achievements up until October half term were slightly below the school target of 96%, due to some families taking their daughters out of school for unauthorised holidays. We can't stress enough the importance of high attendance in Year 11, as this has a direct correlation to GCSE results. Broken weeks and odd days are to be avoided, as important tuition is missed. Any student missing class must make sure that they copy up, to avoid gaps in their work. There are 121 girls who have 100% attendance for the term to date. This makes up almost 58% of the Year group, and so congratulations to them – we are proud of this achievement.



Health and Wellbeing



- Doctor Wellgood - <http://www.doctorwellgood.com/> - this website has lots of advice on all aspects of health for young people. It has a really good A-Z section called Ask the Doctor too.
- Smiling Minds - <https://smilingmind.com.au/> - this is a website designed to bring the benefits of mindfulness to all students.
- Headspace - <https://www.headspace.com/> - on this website you can sign up for your very own personal trainer to help you train your mind. There is a free 10 minute a day programme or you can also download the app on your phone.
- Kooth.com – the pupils have already had an assembly about this counselling website and phone app – it is funded by National Lottery and approved by the NHS.
- <http://www.themix.org.uk/work-and-study/study-and-exam-tips/exam-stress-1241.html>
- Websites and apps have their uses, however using phones too much during revision time causes distraction. Close to bedtime or in the room the blue light has an adverse effect on sleep.
- Essential oils can help – rosemary can help the memory and lavender helps sleep.

CHRISTMAS 2019

"Remember that failure is an event, not a person."

Zig Ziglar





**University of
Sunderland**

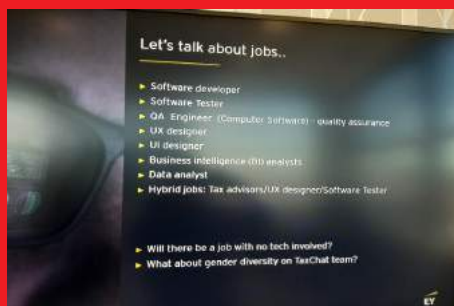
Year 12 Induction Day

Year 12 began their time in Sixth Form with an Induction Day in September. We were thrilled to welcome speaker Mollie Hughes, who has climbed Mount Everest twice, and is about to embark on a solo trek across the South Pole. She spoke to our students about the importance of resilience and perseverance. There were also excellent talks on study skills, academic reading and writing, and mental health from Sunderland and Newcastle Universities and Kooth. The day ended with some time to reflect and think about how to prepare for the challenge of A Levels with Sister Josepha, Mr Harrison and the Chaplaincy team. The day was a great way for our new Year 12 pupils to get to know each other better, and become equipped with the skills they will need to succeed in Sixth Form.



Visit to Ernst and Young

St. Anthony's Sixth Form students were invited to an event organised by Ernst and Young in Newcastle to encourage young women into accountancy and future digital and business careers. There were a series of workshops and an excellent role play scenario where the groups had to make business decisions based on real events. They also were informed about the different degree and apprenticeship routes available in the company.



CHRISTMAS 2019

"The more I live, the more I learn. The more I learn, the more I realize, the less I know."
Michel Legrand

New Head Boy and Girl for 2019-20

We were really delighted that in a very strong list of candidates Anna Maw and Jay Wardropper were selected to be the new Head Girl and Head Boy. Anna is studying A Levels in Geography, Chemistry and French and is hoping to study for a degree in Geography and Planning. Jay is studying Biology, Chemistry and Maths and is applying for medicine. Anna and Jay are looking forward to working together with their deputies to fundraise for the sixth form charity and to represent the sixth form at academy events. They are both going to do a fantastic job in representing the school.



Year 13 Personal Statement Workshop Jesus College Cambridge

Year 13 students had the opportunity to visit Jesus College Cambridge for a personal statement and interview workshop in September. Zoe, Jane, Ian, Ben, Robert and Jay were able to work on their personal statements with Cambridge tutors and students and attend workshops on the interview process. We were delighted that St. Anthony's former student Claudia Spoor who graduated from Cambridge this summer was one of the team helping the current batch of students.



Good luck everyone!

Extended Project Qualification Success

Congratulations to the Sixth Form students who have completed their EPQ this term. The topics were a very diverse and interesting mix and the staff assigned to help them really enjoyed working with the students and reading their final outcomes. Some students have already had their university offers reduced in recognition of their work.

Well done everyone.



The British Red Cross

The Sixth Form would like to thank the British Red Cross who came in over two days to give all year 13 students vital first aid and lifesaving advice. These skills are very important as students start to think about moving away from home to go to University or apprenticeships.



CHRISTMAS 2019

"Set your goals high, and don't stop until you get there."



Cross Country

The Year 7, 8, 9 and 10 Cross Country teams had a great start to the season, competing in the annual Tyne and Wear Cross Country Competition. The Year 7 and Junior teams were placed 7th overall.



Great North Run 2019 Finish Line Volunteers

Well done to the volunteers who handed out over 47,000 finisher packs during this year's Great North Run in September! We had a great turn-out to represent the school. They all cheered and shouted out well wishes to all the runners who crossed the line. Save the date for next year, girls: Sunday 13th September 2020!



Follow the PE department on Twitter to keep up-to-date with all the latest news, events & results:

@PEStAnthonys

Sunderland School Games Trampoline Competition

Well done to the girls who competed in the Sunderland School Games Trampoline Competition in October. All the girls performed extremely well, with the following girls qualifying to represent Sunderland in the Tyne and Wear rounds:

Anna Place – 1st (KS3 Dev.)
Grace Elliot – 2nd (KS3 Inter.)
Megan Hewitt – 3rd (KS3 Inter.)
Amelia Hudak – 2nd (KS4 Inter.)
Dionne Chapman – 3rd (KS4 Inter.)
KS3 Inter. Team – 2nd
KS4 Inter. Teams – 1st, 2nd, 3rd



CHRISTMAS 2019

"Champions keep playing until they get it right."

Inter-house Football

The Year 7, 8 and 9 pupils took part in the annual Inter-house Football competition. Well done to all the girls who participated. A big thank you, too, to the Year 10 Leaders who supported the event.



Year 7 Results	Year 8 Results	Year 9 Results
1st 7SH	1st 8SJ	1st 9ST
2nd 7SA	2nd 8SA	2nd 9SA
3rd 7SM	3rd 8SM	3rd 9SH
4th 7VCM	4th 8SH	4th 9SJ
5th 7ST	5th 8SC	
6th 7SR	6th 8ST	
7th 7SJ		
8th 7SC		

Sunderland Schools Swimming Gala



Well done to the Year 7, 8 and 9 Swimming teams who competed against other schools in Sunderland at the Aquatic Centre! All the teams qualified to reach the regional finals.

The Year 7 & 8 teams were 1st and 2nd in their final, competing in the 4 x 50m Freestyle & Medley Relay. The Year 9 teams were 1st and 4th in the same events.

Good luck for the next round in June 2020.

CHRISTMAS 2019

"No games, just sports."



The Netball season so far:

The St. Anthony's Netball teams have been very busy this season and have achieved some fantastic results so far in the Sunderland Schools League, in the Tyne & Wear Tournaments and in the County Tournaments. We have over 100 pupils playing for the school teams this year.

Year 7: Vs Southmoor: A, 8-1, B 0-1

Year 8: Vs Venerable Bede: A 26-0, B 14-0
Vs Southmoor: A = 29-0, B = 4-0

Year 9: Vs Venerable Bede: A = 15-0, B 1-2
Vs Southmoor: A = 10-3, B = 2-7

Year 10: Vs Oxclose: 6-2
Vs Southmoor: 23-0
Vs Thornhill: 15-0
Vs Argyle House: 11-15
Vs Venerable Bede: 16-0
Vs St. Roberts: 7-4

Year 11

The Year 11 netball team has had an amazing netball season. They are the City of Sunderland tournament champions.

Vs Oxclose: 13-6
Vs Farringdon: 11-5
Vs Kepier: 14-4
Argyle House: 6-6
Vs Biddick: 20-0



County Tournament

The U14 & U16 squads took part in a County Tournament on Saturday 12th October. Both teams demonstrated fantastic skills, team spirit and determination. They were placed 4th and 3rd.



CHRISTMAS 2019

"Success in life comes to those who simply refuse to give up."

Spain 2019 Water Sports Holiday

In July 2019 we travelled to the beautiful resort of L'Escala Girona. On the first day of activities we went paddle-boarding in the warm sea of the local Montgo beach. It was easy at first until we tried to stand up. The next activity was kayaking which I found really relaxing - until we had to do certain challenges and games!

On Day Two we went sailing which was really funny as everyone kept falling into the water and the waves kept crashing into the boats. This was the best day for me.

Wind-surfing was very hard and the toughest activity for me.

The best activity was saved for the last day and that was snorkelling. I found this amazing because we saw all the tropical fish in their habitat. I also got to hold a star fish and a sea urchin.



Year 10 Leadership - Football

Well done to the Year 10 pupils who planned and led the recent Year 5 Football Tournament. The girls spent their PE lessons last half-term refereeing, coaching, planning, time-keeping and scoring in preparation for the event, which was a huge success. The girls were a credit to the school and received fantastic feedback from the Primary School staff. Well done, girls!



Year 10 Leadership - Hockey Quicksticks

The Year 10 Leadership class led an extremely successful Year 3 & 4 Primary Competition in October. The girls organised, and officiated at, the Tournament, demonstrating very good communication, organisation and leadership skills. Well done!



CHRISTMAS 2019

"You never know if you can actually do something against all odds until you actually do it."



Rome

In the Half Term holidays an eager group of Year 11s and 13s ventured out to the beautiful capital of Italy, Rome!

When we arrived, we headed straight to our first attraction, which was the Catacombs of St. Callixtus (Catacombe di St. Callixtus). It was a great experience and we obtained valuable knowledge about the popes who were buried there. We then went to the Capitoline museum, and were given some Classical knowledge. It was a great end to a great first day in Italy.

The next two days we had in the picturesque city were packed full of wonderful sights and experiences, such as visiting famous landmarks such as the Colosseum, the Trevi Fountain and the Palatine Hill. This wonderful trip contributed



to our understanding of both Classics and Religious Education, as well as the opportunity to see so many famous buildings, many museums, churches and fascinating Roman ruins.

CHRISTMAS 2019

"Any book that helps a child to form a habit of reading, to make reading one of his/her deep and continuing needs, is good for them." Maya Angelou



A special thank you goes to the teachers who took us to Rome and taught us so much whilst there, and to the Sisters who helped us get there and have a special time. This trip clearly demonstrates how much the Catholic ethos really matters in life.



CHRISTMAS 2019

"If you think education is expensive, try ignorance."

Andy McIntyre



Visit to the Convent

During the last week of our first half term at St. Anthony's, the whole of Year 7 was given the opportunity to visit the Sisters of Mercy convent.

Firstly, two classes met in the school dining room and then we walked around to the convent with our teacher and Sr. Josepha. After a short walk we arrived at the convent where we met another of the Sisters called Sr. Francis.

We were taken to the beautiful chapel where we were given a short introductory talk about the history of the Sisters of Mercy and their presence in Sunderland. We were then given the opportunity to look around the impressive chapel and ask any questions we had.

Then, we went to explore the dining room to see what it was like. It was lovely and set for dinner. Afterwards we were taken into a guest room where there was a statue that had been brought over from Cork by the first Sisters of Mercy to arrive in Sunderland.

As it wasn't too wet outside we went to see the garden. It was so peaceful and there were lots of things like statues that could help you pray.

To finish, we were taken into another guest room where we got the chance to ask any more questions before we were given a bar of chocolate and a juice carton. It was a great way to round off a really enjoyable visit.



Remembrance Service – Pupil Chaplaincy Team

On Monday 11th November the Pupil Chaplaincy Team organised a beautiful and poignant Remembrance Service for all those lost in acts of war and acts of terror. We had various testimonies from fallen soldiers and prayers and poems written by our students expressing their thanks and desire for peace in the future.

In addition, our Chaplaincy Team have been selling poppies and other items all this week. We are so proud of their actions and their conduct in reflecting upon this important event.



KS3 RE Club

This term, during RE Club we have followed the religious calendar, with each week having a theme. This could be a religious festival or feast day.

Every Wednesday pupils have had the opportunity to be creative, taste different foods, and learn about world religions which are not in the syllabus.

Leana Bakth (7SMo)

"RE Club is a place where we can learn about different religions in a calming and comfortable environment. It is also a great place to make new friends."



CHRISTMAS 2019

"Never give up, no matter what."

Louis Zamperini

BTEC Applied Science

A new course at St Anthony's to give more students the opportunity to study science in sixth form.

This September saw the start of our new course in the science department; **BTEC Applied Science**. The course is for students in Sixth Form and is equivalent to one A level. It is a combination of all three sciences; chemistry, biology, and physics, with a focus on developing practical skills for use in careers in the scientific industry. Students have enjoyed the course so far and have excelled in quite complicated practical work. They have learnt how to use new equipment such as pH probes, burettes and pipettes. Although there is a lot of chemistry in the course, students will also have the opportunity to study modules in biology and physics. There is only one exam with the rest of the content assessed through coursework. This course is ideal for anyone who enjoys practical work and is considering a career in scientific industry.



A fantastic trip to the science labs at Sunderland University for the Year 12 BTEC students!

As part of the **Applied Science** course students are required to do lots of practical work to prepare them for careers in scientific industry. They were given an amazing opportunity to develop these skills on a trip to **Sunderland University** where they worked with advanced scientific equipment. They worked closely with a lecturer who challenged them to perform a pH titration and work out the concentration of a particular acid. It was a difficult task but students performed brilliantly impressing both their teachers and the University staff. After completing the practical in record time we were also given a tour of the labs where we saw lots of complex scientific instruments in action, such as gas and liquid chromatography, infrared and even NMR. We also got to see the teaching hospital ward where pharmacy and medical students were working. It was a great day and an excellent experience for our Year 12 class who came out inspired to pursue careers in the scientific industry.



CHRISTMAS 2019

"Science and everyday life cannot and should not be separated."

Rosalind Franklin



Year 12 Biology Visit to Game on 2.0 Exhibition and Rat dissection workshop at the Centre for Life



In early July this year forty Year 12 Biology students visited the Centre for Life for the day. They had the opportunity to see the visiting Game on 2.0 exhibition and take part in a Rat Dissection Masterclass.

There was a complete timeline of computer games on display in the exhibition from Pong to Virtual Reality. It was a great opportunity to think about how humans perceive their world and the importance of reaction time.

During their visit the students also took part in a rat dissection workshop which developed their dissection skills as part of the new A Level specification. This was a great learning opportunity to see anatomy as more than simple diagrams in textbooks. All students had a fascinating and enjoyable day that brought many different aspects of the physiology component of the Biology A Level curriculum to life.



Nazmul definitely looks like he'll make a great dentist



Jasmine and Emen working as a team



Everyone followed the instructions well especially the budding medics in the group



BAE Roadshow

In October **Year 7 and Year 8** enjoyed a fantastic BAE roadshow.

The roadshow team includes BAE systems, the Royal Air Force and the Royal Navy. Students had fun learning about the science behind mobile phones, Bluetooth and infra-red sensing, having a lot of fun as they did.



CHRISTMAS 2019

"Nothing in life is to be feared it is only to be understood."

Marie Curie

Celebrating Exam Success

Star Biologists

A big "Well done!" to Jasmine Staples who achieved an A* grade in her Biology A-Level this year and is currently studying Natural Sciences at Cambridge University.

"Well done" also to Merin Benny, Hana Elmarakbi, Eden Footes, Lily Frankland, Eve Grant and Charlotte Prosser who all achieved A grades in their Biology A Level this year.

Massive congratulations to all of you and we wish you well in your future studies.



Star Physicist

Massive congratulations to all our Physics A Level students, good luck in your future studies. Special mentions for Jeffin Siby, William Sharkley, Michael Nidea, Robyn Taylor and Bethany Jones for their exceptional performances.

Star Chemist

Jasmine Staples also achieved an A* grade in her Chemistry A Level. Well done also to Ayesha Isahac, Diana Sabu, Hana Elmarakbi, Lily Frankland, Eve Grant and Sarah Knight who achieved an A grade in their Chemistry A Level this year. Huge congratulations and we wish you all the best in your future studies.

GCSE Stars

Congratulations to Danielle Gomez and Caitlin Patterson who both achieved grade 9 in all three of their separate science GCSEs.

Laura Galley and Aparna Saji achieved grade 9 in both Biology and Chemistry GCSEs and are both now studying Science and Maths A Levels in the sixth form.

Abby Phillips and Dikan Tony-Obot achieved a grade 9 in their Biology GCSE and are currently studying Biology and Chemistry A Levels in the sixth form.

Jade Winter and Fiona Felix achieved a grade 9 in their Chemistry GCSE and are currently studying Science and Maths A Levels in sixth form.

Science Club

Science Club is a popular extra-curricular group which allows students to experience science above and beyond the classroom environment and delve into the wonders of the world. It is an opportunity for those with a real passion for science to express themselves and harness and develop their scientific skills, whilst having fun.

The Club enables students to participate in fun and engaging scientific investigations which go beyond the school curriculum. Ayriana Zangeneh in Year 8 says, "I enjoy coming to Science Club as I get to have fun and learn more than what we do in lessons".

We have a host of various experiments, activities and games including an in-depth look into the solar system, homemade slime, bath bombs, jelly bean wave stimulation, marshmallow and spaghetti towers, making elephants toothpaste, and butterfly chromatography.



CHRISTMAS 2019

"Science is simply a word we use for organising our curiosity."

Tim Minchin



SKI CLUB 2019

Ski Club has had another great year with many new Year 7s joining, as well as the Extended Schools members from the Primary Schools. We had an exciting SKI TRIP at Easter in 2019 when we were skiing in the USA at JAY PEAK and then visiting NEW YORK.

We have 2 SNOZONE trips each year in July and December to ski on snow but the girls also were keen on the Volcano Falls Mini Golf! Our last Ski session in July had the additional fun of TUBING at Silksworth.

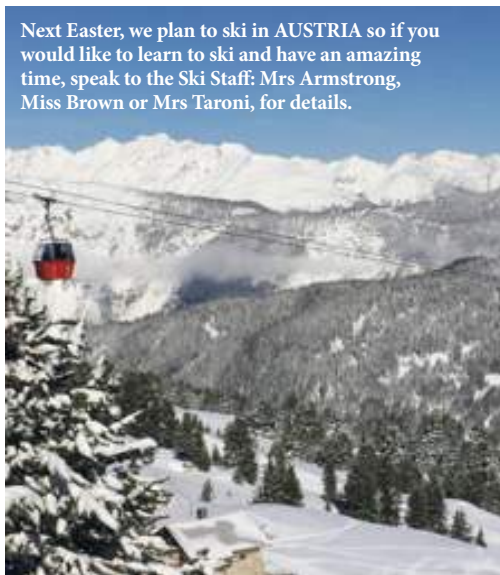


CHRISTMAS 2019

"Skiing is for life, not just for Winter."



Next Easter, we plan to ski in AUSTRIA so if you would like to learn to ski and have an amazing time, speak to the Ski Staff: Mrs Armstrong, Miss Brown or Mrs Taroni, for details.



CHRISTMAS 2019

"Eat, sleep, Ski, repeat."



AMY WILSON – SKI RACER

Amy Wilson in Year 11 is a talented and dedicated Skier who trains 3 times per week at Silksworth Dry Ski Slope.

Her dedication and love of the Sport has seen her travel far and wide for training and competing with much success. She was selected for the 2019 ESSKIA (English Schools Ski Association) Squad which involved travelling to Norway for training in Geilo during February 2019. In Norway Amy had a great time increasing her skills with race training on snow. This has served her well bringing much improved placings in her races. Following Norway she also attended Landgraaf in Holland in August this year for further work and training.

Amy competed in the GBR series for ski racing in the UK which is a series of races from May to September with 5 indoor and 5 outdoor races at different venues in the UK.

During these races Amy had several podium finishes including 3rd at GB3 (Outdoor) Hillend, Scotland and 3rd at GBR5 (Indoor) at Milton Keynes, as well as several 4th place finishes.

Amy also finished 4th in the British Championships (Outdoor) which were held at Stoke as well as 3rd in the Scottish Championships (Outdoor) at Hillend.

Amy was 1st in the Twin Peaks Race in Scotland which was a fantastic result. This was followed by a 2nd place in the Milton Keynes Club National (indoor).

To round off an amazing year, Amy has again been selected for the ESSKIA Squad for Training in Norway in 2020.

St Anthony's are all delighted at Amy's achievements and wish her every success with her future skiing, both training and competing.

WELL DONE, AMY!



Happy Christmas to all Ski Club members and their families!!

CHRISTMAS 2019

"The Mountains are calling, I must go."

February 2020 will see the blast-off of a group of St Anthony's and St Aidan's students to the NASA JOHNSON SPACE CENTRE (JSC) in HOUSTON, TEXAS. This is the home of America's Manned Space Programme and where the Astronauts live, work and train.

The students will be able to see historic rockets, such as the SATURN V and the APOLLO Mission Capsule, as well as the new developments, such as the ORION CAPSULE and ROBOTROLLEY in the Engineering Halls. All the students are going to be working hard each day on the tasks and challenges which will be set by the NASA Engineers and Scientists in the Education and Outreach Department.

Visits to GALVESTON, SAN ANTONIO and AUSTIN will ensure that TEXAS History and Culture are included along with all of the Space Input.

The students will have an amazing time, and will be inspired by their experience!



NASA 50th Anniversary, 20th July 1969
 'Tranquility Base here, The Eagle has Landed'



Summer 2020 GCSE Examination Timetable

		Art practicals April 1st onwards	MFL Orals April 16th onwards	
WEEK 0		am	pm	
Mon	4-May-20	MFL Orals	GCSE Coursework Submission Deadline	
Tues	5-May-20	MFL Orals	MFL Orals	
Wed	6-May-20	MFL Orals	MFL Orals	
Thurs	7-May-20	MFL Orals	MFL Orals	
Fri	8-May-20	BANK HOLIDAY	BANK HOLIDAY	
WEEK 1		am	pm	
Mon	11-May-20		GCSE Edexcel Rel Stud Catholic 1RA0/1A 1h 45	
Tues	12-May-20	GCSE AQA French List 8658 F/H 35/45m GCSE AQA French Read 8658 F/H 45/60m	GCSE AQA Biology 8461/1H 1h 45 GCSE AQA Biology Combined 8464/B/1F 1h 15 GCSE AQA Biology Combined 8464/B/1H 1h 15	
Wed	13-May-20	GCSE AQA Eng Lit 8702/1 1h 45	GCSE AQA PE 8582/1 1h 15 BTEC CPLD 21486E 1h	
Thurs	14-May-20	GCSE AQA Chemistry 8462/1H 1h 45 GCSE AQA Chemistry Combined 8464/C/1F 1h 15 GCSE AQA Chemistry Combined 8464/C/1H 1h 15		
Fri	15-May-20	GCSE AQA French Writing 8658 WF 1h GCSE AQA French Writing 8658 WH 1h 15	GCSE AQA PE 8582/2 1h 15	
WEEK 2		am	pm	
Mon	18-May-20	GCSE AQA Geography 8035/1 1h 30		
Tues	19-May-20	GCSE Edexcel Maths 1MA1 1F 1h 30 GCSE Edexcel Maths 1MA1 1H 1h 30	GCSE Edexcel Rel Stud Judaism 1RA0/2F 50m	
Wed	20-May-20	GCSE AQA Spanish List 8698 LF/H 35/45m GCSE AQA Spanish Read 8698 RF/H 45/60m	GCSE AQA Physics 8463/1H 1h 45 GCSE AQA Physics Combined 8463/P/1F 1h 15 GCSE AQA Physics Combined 8464/P/1H 1h 15	
Thurs	21-May-20	GCSE Eng Literature 8702/2 2h 15	GCSE Edex Business 1BS01/01 1h 30	
Fri	22-May-20	GCSE Edexcel Rel Stud Mark 1RA0/4A 50m	GCSE Design/Technology 8552/W 2h CAMNAT OCR Business R064/01 1h 30	
HALF TERM				
WEEK 3		am	pm	
Mon	1-Jun-20	GCSE Edexcel History Medicine 1H10/11 1h 15	GCSE AQA Biology 8461/2H 1h 45 GCSE AQA Biology Combined 8464/B/2F 1h 15 GCSE AQA Biology Combined 8464/B/2H 1h 15	
Tues	2-Jun-20	GCSE AQA Eng Language 8700/1 1h 45	GCSE Edexcel Bus 1BS0/02 1h 30	
Wed	3-Jun-20	GCSE AQA Geography 8035/2 1h 30	GCSE AQA Spanish Writing 8698 WF 1h GCSE AQA Spanish Writing 8698 WH 1h 15	
Thurs	4-Jun-20	GCSE Edexcel Maths 1MA1 2F 1h 30 GCSE Edexcel Maths 1MA1 2H 1h 30	GCSE Edexcel History Am West + ASN 1H10 1h 45	
Fri	5-Jun-20	GCSE Eng Language 8700/2 1h 45		
WEEK 4		am	pm	
Mon	8-Jun-20	GCSE Edexcel Maths 1MA1 3F 1h 30 GCSE Edexcel Maths 1MA1 3H 1h 30		
Tues	9-Jun-20	GCSE Edexcel History Germany 1H10/31 1h 20	GCSE AQA Music 8371/W 1h 30 GCSE AQA Food Prep & Nutrition 8585/W 1h 45	
Wed	10-Jun-20	GCSE AQA Chemistry 8462/2H 1h 45 GCSE AQA Chemistry Combined 8464/C/2F 1h 15 GCSE AQA Chemistry Combined 8464/C/2H 1h 15 i-GCSE Edexcel Chemistry (ext) 1CH0/2H 1h 45		
Thurs	11-Jun-20	GCSE AQA Geography 8035/3 1h 15		
Fri	12-Jun-20	GCSE AQA Physics 8463/2H 1h 45 GCSE AQA Physics Combined 8463/P/2F 1h 15 GCSE AQA Physics Combined 8464/P/2H 1h 15		
WEEK 5		am	pm	
Mon	15-Jun-20			
Tues	16-Jun-20			
Wed	17-Jun-20			
Thurs	18-Jun-20			
Fri	19-Jun-20			
WEEK 6		am	pm	
Mon	22-Jun-20			
Tues	23-Jun-20			
Wed	24-Jun-20	National Exam Contingency Day		
Thurs	25-Jun-20			
Fri	26-Jun-20			
EXAMS START 8.45, 1.30. Wait in Dining Hall				
A-Level Results GCE Thursday 13th August, 8.30am GCSE Thursday 20th August 9.30am				

CHRISTMAS 2019

Summer 2020 GCE Examination Timetable						
		Art practicals April 1st onwards		MFL Orals April 16th onwards		
WEEK 0		am		pm		
Mon	4-May-20					
Tues	5-May-20					
Wed	6-May-20					
Thurs	7-May-20					
Fri	8-May-20	BANK HOLIDAY		BANK HOLIDAY		
WEEK 1		am		pm		
Mon	11-May-20	GCE OCR Classical Civilisation H408/11 2h 20				
Tues	12-May-20	BTEC Art & Design		BTEC Art & Design		
Wed	13-May-20	L3 AQA Mathematical Studies 1350/1 1h 30				
Thurs	14-May-20					
Fri	15-May-20			BTEC Edexcel L3 Business 31463H 2h		
WEEK 2		am		pm		
Mon	18-May-20	GCE AQA Economics 7136/1 2h GCE AQA Eng Language 7702/1 2h 30		GCE OCR Classical Civilisation H408/21 1h 45 GCE AQA Physics 7408/1 2h GCE AQA Psychology 7182/1 2h		
Tues	19-May-20	BTEC Edexcel L3 Sport 31524H 1h 30		GCE AQA History 7042/1C 2h 30		
Wed	20-May-20	GCE AQA Sociology 7192/1 2h L3 AQA Maths Studies (Core) 1350/2A 1h 30		GCE Edexcel Geography 9GE0/01 2h 15		
Thurs	21-May-20	GCE Physical Education 7582/1 2h GCE AQA Spanish 7692/1 L/W/R 2h 30 GCE Edexcel Politics 9PL0/01 2h		GCE AQA English Literature 7712/1 3h		
Fri	22-May-20	GCE WJEC Business A510U10-1 2h 15				
HALF TERM						
WEEK 3		am		pm		
Mon	1-Jun-20	GCE AQA English Literature 7712/2A 2h 30		GCE AQA Physics 7408/2 2h GCE WJEC Business A510U20-1 2h 15		
Tues	2-Jun-20	GCE WJEC Rel Christianity A120UA0-1 2h GCE AQA English Language 7702/2 2h 30 GCE AQA Economics 7136/2 2h		GCE AQA Chemistry 7405/1 2h GCE AQA Sociology 7192/2 2h BTEC Edexcel L3 CPLD 31597X 1h 45		
Wed	3-Jun-20	GCE AQA History 7042/2O 2h 30 GCE AQA Phys Education 7582/2 2h		GCE AQA Media Studies 7572/1 2h GCE OCR Maths H240/01 2h GCE AQA Law 7162/1 2h		
Thurs	4-Jun-20	GCE AQA Biology 7402/1 2h GCE Edexcel Politics 9PL0/02 2h		GCE Edexcel Geography 9GE0/02 2h 15 GCE OCR Further Maths Y540/01 1h 30		
Fri	5-Jun-20	GCE AQA D/T Product 7552/1 2h 30 GCE AQA D/T Fashion & Textiles 7562/1 2h 30 GCE AQA Spanish 7692/2 Writing 2h GCE AQA Drama & Theatre studies 7262/W 3h GCE WJEC Business A510U30-1 2h 15 GCE OCR Further Maths Y541/01 1h 30		GCE AQA Psychology 7182/2 2h GCE AQA Physics 7408/3/D 2h		
WEEK 4		am		pm		
Mon	8-Jun-20	GCE AQA Economics 7136/3 2h		GCE OCR Classical Civilisation H408/31 1h 45 GCE AQA Chemistry 7405/2 2h		
Tues	9-Jun-20	GCE WJEC Rel Philosophy A120U20-1 2h				
Wed	10-Jun-20			GCE OCR Maths H240/02 2h GCE AQA Sociology 7192/3 2h		
Thurs	11-Jun-20	GCE AQA Biology 7402/2 2h GCE Edexcel Politics 9PL0/3A 2h GCE AQA Law 7162/2 2h		GCE AQA Media Studies 7572/2 2h GCE AQA French L/R/W 7652/1 2h 30 GCE Edexcel Geography 9GE0/03 2h 16		
Fri	12-Jun-20	GCE AQA D/T Product 7552/2 1h 30 GCE AQA D/T Fashion & Textiles 7562/2 1h 30 GCE AQA Psychology 7182/3 2h GCE AQA Music 7272/W 2h 30		GCE OCR Maths H240/03 2h		
WEEK 5		am		pm		
Mon	15-Jun-20	GCE AQA Biology 7402/3 2h GCE AQA French Writing 7652/2 2h		GCE WJEC Rel Ethics A120U30-1 2h GCE AQA Law 7162/3B 2h		
Tues	16-Jun-20			GCE OCR Further Maths Y542/01 1h 30		
Wed	17-Jun-20	GCE AQA Chemistry 7405/3 2h				
Thurs	18-Jun-20					
Fri	19-Jun-20					
WEEK 6		am		pm		
Mon	22-Jun-20					
Tues	23-Jun-20			GCE OCR Further Maths Y545/01 1h 30		
Wed	24-Jun-20	National Exam Contingency Day				
Thurs	25-Jun-20					
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EXAMS START 8.45, 1.30. Wait in Dining Hall						
A-Level Results GCE Thursday 13th August 8.30am GCSE Thursday 20th August 9.30am						

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CHRISTMAS 2019

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Wednesday 29th January 2020 5.30pm to 8.00pm



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**Telephone 0191 565 8904
for more information**



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